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BRIGGSON ITEMS

SNOW DRIFTS FROM ONE TO TWENTY FEET DEEP.

Sale of the Craigen Farm for \$13.50 Per Acre — Dance at Home of B. Higgins — Mrs. Johnson is ill From Shock of a Fire — Will Move to California — Mrs. R. M. Powers Will be in California Several Months — Will Return to Portland to Live.

Briggson, March 9. — The weather for the past two weeks has been very unusual—in fact, the worst that has ever been known. The snow lies on the ground in drifts ranging in depth from one to 15 or 20 feet, and the continued freezing and thawing add much to the inconvenience of travel.

George Craigen and wife sold 120 acres of their old home to Thomas Narkaus, for \$13.50 per acre. — Mr. and Mrs. Craigen are old settlers in this vicinity and will be much missed. They will buy them a home in Athena, where they will reside in future, having leased the remainder of the farm to their son Ben.

Quite a pleasant dance was given last Tuesday night at the home of Mr. and Mrs. B. Higgins, on Wild Horse.

Mrs. Bessie McAtee, who has been quite sick for the past two weeks, is convalescent.

Mrs. Olive Navin returned home Saturday after an absence of two weeks in Weston, where she has been nursing a scarlet fever patient, whom she reports as convalescing.

Mrs. A. Johnson who has been confined to her home for the past three weeks over the shock by the loss of their residence and contents by fire, sometime ago, is but little improved.

Anthony Powers and wife who have been visiting relatives near Pendleton, have returned. Mr. Powers reports the wheat in that vicinity in excellent condition.

Wm. Johnson and family are visiting Mrs. Johnson's grandmother, Mrs. Wiler, at College Place, Wash. J. Vantussie, who has been very low with pneumonia for the past three weeks, is reported to be slowly recovering. For some time his life was despaired of, owing to the weakened condition of his lungs previously.

Frank Waddingham has purchased a homestead right in Franklin county, Wash., and will leave soon to reside on and improve the same.

Mrs. R. M. Powers of Weston has rented her home there and will leave for Santa Rosa, California, to be absent all summer. Should the climate prove beneficial to her health she will locate there permanently.

Mr. and Mrs. Higgins have both been quite sick of grip but are some better at present.

James Navin has leased his ranch to L. J. McAtee for a number of years, and is at present contemplating a return to Portland with his family to make their home in the future.

George Waddingham leaves for Franklin county, Wash., the last of March to locate a homestead. He was in that section some four weeks ago, but failed to locate. He was well pleased with the country, so will try again.

McKAY CREEK ITEMS.

School Will be Continued—New Foot Bridge Needed.

North McKay, March, 11. — Miss Ethel and Reuben Wheeler children of Ino S. Wheeler are confined to the house by sickness.

The directors of school district 39 have reconsidered their decision not to have school again until fall and have hired a teacher for two months school, to commence Monday March 14.

Wheat has not looked better for many a season—the ground seems to be soaked nearly to bed rock, there is quite an area around this vicinity yet to be sown.

District No. 39 is divided by the river. Six or eight families being on the south side, while the school house is on the north, with a great majority of the scholars. Last fall at low water Messrs. Wilhelm Forth and White of the south side erected, mainly at their own expense, a very fine and apparently durable foot bridge at the narrowest point in the river. It has answered the purpose during the winter but the late roaring mad water with the flood trash was too much for it and it lies in a wreck somewhere below. Now it is proper for the whole vicinity to organize and build a cable bridge and do away with a central pier. It will not cost much more. The families on the south side are not able to stand so much expense, while a foot bridge at that point is really a public benefit.

Mrs. Chas. A. Kidder is confined to her home by the chicken pox combined with a severe cold.

Colds Cause Pneumonia.

One of the most remarkable cases of cold, deep-seated on the lungs, causing pneumonia, is that of Mrs. Gertrude E. Fenner, Marion, Ind., who was entirely cured by the use of One Minute Cough Cure. She says: "The coughing and straining so weakened me that I ran down in weight from 148 to 92 pounds. I tried a number of remedies to no avail until I used One Minute Cough Cure. Four bottles of this wonderful remedy cured me entirely of the cough, strengthened my lungs and restored me to my normal weight, health and strength." Sold by Tallman & Co.

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Dispels colds and headaches when bilious or constipated;
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One Section of 25 bushel wheat land, will go 40 bushels per acre in barley. Over 400 acres in grain. Good improvements \$4,000.

160 Acres—10 acres in garden and orchard, 100 acres tillable land fine saw timber, good house, improvements, timber and water; all fenced \$3,000.

480 Acres—Level land, raises 40 bushels wheat per acre; house and barn, water, &c., two miles from Pendleton. Per quarter section \$4,500.

5 Quarter Sections—20 bushel wheat land, improved, plenty of water. Per quarter \$1,500.

Stock Ranch—320 acres all fenced. Raises 200 tons wild hay, stream of water running through, 15,000 rails on place; open range all around \$6,000.

5 Quarter Sections—100 tons wild hay; wheat, barley and oats may be raised; all fenced, good house, abundance water and timber, range open adjoining; fine dairy ranch. Per quarter \$5,000.

160 Acres—35 bushel wheat land, fenced and cross fenced, 10 acres alfalfa, young orchard, house, plenty water; four miles from Pendleton \$5,000.

320 Acre stock ranch, house, barns and other improvements; open range adjoining; work horses and 30 head of cattle. All for \$4,500.

400 Acres—25 to 30 bushel wheat land, all tillable, 15 acres garden may be irrigated by fine spring. Good improvements \$ 6,000.

19 Quarter Sections—20 to 25 bushel wheat land, plenty of water and good improvements. Per quarter \$ 2,000.

480 Acres—30 bushel wheat land, adjoining city limits; 250 acres now in fine looking grain; good improvements; three fine springs \$ 10,000.

200 Acre stock ranch, 30 acres fine creek bottom land, balance hill land which may be cultivated or pastured, 50 acres now in grain... \$ 2,750.

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THE ROCHE SYSTEM OF PHYSICAL CULTURE

Should be in every home. Classes will open for practice Monday, March 14, at Men's Resort rooms, Despain Block. Class hours for ladies 3 to 4 p. m. Class hours for men 5 to 6 p. m., and 7:30 to 9 p. m. On Monday March 14, Prof. Roche will outline his system of Physical Culture to the Ladies from 2 to 3 p. m. All cordially invited.

Woman's Beauty Depends Upon Her Health.

It is every woman's duty to make as much as possible of the physical gifts bestowed by nature. But you should help nature along in its good work, and devote a few minutes to yourself daily in a systematic course of exercises. The great law of nature says you must exercise. A perfect form, pure complexion, and good health are every woman's birth-right.

It is certainly every one's duty to be as beautiful as possible. See how much beauty is given to birds and flowers and other soulless things. Next to a sweet womanly disposition, nothing adds so much to a woman's happiness, and the happiness of those around her as a personal attractiveness. Nothing commands so much respect, from men, as well as women, as a beautiful form. And this you can gain and keep from the Roche System of Physical Culture.



PROFESSOR J. B. ROCHE
Grand Rapids, Mich.

Often you will hear women say I wish I could get rid of some of this fat or reduce my abdomen and hips. The Roche System of Physical Culture will reduce the hips and abdomen from three to five inches in six weeks.

A flat chest or bust can be developed from two to three inches in six weeks.

A chart which fully illustrates each movement, is furnished to the pupil. The deep breathing and the vibration is the main feature of the Roche System, and the only cure for weak lungs, indigestion, stomach and liver trouble.

Exercise removes all waste matter from the blood and purifies the system and wards off numerous diseases such as paralysis, paresis, apoplexy, locomotor ataxia and nervous complaints in their various forms.

Men's class will open with the following gentlemen: W. J. Furnish, T. J. Morris, J. W. Maloney, George Hartman, Jr., Dr. F. W. Vincent, C. E. Roosevelt, E. A. Schiffler, Albert Cohen, Lee Teutsch, Chas. J. Ferguson, John Halley, Jr., C. B. Sampson, Folsom Tallman, T. G. Halley, Leon Cohen.

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