

# A Good Beginning

If the blood is in good condition at the beginning of the warm season, you are prepared to resist disease and are not apt to be troubled with boils, pimples, blackheads and blotches, or the itching and burning skin eruptions that make one's life a veritable torment and misery.

Now is the time to begin the work of cleansing and building up the blood and strengthening the weak places in your constitution. During the cold winter months we are compelled to live indoors and breathe the impure air of badly ventilated rooms and offices. We over-work and over-eat, and get too little out-door exercise, and our systems become clogged with impurities and the blood a hot-bed of germs and humors of every kind, and warm weather is sure to bring a reaction, and the poisonous matter in the blood and system will break out in boils and pustules or scaly eruptions and red, disfiguring bumps and pimples. Make a good beginning this season by taking a course of S. S. S. in time; it will not only purify your blood and destroy the germs and poisons, but promote healthy action of the Liver and Kidneys and give you a good appetite at a time when you need it most.

S. S. S. improves the digestion and tones up the Stomach, and you are not continually haunted by the fear of indigestion every time you eat, or troubled with dizziness, nervousness and sleeplessness. There is no reason to dread the coming of warm weather if you have your system well fortified and the blood in a normal, healthy condition. It is the polluted, sluggish blood that invites disease germs, microbes and poisons of every kind and bring on a long train of spring and summer ailments, break down the constitution, and produce weakness, lassitude, and other debilitating disorders. Eczema, Acne, Nettle-rash, Poison Oak and Ivy, and other irritating skin troubles are sure to make their appearance unless the humors and poisons are antidoted and the thin, acid blood made rich and strong before the coming of warm weather.

A course of S. S. S. now would be a safe precaution and a good beginning and enable you to pass in comfort through the hot, sultry months and escape the diseases common to spring and summer. S. S. S. is guaranteed purely vegetable and is recognized as the best blood purifier and the most invigorating and pleasant of all tonics. Write for our book on "The Blood and Its Diseases."

**SSS**  
THE SWIFT SPECIFIC CO., ATLANTA, GA.

## HORRIBLY AFFLICTED WITH BOILS.



Mrs. M. P. EMYTHERS, Wytheville, Va.

I had a horrible attack of boils that broke out all over my body and from which I could get no possible relief until I began taking your medicine, and from my experience I can safely say S. S. S. is the best blood purifier in the world.

J. G. SCOTT, Rome, Ga.

**THE BEST TONIC AND APPETIZER.** While living in Sherman, Tex., I became a victim of impure, watery blood. I ran down in appetite and energy; was scarcely able to get about and had to stop off and rest occasionally. I took S. S. S. and began to improve at once, and after a thorough course became strong and well. I think S. S. S. the best medicine I ever used as an appetizer and general tonic.

J. G. SCOTT, Rome, Ga.

# ADULTERATED FOOD

## DISCUSSION OF PURITY OF VARIOUS FOOD PRODUCTS.

National Association of State Dairy and Food Commissioners and Food Manufacturers in Session—Purity and Preservation of Foods Given All Prominence.

Minneapolis, Minn., July 22.—Today was set apart as "Manufacturers' day" at the convention of the National Association of State Dairy and Food Commissioners and was given over to addresses by manufacturers and dealers in food products. The speakers included, besides the state commissioners and chemists, a large number of representatives of leading manufacturers and dealers in preserved meats, flavoring extracts, condensed milk, baking powder and other food products.

R. M. Allen, secretary of the food division of the Kentucky experiment station, opened the proceedings with an address on the regulation of the food industries. A response in behalf of "The Food Profession" was made by Grime Stewart, of Chicago. Dr. V. C. Price, of Chicago, spoke on the manufacture of flavoring extracts, and the discussion was led by Joseph F. Blackburn, former dairy and food commissioner of Ohio. Other participants in the discussion were Joseph Barnett of Boston; E. S. Fowler, Dayton, O.; Professor R. E. Doolittle, Michigan's state analyst, and Professor J. O. La Bash, of the Kentucky experiment station.

No less interesting were the proceedings of the afternoon session, the leading features of which consisted of addresses by representatives of the great packing houses of Chicago on "The Manufacture and Preservation of Meat Products," and an address on "Dairy Products," by former Governor W. D. Hoard, of Wisconsin. The speakers were closely questioned in the discussions that followed their addresses by the dairy and food commissioners and the explanations elicited many interesting facts relating to the preservation of food products in general. The proceedings of the convention will be continued and concluded tomorrow.

## BORN AT GREENHORN.

Strong Child of the Mountains Saluted by Many Hopeful Friends.

Born at Greenhorn, Or., July 8, 1902, the Greenhorn Investigator. The child is of masculine sex, lusty and strong, and is doing very well for the first week of its life, says the Blue Mountain American. U. S. Jackson is father, and the city of Greenhorn mother, while the adjacent mining district stands by as wet nurse. The father, who bears the most humble title of "editor," and christened the babe, is a resident of the booming mining camp. His happy hours are filled with congratulations.

At the high altitude of the summit of the Greenhorn divide, and in the very midst of the promising young properties springing up all around, the investigator has begun life. No more ardent hope for success is felt than by the American, which has traversed the prospector's trail to permanent operation in the mining camp, and knows the tribulations that beset infancy and early youth.

The first issue of the Investigator was quite breezy, containing a complete account of the celebration of July 4th in the city on the mountain tops. News of Greenhorn mines was plentiful, and the general air of a bright mining newspaper was evident. Success.

## TRAMP CAUSES A SCARE.

O. R. & N. Passenger Train is Suddenly Stopped Near Multnomah Falls.

Passengers who came up from Portland yesterday morning on No. 4 over the O. R. & N. have an amusing story to tell of the sudden stopping of their train shortly after it passed Multnomah Falls coming up the Columbia, says the Walla Walla Union.

The engineer was pulling his string or charges along at a 45-mile clip, when suddenly the air brake signal was pulled by someone on the train, and before the passengers could realize what was happening, the engine and cars had been brought up with a jerk. For a moment everything was confusion, and the conductor and brakeman went forward on the run to see what was the cause for the unlooked for halt. But when they found the engineer, he too was in the deep dark as to who pulled the signal, and he wanted to be shown with the rest.

After a few minutes searching the cause of the mysterious air signal was discovered. A hobo, making his way east by the usual method of his class of travelers, was perched on the running rods of the last Pullman. The one was evidently too thick, and he made an effort to turn over to let it settle on the other side. In changing he had inadvertently kicked off the handle of the air-brake pipe that leads under the cars. Hence the signal in the cab, and the halt of the train.

It is needless to say that the hobo didn't ride any further on that train.

U. C. Rader about that \$50 worth of furniture he is giving away.

# Cremona

The Smooth Smoke



The Cream of the Islands

The Largest Selling Brand of Cigars in the World

5¢

The Band is the Smoker's Protection

## MINERS HAVE A KICK.

Not Satisfied With Appointment of Fisk for Mining Commissioner.

Reports from Portland this week are to the effect that the state commission on the Lewis and Clark Fair have selected J. H. Fisk, of Portland, to have charge of the exhibit of minerals from this state at the St. Louis Fair, says the Blue Mountain American. This selection was made amidst many importunities from the various candidates for the position and reflects the purpose of the commission to place the work relating to this fair in close touch with the state metropolis. Mining men of the Sumpter district do not regard the choice with any degree of favor, as they think the value of such exhibits depends largely upon the intelligence guiding the work. They would much rather have bright, progressive men in touch with modern work in charge of exhibits made, and they do not feel that Mr. Fisk fills this requirement, especially with reference to the mines of this district, where most of the precious metals of the state are produced.

## BAPTIST REVIVAL PLANS.

National Campaign Mapped Out at New York Conference.

New York, July 22.—The coming year is to see a great revival of evangelistic work in the Baptist denomination. Plans to this end have been formulated sometime and today there was begun in this city a two days' conference of the leading men in the Baptist State Conventions of the East. The conference, under the leadership of Rev. H. L. Morsehouse, chairman of the National Baptist

Committee, will undertake to map out a national campaign. Among other things it is planned to furnish pastors on request with men eminently qualified to conduct special services. Ladies' half notes 40c.

# Baby Mine

Every mother's great dread of the danger attending the most critical of her life. No danger incident to the ordeal makes its anticipation one of Mother's Friend is the only remedy which relieves women of the pain and danger of maternity; this hour which is dreaded as a severest trial is not only made painless, but all the danger is by its use. Those who use this remedy are no longer despondent, gloomy; nervousness, nausea and other distressing conditions overcome, the system is made ready for the coming event, serious accidents so common to the critical hour are obviated by the use of Mother's Friend. "It is worth its weight in gold." says many who have used it. \$1.00 per bottle at drug stores. Book containing valuable information of interest to all women, will be sent to any address free upon application to BRADFIELD REGULATOR CO., Atlanta, Ga.

# The Grand Trunk Gold Mine

Sumpter, Oregon, Gold Mining District

Is located upon the GREAT MOTHER LODGE system of veins and has for neighbors on that vein such well known mines as the NORTH POLE valued at \$10,000,000. The COLUMBIA valued at \$5,000,000. GOLCONDA valued at \$3,000,000. THE MONMOUTH G. M. CO'S BELLE BAKER mine valued at \$500,000. THE BALD MOUNTAIN valued at \$500,000. THE IBEX valued at \$400,000, and many others.

# The Grand Trunk Gold Mining and Milling Co.

Owms its Property Consisting of 100 Acres of Rich Gold Bearing Veins

It has no indebtedness of any character. It has a conservative mining and business management. It is offering 50,000 shares of stock at \$1.00 per share. It will become a dividend payer in a short time. It will pay you to write us for full particulars and to make careful investigation of its merits. It has the indorsement of mining men, business men and bankers of Eastern Oregon. Write us today and let us post you.

H. S. McCallum & Company, Miners, Brokers and Financial Agents, BAKER CITY, OREGON.

Or R. S. BRYSON, Local Agent, Pendleton, Oregon.

Our Weekly Mining Letters on Sumpter, Oregon, Gold Mining District Free on Application.



**THE WAY WE DO IT** impresses most people with the idea that we have the implements and the "know how" when it comes to putting a new tire on a carriage or wagon wheel. Same thing applies to every feature of carriage and wagon repairing—reupholstering, revarnishing, reupholstering and generally making the vehicle look as good as new. Your orders, please.

Our new hydraulic tire setting machine does away with the old method. It thickens the iron instead of burning the wood. We do not split the wood in getting off the tire, and we do it while you wait. Last longer than the old way. Call and look at it work. Hacks, Buggies and Winona Wagons. Anything that runs on wheels at prices that are right.

NEAGLE BROS. We have the Stover Gasoline Engine.

# TRANSFER TRUCKING STORAGE

CROWNER BROS Telephone Main 4

# Gray's Harbor

## Commercial Co.

We Don't Keep Everything

But we do keep a good big stock of nice dry flooring, Ceiling, Rustic and Finish, in all grades. Also all kinds of Dimension Lumber, including Lath and Shingles. Our stock of Doors, Windows, Moulding, Building and Tar Paper and Apple Boxes is complete, and any one in need of Lumber will not be wrong in placing their order with the :

Gray's Harbor Com. Co. Opp. W. & C. R. Depot

# BAD BLOOD

"CASCARETS do all claimed for them and are strictly non-toxic. I have often used them for a number of years and as late as last August I had a severe case of constipation. After taking them, my bowels became regular and my general health improved wonderfully. I feel much better in every way." Mrs. M. L. L. FILLARD, Little Rock, Tenn.



Pleasant, palatable, sweet, Taste Good. Do not injure the stomach. Wholesale and Retail. Sole Agents: CURE CONSTIPATION. ... Boston, Canada, Chicago, Detroit, New York, etc.

NO-TO-BAC Sold and distributed by all druggists to the U.S.A. Toronto, Canada.

# THE BEST IS THE CHEAPEST

Bear this in mind when you need poultry and stock supplies and ask for the International Poultry and Stock Food. Use Kow-Kow for your cow troubles.

C. F. Coesworthy 127-129 East Alta St. Agent for Lee's Lice Killer

Daily East Oregonian by carrier, only 15 cents a week.