

**Women as Well as Men Are Made Miserable by Kidney and Bladder Trouble.**

Kidney trouble preys upon the mind, discourages and lessens ambition; beauty, vigor and cheerfulness soon disappear when the kidneys are out of order or diseased.

Kidney trouble has become so prevalent that it is not uncommon for a child to be born afflicted with weak kidneys. If the child urinates too often, if the urine scalds the flesh, or if, when the child reaches an age when it should be able to control the passage, it is yet afflicted with bed-wetting, depend upon it, the cause of the difficulty is kidney trouble, and the first step should be towards the treatment of these important organs. This unpleasant trouble is due to a diseased condition of the kidneys and bladder and not to a habit as most people suppose.

Women as well as men are made miserable with kidney and bladder trouble, and both need the same great remedy. The mild and the immediate effect of **Swamp-Root** is soon realized. It is sold by druggists, in fifty-cent and one-dollar size bottles. You may have a sample bottle by mail free, also a Home of Swamp-Root pamphlet telling all about Swamp-Root, including many of the thousands of testimonial letters received from sufferers cured. In writing Dr. Kilmer & Co., Binghamton, N. Y., be sure and mention this paper. Don't make any mistake, but remember the name, Swamp-Root, Dr. Kilmer's Swamp-Root, and the address, Binghamton, N. Y., on every bottle.

**WEEKLY FASHION LETTER.**

New York, July 4.—As a matter of diversion Dame Fashion is usurping the function of lace and embroideries with the handkerchief and this useful little article has become the piece de resistance of fashionable bodices and lingerie.

The Mexican kerchiefs embellished with embroidery and drawn work with tiny squares of linen in the center are used for this purpose. Three are used for the front of a bodice if a yoke effect is desired, three for the back, one for the sleeve-caps—that is one for each sleeve—and one for each cuff, requiring 10 handkerchiefs to a bodice. Instead of the yoke a fashionable arrangement consists of placing the handkerchiefs, diamond shape down the front of the bodice, with one on each shoulder at the back placed in the same design. Instead of having caps for the sleeves, the upper portion is tucked or shirred to the elbows and the handkerchiefs are inserted in the voluminous puff between the elbow and wrist. Still another pretty way of finishing the sleeve is having it extend only to the elbow and draping the kerchief around the edge in points so that the longest one extends almost to the wrists.

These handkerchiefs are rather expensive in the intricate designs running as high as eighteen dollars a dozen. There are less costly samples, however, that may be purchased as cheap as 25 cents each.

For the heavy butcher's linen shirt waists instead of handkerchiefs dollies are used—just the plain, old-fashioned table dolly. Being of heavier material they are better suited to the decoration of coarser fabrics and an incongruous combination is avoided.

**Novel Use for Handkerchiefs.**

The every-day linen handkerchief, however, has its uses, for it is used to make very dainty corset covers and yokes of chemises. Four handkerchiefs are used for a corset cover, cut diagonally across the center and joined with strips of embroidery or, as in many instances, with Valenciennes insertion. Unless a very openwork embroidery is used the Valenciennes is better because it is easier to run the wash ribbons through the openings. Speaking of ribbons brings to mind the fact that colors are not in good taste for these trimmings any longer. There is a suggestion of the commonality about them which the woman of refined tastes shrinks from so white is almost exclusively used for the purpose.

The woman of fashion is neither trimming the shoulders of her lingerie any longer with generous-sized bows of ribbon. Last summer these decorations beamed through the pee-a-boo shirt waists, as the very diaphanous models are described and were so exaggerated by extremists that even their suggestion of elegance could not counteract the unpopularity into which they fell.

In the handkerchief-trimmed lingerie a sensible innovation is also shown in the combined corset cover and petticoat. This idea does away with the tiresome lower edge of the corset cover—which many women invariably cut away to avoid a bulkiness around the waist—and is only a little fuller, if any, around the belt line than the ordinary petticoat. Beading supplies the place of a belt and through this ribbon is run for the purpose of drawing it tight.

Next to the muchoir embellishment, medallions are the most fashionable decoration for lingerie as well as outer garments. A unique idea is borrowed from washable lingerie for silk skirts is to finish the upper part with a band and row of buttons, the lower section with its elaborate flounces being similarly finished and equipped with buttonholes to match. By this arrangement the cleaner is able to handle the skirt more conveniently and it is possible to have a handsome skirt renovated as soon as the first rips and spots appear on the principle of a stitch-in-time-saves-nine.

**Old-Fashioned Polka Dot.**

Polka dot dresses in all materials are quite the rage this season. The dots are sprinkled over the goods in the set fashion of years gone by, but are grouped in fanciful patterns that give distinction to the fabric. One of the subtlest problems of modern times is the question of how far a girl wants to look just like all the other girls and exactly where she wants to begin to have something distinctive in her style that shall indicate her temperament and differentiate her from the mere crowd. The weavers of materials as well as the makers of gowns recognize this fact and everything that is turned out is designed with this idea uppermost in the mind.

One of the prettiest polka dot gowns yet seen is in perveche sprinkled over closely with black dots. It is simply made with box plaits, bordered by shallow side plaits on either side of the front and tiny blue buttons grouped on the side plaits.

A stunning little folded cravat of black liberty satin accompanies the waist and crosses in front, being caught with turquoise pins. The black satin crushed girdle fastens with a corresponding pin. It is imperative nowadays that the girdle, and cravat worn with a shirt, match and their originality and smartness are oftentimes the making of the gown.

**Red and White Combinations.** Red and white combinations are

fashionable and pretty. At one of the nearby smart summer colonies a young woman appeared a few days ago in a white pique trimmed with cherry-red linen and ribbon to match. The top of the cut flounce was embroidered with a band of red embroidered in white. Cuffs of the same confined the broad bishop sleeves, the broad sailor collar, the girdle also being of the linen and the jaunty of red silk. There was a tiny shield in front of all-over embroidery. With the suit was worn a saucy turban of red straw simply trimmed with black and white caiffon tufted at the left side.

It is the fad of the hour to select a hat that is in harmony with one's "temperament" and the girl of taste cares not whether the style of her chapeau differs in detail from that of the majority of her sisters, for the stern dictates of fashion allow anything original.

Dresses for yachting parties are little different from those worn on the street or at afternoon functions. The various shades of tan and ecru voile are smart, though crying. The peculiar shade of natural color fabrics is seriously detrimental to a sallow complexion and when selected one has to consider this fact. Many women remedy the matter, but using a touca of rose, cherry, or red near the throat, with the same idea repeated in the headgear.

Bodices that are cut low in the neck are not the fashion, but very narrow collars are extremely smart. A design in almond green voile becoming only to the girl with a pretty throat, is cut very full and has a low, flat turn-over collar, while the girdle is of black velvet. Another smart design is in shrimp pink summer flannel, the yoke being formed of narrow lines of pale pink moire ribbon joined together with lace stitches in string colored gold. The collar and cuffs are of ficelle guipure and the sleeves are very full at the wrists.

**Newest Thing in Shirt Waists.** The newest shirt waists have neither buttons nor buttonholes. Instead they are held together by means of beautiful buttons that come in set and look not unlike brooches. Imitation pearls compose some of the prettiest sets—there are six buttons to a set—and carved mother-of-pearl ranks next in popular favor. Natural wood buttons are very pretty and when scented cost a neat little figure.

Another vagary of the moment is the chatelaine which matenes the gown in fabric and this is exceeded in extravagance only by the purse of drawn thread linen held in place over the wrist by a loop of diamond or other precious stones.

MAUDE GRIFFIN.

**Brutally Tortured.**

A case came to light that for persistent and unmerciful torture has perhaps never been equalled. Joe Golobick, of Colusa, Calif., writes: "For 15 years I endured insufferable pain from rheumatism and nothing relieved me though I tried everything known. I came across Electric Bitters and it's the greatest medicine on earth for that trouble. A few bottles of it completely relieved and cured me." Just as good for liver and kidney troubles and general debility. Only 50c. Satisfaction guaranteed by Tallman & Co., druggists.

George W. Struble, of Portland, has been elected midshipman from Oregon, to the Annapolis naval academy.

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