

# Rheumatism

## Is Not a Skin Disease.

Most people have an idea that rheumatism is contracted like a cold, that the damp, chilly air penetrates the muscles and joints and causes the terrible aches and pains, or that it is something like a skin disease to be rubbed away with liniment or drawn out with plasters; but Rheumatism originates in the blood and is caused by Urea, or Uric Acid, an irritating, corroding poison that settles in muscles, joints and nerves, producing inflammation and soreness and the sharp, cutting pains peculiar to this distressing disease.

Exposure to bad weather or sudden chilling of the body will hasten an attack of Rheumatism after the blood and system are in the right condition for it to develop, but have nothing to do with the real true causes of Rheumatism, which are internal and not external.

Liniments, plasters and rubbing will sometimes reduce the inflammation and swelling and ease the pain for a time, but fail to relieve permanently because they do not reach the seat of the trouble. S. S. S. cures Rheumatism because it attacks it in the blood, and the Uric Acid poison is neutralized, the sluggish circulation stimulated and quickened, and soon the system is purified and cleansed, the aching muscles and joints are relieved of all irritating matter and a lasting cure of this most painful disease effected.

S. S. S. is a harmless vegetable remedy, unequalled as a blood purifier and an invigorating, pleasant tonic. Book on Rheumatism will be mailed free.

**THE SWIFT SPECIFIC CO., ATLANTA, GA.**

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 Bar in connection.

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All kinds of Fresh Meats always on hand. Fine Bacon, Hams and Sausage.

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With every piece Pure Spotless, White, Well Washed, Nicely Starched, Neatly Ironed, nothing Torn and Nothing Stretched you are well pleased.

That's just the kind of work the Domestic Laundry turns out every day.

Can't we call for your Bundle and Deliver it FREE.

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 Quick, Courteous Service  
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**Five Porcelain Tubs**

Are now to be found at Privett's Barber Shop and Bath Rooms. We also have five hydraulic chairs. Everything is neat and clean. We employ none but first-class workmen. Our equipment is not excelled in Eastern Ore.

**Privett's Barber Shop**  
 723 Main Street

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Insect powder and Poultry Supplies, also Hay, Grain and Feed.

**C. F. Colesworthy**  
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**INDIGESTION**

is the cause of more discomfort than any other ailment. If you eat the things that you want and that are good for you, you are distressed, Acker's Dyspepsia Tablets will make your digestion perfect and prevent Dyspepsia and its attendant disagreeable symptoms. You can safely eat anything, at any time, if you take one of these tablets afterward. Sold by all druggists under a positive guarantee. 25 cts. Money refunded if you are not satisfied. Send us for a free sample. W. H. Hooker & Co., Buffalo, N. Y.

**STRONG TESTIMONY.**

This is Pendleton Testimony and Will Stand Investigation.

If you should doubt the following and wish to investigate, you haven't to go to some other state in the union to prove it. It's not a long story published in Pendleton newspapers about a resident in Kalamazoo, Mich., or Tampa, Fla. It's about a resident of Pendleton and given in his own words. No stronger proof can be had.

H. A. Thompson, retired, who lives on Stonewall Jackson street, says: "My kidneys troubled me by spells for 10 years, and at such times with a steady dull aching across my back. I used large quantities of various kinds of medicines said to be good for it, but they never benefited me enough so that I could notice it. Finally I got a box of Doan's Kidney Pills at the Brock & McComas Co. drug store and I found them to be just what I needed. They went right to the spot and not only relieved my backache, but cured it permanently. I will be only too pleased to tell others about the merits of this remedy."

For sale by all dealers. Price 50 cents per box. Foster-Milburn Co., Buffalo, N. Y., sole agents for the United States.

Remember the name—DOAN'S—and take no other.

# WESTON NORMAL

INSTITUTION IS THE PRIDE OF EASTERN OREGON.

Fully Equipped for Higher Education  
 —Practical Educators in Charge—  
 New Buildings and Laboratories.

Comparatively few persons, even within its own legitimate field, realize the unusual opportunities offered to students at the Eastern Oregon state Normal school, located at Weston, in Umatilla county, Oregon, says the Weston Leader. This school is now under new and efficient management, and has the most complete equipment of any of the state normal schools in Oregon. It is situated in a section of country which, for fertility of soil, beauty of surroundings, and healthfulness of climate, is unsurpassed in the Northwest.

This is a normal school; it is a state normal school; and it is an Eastern Oregon state normal school; it is here for the benefit of every section of Eastern Oregon, and the state has vested its sole educational interest for Eastern Oregon in this institution.

**Higher Education at Home.**  
 While Western Oregon has its state normal schools, its state agricultural college, and its state university, it is left for the Eastern Oregon state normal school to furnish the higher educational advantages offered by the state institutions for the intellectual and social development of this part of the commonwealth. "Where Rolls the Oregon." The teachers and prospective teachers of this section are not availing themselves of the opportunities here offered to the extent to which they are entitled and to the extent to which they would avail themselves if its advantages as a seat of education were better known.

**Institution Complete.**  
 The educational "plant" is most complete. Less than two years ago was finished a three-story and basement brick building, equipped throughout with steam heat and modern conveniences. The new building contains a large assembly hall, or chapel, two society halls, 12 session rooms, physical and chemical laboratories, museum, women's gymnasium, kindergarten room, reception room, and president's office; besides cloak rooms, halls, etc. It is beautifully finished throughout in natural wood; the laboratories and lavatories have cement floors and city water connections; and the building has a slightly situation on the brow of the hill, east of town, overlooking the country for miles around.

**Young Ladies' Hall.**  
 The young ladies' hall is a substantial wooden structure one block immediately adjoining the normal grounds. It contains parlors, dining room, kitchen, bath room, store rooms, matron's room and dormitory rooms ample for a large number of students. The young men also take their meals here. In the spacious parlors are held, during the year, many pleasant social functions where faculty, students, and town people commingle for amusement, entertainment and social cheer.

The building formerly occupied by the normal school, a two-story brick with wooden ell, is to be well utilized. The upper floor will be divided into dormitory rooms for young men; the lower floor of the main building is to be converted into a young men's gymnasium, and the first floor of the ell into shop workshops and rooms for the teaching of domestic science. This building has a separate steam heating plant.

The normal grounds are ample for football and baseball fields, circular track, tennis courts, and basketball grounds, etc.

**Full Laboratories.**  
 The physical and chemical laboratories are well supplied with apparatus and materials for doing all the work included in a normal school course. The library contains several hundred well selected books of reference and general literature, and the tables of the reading room are supplied with many of the leading magazines and periodicals.

The school has an attendance of public school pupils sufficient to furnish an efficient training department, or practice school. President French is also principal of this department and exercises personal supervision over the work of the student teachers. More than a year was spent by him in visiting and studying the school systems of the leading European countries, and his course in methods, which has been so largely instrumental in making teaching a profession in the public schools of this state, is the product of an extended experience as teacher in the common schools, superintendent of schools, teacher in normal schools and college. President French has made the perfecting of methods employed in the public schools his life work, and no pains will be spared to give the students of the normal school the professional training which will be directly applicable in the public schools of the state.

"Yes, I explained the whole theory of the new discovery to my wife." "And what did she say?" "She said, 'George, can you remember who the Souerfield girl married? I've been trying to think all day of his name.'"—Cleveland Plain Dealer.

# BAKER CITY IN DARKNESS.

Electric Light Plant Entirely Destroyed by Fire Saturday Evening.

The Baker City electric light plant was entirely destroyed by fire Saturday evening about 5 o'clock.

Fire was first found under the engine room floor and before the department arrived the entire building was a mass of flames.

The loss is \$25,000, with \$10,000 insurance. On Friday a policy of \$2,500 was cancelled, owing to the fact that two men were constantly on watch at the property. The plant will be rebuilt immediately, but it will be 90 days at least before it can be in running order, as the machinery is all ruined and most of it will have to be shipped from the east.

# Carnival at Lewiston.

The first annual carnival given under the auspices of the Redmen and Lewiston Concert Band, opened this morning to last during the week. The queen of the carnival is Miss Agnes Mounce, a member of the Artisans, and today has been designated as "Artisans' Day."

Mrs. Lorraine J. Pitkin, vice-president of the auxiliary board of lady managers of the World's Fair Fraternal Building Association, has been elected department commander of the Woman's Relief Corps of the Illinois division of the G. A. R. Mrs. Pitkin has been identified with fraternal movements for the last 25 years. New commissioner.

# Thousands Have Kidney Trouble and Never Suspect it.

How To Find Out.

Fill a bottle or common glass with your water and let it stand twenty-four hours;



sediment or settling indicates an unhealthy condition of the kidneys; if it stains your linen it is evidence of kidney trouble; too frequent desire to pass it or pain in the back is also convincing proof that the kidneys and bladder are out of order.

**What To Do.**  
 There is comfort in the knowledge so often expressed, that Dr. Kilmer's Swamp-Root, the great kidney remedy, fulfills every wish in curing rheumatism, pain in the back, kidneys, liver, bladder and every part of the urinary passage. It corrects inability to hold water and scalding pain in passing it, or bad effects following use of liquor, wine or beer, and overcomes that unpleasant necessity of being compelled to go often during the day, and to get up many times during the night. The mild and the extraordinary effect of Swamp-Root is soon realized. It stands the highest for its wonderful cures of the most distressing cases. If you need a medicine you should have the best. Sold by druggists in fifty-cent and one-dollar sizes.

You may have a sample bottle and a book that tells all about it, both sent free by mail. Address Dr. Kilmer & Co., Binghamton, N. Y. When writing mention this paper and don't make any mistake, but remember the name, Dr. Kilmer's Swamp-Root, and the address, Binghamton, N. Y.

# BEST FOR THE BOWELS

If you haven't a regular, healthy movement of the bowels every day, you're ill or you're not. Keep your bowels open, and be well. Pure, in the shape of the most pleasant and most powerful laxative. The smoothest, most perfect way of keeping the bowels open and clean.



**EAT 'EM LIKE CANDY**

Pleasant, Palatable, Efficient, Taste Good, In Good Every Sense, Weakens, or Sticks, In 25, and 50 cent per box. Write for free sample, and booklet on health. Address: **STEARNS HERBRY COMPANY, CHICAGO or NEW YORK.**

# KEEP YOUR BLOOD CLEAN

**Fresh Berries Every Day**

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**F. S. YOUNGER & SON**

We are headquarters for berries and fruits of all kinds

# Cremona

The Cigar They Smoke in Cigarland

**5c**

The Largest Selling Brand of Cigars in the World

The Band is the Smoker's Protection

# A Fur Coat...

Is a good thing but when the warm weather turns your thoughts to things such as :

# Refrigerators

You will find a Complete line of the very latest sanitary ideas in Refrigerator manufacture at our store. The prices are right too—from

**\$18.00 UP**

**T. C. TAYLOR, the Hardware Man**

# The Grand Trunk Gold Mine

Sumpter, Oregon, Gold Mining District.

Is located upon the GREAT MOTHER LODE system of veins and has for neighbors on that vein such well known mines as the NORTH POLE valued at \$10,000,000. The COLUMBIA valued at \$5,000,000. GOLCONDA valued at \$3,000,000. THE MONMOUTH G. M. CO'S BELLE BAKER mine valued at \$500,000. THE BALD MOUNTAIN valued at \$500,000. THE IBEX valued at \$400,000, and many others.

# The Grand Trunk Gold Mining and Milling Co.

Owens its Property Consisting of 100 Acres of Rich Gold Bearing Veins

It has no indebtedness of any character. It has a conservative mining and business management. It is offering 50,000 shares of stock at 15c per share. It will become a dividend payer in a short time. It will pay you to write us for full particulars and to make careful investigation of its merits. It has the indorsement of mining men, business men and bankers of Eastern Oregon. Write us today and let us post you.

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 Miners, Brokers and Financial Agents.  
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 Our Weekly Mining Letters on Sumpter, Oregon, Gold Mining District Free on Application.

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You should know that the very best, DRY WOOD of all kinds is to be found at

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