MISS HELEN WHITMAN.

you no ambition for work or play. After a prolonged illness, about

a year ago I felt unable to regain my health, but four bottles of Pe-

runa made a wonderful change and restored me to perfect health.

As long as you keep your blood in good condition you are all right,

and Peruna seems to fill the veins with pure, healthful blood. I

thoroughly endorse it."

fast. Does your heart flutter at times?

You had better call a halt. Americans

live too fast. They crowd too much into

a single day. They have too little lei-

sure. The hospitals and insane asylums

YOUR

How to Get Strong Nerves.

TAKE

" There is nothing like Peruna for that tired feeling, which gives

Miss Helen Whitman, 3081/ Grand avenue, Milwankee, Wis., writes :



oblished every afternoon (except S at Pendleton, Oregon, by the

OREGONIAN PUBLISHING COMPANY. EAST

Thone, Main 11.

SUBSCRIPTION RATES ily, one year by mail dy, six months by mail dy, three months by mail dy, one month by mail dy, per month by carrier eskly, one year by mail mi-Weekly, one year by mail \$5.00 2.50 1.25 .50 .65 1.50 2.00 The East Oregonian is on sale at B. B. Rich's News Stands at Hotel Portland and Hotel Perkins, Portland, Oregon. Member Scripps McRae News Associa-

San Francisco Bureau, 408 Fourth St. Chicago Bureau, 909 Security Building. Washington, D. C. Bureau, 501 14th St., W.

Beware when the great God loose a thinker on this net. Then all things are at lets planet. It is as when a rink. flagration has broken out in a great city and no man knows what is safe or where it will end. There is not a piece of science but its flank may be turned to morrow; there is not any liter ary reputation, not the so-called eternal names of fame, that may not be rivaled and condemned The very hopes of man, the thoughts of his heart, the religion of uations, the manners and morals of mankind, are all at the mercy of a new generaliza-tion. Generalization is always a new influx of the divinity into the mind, hence the thrill that attends it.-Emerson.

UTILITY.

To find the usefulness of the apparently useless things of the world the greatest achievement of man. To convert the wastes into the fruitful field, to find a place in the economy of civilization for the idle forces of nature and to convert the unseemly desert into the ripening harvest, to place the wheel of industry under the wasted energy of the waterfall, to bridle for man's use the thunderbolt and the winds of heaven, all these are the splendid accomplishments of human genius and human skill.

Utility is the greatest creed of the industrial and scientific world. Through its vital agencies the world has been subdued and adorned.

The hunter and trapper of the last century who camped on the present site of Minneapolis, looked upon that wilderness as a necessary waste on the earth. Something had to be used wild waterfalls, drear stretches of prairie and tangled forests were Nature's stock and store.

The desert felt the thrill of utility and the greatest wheat fields on waterfall with its wasted forces was utilized and the wheels of the greatest flouring mills on earth were moved by its magic energy.

The old Puritan statesman thanked God that nature had placed the Rocky mountains between Boston and the Pacific Coast. The wilderness that may beyond that mountain range appalled the New Englander, nestled

eauty and usefulness for man. The law is constantly at work Every rock quarry that is uncovered for man's use, every irrigation ditch that is made in the desert, every acre of land that is subdued and made a

part of the cultivated field, and every rocky point that is leveled down and adorned with a home, signifies the constant action of this law.

Kansas has fully recovered from the effects of populism. The report of her state labor commission, issued today, conclusively proves this fact. The report shows that wages in Kansas have increased 161/2 per cent since 1900-that is glorious-and that living expenses have increased 40 per cent in the same period. Kansas has been under republican rule during this time. Her "anarchists" are out of office, it is true, but the trusts are in. Hence the progress,

The O. R. & N. fully realizes the need of a new depot in this city. At no point on the line has the business increase of the O. R. & N. been as great as at this point. The company has recognized this fact and responded with a 400 per cent increase in warehouse and store room space. The depot now in use has been outgrown by its surroundings. The city, the county, the volume of business passing over the line and all the environments have left this structure far in the rear. Other cities are coming in for substantial improvements in this line. The depot building at La Grande would be a credit to a city of 20,000 people. Baker City is to have one equal to it, and the city of Pendleton should be able to point with pride to a building that fittingly represents the progressive spirit of this compa-

VALUE OF LABOR BUREAU.

ny

Hundreds of men with their friends are wanted to work in the sugar beet fields of Northern Colorado. Accord ing to information laid before State Labor Commissioner Montgomery by the manager of the sugar plants at Greeley and Loveland, help is scarcer present time than was ever at the known since beet growing become an industry of importance in the state Although the Overland Cotton mills and the paper mills have become al-most depopulated of their employes.

who have emigrated to the north to enter beet raising as a livelihood, the demand still far exceeds the supply Every inducement is now being offer ed to secure Colorado people for the many jobs that are open, but if that fails the sugar raisers will commence again the importation of foreign labor to harvest their crops.

Twenty dollars an acre, free house rent and fuel is now being offered by to fill in the space on the globe, and the Great Western Company at Love land for men with families.

Commissioner Montgomery visited Loveland recently to look over the field, and as a result of his investigation he has found that the head of a ity and the greatest wheat fields on family is able to make from \$110 to the continent sprang forth. The \$140 a month at the \$20 an acre rate during the busy season. " commissioners will conduct The labor em an ployment bureau for the benefit of intending beet sugar workers, and will endeavor to place all persons who apply and are willing to work. without charge of any fee to the applicants or to be the employers .- Der

Would You Think It? appalled the New Englander, nestled down by his sheltering bay, wonder-ing at the great idle world around an whose shapely shoulders, and beauti-

ver Post.



Nothing Robs One of Strength Like Spring Catarrh --Spring Fever is Spring Catarrh.

itor of Erie county, New York, Hou John W. Neff, in a recent letter writter at Buffalo, New York, stated: "I wa. persuaded by a friend to try a bottle p. your great nerve tonic, Peruna, and the results were so gratifying that I an. more than pleased to recommend it." A Spring Tonic.

Almost everybody needs a tonic in the spring. Something to brace the nerves invigorate the brain and cleanse the blood. That Peruna will do this is beyond all question. Everyone who has tried it has had the same experience a Mrs. D. W. Timberlake, of Lynchburg Va., who, in a recent letter, made use o. the following words: "I always take a dose of Peruna after business hours, as it is a great thing for the nerves. There is no better spring tonic, and I have used about all of them."

Catarrh in Spring.

The spring is the best time to treat catarrh. Nature renews herself every spring. The system is rejuvenated by spring weather. This renders medicines more effective. A short course of Peruns, assisted by the balmy air of spring, will cure old, stubborn cases of catarrh that have resisted treatment for years. Everybody should have a copy of Dr. Hartman's latest book on entarrh. Address The Peruna Medicine Co., Columbus, Ohio.

Mrs. Lulu Larmer, Stoughton, Wis, Save:

"For two years I suffered with nervous trouble and stomach disorders until it seemed that there was nothing to me but a burdle of nerves. I was very irritable, could not sleep, rest or compose myself, and was

certainly unfit to Mrs. Luiu Larmer take care of a household. I toek nerve tonics and pills without benefit. When I began taking Peruna I grew steadily better, my nerves grew stronger, my rest was no longer fitful, and to-day I consider myself in per feet health and strength. My recoverwas slow but sure, but I persevered an was rewarded by perfect health."-Mrs

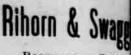
If you do not derive prompt and satis factory results from the use of Perun: write at once to Dr. Hartman, giving

Address Dr. Hartman, President of

Have you got nerves? Well, you do exactly as did Mattie B. Curtis, Second ought to have nerves. But they ought to be strong nerves, good nerves. Does your hand tremble? You are living too with general weakness and debility manifested in severe headache and backache. I took four bottles of Peruna, and for two months have been entirely free Lulu Larmer. from these maladies."



in Real Fstate. We some nice homes that be sold. Choice Build Lots. Alfalfa Land from acre to 160. Wheat | tracts from 160 acm 12,000.



Room 10 over Taylor's Hardware Store.

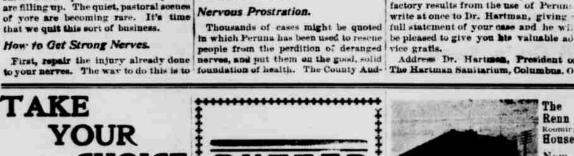
> Human Harnes J. A. Smith Sole Agent for Umati County 218 Court Street



to our friends, patrons and the peth bespessing your examination at he clone in carringes, runnbeuk, sum etc., we have the pleasure of pet-rogated an iots from our last standard-in inct we have advance by. We have a complete star warms with stoel clad hubs and an bearing blocks making them the st ind most durable on the aster and buggies we have from the ches pert. divenus acal.

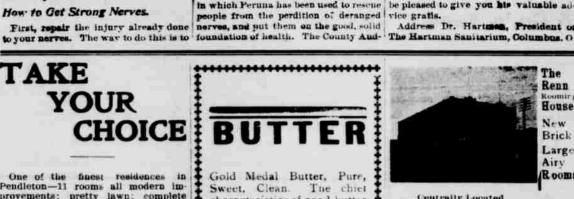
the ne a call NEAGLE BROTHERS The Black miths

UNDER NEW MANAGE



MISS HELEN WHITMAN.

One of the finest residences in Pendleton-11 rooms all modern improvements; pretty lawn; complete \$6,500. \$2,500 down, balance on time. Another residence—7 rooms, with bath, severage, electric lights; pretty lawn, shade trees, within three blocks of Main street, \$2,500, Other houses and lots from \$600 to



characteristics of good butter are purity and cleanliness. This butter combines both, and will retain its rick and delicate flavor to the last Try it and you will never

