



Every mother possesses information of vital ralbe
daughter. That daughter is a precions legacy, and the
for her future is largely in the buds of daughter. That daughter is a precious legacy, and they
for her future is largely in the hands of the mother Ty
chango that develops the thoughtless gitl into the the should find the mother on thie watch day and night. Ave the physical well-being of her daughter, so will the mone
children also.
When a young girl's thoughts become sluggish, wian ences headaches, dizziness, faintness, ande exhinits an whes
tion to sleep, pains in the back and lower limbs, ejes that solitude, and a dislike if or the society of other girls, whern
tery to herself and friends, then the mother shonild At such a time the greatest aid to nature is Lydta EF Vegetable Compound. It prepares the young system \&
change, and is the surest reliance in this hour of trial

Case of a New York Girl of ln to Every Mother and Daugt in the Land.

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$6 \mathfrak{F}$ bran minn

