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Any Beginner Can Make**



**Swag Tacked to Valance Board.**

SO PATRICIAN, these draperies topped with a graceful swag! You may make them yourself—combining just the colors for your room. Rayon damask in dusty rose for the draperies, rayon satin for the swag, brown fringe for trimming—that's one stunning choice.

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Is Funniest Book of Year**

A NEW all-around champion has been crowned . . . in the entertainment world. He is Bob Hope. Not satisfied with being rated tops on the radio, Number One in screen box office receipts, he is author of one of the nation's best sellers, which just about nails down this triple crown for Bob. "They Got Me Covered," Hope's autobiography, has been claimed by critics and readers alike as one of the year's funniest books. It is a hilarious story, in narrative form, of Bob Hope's life, generously illustrated with photographs, in addition to having cartoons depicting scenes from his life.

The book is now available at drug and department stores throughout America at 10 cents per copy with the purchase of a Pepsodent product. This low price is possible because the sale of the book has been sponsored by the Pepsodent Company.—Adv.

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Constipated?**

Most of us find that age and living habits bring on occasional bowlaziness. These spells of constipation, with aggravating gas, may cause restless nights. ADLERIKA can help you face the future more cheerfully. Its ingredients attract to the bowels extra moisture which softens packed wastes and assists in comfortable bowel action. ADLERIKA helps to leave your bowels refreshed and clean. Next time constipation and gas threaten your comfort, try ADLERIKA. Druggists have it.

**Worthy History**

There is no history worthy of attention save that of free nations; the history of nations under the sway of despotism is no more than a collection of anecdotes.—Chamfort.

**"MIDDLE-AGE"  
WOMEN (38-52)  
HEED THIS ADVICE!!**

If you're cross, restless, nervous—suffer hot flashes, dizziness—caused by this period in a woman's life—try Lydia Pinkham's Vegetable Compound. Made especially for women. Helps to relieve distress due to this functional disturbance. Thousands upon thousands of women report remarkable benefits. Follow label directions.

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**HEATHMAN HOTELS**

800 homelike rooms from \$2.50 per day with bath Broadway and Salmon Streets

**Household News**  
by Lynn Chambers



**Chicken a la King for Fifty**  
(See Recipes Below.)

**Church Supper Ideas**

What is so gay as a grand, big get-together full of informal fun, the hum of pleasant conversation and plenty of good food thrown into the bargain? A church supper, of course!

The fun will take care of itself and the food—well, almost if you get the right amount of it, for the cooking's as simple as only simple can be. Chicken's a treat any way you serve it, but very easy to prepare and serve if you do it this time-tried, old-fashioned, favorite way ladled out of a big kettle with plenty of cream sauce onto feathery light hot biscuits:

**\*Chicken or Turkey a la King.**  
(Serves 50)  
4 4-pound chickens, stewed, then cut meat into pieces

Or  
1 18-pound turkey, stewed or roasted, meat diced  
1 pound fat (chicken or turkey fat and butter mixed)  
4 cups flour  
2 gallons scalded milk  
1 pound fresh mushrooms or 2 large cans  
2 tablespoons minced onion  
1½ teaspoons of more salt  
¾ teaspoon white pepper  
1½ teaspoons paprika  
2 sweet green peppers, chopped (optional)  
2 pimientos, chopped (optional)  
½ cup egg yolks (6 eggs)

Melt about three-fourths of the fat, add the flour, and blend thoroughly; add scalded milk, stirring rapidly with a wire whisk to keep well mixed. Cook until starch taste is gone—about 10 minutes. Cook the mushrooms, sliced, in remaining fat, until delicately browned and add to sauce with the onion. Beat egg yolks and mix with a small amount of the hot mixture to blend and add to the sauce, stirring thoroughly. Cook 4 or 5 minutes more. Add turkey meat. Season to taste (with paprika and pepper mixed into salt). Add peppers and pimiento, if used. Serve on hot biscuits.

The simplest way to prepare the chickens is to cook them in seasoned water, to which a small onion, 2 carrots and a small bunch of celery are added. Chickens are handled best if disjointed and the breast and back sections cut into convenient-sized pieces.

**Baking Powder Biscuits.**  
(Serves 50)  
4 pounds flour  
½ cup double-acting baking powder  
2 tablespoons salt  
1 pound shortening (2½ cups)  
5 cups milk

Sift the dry ingredients together, add fat and mix lightly. Make a well in the center and add the milk.

**LYNN SAYS:**

Attractive salads pep up meals besides adding nourishment plus to menus. Salads in winter are a little hard to plan because of the scarcity of fresh fruits and vegetables, so I suggest you try these for solving your salad problem: Prunes stuffed with cream cheese and nuts, served with orange sections and lettuce.

Cooked beets and cooked carrots diced with celery, mixed with mayonnaise.  
Orange sections served with tiny cream cheese balls. Marinate oranges in french dressing first.

Canned pineapple and fresh oranges served in alternate sections on lettuce. Alternating orange and grapefruit sections are a good idea, too.

Chunks of lettuce with crumbled hard-cooked egg and a few leftover peas, tossed together with salad oil, salt, pepper, vinegar.

**THIS WEEK'S MENU**

- \*Chicken a la King
- \*Scalloped Potatoes
- \*Sunset Salad
- Bread and Butter
- Assorted Cakes
- \*Coffee

\*Recipe given

Mix just until the dough holds together. Divide dough into fourths and make ¼ at a time. Roll on a floured board, pat to ½ inch thickness, cut and place on baking sheet. Bake 12 to 15 minutes in a hot (450 degree) oven until golden brown.

**\*Scalloped Potatoes.**  
(Serves 50)  
10 pounds (6 quarts) sliced potatoes  
2 quarts hot milk  
½ cup flour  
1½ cups butter  
3 tablespoons salt  
1 tablespoon pepper

Peel potatoes before weighing. Before measuring, peel and slice. If large, cut in two lengthwise before slicing. Into six baking dishes put a layer of potato, then a slight layer of flour, and repeat until all potatoes are used. Dissolve salt, pepper and butter in hot milk. Pour over potatoes, cover and cook in slow oven for 1½ hours or until done.

Best idea for a salad is this one that's made in advance and needs only to be sliced and placed on lettuce leaves for serving. It's as gay and colorful as the get-together itself.

**\*Sunset Salad.**  
18 ounces lemon gelatin  
2½ quarts hot water and canned pineapple juice  
1½ quarts grated raw carrots  
1½ pints canned crushed pineapple, drained  
2 teaspoons salt  
Dissolve gelatin in hot water and pineapple juice which has been heated to 130 degrees F. Chill. Combine carrots, pineapple and salt. When mixture is slightly thickened, fold in carrot and pineapple mixture. Turn into individual molds. Chill until firm. Unmold on crisp lettuce. Garnish with mayonnaise and grated carrots. Makes 32 portions.

Just in case you want to make up a church supper menu of your own, I'm listing additional recipes:

**\*Meat Loaf.**  
10 pounds ground round steak  
2 pounds ground pork or salt pork  
4 eggs  
½ pound bread crumbs  
2 onions  
2 tablespoons salt  
2 teaspoons pepper  
1 quart cold mashed potatoes  
1 quart milk or canned tomatoes  
Mix thoroughly, mold into five loaves, and bake in a moderate oven 350 degrees F., until done. Makes 50 servings.

**\*Boiled Coffee.**  
(Serves 50)  
1½ pounds coffee (6¼ cups)  
2½ gallons water  
2 eggs

Mix shells, whole eggs and 1 additional cup of cold water with coffee. When the water comes to a boil, add the coffee egg mixture which has been tied in a bag, to the boiling water, and boil for 3 to 5 minutes. Test for strength. When ready, remove bag, let coffee stand 10 to 15 minutes before serving.

The wife of one of our famous football coaches, Mrs. Lou Little, likes to serve a simple but hearty meal after the game. Jot this one down as an idea for an after the game supper or church supper idea: Hot mulled cider, casserole of pork and beans, buttered hot date-nut bread, celery, pickles, and chili sauce; jellied cole slaw; doughnuts and coffee.

For the casserole, used canned pork and beans with tomato sauce; heat in the oven about 20 minutes. As a decoration use half slices of date-nut bread. Put them around the top of the beans for 5 minutes before the casserole comes out from the oven.

(Released by Western Newspaper Union)

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**Influence of Church**  
The churches are the greatest influence in this world of ours to overcome the present tendency toward greed.—President Franklin D. Roosevelt.

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Creomulsion relieves promptly because it goes right to the seat of the trouble to help loosen and expel germ laden phlegm, and aid nature to soothe and heal raw, tender, inflamed bronchial mucous membranes. Tell your druggist to sell you a bottle of Creomulsion with the understanding you must like the way it quickly allays the cough or you are to have your money back.

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**Mostly Sniffles**  
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CONSTIPATION  
SLOW YOU UP**

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**Imagination's Poetry**  
Sentiment is the poetry of the imagination.—Lamartine.

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