

MAYBE FATHER WILL LIKE THESE?
(Recipes Below.)

Household News

By Eleanor Howe

Foods Men Like to Eat

What are the foods that Father likes best—the fine, old-fashioned dishes—tasty, full of flavor, and perfectly cooked! He likes a meal to be composed of only a few foods; he wants to know what he is eating, and he does not want foods swathed in a blanket of whipped cream. In a word, fancy cooking is apt to be wasted on Father but he'll appreciate good cooking to the limit.

Left to his own devices, many a man would choose a diet of meat, potatoes, and pie. They're not particularly fond of vegetables—these men of ours—and when it comes to salads, it's a sheer waste of energy to serve them anything fancy. So a little judicious planning is necessary on our part in order to give Father his favorite foods and provide a wholesome, well-balanced meal in the bargain.

Each of these recipes, tested in my own kitchen, I've found to be prime favorites with men. Well prepared and attractively served, they'll go a long way toward establishing your reputation as a good cook.

Vegetable Soup.

(Serves 6)

- 2 pounds soup bone
- 2 tablespoons fat
- 2 quarts cold water
- 1 tablespoon salt
- ¼ teaspoon pepper
- 2 tablespoons barley
- 1 cup canned tomatoes
- 1 onion
- ½ cup carrots (cut in cubes)
- ½ cup celery (cut in small pieces)
- ½ cup potatoes (cut in cubes)
- ½ cup peas

Remove a portion of meat from cracked soup bone and cut into pieces. Brown in hot fat. Place browned meat, soup bone, seasonings, and barley in kettle and add cold water. Cover and cook until boiling point is reached. Then simmer about 2½ hours or until meat is tender. Cool and skim off excess fat. Add vegetables and continue cooking until vegetables are tender.

Devil's Food Cake.

(Makes one two-layer cake)

- 1½ cups granulated sugar
- 2 ounces chocolate
- 1½ cups milk
- 1 teaspoon vanilla extract
- ½ cup butter
- 2 eggs
- 2 cups cake flour
- ½ teaspoon salt
- 3 teaspoons baking powder

Place ½ cup sugar, chocolate and 1 cup milk in saucepan and cook, stirring constantly, until thick. Add vanilla extract and cool. Cream butter and add remaining sugar. Separate eggs, beat egg yolks and add slowly. Then add the cooled chocolate mixture. Mix and sift all dry ingredients and add alternately with the remaining milk. Bake in 2 well-greased layer-cake pans in a moderate oven (375 degrees) for approximately 25-30 minutes. Ice with boiled icing.

Apple Pie.

(Makes 1 pie)

- Cheese pastry
- 6 cooking apples
- Flour
- ¼ teaspoon salt
- ½ cup granulated sugar
- Cinnamon
- Nutmeg
- 1 teaspoon lemon juice

Line a pie tin with pie crust. Peel the apples and cut in slices. Sprinkle the bottom of the pastry with flour, salt and granulated sugar. Pile in the apples, filling very full. Dot with butter and sprinkle with cinnamon, nutmeg, sugar and lemon juice. Cover with the top crust, crimp the edges together and score

the top to allow the steam to escape. Bake in a hot oven (425 degrees) for about 40 minutes.

Pigs-in-Taters.

(Serves 6)

- 6 large baking potatoes
 - 6 tablespoons margarine
 - 4 to 5 teaspoons milk
 - 1½ teaspoons salt
 - Paprika
 - ½ pound small sausages (cooked)
- Wash and dry potatoes. Place on rack in hot oven (500 degrees), and bake for about 45 minutes, or until the potatoes are done. Cut a slice from one side of each and scoop out the inside. Mash thoroughly, add margarine, salt and paprika. Refill the potato shells. Make a depression in the center of each, and arrange in it 2 or 3 sausages. Bake in a moderate oven (350 degrees) for about 10 minutes, or until brown.

Harvest Moon Doughnuts.

(Makes 24 doughnuts)

- ¼ cup butter
 - 1 cup sugar
 - 2 eggs
 - 4 cups flour
 - 4 teaspoons baking powder
 - 1 teaspoon salt
 - 1 teaspoon nutmeg
 - ½ teaspoon cinnamon
 - 1 cup milk
 - 1 teaspoon vanilla
 - Fat for deep fat frying
- Cream butter and sugar. Beat in eggs. Sift together dry ingredients and add alternately with milk. Add vanilla. Roll dough ¼ - inch thick and cut with doughnut cutter. Fry in deep fat at 385 degrees until doughnuts are golden brown on both sides. Drain on absorbent paper. Sugar lightly, if desired.

Hot Water Cheese Pastry.

(Makes 1 2-crust pie)

- ¾ cup shortening
 - 6 tablespoons boiling water
 - 2 cups general purpose flour
 - 1 teaspoon salt
 - ½ teaspoon baking powder
 - 1 cup American cheese (grated)
- Place shortening in warm bowl, pour boiling water over it, and cream thoroughly with a fork. Place flour, salt and baking powder in flour sieve and sift gradually into the creamed mixture. Add cheese. Mix thoroughly. Make up into doughball, then chill in refrigerator. When ready to bake remove from refrigerator, divide dough and roll out. Line pastry tin with one portion of the pastry and proceed with desired pie recipe.

Need Help Feeding Father?

If you would plan and serve meals to please the man of the house, send for a copy of Eleanor Howe's book, "Feeding Father"; in it she tells what men like to eat and gives you recipes for father's favorite foods—luscious apple pie, pot roast, oyster stew, and a man's rich chocolate cake, and 125 other delicious dishes. Send 10 cents in coin to "Feeding Father," care of Eleanor Howe, 919 North Michigan Avenue, Chicago, Illinois, and get your copy of this clever book now.

Next week Eleanor Howe will give you in this column some of her own favorite recipes collected from good cooks the country over, tested in her own kitchen, and used successfully over a long period of years. Be sure to watch for "My Favorite Recipes" by Eleanor Howe.

(Released by Western Newspaper Union.)

WORTH KNOWING

Split hard rolls. Butter and then stuff them with chicken or fish salad. Chopped ham may be added to waffle batter and served with pineapple-orange sauce. Try combining two or more kinds of soup. The resulting mixture may be served in the regular way or used as a sauce for other dishes.

Star Dust

★ Public Deb No. 1
★ Garfield Lingers On
★ Golden Boy Holden
By Virginia Vale

CHARLES LAUGHTON proved himself a hero recently, and the cameras weren't grinding either. "The Hunchback of Notre Dame" company was on location, and hundreds of extras were milling about, staging festival scenes in Fifteenth century Paris. Part of the atmosphere was a trained bear in a cage, who was placidly eating ice cream.

Somebody bumped into the cage, as the mob pushed and shoved about, and it was overturned. The bear, ice cream dripping from his jaws, got out—and the panic would have been on, with people convinced that the bear was frothing at the mouth, if Laughton hadn't stepped in.

Over the public address system he reassured the crowd, telling them that it was ice cream on the bear's mouth, and that, if they would stand



CHARLES LAUGHTON

still, the trainer would tie the bear up.

All in the day's work for Laughton—but can't you see the newspaper headlines if he hadn't kept his head?

Linda Darnell becomes a star in "Public Deb No. 1," with the top men at Twentieth Century-Fox all set to send her straight to the top. She was booked for "Drums Along the Mohawk," but they felt that the role assigned her wasn't important enough.

It's in John Garfield's contract that he may return to the stage each season. And it was in his own mind a while ago that he wouldn't make any more prison pictures. Consequently people were surprised when, after finishing "Four Daughters," he didn't rush back to Broadway, and he surprised them again, more recently, when he agreed to do "20,000 Years in Sing Sing" (which will be screened as "The City of Lost Men").

In the first case he was persuaded to stay on in Hollywood in order to get his screen career off to a good start. In the second, a nice, fat bonus check was used as persuasion.

In "Golden Boy" you'll meet a new movie hero, William Holden—six feet tall, possessed of brown hair, blue eyes, a pleasant personality, and so much ability as an actor that he was picked from 4,500 candidates for the leading role in the picture. And some of those other candidates were experienced actors.

Holden wasn't. He'd gone to college, and been a member of Paramount's stock company. It was when he took part in a college play in Pasadena that a talent scout spotted him, and he was signed to a seven-year contract. After that he didn't do anything but report at the studio and exercise in the gymnasium, until he made a screen test with a girl who was being considered for a role in "Golden Boy." Director Mamoulian saw the test, spotted Holden, Columbia bought a half-interest in him—and you'll see him in "Golden Boy."

Family notes: Paul Muni's wife took a screen test not long ago. Charles Laughton's wife (known to stage and screen fans as Elsa Lanchester) will appear on the Bing Crosby program September 21. On Thursday nights, when he's part of that same program, Bob Burns always telephones his daughter, Barbara Ann, to say good-night.

ODDS AND ENDS—Somebody in Atlanta wants to market a Scarlett O'Hara cocktail, and Metro's trying to stop it. . . . Universal's sparing no effort to make Gloria Jean as popular as Deanna Durbin. . . . Since her return to radio Jessica Dragonette is singing better than ever before—and she's practically the only star of the air waves who could stay away for two years and return to find that she was just as popular as ever, according to what's happened to others who tried it. . . . Benny Goodman's chartered a plane to rush him from one one-night stand to the next; thinks it's too warm on trains. (Released by Western Newspaper Union.)

New Look Is Given to Autumn Styles by Bustle Silhouette

By CHERIE NICHOLAS



WHAT'S in a name? Well, plenty, judging from the consternation and furore the mention of "bustle" in connection with the new fashions for fall and winter has caused. Immediately, at the mere suggestion of bustles being revived in modern styling, came visions of the amusing monstrosities we of this day have come to associate with the "has been" fashions of the long ago.

As a matter of fact the bustle motif that has succeeded in giving to contemporary fashions such a decidedly new look is far and away from the antiquated bustle of our ancestresses. A more accurate way of expressing the bustle theme, as is today, is to speak of it as back-fullness, to achieve which designers are most ingeniously introducing clever drapes, bows, and pleatum effects done in a conservative manner.

The emphasis given to back-fullness in current styling has opened avenues of thought to designers, in consequence of which the dresses and coats and jackets shown in the season's collections have taken on an entirely different and refreshing note of interest. With the new back-fullness the simple black dress that is heralded as a perfect autumn "first" becomes a model of high-style distinction.

The various treatments of the back-fullness theme as demonstrated in the illustration conveys the message that there are back-fullnesses and back-fullnesses being interpreted throughout the mode, with not necessarily any two being alike.

See the afternoon dress of vogueish velveteen shown to the left in the picture. It shows clever manipulation via the pleatum method. The

spectator sports dress centered in the group, of lightweight woolen, modifies its pleatum fullness to a conservative degree.

The sheer black afternoon dress to the right has a wide sash technique which arrives at back-fullness in most pleasing fashion. The hat, designed to complement the bustle silhouette of the dress, has its own bustle, which goes to show that milliners are also subscribing to the bustle theme.

In the inset a pretty evening formal again illustrates the prevailing idea of bustle effects. The bustle is detachable, to be worn at will. Stiff, crisp silk taffeta yields beautifully.

This matter of back-fullness is not confined to dress design. The new coats have had to be tuned to the bustle-like fullness of the gowns over which they must be worn. In consequence many of the smartest coats of the season are styled with that thought in mind. Some take on fullness at the waistline; others are made with lines that flare from neckline to hem at the back. Unfurled dressmaker coats of this type, made of fine broadcloth or velvety surfaced woolens, rank at the height of fashion. With them a separate fur piece is inevitable which is met in the revival of long fur boas and stoles that recall quaint fashions such as our revered grandmothers wore.

Reaction to the new bustle vogue is seen in the revival of stiff, handsome silks as they so successfully yield to bouffant drapes and bows. (Released by Western Newspaper Union.)

Amber in Fashion



Featured colors this season include a series that ranges from lightest beige and cinnamon tones to vibrant copper tones, with special emphasis on browns from light to dark. Paris plays up these colors both in fabrics and in furs, and then to carry out the color scheme in perfect harmony adds amber jewelry. The revival of amber will prove welcome news to women who dress with distinction. Note the attractive bracelet, necklace and clip of amber as worn by the fashion-wise young woman pictured.

For Slim Lines

To give slim lines to your dressy fur coat, long-haired and bulky furs are being combined with bands of all types of material.

Satin-Top Jacket Dress for Autumn

For a neat practical dress of accredited style, a dress that will serve admirably for immediate wear, and that will start the season off in the right direction, choose one of the very smart daytime jacket dresses, preferably of black, either silk crepe or lightweight wool. These are shown with either the separate black satin blouse or the satin is worked into the dress itself in a blouse top. With this comes a cunning bolero of the identical material that fashions the dress. Sometimes there is an applique of the satin on the bolero. The advantage of the separate satin blouse and skirt is that it gives opportunity for interchangeable blouses.

The combining of satin with other materials is significant fashion news. Topcoats as well as dresses are trimmed with satin this year.

Sweater Collars In Great Variety

Bengaline and faille are fall favorites for neckwear. There is a little satin and there are taffeta ruffled collars and full three-quarter Bishop sleeves with wrist frills that are to put on over a sleeve or with short sleeves to give a new juvenile look to a plain dress. There are deep cuffs with double rows of box-plaited ruffling, deep Dutch collars with the same finish. Bibs are still shown and sweater collars are imperative both for the school girl and the older woman. This fashion gives a clean, fresh, laundered look to our woolly outer knits that make them seem feminine and less casual.

Becoming Designs Smartly Individual

IF YOU take a large size, then you'll find 1806 one of the most becoming dresses you ever put on! The long, slim lines of the paneled skirt make your hips look much narrower, and the bodice gathers give correct ease over the bust. With its touch of lace, this will be very smart for bridge parties, luncheons and club affairs. Make it of flat crepe, thin wool and, later on, sheer velvet.

Coat Style Dress. The "something different" about this practical dress is the way the closing is cut sharply over at the



waistline. The design (1806) gives you plenty of lap-over, so that you needn't sew buttons and make buttonholes all the way down. And of course you don't need to be told how easy the coat style is to make, to get into, and to iron.

The Patterns.

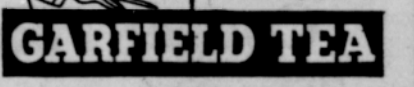
No. 1806 is designed for sizes 36, 38, 40, 42, 44, 46, 48, 50 and 52. Size 38 requires 4½ yards of 39-inch material, with short sleeves; 4¾ yards with long sleeves; 1 yard for vestee.

No. 1801 is designed for sizes 34, 36, 38, 40, 42, 44, 46 and 48. Size 36 requires 4¾ yards of 35-inch material without nap; ¾ yard contrasting; 2¾ yards edging.

Send your order to The Sewing Circle Pattern Dept., 149 New Montgomery Ave., San Francisco, Calif. Patterns 15 cents (in coins) each. (Bell Syndicate—WNU Service.)

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Without Modes

Architecture aims at eternity; and therefore is the only thing incapable of modes and fashions in its principles. — Sir Christopher Wren.

How Women in Their 40's Can Attract Men

Here's good advice for a woman during her change (usually from 38 to 42), who fears she'll lose her appeal to men, who worries about hot flashes, loss of pep, dizzy spells, upset nerves and moody spells. Get more fresh air, 8 hrs. sleep and if you need a good general system tonic take Lydia E. Pinkham's Vegetable Compound, made especially for women. It helps Nature build up physical resistance, thus helps give more vivacity to enjoy life and assist calming jittery nerves and disturbing symptoms that often accompany change of life. WELL WORTH TRYING!

Done in Silence

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