

Crocheted Edgings For Every Purpose



Pattern No. 2002.

You'll want to crochet these edgings—they're all different widths—since they lend themselves to so many uses. Some are suitable for round doilies. Pattern 2002 contains directions for making edgings; illustrations of them and stitches; materials required.

Send 15 cents in coins for this pattern to The Sewing Circle, Needlecraft Dept., 82 Eighth Ave., New York, N. Y.

Please write your name, address and pattern number plainly.

Uncle Phil Says:

With Taxes What They Are:

The meek do not ask to, and we wonder if they want to, inherit the earth.

Far too many thought-provoking discussions turn out to be merely provoking.

No Longer One of Us

Those who get a holiday whenever they like, generally dislike the legal ones.

Dominating personalities are those who started out to have their own way and kept it up.

A Blanket Government

In a government of, by and for the people, we have to remember the enormous variety of people.

Dying in poverty is no harder than dying in riches; it's living in poverty that's hard on a man.

LOST YOUR PEP?

Here is Amazing Relief for Conditions Due to Sluggish Bowels

Nature's Remedy If you think all laxatives are alike, just try this all-vegetable laxative. No mild, thorough, refreshing, invigorating. Dependable relief from sick headache, bilious spells, tired feeling, re-constituted with constipation.

Without Risk get a 25¢ box of NR from your druggist. If you are not satisfied, return the box to us. We will refund the purchase price. That's fair. **DR. J. C. NORTON** (MONTICELLO, N.Y.)

QUICK RELIEF FOR ACID INDIGESTION ALWAYS CARRY **DR. J. C. NORTON'S** **QUICK RELIEF FOR ACID INDIGESTION**

Escaped Deeds

Youth once gone is gone. Deeds, let escape, are never to be done.—Robert Browning.

How Women in Their 40's Can Attract Men

Here's good advice for a woman during her change (usually from 35 to 42), who fears she'll lose her appeal to men, who worries about hot flashes, loss of pep, dizzy spells, upset nerves and moody spells.

Get more fresh air, 8 hrs. sleep and if you need a good general system tonic take Lydia E. Pinkham's Vegetable Compound, made especially for women. It helps Nature build up physical resistance, thus helps give more vivacity to enjoy life and assist in calming jittery nerves and disturbing symptoms that often accompany change of life. WELL WORTH TRYING!

Sorrow's Crown

A sorrow's crown of sorrow is remembering happier things.—Dante.

WNU-13 28-39

Today's popularity of **Doan's Pills**, after many years of world-wide use, surely must be accepted as evidence of satisfactory use. And favorable public opinion supports that of the able physicians who test the value of Doan's under exacting laboratory conditions.

These physicians, too, approve every word of advertising you read, the objective of which is only to recommend **Doan's Pills** as a good diuretic treatment for functional kidney disorder and for relief of the pain and worry it causes.

If more people were aware of how the kidneys must constantly remove waste that cannot stay in the blood without injury to health, there would be better understanding of why the whole body suffers when kidneys lag, and diuretic medication would be more often employed.

Burning, scanty or too frequent urination may be warning of disturbed kidney function. You may suffer nagging backache, persistent headache, attacks of dizziness, getting up nights, swelling, puffiness under the eyes—feel weak, nervous, all played out.

Use **Doan's Pills**. It is better to rely on a medicine that has won world-wide acclaim than on something less favorably known. Ask your neighbor!

DOAN'S PILLS

Star Dust

★ So On Through Life
★ Rudy in Another Role
★ Ingenious Quiz Program
—By Virginia Vale

IT BEGINS to look as if those girls who made "Four Daughters" what it was (with the aid of John Garfield), have a life-time job. They appear again in the new "Daughters Courageous" with him, and will shortly make "Four Wives." The studio had intended to have them do "Four Mothers" as the next of the series, but now the wives will come first. Of course, they could go on forever, becoming grandmothers, widows, and then possibly "Four



GALE PAGE

Second Wives." Just see what you, the public, started when you acclaimed the three Lane sisters and Gale Page in that first picture!

In case you're interested in that picture Samuel Goldwyn has been making, bringing Jascha Heifetz to the screen, the title has been changed again. "Music School" has been abandoned in favor of "They Shall Have Music," which is going to be a bit harder on the men who fit the names of pictures into theater marquees.

When you see Brian Aherne in "Juarez"—if you haven't already seen him—you might pretend that you're a movie mogul and study his performance with the idea of offering him the role of "Christopher Columbus" in the movie version of that famous Italian's life. That's what Edward Small did.

On second thought, maybe you'd better not bother. For it would be a shame to do anything that would take your mind off the grand picture that Aherne, Paul Muni and Bette Davis made together. "Juarez" deserves all your attention.

For a long time it seemed likely that Rudy Vallee would be remembered as the man who started the "crooner" wave that swept over the country. Now it seems far more likely that he'll be famous as the fellow who discovered and developed more celebrities than anybody else.

Tommy Riggs, Edgar Bergen, Bob Burns—they're just three out of a list of more than one hundred radio celebrities who owe their fame to the chance that he gave them.

Those quiz programs, in one form or another, seem likely to go on forever, which is bad news for all the singers whom they have crowded off the airways.

One of the newest and most ingenious is that presided over by the two writers of mystery stories who sign their output "Ellery Queen." It's known as "The Adventures of Ellery Queen." Each week a mystery story is dramatized, with Mr. Queen and four guest detectives listening. As soon as Queen knows who the murderer is he stops the play, and each guest is asked to give his solution of the mystery. Then the dramatization is resumed and the author's solution given. It's lots of fun to follow from your own arm chair.

One of the radio singers for whom quiz programs hold no threats is Felix Knight, who's just had another renewal of his contract on that half-hour preceding the Vallee show. He appeared on it for one guest appearance, something like 84 weeks ago, and has been a regular ever since.

Lum and Abner are going back to their old home in Arkansas this summer, partly for a vacation, partly to make sure that they haven't lost their accents (as if they could!) and the home folks are beginning now to prepare a proper celebration.

ODDS AND ENDS—"Tarzan Finds a Son," with little Johnny Sheffield as the son, is a lot of fun, and just about the time it was released Maureen O'Sullivan, who plays "Tarzan's" mate, was celebrating the birth of her first baby. Metro has once more temporarily postponed filming "It Can't Happen Here." Now it's Benjamin Franklin whose life is to be screened. Joan Blondell gives her usual expert performance in "Good Girls Go to Paris, Too." Whatever you do, don't miss Jack Benny and his valet, Rochester, in "Man About Town."

(Released by Western Newspaper Union.)

Household News By Eleanor Howe



KEEP COOL WITH REFRIGERATOR MEALS
See Recipes Below.

Refrigerator Meals

It's a smart stunt to get meal preparation out of the way in the cool of the morning. Knowing that dinner's ready and practically waiting to be served helps you to look and feel cool, calm and collected, and it leaves you free for "vacationing" during the hot hours of the day.

Here's a menu that can be prepared in the morning, almost down to the last sprig of parsley, so that it will be ready to serve at the appointed dinner hour with only a little additional work.

Pineapple Upside Down Loaf
Tomatoes Stuffed With Macaroni
Buttered Fresh Peas
Minted Pear Salad
Hot Biscuits
Strawberry Fluff
Biscuits.
(Makes 12-14 Biscuits.)
2 cups flour
4 teaspoons baking powder
¾ teaspoon salt
¾ cup shortening
¾ cup milk

Sift dry ingredients together and cut in shortening. Add liquid slowly. Turn dough onto lightly floured board, pat to ½-inch thickness, and cut in rounds. Place on greased cookie sheet. Brush biscuits with melted butter and store in refrigerator until 20 minutes before dinner. Bake in hot oven (450 degrees) for 15-20 minutes.

Pineapple Upside Down Ham Loaf.
Sliced pineapple
Whole cloves
1½ pounds ham (ground)
¾ pound veal (ground)
1 green pepper (minced) ½ cup
1 cup rice (cooked)

2 tablespoons onion (minced)
¼ teaspoon pepper
1 teaspoon salt
1 egg (beaten)
½ cup chili sauce or catsup
½ cup water

Dot several slices of pineapple with whole cloves. Arrange in the bottom of a loaf pan. Combine meat, green pepper, rice, onion and seasonings. Add egg, chili sauce (or catsup) and water. Shape into loaf, and bake at 375 degrees for one hour. Turn out onto platter. Serve hot or cold.

Buttered Fresh Peas.
Simply place the shelled peas in a saucepan, partially filled with water. Set in refrigerator, then just before dinner, cook in this same water. For variety, sprinkle finely chopped garden mint over peas before serving.

Tomatoes Stuffed With Macaroni.
Remove the centers from the desired number of tomatoes and fill with cooked and seasoned macaroni, topping with slices of cheese, or better yet, if the refrigerator divulges some freshly kept, left-over macaroni and cheese, this may be used instead, with a buttered crumb topping. Chill until dinner time, then bake in a hot oven (400 degrees) for about 20 minutes.

Minted Pear Salad.
1 package mint-flavored gelatin
1 cup boiling water
1 cup cold water
¼ teaspoon salt
5 or 6 pear halves (canned)
Lettuce
Salad dressing.

Dissolve gelatin in boiling water, add cold water and salt. Let stand in refrigerator until cool. Dip pear halves in cold gelatin mixture and

arrange in ring mold. Place in refrigerator until set, and fill the mold with the cooled gelatin mixture. Chill until firm. Serve on large platter with a small bowl of salad dressing and lettuce for garnish.

Strawberry Fluff.
And for dessert, combine whipped cream, sliced strawberries and marshmallows cut in quarters. Place in sherbets and chill for several hours or overnight.

Get Your Copy of This New Book.

Just imagine being able to turn to a helpful little book for the answers to puzzling questions about home-making. Tips on how to save work while ironing, how to remove old paint and varnish from furniture, what to do when your net curtains tear and the budget just won't permit a new pair, the answers to these and many other questions will be found in Eleanor Howe's useful little book "Household Hints." Send 10 cents in coin to Eleanor Howe, 819 N. Michigan Avenue, Chicago, Ill., and get your copy of "Household Hints" now.

(Released by Western Newspaper Union.)

Pure Cellulose Curtains

Look Like Rare Chintzes
Pure cellulose curtains that look like printed linens and rare chintzes are making home-decorating history for 1939. So low is their cost that an entire house can be redraped for less than \$10, and when the curtains are soiled they can be thrown away and replaced for a cost equal to or less than the cost of laundering.

Looking like vellum and feeling like fine percale, these materials are soft, pliable, with permanent drapability and "hand." They are available in a wide number of patterns and designs in rich, sunfast colors. Coming completely finished and ready to hang, with matching tie-backs, the drapes are sold in three lengths.

Little Niceties Make

Cheerful Guest Room

Summer guests will appreciate a cheerful guest room—one that has its own style furniture and not just miscellaneous discarded pieces. Essential as the bed itself are a chest of drawers for odds and ends, a smart vanity for the feminine visitor and a bedside lamp and table.

A chaise longue and some good books and magazines will help take care of those in-between moments. Most important of all, for comfort's sake, are a good mattress and a good spring.

Logs for the Apartment

There are now fireplace logs suited to the apartment dweller. They are compressed under great pressure out of sawdust and shavings so that each log is bone dry, clean, uniform in size (4 by 12½ inches), and has no splinters. There is almost no storage problem, as each log burns for four hours, and a month's supply can easily fit into the closet along with the umbrella and galoshes. These logs give off a colored flame—blue, orange, purple or green—very much like fires made from driftwood.

Dining Bay Excludes Flies

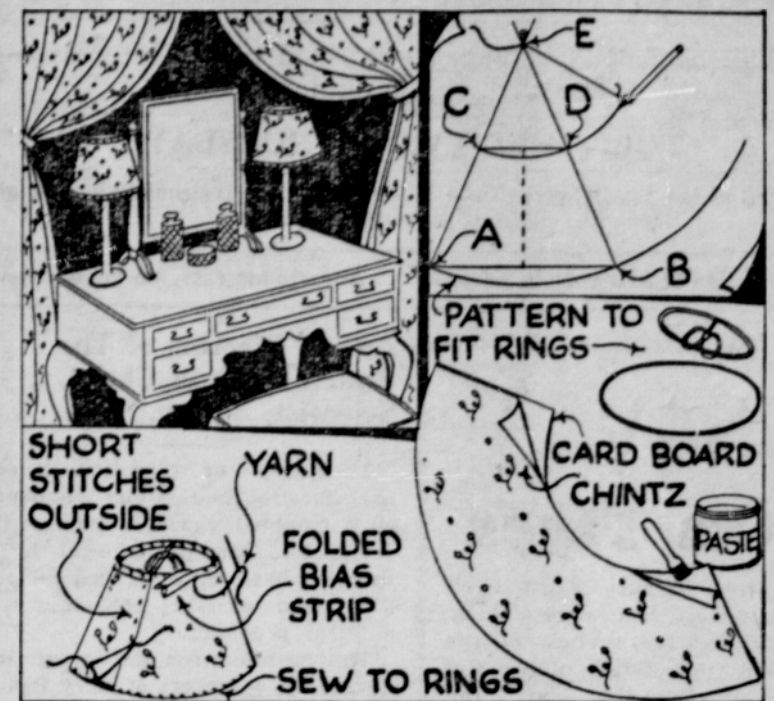
If you want to eat outdoors in warm weather, but the flies make the meal a nuisance, how about adding a bay to your living or dining room? You can sit with windows on practically three sides of you, but by screening them, banish the annoying and unsanitary little insects.

Sealing Jellies

Paraffin used for sealing jellies should be "smoking" hot, since it sterilizes as well as seals. Tilt the glass in order that the melted paraffin may form a seal around the side of the glass as well as a covering for the top.

HOW TO SEW

by Ruth Wyeth Spears



Make a pattern for chintz-covered lamp shades.

"DEAR MRS. SPEARS: I have a pair of lamps for my dressing table, and I would like to use some of my curtain material to cover plain shades. Can you tell me how this is done? C. H."

Here is a method that is shown for a living room lamp in Book 1. It may be used for a shade of any size. You will need the top and bottom rings from an old lamp shade. A cardboard foundation is cut to fit these, and the chintz or other fabric is pasted to the edge of this.

The AB line in the pattern diagram is as long as the diameter of the bottom ring. The dotted vertical line is approximately as long as the depth of the shade. The CD line is as long as the diameter of the top ring. Draw the diagonal lines to touch the ends of the AB and CD lines. Place a tack where they meet at E. Place a pencil through a loop in a string, as shown, and draw the bottom line of the shade making it as long as the measurement

around the bottom ring plus a half inch. Shorten the string and draw the top to fit the top ring allowing for a half inch lap.

NOTE: Book 1—SEWING, for the Home Decorator, and No. 2, Gifts, Novelties and Embroideries, are now 15 cents each, or both books for 25 cents. Readers who have not secured their copies of these two books should send in their orders at once, as no more copies will be available, when the present stock is sold. Your choice of the QUILT LEAFLET showing 36 authentic patchwork stitches; or the RAGRUG LEAFLET, will be included with orders for both books for the present, but the offer may be withdrawn at any time. Leaflets are 6 cents each when ordered without the books.

Everyone should have copies of these two books containing 96 How to Sew articles by Mrs. Spears. Send your order at once to Mrs. Spears, 210 S. Desplains St., Chicago, Ill.

ASK ME ANOTHER

A Quiz With Answers
Offering Information
on Various Subjects

The Questions

1. Why is the speaker of the House of Representatives so called?
2. What country is the Land of Cakes?
3. How big a trunk did the Char-ter oak have?
4. What is the oldest parliament in the world?
5. Is there a word descriptive of the feeling of annoyance one has in a noisy place?
6. About how much of the world's habitable land surface does the British empire cover?
7. Is there a tropical valley in Canada caused by hot springs?
8. How does Victoria falls compare with Niagara falls?
9. What is a poranip?
10. Do Pacific salmon always return to the stream where they were hatched in order to spawn?

The Answers

1. The name was borrowed from British parliament.
2. Scotland is so called from its oatmeal cakes.
3. Nearly seven feet in diameter. It was in Hartford, Conn., and blew down in 1856. Its age was computed to be nearly 1,000 years.
4. The Althing of Iceland is the oldest parliamentary assembly, having celebrated its 1,000th anniversary in 1930.
5. The word is dysacousia.
6. About one-fourth.
7. Many stories have been written about this legend. The hot springs exist but they have no effect upon the climate.
8. The chasm of Victoria falls

in South Africa is only about one-half as wide as that of Niagara, but more than twice the depth.

9. It is a dense winter fog containing frozen particles, formed in the deep valleys of the Sierra Nevadas.

10. In a great majority of cases, the returning salmon reach not only the same parent stream, but even the same small tributary. They die within a short time after spawning.

There's a Good Reason You're Constipated!

When there's something wrong with you, the first rule is: get at the cause. If you are constipated, don't endure it first and cure it afterward. Find out what's giving you the trouble.

Chances are it's simple if you eat the super-refined foods most people do: meat, white bread, potatoes. It's likely you don't get enough "bulk." And "bulk" doesn't mean a lot of food. It's a kind of food that isn't consumed in the body, but leaves a soft "bulky" mass in the intestines and helps a bowel movement.

If this is your trouble, you should eat a natural "bulk" producing food—such as a one as the crunchy, toasted, ready-to-eat cereal—Kellogg's All-Bran. All-Bran is the ounce of prevention that's worth a pound of emergency relief. Eat it every day, drink plenty of water, and "Join the Regulars." All-Bran is made by Kellogg's in Battle Creek.

Rebuke Sticks

It takes little time to administer a rebuke, but it takes a long time to forget it.—Chinese Proverb.

How 25 Women Lost Ugly FAT In Special N. Y. Test

Ask Your Doctor If It Isn't
Good Way. Read EVERY Word

NEW YORK, N. Y.—In a test by a prominent N. Y. Physician and nationally known newspaper woman—25 women lost a total of 286 lbs. in 40 days. YOU, too, can follow this SAME, SENSIBLE plan right at home and here it is:

First of all go light on fatty meats and sweets. Eat plentifully of lean meats, fish, fowl, fresh fruits and vegetables. And for proper functioning by removal of accumulated wastes take a half teaspoonful of Kruschen in hot water every morning. DON'T MISS A MORNING. Kruschen

is made right here in U. S. A. from famous English formula. And this is IMPORTANT: Kruschen is NOT harmful. It is not just one salt as some people ignorantly believe. Rather, it's a blend of 6 active minerals, which when dissolved in water make a healthful mineral drink similar to effective Spa waters where wealthy women have gone for years. A jar of Kruschen costs only a few cents and lasts 6 weeks. So, fat ladies—get some gumption! MAKE UP YOUR MIND YOU'LL STICK to the above Plan for 28 days and just see if you don't lose fat and feel healthier and younger. You can get Kruschen at druggists everywhere.

WATCH THE SPECIALS

advertise. They are not afraid of

YOU can depend on the special sales the merchants of our town announce in the columns of this paper. They mean money saving to our readers. It always pays to patronize the merchants who