

The Home Circle.

MRS HARRIOT T. CLARKE, Editor

FLAG THE TRAINS.

[The last words of Engineer Edward Kennar, killed between St. Johnsville and East Creek, N. Y., recently. "Boys, go back and flag the trains!"]

MOTHERHOOD.

Ah, bird upon the nest, What flutters at thy breast? What thrills thy tiny round With faint, reluctant sound?

Lighten the Work.

Have you ever noticed while on the street how many women you pass with tired, weary expressions on their faces?

It is a duty you owe to yourself and family to lighten your housework as much as possible, so that your husband and children may not be called upon to mourn the loss of wife and mother long before your natural time.

American women are not, as a rule, of as robust constitutions as those of other countries. Whether the women themselves are to blame for this or the climate of the country that (that, by the way, is made to mother a good many ill she had no hand in making), it is hard to determine, but that the American women are not strong is an established fact.

ICE WAFFLES.—Boil half a pint of rice and let it get cold, mix with it one-fourth pound of butter and a little salt, stir in one and one-half pints of flour, beat five eggs separately, add yolks together with one quart of milk, lastly the well-beaten whites. Beat well and bake at once in waffle irons.

sultry weather, as it retains its shape and is much cooler than linen collars, which are the most uncomfortable kind of neckwear for hot weather. With the exception of a few articles, don't iron but very slightly the plain clothes. Only the sheets of the spare bed need be ironed all over. The rest need not be present only at top and bottom.

Don't have heavy furniture, more particularly in your dining-room or kitchen. Light furniture, both in color and weight, will save a great deal of unnecessary work. Dark-colored furniture shows every speck of dust that settles on it, and though there would not be enough to harm anybody, yet the least speck is an eyesore to the housekeeper, who must keep continually at work to keep it clean.

CHOICE RECIPES.

EGG SLAW.—Chop finely some tender white cabbage. Let it lay in water half an hour before using. Drain all the water from it. To about three cupfuls of cabbage add a tablespoonful of sugar, one teaspoonful of salt, one of French mustard or of mixed mustard. After mixing well together, add two well-beaten eggs in a cup of boiling vinegar, a little cayenne and a tablespoonful of butter. Pour this over the cabbage; toss well together and serve.

HOMINY CROQUETTES.—To one quart of boiling water add a teaspoonful of salt; stir in gradually a heaping half-pint of the finest hominy; boil three-quarters of an hour, and put it on the back of the range where it will remain hot an hour longer; then put in a large bowl and add the beaten yolks of two eggs, mix it thoroughly and when cold shape into cones, dip the cones in beaten egg, roll in crumbs and fry in boiling fat.

FRUIT CAKE.—Wash and drain well one pound of currants, chop coarsely one pound of raisins, chop or slice one-half pound of citron. Beat five eggs and add to them one cup of butter, one cup of molasses, one-half cup of sour milk, one teaspoonful of spices to taste. Stir into this mixture six cups of flour, reserving one-half cup to mix with the raisins to prevent their settling to the bottom. Add fruit last.

STEWED TRIPE.—Cut the boiled tripe into small pieces and add three or four small onions; pour over the tripe and onions a little warm water. Let it cook slowly until both are tender and the water nearly boiled away. Then add milk sufficient to make a good gravy, a tablespoonful of butter made smooth in an equal quantity of flour, salt and pepper to taste, and boil three minutes.

COLD LEMON PUDDING.—One-half box of gelatine soaked in four tablespoonfuls of water for ten minutes; add a pint of boiling water, juice of two lemons, one cup of sugar. Strain and set away to cool. When cold, stir in the whites of three well-beaten eggs. A thin boiled custard or thick cream may be used to pour over the pudding.

STEAMED INDIAN PUDDING.—One cup of sour cream, one cup sour milk, one egg, two tablespoonfuls of sugar or molasses, one cup of flour, two cups of meal, one teaspoonful of soda, one teaspoonful of salt, one-half cup of raisins or dried fruit. Steam or boil two hours or more. Serve with sweetened cream.

FLOUR GEMS.—One egg, one tablespoonful of sugar, two tablespoonfuls of butter, 1 1/2 cupfuls of sweet milk, three

teaspoonfuls of baking powder, 2 1/2 cupfuls of flour. Beat well, have your gem pan hot and buttered. Pour in and bake quick.

RICE PUDDING WITHOUT EGGS.—Two quarts of milk, two-thirds of a cup of rice, same of sugar, small piece of butter and a little salt; stir occasionally on the stove until boiling hot, then put in a slow oven and cook until of the consistency of cream.

WHITE CAKE.—Two cups of sugar, one cup of butter, five eggs beaten very light, one cup sweet milk, 3 1/2 cups of flour, two tablespoonfuls of cream of tartar and one of soda. Flavor with bitter almonds or vanilla.

MOCK SAUSAGE.—Soak dry bread in water. Take as much cold meat, chopped fine, as you have bread. Mix, and season with salt, pepper and sage. Make into small cakes and fry in hot lard.

BEEF CAKES.—Cut cold beef in slices and soak in vinegar over night, then dip in beaten egg seasoned with salt and nutmeg, roll in dried bread crumbs and fry in butter to a nice brown.

GINGERBREAD.—One cup of molasses, one-half cup of butter, two tablespoonfuls of water, one teaspoonful of soda, flour enough to mould. Roll out thin and bake in a quick oven.

COCONUT PUDDING.—One pint of milk, one grated coconut, four well-beaten eggs, two tablespoonfuls of butter melted and sugar to taste. Bake a light brown.

The Work Box.

Cast on 4 stitches and knit across plain.

1st row—Knit 1, over twice, knit 2 together, knit 1. 2d, 4th and 6th rows—All plain except the second of the made stitches, which seam.

Pretty Lace.

Cast on 15 stitches and knit across plain.

1st row—Knit 3, over, narrow, knit 1, over, knit 5. 2d row—Knit 6, over, knit 3, over, narrow, knit 3, over, narrow, knit 1, over, knit 5, over, knit 6.

Leaf Insertion.

Cast on 19 stitches and knit across plain.

1st row—Slip 1, seam 1, narrow, knit 2, over, narrow, over, knit 3, over, narrow, over, knit 2, narrow, seam 1, knit 1. 3d row and every alternate row seam across.

In Brief. And to the Point.

Dyspepsia is dreadful. Disordered liver is indigestion is a foe to good nature. The human digestive apparatus is one of the most complicated and wonderful things in existence. It is easily put out of order.

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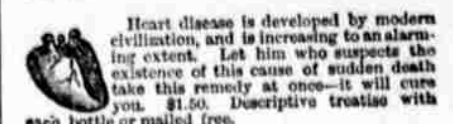
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