The Home Circle.

MRS HARRIOT T. CLARKE, EDITOR

OVERCOMETH !

BY MARGARET E. SANGSTER.

To him that overcometh, O word divinely strong. The victor's palm, the fadeless wreath, The grand immortal song, And his the hidden manna, And his the polished stone. Within whose whiteness shines the name Revealed to him alone.

So him that overcometh-Ah, what of bitter strife, Before he win the battle's gage And snatch the crown of life! What a whirl of crossing weapons What a gleam of flashing eyes, What stern debate with haughty foes Must be before the prize.

To him that overcometh Shall trials aye befall, The World, the Flesh, the Devil He needs must face them all. Sweet sirens of temptation May lure with silver strain, And cope he must subtle foes, And blanch 'neath fiery pain.

To him that overcometh A mighty help is pledged; He wields a sword of purest mould, By use of cycles edged. And prophets and confessors, A matchless valiant band, Have vanquished earth and stormed skies, With that triumphant brand,

To him that overcometh. O promise dearest dear! The Lord himself who died for him Will evermore be near, Here, dust upon his garments, There, robes that royal be, For "On my throne," the King hath said

"Mine own shall sit with me." To him that overcometh,

O word divinely strong! It weaves itself through weary hours Like some rejoicing song. For his the hidden manna, And his the name unknown,

Which Christ the Lord one day of days Will tell to him alone.

"DON'T GO TOO BLOW."

Over and over again This was the song he sang, Up and beyond the grand old hills, And loud through the woods it rang "Gee up and gee ho! Don't go too slow! 'Twill be night before you know it!

If you have got any smart in your bones Now is the time to show it!"

Over and over again This was the song he sang: And the oxen, rolling their loving eyes, Quick to their hard work sprang; "Gee up and gee ho! Don't go too slow! 'Twill be night before you know it!

If you have got any emart in your bones Now is the time to show it!"

Over and over again,

After the lapse of years,

CHOICE RECIPES.

Chocolate Frosting .- Boil together antil strings from the spoon, one cup light brown sugar, and one-half cup water. Remove from stove, and stir in rapidly the whites of two beaten eggs to a stiff froth, and one-quarter of a cake of Baker's chocolate, finely grated. This is sufficient to spread between three

while warm. Pressed Veal .- Boil veal till the meat place, much more is gained than lost by will easily slip from the bones. Take up the sacrifice.

the meat, chop it fine, season with salt, pepper and a little mustard and lemon juice, and boil the liquer with the bones day. Garnish with parsely or celery.

Delicate Cake,-To three-quarters cup of butter, beaten to a cream with two cups powdered sugar, and three cups flour sifted with two teaspoonfuls baking powder, one cup sweet milk, one teaspoonful of essence of almonds, and the whites of two eggs that have been beaten to a stiff froth. Bake in flat tins, well buttered, and covered with icing paper. when cool.

Cream Short Cake .- Sift sufficient good flour, rub in a piece of butter and lard to make it a little short and mix with good sour cream into which has been stirred barely enough soda to make it foam; the usual amount of salt of course. Bake in a quick oven and let it bake until well done.

Rice Custard .- Boil some rice quite soft and when dry mix with a boiled custard of three eggs and a pint of milk flavored with vanilla. Add a little stewed fruit or jam and half a pint of whipped cream. Mix thoroughly, pour it into a mould, sit it in the ice until firm and then turn it into a dish and serve.

SUGGESTIONS IN FANCY WORK.

NARROW EDGING.

Knit on three stitches; knit across plain. First Row-Knit one, throw thread over, knit two.

Second Row-Knit two, knit one loop, purl one loop, knit one.

Third Row-Knit five. Fourth Row-Cast off two, knit three.

Repeat from beginning. LACE EDGING.

Cast on five stitches and knit across plain.

First Row-Knit one, throw thread over twice, knit two together, throw thread over twice, knit two.

Second Row-Knit two, knit one loop, purl one loop, knit three. Third Row-Knit one, throw thread over twice, knit two together, knit four.

Fourth Row-Cast off two, knit five Repeat from beginning.

it; but in this I do not flinch, so important do I deem the open fire."

But why expensive? Why the necessity of sacrificing other comforts and luxuries for the pleasures enjoyed at the open fire? Fuel that cannot 'be manufactured easily for the stove, stumps, etc., always lying around in country places, may be utilized in an open fire, thus saving, instead of entaillayers of cake, and on the top. Spread ing expense. Or if it comes to dispens-

ing with "finery" for the sake of a fire-

An artist could paint no prettier scene than the members of the family, old and young, grouped within the red till strong enough to make jelly, then light and warmth of an old-fashioned again add to the meat. Thoroughly fire. Compared with the room with a mix and turn into a mold until the next close stove it is like going from the "realms of light" into "outer darkness."

Matrons, are you to have a new house, insist on the open fireplace. It will prove a perpetual delight and your children and children's children will never forget to thank you.

Hints for the Housekeeper.

To polish a stove, rub it with news

Salt increases the heat of the water in the boiling of potatoes.

Half a cup of vinegar in water will make an old fowl cook quickly. Lard may be made perfectly sweet by

poiling a raw pared potato in it. If nutmegs are good, when picked

with a pin oil will constantly ooze out. The wings of turkeys, geese and chick ens are good to wash and clean windows.

as they leave no dust or lint like cloth. To keep insects out of bird cages, tie up a little sulphur in a bag and suspend it in the cage. Red ants will flee from a closet or drawer, if a small bag of sulphur be kept in those places.

Ironing Items.

Much labor can be saved in ironing by folding the clothes right. Fold the top and bottom hems of sheets together, then fold again through the center and iron without undoing. The top half of sheet will then be nicely ironed and the lower half pressed smooth. Heavy towels for kitchen use and tea-towels can be folded smooth and ironed without unfolding. Too much of many a frail woman's strength is wasted in the useless attempt to do all things with equal nicity.

I have good success with shirts dipped in cold starch, by using soap-suds to dissolve the starch. Roll them tight, and when your iron is not too hot, rub the bosom thoroughly with a clean wet cloth to take off any dry starch adhering to the shirt, and iron from the neck-band toward the bottom .--- M. H.

Washing with Soap Powder.

At night I dissolve five tablespoons of powder in hot water. (This is for a family of five persons.) Pour it into the

Care of Baby.

Mothers, don't forget the comfort of your little ones, now the busy part of the year has come. I know your thoughts have to be in many places at once, but take time to give baby proper care, even if the work has to be neglect ed. Babies seldom if ever cry unless they are sick, uncomfortable, or want something. Do not let them lie in one position too long, they get tired and cannot sleep; turn them gently when they begin to get restless and they will sleep as long again. To loosen their clothes, lay them across your lap and smooth their little backs with the palm of your hand, will often quiet them when fretful. And above all things, don't neglect to give them water. A good rule is to offer them a drink when you take one yourself. I have known babies under two weeks old cry for water, just as if they had colic. Give them a teaspoonful at a time until they have enough. Catnip tea made fresh every day is a good drink for babies that are subject to colic, and the best remedy I ever tried is three or four drops of good brandy given in a teaspoonful of water. Repeat the dose in fifteen minutes if necessary. If you go away from home it is best to take such remedies with you as you are liable to need. If a baby rubs its ears and cries, it has earache. Warm a few drops of olive oil and drop in the ear. Or if subject to it, take a level teaspoonful of powdered opium, and put in two ounces of alcohol, shake well, then let it settle : put sixteen drops of this into half an ounce of best olive oil, shake well each time before using : drop stwo or three drops in the ear whenever an attack comes on. I have seen it used twice or more a day in bad cases. Often after the cars ache a matter will run from them, which makes them raw or sore and cause intense itching. For this, wash with white castile soap, dry thoroughly, and dust lightly with cornstarch.

When washing, be sure to wipe them perfectly dry. Be very careful not to leave the inside of the ear wet, as this frequently is the cause of their itching. Take a small hairpin, fold a soft cloth over the round end, press gently around on the inside of the ear. It is a good way to wipe them. Let the child wear white flannel night caps to sleep in, and cotton ones in the day time-if they are thus afflicted in winter. I never knew the hearing to be affected when treated as above.

Make baby's underwear of the finest white flannel; never use colored flannel next to them, as it often poisons them and causes sores and pimples all over the body and limbs. Make flannel shirts with sleeves to come to the wrists. Let them wear their shirts wrong side out so the seams will not be next to them. For the young infants, it is generally better to have little short-sleeved under-

COSTIVENESS

affects seriously all the digestive and assimilative organs, including the Kid-neys. When these organs are so affected, they fail to extract from the blood the uric acid, which, carried through the cir-culation, causes Rheumatism and Neu-ralgia.

raigia. The functions of the Liver are also affected by costiveness, causing

Bilious Disorders.

Among the warning symptoms of Billous-ness are Nausca, Dizziness, Headache, Weakness, Fever, Dimness of Vision, Yellowness of Skin, Pains in the Side, Back and Shouklers, Foul Mouth, Furred Tongue, Irregularity in the action of the Bowels, Vomiting, etc. The Stomach suffers when the bowels are constipated, and Indigestion or

Dyspepsia,

follows. Fetid Breath, Gastric Pains, Headache, Acidity of the Stomach, Water-brash, Nervoueness, and Depression, are all evidences of the presence of this distress-ing malady. A Sure Relief for irregu-hrities of the Stomach and all consequent diseases, will be found in the use of

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of FEER to all

Kept a-ringing in my cars: "Gee up and gee ho! Don't go too slow! 'Twill be night before you know it! If you have got any smart in your bone Now is the time to show it."

Over and over again Says I to myself, says I: "Not only to beasts of burden, but To Man will these words apply:" "Gee up and gee ho! Don't go too slow! 'Twill be night before you know it! If you have got any smart in your bones, Now is the time to show it!"

FLOWER FESTIVAL.

Many ladies of Los Angeles have instituted a Flower Festival, the object of knit two, thread over twice, purl two to- dirt is more easily taken out. Please which is to build a home for women who must support themselves on small salaries. Last year at the first exhibit 50,000 roses were shown, beside other flowers. Two thousand dollars was the result, so a house was rented and furnished, and opened under the charge of a capable woman. The house is full: and preparations are being made for larger accommodations. This gives women and girls of moderate means a home for a small sum. They anticipate a library also, making this home a center for women's work, and all that is in the interest of woman. Another flower and fruit show was had at Santa Barbara, which was wonderfully beautiful in the room. It gives a keen delight and is necessary to the calculations which had

quantity. Oregon, of course, can never rival California in these productions, but she can make a fair showing, and it seems as if a little public spivit was shown in this hard times.

It is stated that during the past three years thirteen million sheep have died for want of water in New South Wales.

Drugs at Port's, 100 State street.

KNIT EDGING. These knit edgings are very useful as

to the hems of skirts, sacques, aprons, of silk, wool, and linen or cotton thread. When knit of wool they can be rendered more attractive by having an edge of silk stiches crocheted on them. The followeight stitches, knitting across plain. First Row-Slip one, knit one, thread over twice, purl two together, knit two,

thread over three times, knit two. Second Row-Knit two, knit first

gether, knit two. Third Row-Slip one, knit one, thread over twice, purl two together, knit seven.

Fourth Row-Knit seven, thread over twice, purl two together, knit two. Fifth Row-Slip one, knit one, thread over twice, purl two together, knit seven. Sixth Row-Cast off three, knit three, thread over twice, purl two together, knit two : repeat from first row.

Open Fires.

Nothing so delights the soul and sheds such a peaceful glow over the covery that his carefully kept farm acpresent and future years, as pienty of counts in which every transaction is light and warmth in the family living noted as it occurs, and everything display, also oranges, strawberries, ban- never forgotten by the child when not actually been bought or sold was nanas, etc., in the greatest variety and grown to maturity. It is one of the valued at market prices, having demonsimple home pleasures that no family

says

"But let us have the open fire. Let us go without silks, broadcloths, carpets, way would have a good influence these and finery of all kinds if necessary, that

> diffuser of joy in all our houses. In my eral fever sufferers, burying others, and own house I have three open grates, being exposed at all times; but, owing and the expense is very large, and if it Regulator, I weathered the storm, and

> tub, with enough very warm water to cover the clothes. I then put in all the well as ornamental in finishing the best white clothes, leaving the very diredges of garments. They give fineness tiest for another tub or pail, and putting some of the suds on them. In the mornand many other articles, and can be knit ing I put thom in the boiler with sufficient cold water and boil twenty or thirty minutes. Wash in one water, rinse well in slightly blued water and hang out. I seldom need to use any soap. ing patterns given are for very narrow My clothes look as well as when washed lace, pretty for edging ruffles. Cast on in the old way. Colored clothes can be soak a few minutes before washing. You can soon tell just how much powder is required. I sometimes omit boiling, and wash in two waters; loop, purl second loop, knit third loop, but prefer the former method, as the try my way, some one, and report. The powder can be obtained of any grocer, I think for fifteen cents a package or two for twenty-five cents. Do not let any one frighten you by saying it rots the clothes. I have used it nearly two years,

and I think my clothes wear just as long, if not longer, than before. It certainly does not wear them any more than the extra hard rubbing and saves time and

strength .- Ketura.

An English farmer has made the disstrated that, after making allowance for can afford to dispense with. Dio Lewis the large death rate of cows, sheep-keeping has paid him better than dairying by about thirty per cent.

Safety in Epidemics.

"During the last terrible yellow fever we may have this excellent purifier and epidemic I stayed here waiting on sevwere in any other department of house now say it saved my life.-T. J. King, keeping, I should feel I could not afford Bartlett, Tenn."

shirts of very thin white co Have soft, loose white wool stockings.

For dandruff and scales on the head, put six drops camphor in a pint of warm rain water ; use just a little fine soap, and wash the head with, then dry with soft cloth and put on night op until the head becomes perfectly dry. This prevents taking cold.

When babies chafe, get sore around the ears, and under the arms, wash with some new milk in it; dry catefully and dust with cornstarch. Put starch in a little bag made of thin white cloth so it added if desired and the colors left to will sift through nicely. But the very best remedy I ever used was "petroleum ointment," prepared by our family physician for bed sores .-- Aunt Catherine, in Ohio Farmer.

To Regulate

It will Cure all Diseases caused

by Derangement of the Liver, Kidneys and Stomach.

If your Liver is out of order, then your whole system is deranged. The blood is impure, the breach offensive: you have headache, feel larguid, dispirited and nervous. To prevent a more actions con-dition, take at once Simmons

If yots have eaten anything hard of digestion, or feel heavy after meals or skepless at night, take a dose and you will feel relieved and skep pleasantly.

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If you wake up in the morning with a bitter, bad taste in your mouth,

At any time you feel your system needs learning, toning, regulating without violent urging, or stimulating without intexi-

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imulants and take are to relieve.

purging

