CULTURE OF THE MEMORY.

The student lamenting his lack of ability to remember his lessons, and, jealous of another who spends only half the time which he employs in their preparation, sees that his rival's memory always serves him in the recitation room, may take encouragement from the following. condensed from the Philadelphia Public

"It is a common idea that a good memory is a ready-made gift, which Nature

strengthened and developed by exercise. and weakened by disease. In whatever direction we make constant demands upon it, it responds obediently. The same attention which we bestow on our daily business, and which enables us to recall its data and the same attention which we bestow on our daily business, and which enables us to when a man reaches the top of a stair and attempts to make one more step and attempts to make one more step higher, the sensation is as perplexing as if he had attempted to kick a dog that wasn't there.

There are men who by long consulting only their own inclination, have forgotten that others have a claim to the same deference.

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Expett's Life Ellination.

As a conqueror of Rheumatian, Gout, Neuralista, and ours for facrofula and all diseases arising from impurity of blood, the old and reliable Family Medicine, Hysti's Life Bat sam, stands unequaled, as proven by over band we, by a strong self control, fixed our attention wholly upon the matter when presented to us, had we dismissed all wasdering thoughts and concentrated our mental energies for the time upon that one thing, the impression would have been remembered and socomplished. The mental concentration is the first and most important means of accomplished The mental concentration is the first and most important means of improving the memory It is largely within our own powers of will to enforce this, and he who is conscious of neglect in this respect cannot claim to be excused

Another valuable method of training the memory is through the laws of asso-diation. Our knowledge must be arranged and classified if we would recall it with facility. We must base rules upon prin-ciples, and effects upon causes, if we would imprint them firmly on our minds. That this is not done with sufficient thoroughness is the chief cause why so much of the knowledge which we acquire

passes from us. There is one great encouragement to the cultivation of the memory in the fact that the work will grow easier with every effort. If we patiently and steadily fix our attention on every subject we wish to recall, the power of concentration will become habitual. If we constantly arrange and classify our knowledge, it will grow more and more available.

INVEST IN REAL ASTATE.

Although an investment in real estate may at not once prove lucrative and yield an immediate income to the purchaser, we have found, from many years experience, that all judicious investments made, either in farming lands or suburban property adjoining a growing and prosperous city, invariably result in a first prosperous city, invariably result in a first prosperous city, invariably result in a first property and a contract prosperous city. fine speculation, or at all events in one that is doubly sure for a good paying investment. In the products of the soil per busnel is to much for the expenses of per busnel is to much for the expenses of per busnel is to much for the expenses of per busnel is to much for the expenses of the soil per busnel is t that is doubly sure for a good paying investment. In the products of the soil all wealth has its origin. The industribusial wealth was allowed as the same outliness and the same was allowed as the same was allo for his wares. What he has to sell are that does not produce must obtain them direct freights, or higher rates be than of him who does.

Whatever may be a man's business, however much money he may control, he must look to the tiller of the soil for that which will sustain life. There may be local derangements, but on the whole there is of necessity a market for every important product, and the producer mu-t always be sure of his living, so long, at least, as he is owner of the land he cultivates. In every department of life sun-shine and shadow alternate, but if the foundation fails, the ruin of the superstructure is inevitable.

The possession of real estate is a sub-stantial capita. If one's title is good, no thief can steal it: it needs no insurance policy to make it safe; nothing short of an earthquake can swallow it. A good farm or suburban garden, with rich soil, Judiciously managed, whether i's commercial gold value go up or down, is still the source of good and comfortable dving-Whatever else a man may poss ss be can not afford to do witing t real estate sufficient to make himself and family, if he has one, a good home.

BISMARCK'S INDUSTRY.

Thiers is eighty years old, and is in ex-'cellent health. He is full of anecdotes, and when some one expressed his surprise at the old man's treasury of stories, he remarked, "If youth is remance, are is history:" Towards the close of the French and German War, Thiers was engaged alone with Bi-marck at Versailles in a badly-warmed room, in discussing the condition of peace.

At the end of a sharp discussion of three hours, worn out with fatigue, Thiers resumed his arguments in a voice quite . xhausted: "You cannot go on," said M. de Bismarek. "You would do well to rest yourself a little; here is a sofa; stretch yourself on it and sleep a couple of hours, after which we will resume negotiations." "And you," said M. Taiers. "Oh, I have no time to rest," said the Chancellor, "While you sleep, I shall finish some dispatches and look over my

papers." M. Thiers was nearly asleep when M de Bismarck, perceiving that his legwere not covered, and fearful lest he should be cold, gently stretched a fur cloak over him. Two hours later, negotiations were recommenced.-New York Tribune.

A Boston boy: Hub-bub.

BLUSHING. Nothing can be more absurd than the idea that "looking guilty" proves guilty. An honest man charged with crime is much more likely to blush at the accusation than the real offender, who is gen-erally prepared for the event, and has his face "ready made." The very thought of being suspected of anything criminal will bring the plood to an innocent man's cheek nine times out ten.

FXTRA HEADED --- We are shown some heads of wheat, evidently of the Little Clt b variety, that have made remarkable growt' . whimsically confers upon some and with - Some of the grains are well filled, and oththat the memory is a ficulty, which, as much as any other, needs development.

Like all other powers, the memory is were trying to throw separate heads of their own. This freak of Nature does not amount o much in the way of wheat production.

When a man reaches the top of a stair

Exporters both here and at San Francisc are giving more attention to this market and the movement promises to be quite ad ive in the course of a few weeks. At the present freight rates by a samer to San Francisco i will be seen the Oregon shippers can do better by reshipment there for Europa than by chartering vessels to lose there. Ships are coargidg £3.55 hence to English ports, and it as reperted they can be chartered to lose at San Francisco at £4, a difference of £1.5s, or \$6.25 in layer of the issuer port, it will be readily seen that with steamer freights at \$2 per ton, a very considerable gain is made by shipping via San Francisco. The direct export trade of the country will therefore be somewhat checked as the result of the low rates dy seamer to San Francisco, unless are giving more attention to this market and raies dy seamer to San Francisco, unless there is a change in the proportional prices

for his wares. What he has to sell are made to San Founcisco, puless shipowners the absolute necessities of life, and he shall reduce the diff rence on charters for per steamer when the harvest is over.

Cali ornia Markets.

The San Francisco Commercial Herald of August 2d has the following:

Wheat is beginning to move a little more wheat is beginning to drove a latter more freely toward tide water, yet the deliveries are nothing the what they should be, con sidering the bigh prices ruling therefor and the low rates of friight obtainable to Great Britain. One would suppose that, after all the past hue and cry of the Grangers re-apecting wheat rings, freight rines, etc., that the farmers would be inclined to charter ships at current low freights of £2 and thereab u's, load and clear them for Cork and market, and thus save interest and storage and be prepared to avail themselves at any moment of a European spart in the market. But no, the tirangers seem to be resiting on

their cars waiting for a breeze of some kind preferring to warehouse their Wheat in the country and burres money thereupon at the rate of one percent, per month. They do not seem to realize the sc usi expense in-curred for the season's storage and accumu mayo interest. The rise must be great to cover all these store expenses.

During July only four ships were cleared ed with Wheat for the United Kingdom against (wenty a year sgo, and eleven for the corresponding month of 1875. This shows a very marked failing off in the export movement, but there are many reasons for this light shipment other than the drought and short cross. The very great shundance of coin and the ease with which money advances can be obtained upon grain in store both to city and country warehous es, and the disturbing sar elements of Ru rope, organize frequent and violent market changes in it e markets of the world, added to this the great advance in prices of bread auff in April and May when some of our farmers actually refused to sell their Wheat at \$150, and the equalty repid decline in Jum and July to 250, have evidently served of demoral ze the farmers, and they think bec use Wheat suddenly jumped up to was or famine prices in April there is just as auco likilihood for a reaction of the same kind this summer and follows: a. We with it may be so, but present indications at home and abresed do not now point that wa. The immen as Wheat crops in the Stat south and west are now moving seaward and have in important hearing upon the world's mar-ket. Wheat at St. Leuis and Chicago is now being moved in great quantities at \$1 0716@ to per bushel currency for August police or; and when we compare these figures with 2½ there, and accounting for the difference in freight charges, and the time required for the voyage, etc., and that the structs of Missouri, litinois, Indiana, etc. has a the advantage of us, and that Califords and Oregon no longer hold control of the markets.

The Barley market shows unmistakahl dens of weakness, particularly for new cror. A heat and Flour also shade in price. Corned Ours are without change. Hav is lower liops of the new crop have appeared, but it is yet too early to speak with certainty of Taller.

the crop yield. It behaves growers on this coast to see well to the plaking and ouring of their Hope if they hope or expect to build up a market for them in England or Germany. Too many last year grown in Washington Terri ory, etc., were improperly baled and ou ed and thus spoiled, and entailed a heavy loss upon holders.

European Grain Market.

LIVERPOOL, Aug. 3.—A leading grain circular says the weather is variable, with occasional rains; nights particularly cold, so that progress of crops toward maturity is low, giving prospect of a September harvest in many parts of the kingdom. Notwith stationarchic the influence of abundant supply continually arriving, and large section a light party of the statement of the party of the statement of the section as the statement of the section of the sect tion of cargoss off cost, the wheel ride to mains depressed, almost all the markets bit week reporting decline in value on the spot. There has also been very fulls doing stress Tuesday, with priors in the call favor. For the pass tures cases a fair import of wheat the past tures days a fair interfact of wheat and maize, and mederate quantity of their which is exceeded by the exports. This market to-day began very duil, but later more tone was observable, and upon a moderately fair doman i prices of wheat were better than in the interval from Tuesday, closing about 1d per cental under that day's quotations. Flour with slow trade, unchanged. Corn was in fair request, sellers scoepting 6d per quarter reduction.

LOWDON, Aug. 7.—The Mark Lang Kraress.

ing only their own inclination, have forgotten that others have a claim to the same deference.

Exystive Easte Englance.

As a conqueror of Rheumatum, Gout. Neuralia, and ourse for Scrotula and all diseases arising from impurity of blood, the old and rollable Family Medicine, Hysti's Life Battom, stands unequaled, as proven by over 300,000 great ourse furing the past 30 years. Is a radioal vegetable Compound of Sarmaparilla, Dook, Guaiscoum, &c., and a permanent cure. Sold by all druggists and country groosers. Take nothing else, and if they haven't it we send by express, boxed, warrywhere, at \$1 and \$1 25 per bottle; \$5 00 and \$5 to half dos. Hyart & Hyart, 246 Grand \$5t., New York.

The Wheat Market.

Little new wheat is coming to market as yet, though parties here are contracting to purchase at a dollar a bushel and make half cash advances, as heretofore. Mr. Herren informs us that he has contracted for 14,000 bushels on these terms. It is not possible to forecast the wheat market. We give the recent quotations from Mark Lane Express, San Francisco Commercial Heraid, and from commercial report of the Oregonian, and the remarks of the latter very nearly cover the Oregonian, and the remarks of the latter very nearly cover the Oregon situation.

Exporters both here and at San Francisco of the continent relaving us, as according to all accounts Frances will have sufficient for the supplies which are continued to the country in the country is requirement. Supplies which are continued to the country is requirement. Supplies which are sufficient for the supplies of the continent relaving us, as according to all accounts France will have sufficient for the one wars, though like to spare for ours, while the wheat crops of continued to the part of the continent relaving us, as according to the British of the British corn trade, say wheat may now a care, solution is one to accommend to the supplies of the supplies of the supplies little to spare for ours, while the wheat crops of Germany and Russia promise abundantly. The tone of our local trade has been depressed, and prices have receded one shilling on both English and foreign wheat.

Portland Produce Market.

We copy the following from the Oregonian o the 9th : Wheat-Offerings scarce; quotable firm a \$2 per cental.

Piour—Best brands \$7.00 per bb!; outside and country bras ds, \$6.50; fine and superfine, \$4.75% 50.

Hav—Choice timothy, baled, \$12.13; loose

Ovs -Best, 600 common, 57. Bicon-Sides Halle 1, hams 12:14; shoul

ders, 90.

Lard—Oregon made, fresh, in 10th tius, 14c; in kess, 13-14c.

Culckens—\$1 00.\$1 00 per desem.

Rutter—18-20c; Cheese, 15-15c.

Eg cs—25c pr des.

Barley—Choice brewing \$1 67%; feed, \$1 50 per cwt. Hops-16:17e.

> San Prancises Market. (BT TELSORAPH.]

Han Prancisco, Aug. T. Wheat-Shipping. 82 25@2 27%; milling. 82 27%@ Harley-\$1 57,4-01 65.

Onts-\$1 87@2. Petatoes-\$1 23/31 62 for Early Rose; Cove. \$1 862 Gold-106%; Greenbacks, 9134405; Silver, 626%

Legal Tenders in Portland -buying 91; Silver Coin - 41/65 per cent. discount.

HORSES FOR SALE.

Twenty Head Of LARGE, YOUNG, and WELL-BROKEN WORK Porses will be offered for sale cheap, on Maturday Aug. 11, in the corr I back of the BSA Salt GUNDLANN & MORGAN,

SALEM MARKET.

MONETARY. LEGAL TENDERS, buying, 89%; ; selling, 90%c. PLOUR, GRAIN &c. st white 9 barbel......

٠.	Wheat, best white @ bushel		95
9	Outs. W bu	0.	50
1	forn Mosi, & S	-	
-	Flour, best, 9 sack (Y barrel)	- 2	7
	Bran, W ton	MAKE	
٦.	Shorts. 9 ton	0042	
•	Oil Cake Meal, # ton	me.	***
	Fiar Seed, per ib	. 2.	2.0
1	ilay, w ton, new	* Mr.	
			**
1	GROCERIES.	1 17	
ā	Sugar, San Prancisco refued, W bbl 15	Mile.	14
	crushed	37.5	
	crushed14%	500	11
۱	granulated		**
1	Strup, & gal	80%I	
ė	l'ex. Japan. 2 b	SUMAL	00
il	Imperial	25/21	
1	Coffee, Costs Rica, W D	20(1	**
		6:10	10.1
	Java	313	*
1	Sait, Carmen Island, per cw	75651	00
	Liverpool, coaree	481	100
3	dairy		70
	Bey		81
•	FRUITS, VEGETABLES, &c.		
	Unitaliza	60	
	dried. W D	540	
•	Peaches, dried, & D	150	16
	Pearse pr bu	100	
	Scans, W B.	6	4
à	Potatoes, W bashel	50	
5	Onlone, & D	40	.6
	Cabbage, W dez	4201	00
	BUTTER, EGGS, Ac.		
e.	***************************************		
•	Butter, fresh rolls, # D	180	20
	Segs. W dozen	210	
	Cheese Oregon prime, B B	1663	**
f	Lard, # D	140	**
	OILS, &c.		
3	Lineard Oil houlest W miles	1 100	
	Ginesed Oil, boiled, W gallon	1 100	1
	Laid Oil, P gallon	431	73
1	Coal Oil, 9 gallon	132	23
10.1	TODAY OF CALL OF SALL THE SALL	and the last	

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WINDOW GLASS. And Building Materials

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the streams. This read never receives a OLI is subend, and yet it it the abortest, be-a and ell apend route over the mountains. Distance ever the
mountains, 44 miles. From Perist dover the
mountains, 48 miles. From Perist dover the
mountains, 48 miles. From Palem, 1610 miles.
R. TK-Wagone, 32, Saddies, 50; Packs, 25c; Castie, 10; She-p. 3c
For all geing and coming from or int. Merl n. Yamhill, Washington, Linn, Benton, and Polk counties,
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