Salmon as Brain Food.

Salmon as Brain Food.

As there has been a great deal said and written of late with regard to salmon as brain food we wish to lend our mite, and say our say with regard to this matter, and I think it might just as well be said right here as any where else that there is no disputing that salmon is the greatest brain food known, and we think we can prove it to any unprejudiced mind by simple practical filtustrations, without endeavoring to solve any philosophical enigma. As we don't wish to impose upon our readers, by the multiplication of words we will ask you to take as an example some of those beautiful, dignified, ild. dignified lineament of their faces and note the easy grace of their manners, from the lacing of a moccasin to the stealing of the shirt off your back. What is more pleasing or shows more intelligence than to see a covey of dusky maidens sitting gracefully on some crowded thoroughfare in some large city, tastefully arrayed in red blankets and blue beads, painted with salmon blood, thoroughly saturated with salmon perfume, and decked with g.udy brass rings on their fingers, and in their ears and noses? Compare them with a like number of young white ladies, well educated, well dressed, but see how educated, well dressed, but see how superior, especially in mind, the Indians are! Ah, young ladies, after all your advantages you are far outdone by your dusky sisters. Your opportunities have been great in some respects but you've neglected to subsist on salmon. Just see, will you, what strides the Bucks have taken in science and literature! And subsisting entirely on salmon! In war they are second to none. How dexterously they can manouver to gain his confidence of an ene-

Taking this view, then, that salmon is the greatest brain food known, we of the Pacific Coast, with our rivers, lakes and bays splendidly adapted to the reising of salmon, are destined at no distant day to become the most enlightened people on the face of the globe. We will make a speciarty of turning off genuine Websters, Calhouns and Clays on a diet of salmon, sand-pies, windpudding, and blue glass baths.

EPHRAIM SLEEK.

FROM COQUILLE.

COQUILLE CITY, July 26, 1877. ED. FARMER: Haying and harvesting are now in full blast in this valley. Crops are good, considering the crude system of farming pursued here. Hay and oats are raised here in sufficient quantities for the home demand, but flour is largely imported; bacon also. It is a queer condition of things, but it is so, nevertheless. However, the dog fennel and bull thistles are doing a good work here, similar to that done by the sorrel and wild oats in the Willamette Valley.

The drouth in California has affected the mills here, and about dried them up too. With lumber low and the mills shut down, impecuniosity stares us in the face. It is now "root pig, or die," and the latter alternative will be adopted by many, either from choice or necessity. Emigration of starveouts will be the result, but your correspondent don't propose to emigrate, nor die either if good square rooting will save him. A section with the natural resources of this valley is bound to come out, and the sooner they freeze out, the better.

The project of building a R. R. from Roseburg to the coast here, is gathering headway, and those who live a reasonable length of time will enjoy the benefits thereof. All the coast vallies of Oregon are like bumblebees in a botlle, and can do nothing but buzz, until be sent to the insane asylum. As for the youth, he should be sent to an asylum for southeast corner of Center and Summer Stre.ts. Salem.

Ladies will do well to give me a call. Residence, southeast corner of Center and Summer Stre.ts.

roads are run from their seaports to the

New River Steamer. At Canemah, Clackamas county, yester-day (Monday) Captain Cochran of the Farmer day (Monday) Captain Cochran of the Farmer line was to launch his new steamboat. The name of the new boat is "A. A. McCully." (after Alderman McCully of this city.) She is 145 feet long, 30 feet beam and four feet hold. She will draw about 11 inches, and is intended for the upper river during low water. The machinery is entirely new and great care has been taken that all parts of the boat shall be perfect. The carrying capacity is two hundred and fifty tons. It is intended to have her ready for running by 15th of August. She will have passenger accommodations.

An Extensive Trade.

But few persons in the city are aware of the extensive trade that Mr. John Gilbert has for custom made boots for persons living at a distance. He has the measure of persons living in Nevada, Idaho, British Columbia, California, Washington, Portland and Eastern Oregon, who ordered by letter and have them made and forwarded by express. A miner ordering a pair from Eastern Oregon last week says, "your boots last me in the mines in all sorts of weather a whole year," while those I get here do not last me a mouth. The reason is plain. He uses the best of stock and has the best workmen on this coast. An Extensive Trade.

A New Scheme.

Mr. J. W. Crawford has organized a Sunday School in the Presbyterian Church for Chinamen. It meets at 3 P. Z., and has been in operation about one and a half months.

About twenty Celestials meet there each Sunday and receive instruction in primary reading. ing. Some of them call words quite readily, while others know little or nothing about the language. The need of the school is more teachers.

J. Henry Brown received from Cornwell, England, through the hands of a friend in Portland, several beautiful specimens of tin ore. The specimens have been taken from different levels, and accordingly showed different qualities, but each of them are distinctive, and contain ore that easily shows the kind. There is a distinctiveness about this kind of ore that cannot well be mista-ken. It will be on exhibition at the next State Fair, where all interested can see it.

George Anderson, well known in this city as a hotel waiter, was arrested last evening upon a telegraph warant, by officer John W. Minto for burglarizing Wm. Van Vactor's store recently in Atbany. He was placed in "Jurance vile" for the night and this morning was taken back to Albany by officer. ing was taken back to Albany by officer Watkins of that city who came down on the express this morning after bim.

Gone to Farming.

Mr. Dan, W. Jones and family removed to their new country residence on the Leabo ferry road about three miles from the city last Saturday. Their new residence which has just been finished by Mr. Hoses Pratt of this city, is nicely located in a grove of oaks on the top of a slight rise of ground, and Dan can have lots of fun clearing up and tilling his anug 160 acre farm.

Teachers Selected.

At a meeting of the Board of Trustees of the Willamette University, held last Saturday evening Miss Terses D. Holderness was elected Preceptress instead of Miss Shattnek resigned, and Mrs. Wiley B. Allen, Music Teacher, instead of Mrs. J. M. Patterson

Election of Officers. Capital Lodge of Good Templars of this city, elected last Saturday night, the following officers for the ensuing term; Johnathan O'Donald, W. C. T.; Mrs. Mary Cooper, W. V. T.; John Earl, W. S.; C. W. Scriber, W. F. S.; James Coffey, W. T.; L. O. Nelson, W. M.; Mrs. Dr. A. L. Davis, I. G.; Tilmon Ford, O. G.; A. T. Yeaton, Chaplain.

A Connecticut youth fired a gun over the head of his sweetheart without giving her notice, to see if she had any pluck, and it is now feared the girl will have to

From the Mountains.

berries is there. To get to this place you find the road is as smooth as a floor. Trout, berries, hunting and good treatment in abun-ance in this section. "Come all ye that are weary and heavy laden," and here you will

meary and heavy and find rest.

As I have unloaded about fifty saratogas and one hundred boxes, including the snake medicine one, to-night, I must "douse my glim" and retire, praying that you may never have the dreaded presentment haunt you of being snake bitten. Yours pensively,

P. Green.

P. GREEN.
P. S.—This little burg is improving rapidly, a saw and grist mill are to be put up next year. J. J. Blair has a nice country store where campers can find all they want to make themselves comfortable. J. W. Weatherford has a snug country residence here and his family as well as himself seems to enjoy country life "muchlv." P. G.
P. P. S. S.—Good camping grounds are lying around loose and can be had "without money and without price." money and without price."

A Big Mining Scheme.

From Dr. J. W. Weatherford who has just returned from a tour of the mines on the my, and cut his throat, while asleeo.

How furiously they can charge upon a defenceless lady, each out the brains of her babe, and kill her by degrees. What is the use of further proof?

All the praises that ever have been sung or ever will be in praise of the moble salmon eaters cannot begin to do them justice.

We would suggest to some of our poets that just now would be a good time to praise Uncle Joseph and his band, as he is doing excellent brain-work in Idaho. The government will undoubtedly kill the fatted calf when they come in; make a donation of red blanks, the Methodists will hold a camp meeting, and Uncle Joseph will be sent to Washington, to visit the President. The sections of the Association who places it to solve a section of the Association who places it to file.

An Extensive Trade.

But few persons in the city area are of the catterned from a tour of the mines on the stems of sustem the cit and my. John Gilbert has for custom for custom made boots for persons living in the city area and statem. He has the measure of persons in the city area for the progress of a mining custom made boots for persons living in the city and my later. Albany, and Jax. X. Smith, of Mehama, are interested. The place of their or or creating who cards more thanks. Albany, and Jax. X. Smith, of Mehama, are interested. The place of their or or creating a pair from Eastern Oregon last week says, "your boots last me in the mines in sal sorts of weather a whole year," while those I gut here do not last me in the mines in sal sorts of weather a whole year, "while those I gut here do not last me in the mines in sal sorts of weather a whole year," while those I gut here do not last me in the mines in sal sorts of weather a whole year, "while those I gut here do not last me in the mines in sal sorts of weather a whole year," while those I gut here do not last me in the mines in sal sorts of weather a whole year, "while those I gut here do not last me in the mines in sal sorts of weather a whole year," while those I gut here d holes. By this means they will get at the crevices where the gold is stored up waiting to be taken, by these enterprising seekers.—

Letter from Florida

We give below an extract from a letter received by Mr. Wm. H. Whitwill, from a relative in the far Southern State of Florida. The writer's knowledge of the geography of grades of the Lelcester. the great Northwest is evidently limited.

PRISACOLA, Fila., July 12, 1877.

DEAR NEPHEW:—I hasten to reply to your letter and here goes for a minute account of all your relatives and acquaintances in these parts as you requested. * * * You mention in your letter that you had just eaten a good dinner. I cannot for the life of me imagine what folks in your country call a "good dinner." I supposed seal blubber and Polar bear meat are your choicest meats in that latitude. Does anybody live near you, and don't you get lonesome somemeats in that latitude. Does anybody live near you, and don't you get lonesome sometimes without any girls to see home from church, and to set up late with, Sanday night? How far are you from a church or school house, any boats or railroads near where you are? I suppose the Indians kill off the people mighty fast. One thing I do know. You are not ruled as we are here by negroes. The times in Florida are herrible. It is now considered a diagrace for any man in Florida to hold office and no man that thinks anything of himself or family will allow himself to even run for an office. * Your Uncle.

A. B. B.

To the Afflicted-Ludies in particular.

Why need you suffer with Paralysis when you can be cured?—Why will you suffer with Rheumatism when you can be cured? And why have so many sches and pains when it is within your reach to be cured?

I am now established in Salem, prepared to treat all Chronic Diseases, such as Rheumatism, Neuralgia. Consumption, Kidney diseases, and in fact all disease es that human fle-h is heir to. Special attention paid to Female Weakness and nervous prostration which is so common to Ladies. Children's diseases not excepted. In connection with my practice, I have one of the celebrated Medicated Vapor Lightning Cream liaths, which aids vastly in removing all chronic diseases. It opens the porce of the skin, and throws off the slimy, morbid matter, which is one of the great causes of so much suffering. When we once think Prices 15 Guitane, #15; 2" Gallone, #20; that two thirds of all we take into our system passes 25 Gallone, #25. that two thirds of all we take into our system passes off through the porce of the skin, we need not stop long to wonder why we are sick, when we pay so little attention to the most important emunctory our bodies. During the part nice months I have had this bath in operation, and many can testify to its efficacy. I treat patients by the week, or by single treatment.

T. CUNNINGHAM & CO.,

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The following FIRST-CLASS Machines, which we are now receiving for the Season of 1877.

J. I. CASE'S THRESHING MACHINES. Both End and Side Shake-Tight-Geared.

Westinghouse Vibrator Threshing Machines, TIGHT-GEARED END-SHAKE.

8, 10, 12, 15, and 18 Horse Power. Treadwell Wrought-Iron Header,

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With New and Valuable Improvements for 1877.

Haines' Illinois Header. SINGLE · GEAR,
Wrought-Iron and Screw-Hub Wheels, adjustable Reel and Truss Frame.

JOHNSTON WROUGHT - IRON HARVESTERS. JOHNSTON Wrought-Iron Combined Reapers and

RUSSELL'S Combined Reapers and Mowers.

WOOD'S Single & Combined Reapers and Mowers. WOOD'S Single Mowers, three sizes. Johnston Mowers, one size.

ADAMS AND FRENCH HARVESTER. Conqueror."

Furst & Bradley Fulky Rakes, CENTENNIAL Sulby Rake, Self Dump. The Best in Use.

NEWTON WAGONS. Thimble Skein and Iron-axle Frame, and Freight Wagons, all sizes Newton 4-spring Hacks, made expressly for the Oregon Market.

Novton Three-Spring, Platform Spring, and Scroll-Spring Flacing and BUGGIRS, Garden City Plows, Harrows and Cultivators; Garden City Sulky and Gang Plows; Farmers' Friend
GRAIN DRILLS; Van Brunt & Dan's MONITOR Broad cast SERBER and
CULTIVATOR; CAPITAL CULTIVATORS; CUNNINGHAM'S
CULTIVATORS, the Best in the World.
Leather and Rubber BELTING, Machine Extras, Hardware, Iron, and Steel.

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T. CUNNINGEAM & CO.,
Pront St., PORTLAND; Commercial St., SALEM; and Cheadle's Block, ALBANY, OR.

LINES
To Mrs. Emma Perkins Brooks, who died at her home in Silverton, July 26, 1877.

Serenely she has passed death's portal, Passed on to life immortal, And angels opened wide the door And bore the weary spirit o'er.

Oh death, that severed her from earth.
Give mourning friends a heavenly birth,
And joyful will the meeting be
When Emma's angel face they see.

She's peaced the gloomy river o'er, Death can swe her nevermore; And stricken friends now cease to cry, 'Twas eternal life for her to die. CECIL.

Roll of Honon.—The school term ending July 20, 1877, for school district No. 2, Marion county, the following list of names was entered on the Roll of Honor for diligence and good behavior:
Belle Case, Mary Kennedy, Wm. E. Pendleton, Andrew Pendleton,

Dulcens Penda.
Anne Kennedy,
Josephine Vanwassenhove,
Alexander Vanwassenhove.
GRORGE W. JACKSON, Teacher.

Jacksonville Times: Cameron & McCul

Sensible Advice.

You are asked every day through the colums of newspapers and by your Druggist to
use something for Dyspepsia and Liver Complaint that you know nothing about, you
get discouraged spending money with but
little success. Now to give you astisfactory
proof that Green's August Flower will
cure you of Dyspepsia and Liver Complaint
with all its effects, such as Sour Stomach,
Sick Headache, Habitual Costiveness, palpitation of the Heart, Heartburn, Water-brash
Fullness at the pit of the Stömsch, Yellow
Skin, Coated Tongue, Coming up of food
after eating, low spirits, &c., we ask you to
go to your Druggist
and get a Sample Bottle of Green's August Flower for 10 cents and try it, or a
Regular Size for 75 cents, two doses will relieve you. lieve you.

CLERK WANTED.

The Lincoln Warehouse and Shipping Co. will receive proposals for a clerk to conduct the business of the company under the supervision of the directors for cleven months from the 4-h day of August, 1877. Persons making application will meet the directors at the Co's warehouse at Lincoln on said day at 12 o'clock, noon, presenting at the same time their recommendations and

IRA S. TOWNSEND, Pres. Board of Directors.

July 6. 4w.

THE

OF THE CENTURY. A Child can Use it!

EVERY PART OF THE CREAM CHURNED !

Por testimonials from citizens of Marion and other counties, and tarther particulars, app y to or address jyzomi BLA. HAWKINS, aumeville, Or.

Notice.

The P. P. T. Company's



McMINNVILLE

WILL BEAVE Portland for Salem Every PRIDAY, returning on SATURDAY, POR DAYTON-On MONDAY and WEDNES-DAY; returning on TUESDAYS and THURSDAYS.

People. Patronize Your Own Boat!

Protection against High Rates Guaranteed.

Summons.

In the County Court of the State of Oregon for the County of Marion. T. H. Cox, plaintiff,

Garwood Greene, Defendant. Garwood Greene, Defendant.

To GARWOOD GRRENE, defendant:
In this Name of the State of Original Answer the complaint filed against you in the above-entitled action in the above-named court by the first day of the September, 1877, said day being the first day of the term of said court following the expiration of the time prescribed in the order for publication hereof.

And if you fell so to appear and answer, for want thereof plaintiff will take judgment against you as prayed for in his complaint, to wit, for the sum of one hundred and fifty dollars, together with interest thereon since the 2th day of January, 1876, at twelve per cent, per annum, and for costs and disbursements of this action. This summons is published by order of John C. Peebles, Judge of said court, dated the 23d day of June, 1877.

P. H. D'ARCY, Attorney for Plaintiff.

Salem, July 6, 1877.

A. L. STINSON, Book and Job Printer.

And Bookbinder. Molman's Block, Old Senate Cham-ber, Salem.

HAVING ADDED AN EXTENSIVE ASSORT-ment of New Types, Cuts, etc., to my already extensive Book and Job Office, I am now prepared to do any and all kinds of

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On Short Notice, and at Reason-able Prices.

Stock Certificates a Specialty. Having the largest assortment of Mining Certificate lines and cuts adapted to that kind of work of any Once in Oregon, I am prepared to execute orders in the VRKY BEST style, in any number of colors desired, and on stort notice.

Juil Address A. L. STINSON, Salem, Or.

WOOL

Wanted.

L. & E. HIRSCH,

SALEM.

The HIGHEST market price paid for any amor