WILLAMETTE FARMER

The Home Circle. Farm House Chat. Having been so emphatic in praiso of in a gool word tor white breal, dooghnnth and a few other favorite staples, or some
gentle reader will declare me a rank hobbyist whose exhortations may be allowed to go in at one car and ont at the other.
Perhaps we have all known a few hobbyista with views too narrow to attruc attention or be in anybody's way; but in
peraistently held up for public admiration one could not help notioing how terribly
seanty and insufficient they were. I was quite young when first introdnoed
to gralamite topics and disciples, yet old enongh to notice that thone who made the allowed the least relish of salt, were in-
varianbly the serawniest and most melanOne olitldess conplo took the roform
and had it very baid ndeed. They were fond of viniting around, but 'twould weve do to expose their ntomacha to the navory
temptations of a Yankeo table "met ont for company.
So they carried along with them
landfal of cracked wheat, n Hraham loaf
or a cold alab of graham mumh. Can I cever forpet how gannt and no-
verely solemn they looked ns they nat aloor
kept the family royy and jolly through the cold dnappo of a Vormont winter? thing tidily phaced, the phosty wife up. the food nhe hat brought, as they ate but
twico a day and tho lant meal was now due. The nwful and somowhat pompoun
majenty of this npostlo, of reform ns she proceeded to unw wh her meagor bundlen
wan too much for the boy, who, nearly
burnting with fun, were obliged to runh bursting with fun, were obliged to ranh
out doors and keol over in tho now nev
oral timen to nmother their wild delight. The kind hostess offored cooked frui which wan accepted, and tea, which wan
reproachffuly declined by the wift jut in
time to prevent the moro carnal-minded


 night.
Doubthess they hat nome grains of
sonad dostrine in their beliof and practice




 And


 somit













##      mind hon tan in all hitist frou white trati  

 Thoose who live for from neighbors munt
bo nelf-reliant in the matter of yeat; and
ifind it a I flud it a good plan to keep stock-yeast
mado in this way. Take a handfnl of hop, pour on them 3 pints of hot water and boil
paif an honr. Take 8 tablespoonstol oo
flour, 2 of brown sugar, 2 of galt, 1 of gin four, 2 of brown sugar, 2 of salt, 1 of gin.
ger and mix them all, moothly with a cup
of warm water. Strain the lopa and pour
the hot lignid the hot liquid over the mixture, atirring
brigkkly to prevent lumping.
Set it over the fire nntil it boils, stirring it often enough to prevent soorching.
When naorly cool, add a cuppt1 of lively
old yeast and net in a warm phoe. In a
day or two it will have fermented and be ready to pour off in botties; or a wide
monthed,
uhana should not toe quite filled, an thero in pretty
sure to to a seoond rixing. It olonely
corked and put in a coo place it will keep
sweot 3 or 4 months. But the broat is not made directly from this yeast, Take
pint or more of nicely mashed potato add a apoonful of brown sugar, a teaspoontnio
sath and hot water eongh to muka thin
nish batter. When nearly cool, ndid 4 or spoionsfol of tho stock. - cast, and it kept
warm it will moon belight and ready for
uno. After formentan uno. Aner formen tation nee it in an cool
placo and it will kep aweet neveral day,
and may be renewed and increased by id.
ain and may ore onewed and increased by nd
ding moro of the warm potato batter. For
the loof take n quart of liour, a pint of the
potato yaken potato yeast nud nearly a pint of warm
water. Mix thoroughly, get in a warm
 not too stiff. Transter the dough to the
wide flour pan or the monlding board and
for 10 or 15 minutes kned it with the
handa nnd slawh it briekly with atane knite.
 air holen that aro apt to inninuate them
selven in a hastity made loaf. At the las
my loaf is not stif coongh to stand alone and 1 pnt it in a doop, round tin basin
keep it warm nuti fisks to the brim
arrad over its surf lard or butter and with the oven "Just
right" the heat will ponotrato the font
ovenly, thero will bo no thick, haril crust ovenly, thero will be no thick, haril crust
and in thitle leos than an hour it will eome
out of tho oven all of a piakishl tint and
ouvery to "every bit good enongh to eat,"
A wise Masachusetts leeturer declares
that all bread shonld be kueaded vigorous. y from 11, to 2 hours. Some of as may
hanv armas that cond hold oot for that
length of time, if the "length of time" conld bo spared; but hours aro too pro
cious and there is really a "shorter cut" $t$
gool rosulta. Some yoars ago I was reading about
Boaston crackers and that thoy aro mado so
crisp and tender by the tromendous cut-
ting up they get from machines that tive ting up they get from machines that have
tho olough In elharge
The moral I drow from this "slashing ntory" mocame of practical value in my
broegd making nat once and ever nince.
All our hygienio teachors say that yeast



Sinee writing the aboven Vermont jour
nal has cono to had, and in it 1 find that
Health and economy deonand that the brcail shall
ter baking.




 The npright forebead, with its various
modititations of kquarones and partial
curving, generall denotes the sound and curving, generally denotes the sound and
noblo undertanding, as opposed to the
retreating form, which indicaten the precise reverse, tili, from the negro to the
ape, and from the ape to the animal, it
 aver, always imply n good forenead, for
the form, proportion, sloping hight,
or arching and position of the bone of the
orehead are testa of the mental one forehead are tests of the mental power
and eharacter. Even the eolor and
smoothness of the akin, together with the lines of the wrinkles, munt be taken into
acocunt, for they exp ress the paansion and
state of the mind. A perfect forehead shate of be one thirid of the wholo face, or
siounl to the nose in hight, the covering
eqkin clearer than the rest of the face, nid skin clearer than the rest of the face, nad
smooth nad free from wrinkles, yet have
the power of wrinkling in deep thought,
anger or pain. $\mathbf{A}$ forehead, to be perfeet, anger or pain. A forehead, to be perfect,
nhould be, when seen in profile, neither
too loo arched nor too gquare, neither too
npright nor too retreating, The higher
the forehcad the more comprehension and loss activity. The more compressed,
firm and syort if not too short), the
more concentrated and firm the character. The more curved the top, the more geotlo
and flexible the charater, whic tho less
ourvedi- that is, the more square the top
the more determination, persevererance and the more determination, perseverance and
sternness. If the forchead is perfeetly
npright from the eoborows to the roots of
the hair, there will bee def the hair, thero will be a deffcient under-
standing, while a projeoting forechead will
denote imbecility, weakneas or tupidity, denote imbee
accordingly.
 poetio imagination is denoted lyy a fore-
head loft, broad ana arched at the top-
the forehead of Shakespeare, A slop retrocting forelecuad impliees imagination,
wit and acute understanding. Square fore wit and acute understanding. square ore
heads, with larko temples and fra eve-
bones, donote ircumapectness and firmness, while the round forehead, promincat
abooc, traighit lined below and moderate-
ly upright, depotes great underatanding,
energy, sensibility, flie and cool judg.
 implies great solidity of understanding.
Ono npright forcheai we shouht buard
against, and that is the one which is nar.
 with little imagination and sensibility.
Whan many knotty, augular protuber:
ances appear, they will denote persever. ance, combined with much vigorous, tirm,
harsh, pppressive, warnu netivity, shot,
regular, knoty foreheads, presse in one
side, and jagged forcheads with crose
wrinkles, are ncapable of lasting friend.

 between the eyebrows, denote sound un.
deratanding and a free and noble mind.
We often mark veias on the forehoad. these, too, have their signiticance. for a
blue vein in the form of the letter Y , in an open, smooth, well arched forehead do-
notes extraordinary talenta and warm genregard to the forcheod, bow small a do-
vintion from certain forms goes to make or
mar a certain quality. And wo rech
the oyes, wibich have been poetically tormed "The Widows of the Soul."
How minh we hear of them! What
preesion they have!
 he cy eltht it a
blue is, howerer
ors form The Finest Eyes,
Black and bliee; the black implying the Black and blue; the black implying the
yrateste strengith of expression, the most
jre and vivach; blue have more mild-
ness, and perhaps more archness. We of. ness, and perhaps more archness. We of
ten zee unmeaning ayes which appear fix
ed; this is cansed by the black of the
pupil being too strong for the sarrounding
 note how eertain qualities appertain to
certain colored eyes. Quick, bright eyes
denote an aetive and nente mind. Clear denote an aetivere found in a person of
blue eeves are never forment, ind rarely in the
melancholy temperamen melangholy temperament, and rarely in
choleric; the latter have eyes of every col
or; but more generally brown and inclined
to green. This tendency to green almos to green. This tendency to green almost
always denotes fire and conrage. Black
brown eyes denote more strength of intel-
leet, thought and firmness than bue.
lus. brown eyes deno en firmness than blue.
lect, thought and fany men of great power have had blue
Myang but that color generally denotes
eyes bet
more flexibility of character than black or more flexibility of character than black or
morown. Wide, ppen eyes, with the white
seen under the papil, will be found in the seen under the papid, will be found in th
timid and cold as well as in the couragethey will be easily distinguished by the
fiery and determined being more firm and more strongly marked and having thieke
and better oyelids, Very large, prominen oyes of a light blue or gray, often denot
greediness. Very small, gharp eyes de note cunning- the eye of a serpent, for in
ntance. If the eyelids form a straigh
 aroh, formed by the upper eyelid, is per
feety, cirenlar, it always donotes goodnoss
and tenderness, timidity, fear and weakOt The Eye Bone
Those which are slarp and projecting
indicate acnte under tanding and wisdom.
 arched eyebones are generally ound in
the antique, ideal sulptures. Of the eye
hrows, thooe which are dark denote firm ness, the white, weakness; the nearer they
nre to the eyes, the more firm, deep and
carnest the character; the further from

 hough formerly said to denote craftines?
art suid by Lavater to be found in the mo
honest and open faces. Close, firm ey
brows, with ter brows, with the hairs. growing straight, as
if eut, are most cerain signs of firm, man
ly, mature mind pro it eut, are most certain signs of tirm, man-
ly, mature mind, profound wisdom, and
nceurate pereption. Weak evelrows are
Tound to denoto coldnesu and weakness,
but for this weakness of the eyeltrows, the fut for power wonld be still greater.
fire ane lose their oyebrows through to much rubbing in washing the face, or by
illness. Angular strong, broken eye-
brows always denote fire and energy.-Mantisosy ix Anraces.-In ideal mat rimony the husband and wife are not ab
sorbed into each other by any means sorbed into each other by any meanb.
They remain totally separate individuals,
with thetr own aims, desires and loves, but blending as it were into one whonever
nniout is necessary. The wife in this mar-
ninge is no slave or toy of her hushand union is necessary. The wife in this mar-
rigase so no stave or toy of her hustand,
but his equal, companion, friend and adliser, Hinpurer, stimumator and even agita- with open, frank
ores, not in the barbarous fashion of
and him sho leads on to a higherem and no-
Hher life, not administering to his base
material comfort and material comforts and ease, but nrging
hin ever onward and upward. The aleal
husband, knowing her to be his cqual evory respect, mental and monsal natin- matn-
rally regards lier withe the deper venera-
tion that she is physically his inf

## Youna Folks' ColdmN.

Letters to Boys.-No 3.
fornia boys? I wrote yon a letter som
ime al time ago but by some unaccountable
means it has bech lost. I believe I prom.
ised some time ago, to tell you of a liml
 seen hitle men not four feet bigh whe
had far better right to the title of genile.
men than many a six-footer. A ver little
man may be better than he that taketh man may be better that he that taketh
city if he ruleth his own spirit.
lity
litie friend, of whom I promised to tel







Though he some boys ha
dyantages. he
He io his they there is a fascination
tolong to the opposite

cor oolla hardly keep hoone withont him



Boys, Read This.

 DEWEY \& CO

American \& Foreign Patent Agents,


#### Abstract

  CISCO, an able, responsible, and ong oestab- lished firm, and the principal agents on thin ide of the continent. They referto the thous side of the continent. They refer to the thons- ands of inventor who hane patronized hem, and to all prominent business men of the Patio with their reputation us straighttorward joum nalists and patent solicitors and counsoifors: enot only more readily apprehend the point and secure much moro fully and quicky the  matuence of our careftuly reac and extemmively cirruated journals, we are enabled to illue cind trute the intrinsic merits of their patents, and secure a due reward to the inventor, besides serving the public who are more reany to give fair trial, and adope are abod thing, upon the recommendation of houest and intolitigent


To Obtain a Patent,


