

Events & Announcements



PHOTO COURTESY OF PP&R

Portland Parks & Rec's Summer Free For All Free Lunch + Play Kickoff Event June 29

Free outdoor movies and concerts in Portland's parks make their return this summer, along with the Free Lunch + Play series, cultural celebrations, and more. To welcome them back, Portland Parks & Recreation (PP&R) presents the Summer Free For All Free Lunch + Play Kickoff Celebration at lunchtime on Thursday, June 29 at K'unamokwst Park from 11:30 a.m.-1:30 p.m. Get summer started with meals for youth, free arts and music activities, games, and an exciting musical performance by Triple Rainbow. It's free and fun for all.

Portland & Seattle News Briefs

Annual City-Wide Mall Challenge Blood Drive Kicks Off

Four Portland Metropolitan malls are gearing up for a little friendly competition during the American Red Cross Cascades City-Wide Mall Challenge blood drive, Friday, June 30 and Monday, July 3 between 9:00 a.m. - 7:00 p.m. at the following locations:

- Clackamas Town Center (Community Room near "Buckle") Sponsor Code: mallchallenge
- Lloyd Center (2nd Level Vacant Storefront Center of Mall near Torrid) Sponsor Code: LloydCenter-Mall
- Washington Square (Vacant Storefront between Apple Store and Abercrombie & Fitch) Sponsor Code: WashingtonSquare
- Pioneer Place (Vacant Storefront Space 1053 Basement Level next to Food Court) Sponsor Code: PioneerPlacePDX

"Shoppers will have an opportunity for some big savings in the way of lives with their blood donation," says Angel Montes, Regional Executive, American Red Cross. "A single donation can help save more than one life."

Unfortunately, the American Red Cross often sees blood supplies dwindle during summer months as people head out of town. "When schools let out and families set off on vacation, we typically see a decline in donors, often leading to a seasonal blood shortage," Montes says.

Visit RedCrossBlood.org then enter the sponsor code above for the mall of your choice and make your appointment today.

The mall to collect the most blood donations will receive a trophy and bragging rights.

My Race, My Way Virtual 5k Raises Funds to Support Survivors of Domestic Violence

Through the months of July and August 2023, Bradley Angle is teaming up with Gone For A Run to host a virtual 5k fundraiser for survivors of domestic violence in Multnomah County.

By registering for this race, you will automatically be entered to win an e-bike from Gladys Bikes valued at over \$3,000. (Restrictions apply). You will also receive an exclusively designed race t-shirt and have the opportunity to choose from their local gym sponsors to complete the race at their facilities. The My Race, My Way Virtual 5k can be completed via walking, running, biking/skating/rollerblading, or swimming.

View <https://www.goneforarun.com/virtual-race-my-race-my-way-5k-2023/myr-0001.html> for more information and to register.

Thursdays On The Plaza Opens Its Second Season

Montavilla Farmers Market (MFM) brings back Thursdays on the Plaza, a mid-week Stark Street farmers market that features a sampling of farm-direct products, live music performances, and a local brewery beer garden.

Thursdays on the Plaza will be open every Thursday July-September 4:00 p.m. - 7:00 p.m. at the Montavilla plaza on SE 79th and SE Stark Street. Community members will find farm-direct fruits and vegetables, frozen kulfi and ice pops, sweet and savory baked goods, and fresh flowers from six farms and food businesses. The plaza will also host live music and a beer garden throughout the season.

Opening day on July 6 will include live jazz music from Tyler Waltner Trio and a collaboration between Kulfi PDX and Threshold Brewing and Blending, and yes it includes dunking popsicles in beer.

New This Year: Power of Produce (POP) Club on Thursdays! Thanks to a SE Uplift community grant, kids ages 2-12 will receive \$3 in POP Bucks at the info booth to spend on fresh fruits and vegetables from farmers. This program encourages kids to do their own shopping and eat more fresh produce.

Bill Kombol Awarded Martin Luther King Medal of Distinguished Service

King County Councilmember Reagan Dunn on Tuesday awarded Bill Kombol with the Martin Luther King Medal of Distinguished Service, an award that recognizes individuals whose work has answered the question asked by Dr. Martin Luther King, Jr. "What are you doing for others?"

Kombol has worked hard to protect and preserve the history of his community and ensure its vitality for future generations.

"I am pleased to honor Bill for his decades of service to Southeast King County, particularly for his great contributions to historic preservation," Dunn said. "Without him, many stories from the Enumclaw and Black Diamond communities would have been forgotten and lost forever. Today we thank Bill for the countless hours and passion he has poured into his volunteerism."

Kombol has spent much of his adult life seeking to trace, document, and protect the history of his community, donating his free time to many local organizations, including the Black Diamond Historical Society, the Enumclaw Plateau Historical Society, the King County Centennial Commission, the King County Rural Forest Commission, open space and parks committees, and others.

Community Calendar 2023

Portland Metro

THURSDAY, JUNE 22, 6 - 9 PM

THE VIBE: The Vibe exist to connect, gather, and yield value to the black professional network in Portland, OR. Being an underserved minority group in the area, the goals are to strengthen, highlight, and grow. 115 Southeast 9th Ave

FRIDAY, JUNE 23, 10 AM - 8 PM

INDIGENOUS PEOPLE'S DAY WEEKEND SHOPPING: This exclusive event welcomes our community members access to the Nike Company Store. Access to the store allows guests to receive 40% discount on most merchandise in the store. This summer you will be allowed a one time pass between June 22 -25. Don't miss this opportunity to attend. Nike Company Store, 3485 Southwest Knowlton Road

SATURDAY, JUNE 24, 12 - 2 PM

COMMUNITY FOOD SYSTEM: the objective of this class is to educate and engage youth and their families in the process of chicken processing while fostering a sense of community and promoting sustainable and inclusive food systems. 5015 NE Martin Luther King Jr Blvd

SATURDAY, JUNE 24, 5 - 9 PM

SOMETHING TRUE: A potluck dinner, brief meditation & circle up to talk, share & check-in. Great food, great people & authentic open sharing. 17310 NE 125th St

SUNDAY, JUNE 25, 7 PM

PRIDE AFTERPARTY: Join us after the Beaverton Pride Festival for food and drink specials, Karaoke, and giveaways! AG Sports Bar, 14342 Southwest Allen Boulevard

SUNDAY, JUNE 25, 7 - 10 PM

SPACEBUNZ COMEDY SHOW: Come see some of the best local and national touring comedians! Space Room Lounge, 4800 Southeast Hawthorne Boulevard

SUNDAY, JUNE 26, 7 - 9 PM

PORTLAND POCASTERS: The Podcast Movement team will be in Portland and we're looking forward to hanging out with as many podcasters as possible while we're in town. 1411 NW Flanders St

THURSDAY, JULY 29, 1:15 PM

TEA TIME AND COLLABORATION: Facilitated by National Association of Women Business Owners Oregon Chapter, collaboration over coffee have never been this rewarding! This is the perfect opportunity to connect more deeply with other NAWBO members, to introduce new business professionals to the group, or for prospective members to see what we're all about. 4545 Southwest Angel Ave

SATURDAY, JULY 1, 8 - 9:30 AM

MORNIN' MILES CLUB: Join us on the FIRST Saturday of each month, April through September, at 8am at Foot Traffic Vancouver for a run, walk, and party! It's free! 305 Southeast Chkalov Drive #122

Seattle

THURSDAY, JUNE 22, 5:30 - 7:30 PM

HEALING A BROEKN SYSTEM: FILM SCREENING AND PANEL: 4 out of 5 Washingtonians worry about being able to afford health care and 1 in 4 are forced to skip their medications, cut pills in half, or leave their prescriptions at the counter because they can't afford them. How did we get here? 1000 4th Ave

THURSDAY, JUNE 22, 6:30 - 7:30 PM

YERBANA YOGA IN THE PARK: This is a perfect opportunity to connect with yourself and like-minded individuals in one of our city's most iconic locations, Gas Works Park. Come experience the benefits of yoga and Yerba Mate with a stunning view of the Seattle skyline. 2101 North Northlake Way

THURSDAY, JUNE 22, 7:30 - 9 PM

CAPOEIRA CLASSES: Experience the rhythm, strength, and grace of Brazilian Capoeira. Join us for dynamic classes that blend martial arts, dance, and culture. 12524 Lake City Way NE

SATURDAY, JUNE 24, 11 AM - 6 PM

JUNETEENTH CELEBRATION: 7th Annual Juneteenth Celebration at Othello Park loaded with great Soul Food, Entertainment for the whole family, and Free activities. 4351 South Othello St

SATURDAY, JUNE 24, 4 - 9 PM

NIGHT MARKET: Experience the vibrant spirit of our local community as we celebrate diversity, culture & creativity! Immerse yourself in community spirit! 16222 Northeast 8th Str