

# News

## Fun Fall Moments to Share With Your Pet

By *Jasmine Streeter, DVM*  
Special to *The Skanner*  
News



**Dr. Jasmine Shanelle Streeter**

*Veterinarian*

can think of nothing lovelier than an autumn day in Oregon. The skyline beautifully dotted crimson and gold, and the taste of family recipes reviving the soul. Fall draws us closer to each other for warmth, comfort and love.

This month, I'll focus on wonderful fall mo-

ments to share with your pet.

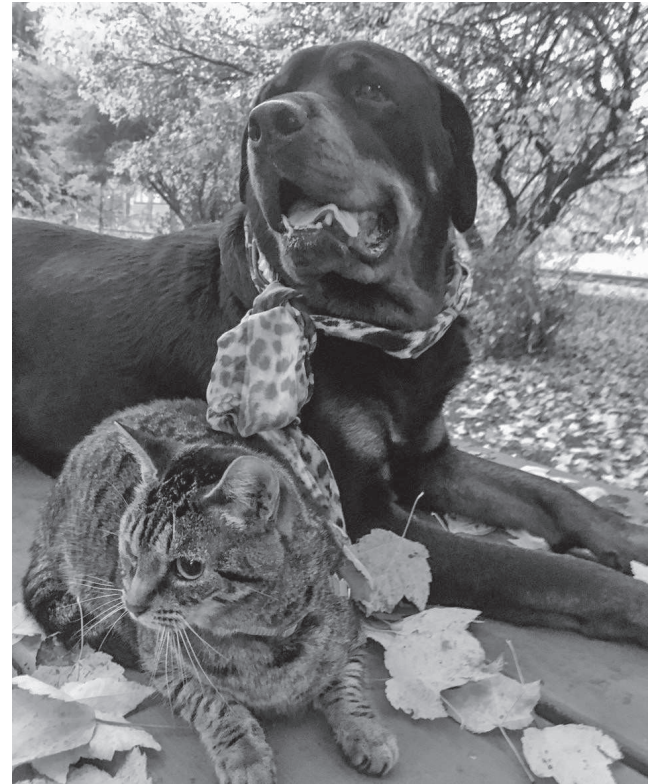
A trip to the pumpkin patch or apple orchard with your pet is a wonderful way to welcome fall. For the art lover,

pumpkin carving with your pet as the muse is a great way to show you care. (This is also an excellent time to practice simple commands like "stay" and "sit.")

If you love to bake, host a pet treat bakeoff with your friends and let your fur baby decide the winner. Pumpkin, apple, oatmeal and peanut butter are safe foods to in-

corporate in your treats. Try creating your own recipe or after browsing recipes on the internet. Having a safe and healthy pet treat handy will save you from the infamous "sad face" when you indulge in your favorite pie or fritter.

Autumn leaves create a vibrant natural masterpiece that should not be ignored this season. Plan a fall photo shoot for your pet — or include



Dr. Jasmine's cat Soleil and dog Sheba enjoying the fall foliage

yourself to make it a family portrait.

Take a fall foliage walk and explore neighborhood parks and pet-friendly hiking trails. Entering a pet-friendly run or walk is an excellent way to keep you and your dog in shape and meet other

the spirit of the game as much as we do. Encourage your pet to join you while playing your favorite fall sports. A friendly game of catch, football or Frisbee will definitely brighten their day. Many species, including cats and rabbits, enjoy playing hide-and-

**“Sports are a great way to bring people together and many pets enjoy the spirit of the game as much as we do**

pet lovers. If your pet hasn't been exercising regularly, remember to start slow and light until they build up their endurance.

Changing weather means changing fashions, and pets should not be overlooked. On chilly days, small, short haired and senior pets should wear a sweater or jacket to prevent hypothermia. For special occasions like dinner parties, include your furry little ones if they don't mind dressing up. The image of your fur baby dashing through the house in a festive sweater or bowtie is sure to be a great conversation piece.

Sports are a great way to bring people together and many pets enjoy

seek and tag indoors.

My cat Soleil loves hiding and then sprinting from room to room. She'll even come looking for me if I take too long to find her. After you've worn yourselves out, snuggling for a movie marathon is a relaxing way to end a great day.

Pets play an integral role in our lives and love us unconditionally. They are our family, friends and companions all in one. Whatever fall activity you choose, if it includes your pet, they'll be thankful to be with you. My hope is you are also thankful to be with them.

Reach Dr. Jasmine at [drjasmine@theskanner.com](mailto:drjasmine@theskanner.com).

# DIVISION

## TRANSIT PROJECT

### Division Transit Project Open House

Join project staff for updates on design, station types and more. Plus, learn about TriMet plans for expanded bus service and making fares more equitable.

**Gresham**  
November 6 • 5-7 p.m.  
Gresham City Hall  
1333 NW Eastman Pkwy.

**Inner Division**  
November 8 • 5-7 p.m.  
St. Philip Neri Church  
2408 SE 16th Ave.

**Outer Division**  
November 9 • 5-7 p.m.  
PCC Southeast Campus  
Community Hall Annex  
2305 SE 82nd Ave.

### Reunión de la comunidad sobre el Proyecto Tránsito de Division

Únase al personal del proyecto para obtener actualizaciones sobre el diseño, los tipos de estaciones y más. Además, aprenda sobre los planes de TriMet para ampliar el servicio de autobuses y hacer tarifas más equitativas.

**Gresham**  
6 de noviembre • 5-7 p.m.  
Gresham City Hall  
1333 NW Eastman Pkwy.

**Interior de Division**  
8 de noviembre • 5-7 p.m.  
St. Philip Neri Church  
2408 SE 16th Ave.

**Exterior de Division**  
9 de noviembre • 5-7 p.m.  
PCC Southeast Campus  
Community Hall Annex  
2305 SE 82nd Ave.

### Buổi Họp Cộng Đồng về Dự Án Vận Chuyển Công Cộng Đường Division

Các nhân viên của dự án sẽ cập nhật cho quý vị về thiết kế, kiểu trạm xe và nhiều thông tin khác. Ngoài ra, quý vị còn được tìm hiểu về các kế hoạch của TriMet nhằm gia tăng việc vận hành của xe buýt và điều chỉnh giá vé cho hợp lý hơn.

**Gresham**  
Ngày 6/11 • 5-7 Chiều  
Gresham City Hall  
1333 NW Eastman Pkwy.

**Khu vực từ Downtown đến Đường 82 (Inner) của Đường Division**  
Ngày 8/11 • 5-7 Chiều  
St. Philip Neri Church  
2408 SE 16th Ave.

**Khu vực từ Đường 82 đến Gresham (Outer) của Đường Division**  
Ngày 9/11 • 5-7 Chiều  
PCC Southeast Campus  
Community Hall Annex  
2305 SE 82nd Ave.

### 分部交通項目開放房

會同項目員工了解有關設計，站點類型及更多的更新信息。另外，了解TriMet擴大巴士服務和更加公平的票價的計劃。

**格雷沙姆**  
十一月六日，星期一  
下午5-7點  
Gresham City Hall  
1333 NW Eastman Pkwy.

**內分部，波特蘭**  
十一月八日，星期三  
下午5-7點  
St. Philip Neri Church  
2408 SE 16th Ave.

**外分部，波特蘭**  
十一月九日，星期四  
下午5-7點  
PCC Southeast Campus  
Community Hall Annex  
2305 SE 82nd Ave.

### Часы работы проекта по разделению перевозок

Присоединяйтесь к сотрудникам проекта для получения обновлений относительно проектирования, типа станций и т.д. А также узнайте о планах TriMet относительно расширение автобусных услуг и создания более равных оплат.

**Грешам**  
Понедельник, 6 ноября  
17:00-19:00  
Gresham City Hall  
1333 NW Eastman Pkwy.

**Внутренний отдел**  
Среда, 8 ноября  
17:00-19:00  
St. Philip Neri Church  
2408 SE 16th Ave.

**Внешний отдел**  
Четверг, 9 ноября  
17:00-19:00  
PCC Southeast Campus  
Community Hall Annex  
2305 SE 82nd Ave.

Project partners:



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