

Events & Announcements**Community Calendar 2017***cont'd from pg 4***Seattle Metro****SATURDAY, JULY 29**

CHAMBER MUSIC IN THE PARK SCMS' 17 SUMMER FESTIVAL: This free event will feature family activities. There will be food trucks on site, or bring your own picnic. Activities start at 5:30 p.m. The music begins at 7 p.m. Volunteer Park, 1247 15th Ave. E.

ALASKA AIRLINES SEAFAIR TORCHLIGHT PARADE FANFEST: Fun pre-run, pre-parade event with performances, food, exhibits and floats. Noon, Seattle Center, 305 Harrison St.

WEDNESDAY, AUGUST 2

THE BUBBLE MAN: See bubbles as big as cars or the millions of bubbles made with special recycled contraptions. A little music, a little magic and a whole lot of bubbles/ Each show is \$5 per family (up to 4). 11 a.m. - Noon, Laurelhurst Community Center, 4554 NE 41st St.

FRIDAY, AUGUST 4

SEATTLE CHILDREN'S MUSEUM ACTIVITIES AT WEST LAKE PARK: Free kids activities led by Seattle's Children's Museum. Varying museum activities. 10 a.m. - noon, West Lake Park, 401 Pine St.

SATURDAY, AUGUST 5

KIDS' DAY OUT: You've been asking for an all-ages event and here it is: Kids' Day Out in Paradise. We will have special guest from 11 a.m. - 1 p.m., along with lots of activities, live performances and much more! Admission is \$5 (kids under two are free) 10 a.m. - 2 p.m. Xfinity Arena at Everett, 2000 Hewitt Ave., Everett.

SUNDAY, AUGUST 6

FROM HIRSHIMA TO HOPE: Seattle's annual peace event honoring the victims of the atomic bombings of Hiroshima and Nagasaki and all the victims of war and violence. This is one of the largest commemorations held outside of Japan. Event features musical performances, speakers and a candlelight lantern floating ceremony. This is a free event and all the public is invited to attend. 6 p.m. - 9 p.m., Green Lakes Northwest Shore, 7312 W. Green Lake Dr. N.



PHOTO BY SUSAN FRIED

BAAMFest

A family poses with a buffalo soldier and his horse at BAAMfest, the annual Rainier Beach Arts and Music Festival July 22 on the plaza at Rainier Beach Community Center. The event featured four stages, with music, dance and spoken word, food trucks, Detective Cookie's Chess Club, the Traveling History Museum and a kids' zone. Some of the amazing performers included appearances by Massive Monkees, Northwest Tap, Baile Dior, The Michael Powers Group and the Supa Sonic Soul Sistahs.

Briefs cont'd from pg 4

Portland International Socialist Organization
Portland Peaceful Response Coalition
YWCA of Greater Portland
Veterans for Peace 72
Jewish Voice for Peace
March for Truth PDX
Portland's UnShul
Congregation Shir Tikvah
Freedom Socialist Party
SW Washington Coalition Action Network

Top Ladies of Distinction to Hold Informational Meeting Aug. 14

No-obligation meeting will take place at Highland Christian Center at 7 p.m.

Top Ladies of Distinction, Incorporated (TLOD) is seeking to charter a chapter in Portland and is holding a no-obligation informational meeting at 7 p.m. Aug. 14 in the Highland Christian Center 7600 N.E. Glisan St., in the Fellowship Hall.

Under the leadership of the National President Drema Lee Woldman a resident of Lynwood, Ill., the Top Ladies of Distinction, Incorporated (TLOD) is a non-profit professional humanitarian organization, organized in Tyler Texas, in 1964, with the purpose of marshaling the talents, energies and skills of women nationally in a collaborative effort to help alleviate the moral and social problems confronting youth in the mid-sixties.

TLOD has a history of service and advocacy. Since its inception, the organization has expanded its objective to include its focus on youth (known as Top Teens of America), improving the status of women, service to senior citizens, community beautification and community partnerships. The 100+ chapters nationwide support the National Council of Negro Women (NCNW), the National Association for the Advancement of Colored People (NAACP), United Negro College Fund (UNCF), Sickle Cell Disease Awareness (SCDA) and the awarding of national scholarships to Top Teens located in each of TLOD's six geographic areas. In addition, TLOD has been a long standing partnership with the March of Dimes and recently became partners with St. Jude Children's Research Hospital. Ongoing programs and projects are important to the fulfillment of TLOD's mission. Our website contains additional information www.tlod-inc.org.

This meeting will be conducted by Brenda J. Dodd, National Area VI Director of Carson, CA and a proud native of Portland. In order to adequately plan



Brenda J. Dodd, TLOD National Area VI Director of Carson, CA

for this meeting please RSVP your attendance to Bdodd423@pacbell.net or call Brenda Dodd (310) 413-0664. Please bring a friend.

Seattle News Briefs**King County Public Health Investigates Rare Infection Linked to Fish in Supermarket Tanks**

Public Health - Seattle & King County received a report on July 24th of a King County resident with a rare wound infection caused by the bacteria *Vibrio vulnificus*. The likely source of infection was fish purchased from a live fish tank at the Seattle Supermarket, located at 4801 Beacon Ave S, Seattle 98108.

Vibrio vulnificus can cause life-threatening illness when ingested or if it enters a skin wound. Health officials advise that anyone who has eaten or prepared fish from this location before July 25 should watch for symptoms of infection for 7 days. People who purchased fish from this location should discard the fish.

The person who developed the infection, a man in his forties, is currently hospitalized. His infection likely resulted while he was preparing the fish and cut his hand, which allowed the bacteria from the fish to enter and infect the wound. He and his wife also ate the cooked fish. His wife became ill, but she was not hospitalized.

Public Health - Seattle & King County is testing samples of the fish and fish tanks at the Seattle Supermarket. The investigation focuses on fish from the live fish tanks, but they are also looking into the possibility that other seafood may have been contaminated. All fish processed at the Seattle Supermarket were thrown away and the tanks and other equipment were decommissioned until they can be thoroughly cleaned and disinfected.

It is important to seek medical care right away if you've handled or eaten fish, particularly raw fish from the Seattle Supermarket, AND within seven days develop:

- a new skin infection (signs of skin infection are redness, tenderness, swelling, streaking and skin blisters)
- fever and chills
- diarrhea, abdominal pain, nausea and vomiting
- any unexplained serious illness

If you develop signs of infection, contact your doctor and tell them if you have been in handled raw seafood or eaten raw or undercooked seafood. If you ate or handled fish from this location and have no illness

Image of *Vibrio vulnificus*

after seven days, your risk of infection is low.

Certain people are at higher risk for *Vibrio vulnificus* infection. These include:

- people with weakened immune systems
- people with liver disease, including from alcoholism
- diabetics
- people with HIV
- people who take medications to lower stomach acid or who take immune-suppressing medications

Prevent infection

To reduce your chances of getting infected with *Vibrio vulnificus* and other bacteria:

- Use gloves when handling raw seafood.
- Do not handle raw seafood if you have wounds on your hands or fingers.
- Wash your hands after handling raw shellfish and other types of seafood.
- Wash cuts or other wounds thoroughly with soap and water if you have handled raw seafood or come in contact with seawater.
- Don't eat raw or undercooked shellfish. Cooking shellfish and other seafood kills *Vibrio* bacteria.

King County Board of Health Approves New Rule for County's Limited Service Pregnancy Centers

The King County Board of Health today adopted a new Rule and Regulation (R&R) that would require limited service pregnancy centers (LSPCs) also known as crisis pregnancy centers to post a notice on-site and in their advertising stating "This facility is not a health care facility." Roughly eight LSPCs operate in King County. These centers are unregulated and are often staffed by volunteers and employees who lack medical training or licensure. With a briefing on May 18, and a discussion of the R&R on June 15, this week marked the third public meeting the Board of Health has had on this issue.