

Events & Announcements



PHOTO BY SUSAN FRIED

Catfish Corner Memorial Day Weekend Kick-off

Former Swedish Hospital Chief Medical Officer Dr. John Vassall sits in with the band, Then N Now at the Black Business Association and Jackson's Catfish Corner Memorial Day Weekend Kick-off. The Black Business Association's inaugural event was held on May 26 and 27 in the Catfish Corner parking lot and featured vendors, live music, food, and fun. The BBA and Clean Greens plan to hold similar events once a month throughout the summer.

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- Instituto de Cultura y Arte In Xochitl In Cuicatl - Dia de los Muertos ceremony and accompanying workshops/programming. \$5,000
- Jim Pepper Native Arts Festival* - 5th Annual Festival featuring and supporting Native American/First Nations artists, activists, and vendors. \$6,000
- Kukatonon Children's African Dance Troupe - After-school African dance and drumming program, including partnership with The Portland Ballet. \$6,500
- Latino Network - Multi-media video art project with Latino youth in East County. \$6,500
- Morpheus Youth Project - Breakdancing workshop in partnership with Department of Community Justice, Juvenile Services. \$6,500
- NAYA Family Center - Neerchokikoo Honoring Powwow, an annual celebration honoring Native American Cultural Arts. \$5,000
- New Expressive Works - Weekend of workshops and activities highlighting the experiences of urban South Asians. \$6,500
- Outside the Frame* - Intensive filmmaking workshop and subsequent weekly programming for youth experiencing homelessness. \$6,000
- Portland Art & Cultural Center* - Annual Chinese New Year Cultural Fair. \$6,000
- Portland Interfaith Gospel Choir* - Free community concert at St. Andre Bessette Catholic Church. \$4,500
- PreSERVE Coalition* - 12-week collaborative arts series with The Geezer Gallery for older African Americans. \$6,500
- Public Annex* - Two terms of art classes for people with disabilities and arts community. \$5,000
- Right 2 Survive - Support Ambassador Project to host writing and art workshops integrating housed and homeless people. \$6,500
- ROSE CDC* - Comprehensive music education, production, and performance program in partnership with Holla Mentors. \$6,500
- Slavic Community Center of NW* - Cultural music event for Slavic immigrants featuring local musicians performing music by Russian composers. \$5,000
- The Giving Tree - 4 session class for residents to explore their mental health diagnosis in relation to their creativity and art-making. \$1,810
- The Rosewood Initiative - Role Models Apply Positive Peer Pressure (RAPP) Music Program. \$4,000
- World Stage Theatre - Imagination Express Arts Education mobile outreach program in East County. \$6,000

Seattle News Briefs

2017 Property Valuation Notices Are in the Mail: Values Continue to Rise Across King County

The King County Assessor's Office has begun the annual process of mailing valuation notices to over 700,000 property owners. Notices will continue arriving to property owners through September.

In most areas of the county, property values are up again this year.

Property owners who believe their assessment may be incorrect, can appeal to the Board of Equalization (BOE). This must be done within 60 days of receipt of the 2017 valuation notice. Details are available at kingcounty.gov/assessor the BOE at <http://www.kingcounty.gov/independent/board-of-appeals/about.aspx>.

Free Summer Fitness Sessions Begin in June

Free weekly lunchtime and evening fitness and relaxation sessions begin next month at Seattle Center and continue through August. Open to all ages and abilities, the classes provide easy-to-follow movement and breathing that afford participants a fun time-out from their regular routine to stretch, strengthen and destress.

- Summer Fitness - Zumba® Class, 6 p.m.-7 p.m., Tuesdays June 20-Aug. 22, Next 50 Plaza, takes participants around the world through Latin, world rhythms, West African, belly dance, pop and classic rock music for an entertaining, high energy workout. No dance experience is required. Participants are encouraged to bring plenty of water and wear comfortable sneakers.
- Summer Fitness - Meditation and Relaxation, 7 p.m.-8 p.m., Tuesdays, June 20-Aug. 22, Seattle Center Armory Room 301. Gautam Katta and Bhadresh Prajapati, with Heartfulness Institute, will guide participants in their meditation and relaxation practices that promote stress relief, better quality of sleep, stimulation of the immune system and greater concentration.
- Summer Fitness - Gentle Yoga, 11:30 a.m.-12:30 p.m., Wednesdays, June 21-Aug. 23, Exhibition Hall Lawn, offers something for everyone, from stretching your body to breathing your stress away. The classes focus on fluid movements to increase range of motion and joint and muscle flexibility. Beginners learn the basics of Hatha Yoga, and all will enjoy a strengthening workout. Wear comfortable clothing and bring along a yoga mat.

For more on Seattle Center programming, call (206) 684-7200 or visit www.seattlecenter.com/fitness.

Community Calendar 2017

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FRIDAY - SUNDAY, JUNE 9 - 11

SHOP 'TIL YOU DROP AT ACEY'S CLOSET SALE: Fabulous deals on new and gently used women's designer clothing, shoes and accessories (all starting at \$5). Supporting Dress for Success, Oregon. Noon - 7 p.m. Friday, 10 a.m. - 4 p.m. Saturday, 11 a.m. - 3 p.m. Sunday. Dress for Success Oregon, 1532 NE 37th Ave. Suite B.

SATURDAY, JUNE 10

SPIRIT MOUNTAIN CASINO GRAND FLORAL PARADE: Spectacular all floral floats, bands & equestrians march from the Coliseum to downtown in this beloved Portland tradition. Parade starts at 10 a.m. Get your seats along the parade route early.

Seattle Metro

FRIDAY, JUNE 2

CELEBRATE NATIONAL DONUT DAY WITH MIGHTY O DONUTS: Mighty-O will be hosting a golden ticket giveaway, sampling free mini donuts and donating 10% of the day's proceeds to three local elementary schools in celebration of National Donut Day. Stop by any Mighty-O location, Greenlake, Capitol Hill or Ballard, and purchase a dozen donuts for a chance to win. Those lucky enough to find a golden ticket in their box, will win donuts for their school, office or family, up to three dozen. Proceeds from National Donut Day sales will support Lowell Elementary, Green Lake Elementary and Salmon Bay Elementary. Mighty O Donuts Café, 1565 NE Market St.

OPENING DAY AT THE BOTHELL FARMERS MARKET AT COUNTRY VILLAGE: Help us kick off the 20th annual Bothell Farmers Market season. The market features a large variety of in-season locally grown produce, fresh cut flower bouquets, locally grown berries and much much more. Noon - 5 p.m., Country Village, 23718 7th Ave. SE, Bothell.

SATURDAY, JUNE 3

LAKE TO LAKE BIKE RIDE: An enjoyable non-competitive recreational ride for the whole family. Two unique loops a mostly flat greenbelt loop flat nine-mile route. Lake loop which is a more challenging 22 mile loop. 9 a.m. - noon, Rosehill Community Center, 304 Lincoln Ave., Mukilteo.

DOZER DAY SEATTLE: Kids hop in the drivers' seat and actually drive dozers, excavators and other heavy equipment with a little help from a professional driver and operator. Admission is online \$8 for kids and seniors (2-12), adults \$10. Tickets may be purchased online at www.brownpapertickets.com/event/2858529. Day of the event \$10.00 for kids and seniors, \$13.00 for adults, children 2 and younger are free. 11 a.m. - 4 p.m. Washington State fair and Events Center, 110 Ninth Ave. SW. Puyallup, WA 98371

JUNE JUMBLE AND CAMP MICHAEL CLOTHING/SHOE DRIVE: Proceeds from the clothing/shoe drive will towards sending kids to camp! What will be available for sale? Household/kitchen goods, sports equipment, toys, craft supplies and so much more! 9 a.m. - 3 p.m., St. John's Episcopal Church, 114 20th Ave. S, Olympia.

THURSDAY, JUNE 8

HIGH SCHOOL SOCIAL HOUR: High School Students play games, hang out, eat snacks and make new friends after school. Bring a friend we'll bring the snacks and supplies. 3:30 p.m. - 5 p.m., Douglas - Truth Library, 2300 E. Vesler Way.

"WOMEN HOLD UP HALF THE SKY" OPENING CELEBRATION: Take part in the opening celebration for the Gates Foundation Visitor Center's new exhibition "Women Hold Up Half The Sky" featuring music, speakers, hands on activities and much more! 5 p.m. - 9 p.m., Bill & Melinda Gates Foundation Visitor Center, 440 5th Ave. N.

SATURDAY, JUNE 10

HEALTH CARE DECISION MAKING EVENT: Learn how to plan ahead for your personal health care wishes. This workshop is an interactive workshop. One of the greatest stresses for your family is having to guess what health care choices a loved one would make. 9 a.m. - noon, This event is free. However a \$5 donation is suggested. Registration is required. Please register at <http://washington.providence.org/senior-care/mount-st-vincent/events/> or call 206-938-6194. Providence Mount St. Vincent, 4831 35th Ave. SW Seattle, WA. Pigott Chapel, 3rd Floor.

View the Community Calendar and updated News Briefs for Seattle and Portland at **Skanner.com**