

Events & Announcements

Community Calendar 2017

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Portland Metro

SATURDAY, FEBRUARY 11

ENCORE CONCERT SERIES – 3RD SEASON: Beethoven's Piano Concerto No. 5. A small church in East Vancouver hosts surprise big production of Beethoven's "Emperor" Piano Concerto No. 5. The concert features the newly formed Mt. Hood Camerata under the direction of Jason Fromme with Pianist Thomas Rheingans. 7 p.m. Mill Plain United Methodist Church, 15804 SE Mill Plain Blvd, Vancouver. This is a free event for all ages.

FOOD AS MEDICINE 2017 SYMPOSIUM: Join us to take the first step to regain your health this year for a day filled with knowledge. There will be active and diverse vendor marketplace with lots of local foods. 9 a.m. – 4 p.m., NUNM Main Campus, 049 SW Porter St.

SUNDAY, FEBRUARY 12

AFRICAN AMERICAN READ- IN AT NORTH PORTLAND LIBRARY: Celebrate Black History Month with Black Literature: Join us as community leaders, teachers, students and local celebrities read from their favorite works by African American writers. 2 p.m., North Portland Library, 512 N. Killingsworth St.

TUESDAY, FEBRUARY 14

OREGON STATEHOOD DAY: Come sing happy birthday to Oregon, listen to a performance by the Old Timers Fiddlers Association, and enjoy a slice of birthday cake. Free admission all day long. Birthday celebration starts at noon. Museum hours will be 10 a.m. – 5 p.m., Oregon Historical Society, 1200 SW Park Ave.

THURSDAY, FEBRUARY 16

VOLUNTEER – VANCOUVER VOLUNTEEN: Vancouver VolunTeen is a community service effort inspiring teens ages 14 – 19 in Clark County to give back their time, earn volunteer requirements for graduation and meet new people. Volunteers will meet at Heritage farm, 3:30 p.m. – 5:30 p.m., 1919 NE 78th St., Vancouver.

SATURDAY, FEBRUARY 18

AFRICAN AMERICAN READ- IN AT MIDLAND LIBRARY: Fiction and non-fiction for children, teens and adults will be featured in a special gathering of good words from great writings. 1 p.m., Midland Library, 805 SE 122nd Ave.

FREE EVENT TO EXPLORE FOREST PARK AT ST. JOHNS COMMUNITY CENTER: Free food, interactive activities, door prizes, family-friendly, all ages welcome. Experience environmental science activities from PP&R's Environmental Education Team and much more! 11 a.m. – 1 p.m., St. Johns Community Center, 8427 N. Central St.

Seattle Metro

FRIDAY, FEBRUARY 10

MOM-SON DANCE – VALENTINE EDITION: There will be dancing, games and crafts to enjoy together. This evening will be about you and your special mother/son bond. \$15 per pair, \$6 each additional son. 7 p.m. – 9 p.m., Environmental Services Building, 9850 64th St., University Place.

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PHOTO BY BRUCE ELY / TRAIL BLAZERS

Trail Blazers, Youth Visit PAM

CJ McCollum, Evan Turner and Festus Ezeli joined students from Roosevelt and Parkrose High Schools for a tour of "Constructing Identity," Petrucci Family Foundation Collection of African-American Art at the Portland Art Museum on Feb. 2.

Portland News Briefs

Oregon Historical Society Hosts Premiere of Documentary on Portland Hip Hop

"Lifting As We Climb," a documentary that examines the history and social impact of Portland hip hop through archival footage and commentary from the industry's leading emcees, DJs, producers and executives. The film was written, directed and produced by Michael T. Agnew, and nationally renowned DJ "Chillest Illest" provides narration. It will premiere at 7 p.m. Feb. 10 at the Oregon Historical Society, 1200 SW Park Ave. This event is free and open to the public and is wheelchair accessible.

Sisters Network to Meet Jan. 10

This month's meeting of Sisters Network will be held from 10 to 11:30 a.m. Feb. 10 at the June Key Delta Center.

The guest speaker will be Beth Howlett, M.A.C.O.M., Lac, Vice President of Communications and Academic Services, Oregon College of Oriental Medicine.

The mission of Oregon College of Oriental Medicine is to transform health care by educating highly skilled and compassionate practitioners, providing exemplary patient care, and engaging in innovative research within a community of service and healing. OCOM was recently recognized as the number one school to earned a degree in acupuncture. The school provide training in therapeutic massage, qi cultivation, as well as focus on collaboration between Chinese medicine and Western bio-medicine.

Friends, loved ones, and any other person are all welcome to attend and support efforts in educating and informing the community of breast cancer in the African American community.

Multnomah County Library Hosts 20th Annual African American Read-In Feb. 12 and Feb. 18

The Multnomah County Library will host the 20th annual African American Read-In, a gathering where guest readers share passages from works by their favorite African American authors at two separate events in February.

Guest readers will introduce participants to their favorite works: adult & children's literature, fiction & non-fiction, drama, humor, spoken word and even songs to celebrate the richness and variety of African American writing during Black History Month.

The North Portland Library will host an all-ages read-in from 2 to 3:30 p.m. Feb. 12 at 512 N Killingsworth St. The Midland Library will hold an event for children from 1 to 2 p.m. Feb. 18 at 805 SE 122nd Ave.

Urban League Hosts 10-Week Winter Family Workshops

The Urban League of Portland invites members of

the community to come explore new ways of thinking and different techniques of parent-child interaction in a free, 10-week series for families with children age six and under. Participants will meet other African American families with while strengthening their child's physical, mental and emotional development and working to tap into healthier practices that nurture cultural pride, improve self esteem, and build community.

The workshops offer structured childcare with age-appropriate activities to enhance your child's motor, cognitive, and social skills. Topics include: self care, growing and learning at an early age, supporting our children in school, cultural values, and healthier practices. Learn how to encourage yourself and those around you. Come fill your cup back up as you discover what YOU need to live our community in ways that are aligned with your values!

Workshops are available on Tuesday or Thursday evenings beginning mid-February. Dinner, child care and a transportation reimbursement (either bus tickets or a gas card) are provided.

For more information, contact Shanaquewa Finney at gro.xdplu@yennifs or visit <https://ulpdx.org/news/free-10-week-empowerment-series-socializations-for-african-american-families/>.

Multnomah County Health Department Helps Prepare Families for Oregon School Exclusion Deadline Feb. 15

Multnomah will hold two immunization clinics for children who are uninsured or under-insured to catch up on their vaccinations before the Feb. 15 school exclusion date.

This week, letters were mailed to about 8,000 families in Multnomah County to inform them that their children must be immunized. The letters are the final notice to parents of children in public, private and alternative schools, preschools, Head Start programs, kindergartens and child care facilities. Approximately 124,000 children and students in Multnomah County must meet the state immunization requirements.

In 2016, fewer than 1 percent of children and students were actually sent home because their vaccination records were incomplete.

There will be a clinic from 10 a.m. to 2 p.m. Feb. 11 at the David Douglas Old District Administration Building, 1500 SE 130th Ave. and one from 9 a.m. to 3 p.m. Feb. 15 at the East County Services Building in the Sharon Kelley Room, 600 NE 8th St. Gresham.

Urban League, Unite Oregon to Hold Our Voices United Lobbying Day

The Urban League and Unite Oregon will hold "Our Voices United," a lobbying day on Feb. 24 from 9:30 a.m. to 6 p.m. at the Capitol Building, 900 State Street Northeast in Salem. "Our Voices United" is an opportunity to stand with other community members, advocates, and elected officials to show support for

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