

Events & Announcements

Community Calendar 2016

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SUNDAY, JANUARY 22

HAPPY HOUR WITH THE ARMORY COSTUME SHOP: The artisans in the costume shop are behind the dozens of costumes you see on The Armory's stages each year. This is your chance to meet them and see their work up close! They'll also take you on a guided tour of their workplace, so you can see where the magic happens for yourself. As always happy hours are free and open to the public. 1 p.m. - 2 p.m., Portland Center Stage, 128 NW Eleventh Ave.

Seattle Metro

THURSDAY, JANUARY 12

30TH ANNUAL MLK CELEBRATION: Please join us for the annual King County Dr. Martin Luther King, Jr. celebration. Now in its 30th year, the MLK celebration recognizes the impact that Dr. King had on our community and our nation. The 2017 celebration will be held at noon at the 5th Avenue Theatre, 1308 Fifth Ave.

LADIES NIGHT OUT AT COUNTRY VILLAGE: Grab your best friend and come out for an evening of relaxed shopping. Be sure to pick-up your passport and earn stamps with every \$10 or more purchase. Then enter your stamped passport to win special gift baskets. 6 p.m. - 8 p.m., Country Village Shops, 23718 Bothell Everett Highway, Bothell.

THURS. - SAT., JAN. 12 - FEB. 25

RED TAILS, SILVER WINGS: An exhibit of 53 paintings and drawings by artist Chris Hopkins depicting America's first African American military pilots, the Tuskegee Airmen. 10 a.m. - 6 p.m. Monday - Friday, 10 a.m. - 5 p.m. Saturday, noon - 5 p.m. Sunday, Schack Art Center, 2921 Hoyt Ave., Everett.

MONDAY, JANUARY 16

MLK DAY OF SERVICE AT WEST BAY WOODS: The Olympia Coalition for Ecosystems Preservation invites you to be a part of an ongoing effort to restore these 8 acres of land. Examples of work includes: Clearing ivy from trees and the ground, removing evasive Holly trees, and weeding and maintaining existing areas. Please bring your gloves and gardening tools. 10 a.m. - 2 p.m., West Bay Woods, E end of Dickinson Ave. NW, Olympia.

CALL FOR VOLUNTEERS TO WORK AT THE CITY OF TACOMA'S MARTIN LUTHER KING, JR. BIRTHDAY CELEBRATION: If you or your organization would like to volunteer at the 2017 MLK event, please submit an application from the website. Please go to www.cityoftacoma.org and fill out application. 7 a.m. - 1 p.m., Greater Tacoma Convention and Trade center, 1500 Broadway, Tacoma.

SATURDAY, JANUARY 21

POULSBO FRIENDS OF THE LIBRARY: Come browse books, magazines, films and CD's at reasonable prices. Proceeds support Kitsap Regional Library. 9:30 a.m. - 4 p.m., Poulsbo Library, 700 NE Lincoln St., Poulsbo.

FRIDAY - SUNDAY, JANUARY 20 - 22

SEATTLE ART MUSEUM WILL BE FREE TO THE PUBLIC: The entire community is invited to SAM's downtown location to enjoy and connect with the diverse art and ideas represented on our collection and to see an amazing new exhibition 10 a.m. - 5 p.m., Seattle Art Museum, 1300 First Ave.

View the Community Calendar and updated News Briefs for Seattle and Portland at



PHOTO BY SUSAN FRIED

Truth B Told

Artist Carletta Carrington Wilson explains the concept behind her art installation "letter to a laundress" during the opening of Truth B Told, the 12th Annual Exhibit of Onyx Fine Arts Jan. 8 at the historic King Street Station. The annual exhibit features visual artistic expressions by artists of African descent in the Pacific Northwest.

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New Song Community Center, 220 NE Russell Street. The event is free and open to the public. There will be family activities, such as healthy cooking demonstrations, health, blood pressure and diabetes screenings, eye exams, health prevention classes, healthy lifestyles, numerous activities and exercise. AAHC promises fun, games and prizes for everyone.

These are some of the questions that will be answered: Where do you start to improve your health? How do we get sedentary kids active? How do I eat to live? Is my food my medicine or poison?

The 24th Annual Wellness Village is free. Sponsors are: Foot Traffic, New Seasons Market, Fred Meyer, Oregon Health Sciences University, OHSU Casey Eye Institute, Legacy Health, Providence Health & Services, Aetna, Pharma, Family Care, Moda Health and United Salad Company.

Seattle News Briefs

Alzheimer's Association Offers Caregiver Support Group

Resources Available for People Living with Alzheimer's and Their Caregivers

[Seattle, WA], January 5, 2017 - Caring for someone with memory loss? Do you need information and support? Alzheimer's Association family caregiver support groups provide a consistent and caring place for people to learn, share and gain emotional support from others who are also on a unique journey of providing care to a person with memory loss. Meetings are held the 3rd Thursday of the month, from 10:30 am - 12:00 pm, at St. Clement's Episcopal Church, 1501 32nd Ave S, Seattle, WA 98144. For information call Muriel Moore at (989) 350-1228.

Jayapal Joins National Call for Action to Protect Health Care, Announces Seattle Rally

On Jan. 15, Congresswoman Pramila Jayapal will host a rally to protect health care at the Westlake Park. This event is part of a national day of action to protect health care from President-elect Donald Trump and Congressional Republicans who have called to repeal the Affordable Care Act, privatize Medicare, make massive cuts to Medicaid, increase prescription drug prices and defund Planned Parenthood.

What: Our First Stand: Save Health Care Rally
Who: Representative Pramila Jayapal (WA-07), speaker lineup TBD
When: Sunday, Jan. 15, 12 p.m. to 1 p.m. PST
Where: Westlake Park, 401 Pine Street, Seattle

Media interested in attending Sunday's rally should RSVP to Ansel Herz at ansel.herz@gmail.com.

In Washington state alone, 775,000 residents are poised to lose life-saving health care if the Affordable Care Act is repealed. We cannot let that happen. Healthcare is a right, not a privilege. We should be working to expand the Affordable Care Act, not repeal it.

Members of the public planning to attend the rally are encouraged to contact Community Outreach Director Zach Carstensen at zach.carstensen@gmail.com.

Murray Marks Milestone for Seattle's Minimum Wage

Seattle's minimum wage increased to \$15 per hour on January 1 for employees working for the largest businesses in the city. Mayor Ed Murray marked the increase today, which is a milestone for the 2014 minimum wage ordinance that called for a phased-in increase of the minimum wage for workers. The ordinance was the first of its kind for a major city to chart a course to a \$15 minimum wage.

The wage increase will impact an estimated 70,000 low-wage workers in Seattle. A study by the University of Washington found that one year after implementation, Seattle's economy continues to expand. Data from 2016 also shows that Seattle's unemployment rate continues to fall and currently sits near its lowest level in years.

Changes to the minimum wage in 2017 include:

Large Employers (501 or more employees worldwide)

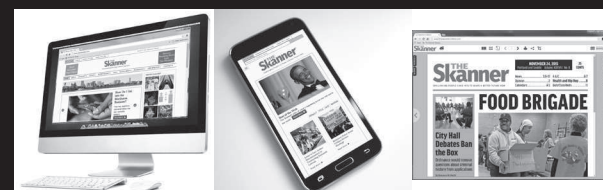
- \$15/hour: If the employer does NOT pay towards the individual employee's medical benefits.
- \$13.50/hour: If the employer DOES pay towards the individual employee's medical benefits.

Small Employers (500 or fewer employees worldwide)

- \$13/hour: If the employer does NOT pay at least \$2/hour towards the individual employee's medical benefits and/or the employee does NOT earn at least \$2/hour in tips.
- \$11/hour: If the employer DOES pay at least \$2/hour towards the individual employee's medical benefits and/or the employee DOES earn at least \$2/hour in tips

Seattle's minimum wage will continue to increase each year on Jan. 1 until reaching \$15 per hour for all workers in 2021. Once Seattle's hourly minimum wage reaches \$15, further percentage changes will be based on the rate of inflation as determined by the Consumer Price Index for the Seattle-Tacoma-Bremerton area. For more details, see the Office of Labor Standards Minimum Wage website.

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