Events & Announcements

Community Calendar 2016

brought to you by

Fred Meyer.

Visit us at a store near you

Portland Metro MONDAY - SUNDAY, AUGUST 15 - 21

"THOSE SINGING PREACHERS" CONCERT: Bethel African Methodist Episcopal Church is celebrating its 125th Session of the Pacific Northwest Annual Conference. Please join us Friday evening the 19th for the "Those singing Preachers" Concert. This will be an unforgettable evening in the spirit. For more information please call (503) 810-4958. Bethel African Methodist Episcopal Church 5828 NE 8th Ave. The concert will begin promptly at 7 p.m.

TUESDAY, AUGUST 16

LEAD POISIONING PREVENTION WORKSHOP: Free workshop where participants learn how to prevent lead exposure in their home. Qualified participants receive a free kit of safety and testing supplies. 6 p.m. -7:30 p.m., Community Energy Project, 2900 SE Stark St. Suite A.

FRIDAY, AUGUST 19

70TH CHURCH ANNIVERSARY "PLATINUM CELEBRATION"! Join us for the Reunion Mass Choir as well as more guest speakers. 7 p.m. The New Hope Missionary Baptist Church, 3725 N. Gantenhein Ave.

SATURDAY, AUGUST 20

ALBINA COMMUNITY DISPLACEMEMNT TOUR BY MEMORIAL COLISEUM: Sponsored by Portland Pioneers of Color WALKING Tours. 10:30 a.m. Tour will meet at corner of N. Broadway and Larrabee underneath the Coliseum sign.

SUNDAY, AUGUST 21

ART IN THE ROSE GARDEN 2016: The event will feature more than 35 local artists and a variety of media, including oil, watercolors, stained glass and much more. Admission is free. 11 a.m. - 4 p.m., Peninsula Park Rose Garden, N. Ainsworth St. between N. Kerby and N. Albina Ave.

WHAT'S IT WORTH: Ever wondered if you has a hidden treasure buried in your closet? The join the Oregon Historical Society for What's It Worth! An annual event where local experts es-

See Community Calendar on page 5

HIGH QUALITY & AFFORDABLE

Pediatric Primary Care

No insurance? No problem! We may be able to help you.

Pediatric Primary Care

- Newborn Care
- Well child care
- Immunizations
- Physicals (camp, school, sports, WIC, pre- operation, Head Start, etc.)
- Growth and Development Screenings
- Patient/Health education
- Laboratory and Diagnostic services
- Specialty referrals
- Acute and chronic medical care
- Prescription medication assistance
- Social Service information and referrals

Asthma/Allergy Specialty Care Young Adult Healthcare

Children's Community Clinic

27 NE Killingsworth St., Portland, OR 97211 Phone: (503) 284-5239 Fax: (503) 284-9162 www.ccc4kids.org



Uber TAXI

The New Rose City Cab and Portland Taxi Cab Company launched on the UberTAXI platform Aug. 10. TAXI and TAXI WAV — like all services on the Uber platform — are completely cashless, enabling riders to book and pay directly through the Uber app. Jackie Palmer of Rose City Cab; Bryce Bennett, Uber Portland general manager; Teal Able, co-manager of Rose City Cab; Andres Berezhinskiy of Portland Taxi Cab Company; Jon Isaacs, Uber Oregon public affairs manager.

Portland News Briefs

Free Classes for Families Living with Mental Health Issues

Mental health statistics indicate that one in five adults will deal with mental health challenges this year.

A nationally recognized class for families whose adult loved ones deal with mental health issues starts in September at three locations in Multnomah Country

ty.
The 12-week course, conducted by volunteers of the Multnomah Chapter of the National Alliance on Mental Illness (NAMI), is offered free of charge. Exact time and location will be provided upon registration. To register, call (503) 228-5692. Classes meet once a week for two and one-half hours at these locations:

- Monday evenings at Portland Veterans Administration Medical Center;
- Wednesday evenings at Legacy Good Samaritan Medical Center.
- Saturday mornings at Providence Portland Medical Center

The NAMI Family-to-Family class gets high marks from those who enroll; 99 percent say they feel more confident in dealing with their loved as a result of taking the class.

The course is designed for parents, spouses, children, siblings and friends of adults with mental health issues.

The curriculum, designed by a NAMI mental-health professional, is taught by specially trained volunteers whose own family members live with mental illness. Classes cover effective communication and problem-solving skills for family members; how to deal with a crisis; the biology of brain disorders; addiction disorders and mental illness; the criteria doctors use to diagnose the major mental illnesses; as well as up-to-date information on psychiatric medications, brain research and other issues.

Cody Hermeling Blood Drive to Take Place Saturday

For the fifth consecutive year, family and friends will hold a blood drive in honor of Cody Hermeling, who sustained life-threatening injuries in a car crash six years ago. Among those scheduled to attend the blood drive are members of Portland Fire and Rescue who pulled Hermeling from the wreckage.

The blood drive will be held from 7:30 a.m. to 2 p.m. Aug. 20 at Yur's Bar and Grill, 717 NW 16th Ave. with the support of Portland Fire and Rescue Station 22. Those who come out to donate will receive a \$5 Amazon gift card claim code.

Portland Parks & Recreation's Dive-In Movies Return to Pools This Week

Portland Parks & Recreation (PP&R)'s Dive-In Movies, one of the biggest splashes of the summer, return this week with six all-ages showings of Minions at PP&R pools around town. Watch the family-friendly classic either from the pool deck, or while floating in the pool itself. Pools are heated to warmer than normal for the evening viewing, to maintain a comfort level for people in the water.

Swim sessions start at 7:30 p.m., movie starts at approx. 8:30 p.m.

- Pier Pool, Tuesday, 8/16
- Sellwood Pool, Wednesday, 8/17
- Grant Pool, Thursday, 8/18
- Montavilla Pool, Friday, 8/19
- Creston Pool, Saturday, 8/20Wilson Pool, Sunday, 8/21

Popcorn, slush puppies, and other snacks are for sale at pool concession stands. New this year: caramel popcorn and hot chocolate.

Pools open for evening swimming at 7:30 p.m., and the movie begins at approximately 8:30 p.m. (when the sun goes down).

The cost is \$5 for adults and \$3.50 for youth, except at Wilson Pool where admission is \$5.50 for adults and \$4.50 for youth.

Season passes are not accepted for this event.

Hillsboro Health Expo Geared Toward the 24 and Under Crowd

On Aug. 23 Neighborhood Health Center is hosting a health expo outside of their Hillsboro clinic location, 266 W. Main Street.

The event, which takes place from 4 to 7 p.m., is being organized with support from Washington County Public Health and the Boys and Girls Club Youth Advisory Group. The event is geared toward those 24 and under.

Represented organizations will include Domestic Violence Resource Center, Sexual Assault Resource Center, Adventures Without Limits, Medical Reserve Corps volunteers training on CPR and emergency preparedness, Washington County Addictions program, Washington County Sheriff's Office – SKID program, Safe Place for Youth and more.

Neighborhood Health Center operates "The Clinic" every Tuesday from 3 to 7 p.m. at the Hillsboro location. The walk-in clinic provides confidential reproductive health care services such as sexual health information, birth control, pregnancy tests, and testing and treatment for sexually transmitted infections at low or no cost for those 24 and under.

For more information about this event, call Washington County Reproductive Health Educator Vikki Villarreal at (503) 846-2815.