



“Challenging People to Shape a Better Future Now”

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Restaurants

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to be run by college-educated folks, much more likely to have more than 20 years of experience, and because running an African American business is so difficult, people generally have high quality. Otherwise they wouldn't survive."

Templeton added that with the host of issues facing Black people in today's society, spending money with Black entrepreneurs is one of the most powerful ways to make a "statement."

Katrina Ford's food cart, Taste of the Bayou, situated at the corner of N. Fremont and Vancouver, is one of the nearly 50 restaurants listed on the Facebook event page.

Ford said she is excited for the city to take a bite (or two) out of her Cajun- and Creole-style cooking with recipes she says comes directly from her great-grandmother and grandmother who are both New Orleans natives.

"The love of cooking came from being around my Grandmother,

my momma and my aunts, too, and it's been a blessing to give back [by starting] a business," Ford said.

Ford said the new restaurant has been a hit, and she is excited to have more customers in the coming weeks.

Mayor Charlie Hales also chimed in with support telling The Skanner Black Business Week is a "great opportunity to support an important sect of our community."

"It's human nature: we go to the shop nearest us, or to the restaurant we've been to a hundred times before," Hales said. "The beauty of Black Restaurant Week, or Black Business Week, is to remind us all of the diversity and complexity of Portland's business community."

"Food is delicious. It is a way to spend time with family and friends," Pearl said. "Sharing food is sharing love and all of those good things, and I think that supporting Black businesses while you're doing it is really fantastic."

Restaurants on Black Restaurant Days Page:

Abbey Creek Vineyard
Aberus Ethiopian Restaurant
AJ Java
Alberta St. Fish & Chips
Alle Amin
Amalfi's Restaurant
Bete Lukas Eth Rest
Cannons BBQ
Caribbean Kookpot
Cason's Fine Meats
Chez Dodo
Clyde's Prime Rib Restaurant & Bar
Columbia International Cup
Crown Q
DaddyD's BBQ
Dalo's
Dixon's Rib Pit
Dub's St. Johns
Ella's Kitchen Soul Food
Eliot e-Mat cafe
Emame's Ethiopian
Enjoni Cafe
Enat Kitchen
Fuel
Gojo Ethiopian
Goldie's Texas Style BBQ
A Heavenly Taste

Horn of Africa
Jamaican Homestyle Cuisine
Mama San Soul Shack
Mama's Kitchen
Norma's Kitchen
Olive or Twist
Oregon Public House
Peaches Ready Spaghetti Cart
Pink Rose
Portland Prime
Poshette's Cafe
Po'Shines Cafe De La Soul
Q Burger
Queen of Sheba Int'l Foods
Rahel's Ethiopian
Right Bayou Cajun Cuisine at Bigfoot Growlers
Safari Restaurant
Sengatera
Spice of Africa
Sunday Table Kitchens
Sweet Street Bbq
Solae's Lounge
Steakadelphia
Stoopid Burger
Taste of the Bayou
Vera James and Joyl Kitchen
Wing and a Prayer

Villages

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community where all of these services would be available, but it is very expensive," Baldwin said. The Genworth Financial company estimates the median price of assisted living care in Oregon to be \$46,560 per year.

The first virtual retirement village was started in 2002 in the Beacon Hill neighborhood of Boston.

Since then, more than 150 more villages have established themselves and there are 120 more in development worldwide.

Each village is a grassroots effort; the structure is based on the needs of the communities it serves.

The villages in North and Northeast Portland are planning to have a network of social service and home health care agencies, strategic partnerships with neighborhood organizations and social and cultural activities.

There are also plans for a vetted vendor program that reviews and approves licensed contractors

who perform home maintenance. Opdyke and Baldwin said it is important to verify services so seniors can feel safe opening their doors without being scammed or sold unnecessary upgrades.

Both Baldwin and Opdyke said that transportation was the biggest need for seniors who want to re-

the morning to look forward to," Opdyke said. "That is just as powerful if not more powerful than probably anything else that we could provide."

Most villages are yearly membership organizations. The developing villages are still figuring out their due. Opdyke and Baldwin

'People build this tight-knit group and people they feel like they belong'

main living in their homes. Some villages hire drivers, others rely on volunteers.

Opdyke said the social membership is one of the most important parts of the village. In other communities there are potlucks, social events, book clubs and exercise groups. She believes having a community keeps people feeling engaged.

"People build this tight-knit group and people feel like they belong, they feel like there is still something to wake up to in

are looking at Eastside Village in Southeast Portland which is launching next month.

Eastside Village charges \$500 for a single person or \$740 for a couple each year. There is also a reduced charge for people who want only a social membership.

Baldwin said the biggest challenge in developing the village is marketing. She wants to reach people who are older than 65 years old who may not be using the internet. It is a challenge to describe a virtual village when most

people think of a brick and mortar building, she said.

She also wants to be able to reach the diverse racial and ethnic groups in Northeast Portland, so their needs are included in the growing community.

A large appeal of aging in place is the idea that both the younger generations and older generations benefit from living in a multi-generational neighborhood.

"I think that we oldsters have something to offer our neighborhoods, I think that by us staying in our neighborhoods, on our blocks, and shopping at our local stores -- we have something to offer here, we bring something to this whole fabric of our society," Opdyke said.

For more information on the Northeast Village PDX email nevillagepdx@gmail.com or call (503) 895-2750.

For more information on the North Star Village email northstarvillage@comcast.net or call (503) 978-0540.

PEACE

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11 and 29 years old.

An important part of the festival is to introduce the Black Women for Peace pledge to the performers, their family and festival attendees, Warren said. In the pledge, each of the letters for the word "peace" form action statements to support life choices that reduce violence.

- P:** Protect the liberties of others as well as my own.
E: Educate myself towards being the best me that I can be.
A: Actively listen to others rather than judge.
C: Choose to give grace rather than take offense.
E: Extend myself to others sincerely without seeking anything in return.

Warren said this pledge is the foundation of the organization. Black Women for Peace formed in 2010 after responding to a call to action by Multnomah County Commissioner Barbara Willer.

Each of the letters for the word 'peace' form action statements to support life choices that reduce violence

She asked for community based strategies to support youth and address gang violence.

"Black Women for Peace believes that if individuals would commit to taking the pledge and live by this pledge that we would

actually see more peace in our communities and in our homes and in our schools," Warren said.

She describes the pledge as peace in action, but says it is difficult to support liberty and while

turning the other cheek to offense.

The event also celebrates cultural diversity through the talented youth. Organizers specifically reached out to performers from many different racial and ethnic communities. Multicultural per-

formers include the PACC Wushu Chinese Dance Team and Dragon Team dancers.

Warren said she hoped attendees will take on the peace pledge. She is also looking forward to watching the young artists express themselves. During the auditions, she saw how gifted Portland's youth are.

"You've seen that television show, 'America's Got Talent.' Portland's got a lot of talent."

The 2015 Peace Festival is sponsored by Multnomah County, the City of Portland, Providence Health Services, Moreland Consulting, PassinArt Theatre Company, Unlimited Choices and Avalon Flowers.