

Seattle and NW Washington

S P O T L I G H T S

Umoja Fest 2015



PHOTO BY SUSAN FRIED

Seattle Buffalo Soldier Lenard Howze rides in the annual Umoja Fest Parade Saturday Aug. 1. The three-day Umoja Fest 2015: The Soul of Seafair, featured a variety of children's activities, live music, vendors, a basketball tournament and the parade.

Activists to Celebrate the Anniversaries of Social Security, Medicare, and Medicaid in Downtown Seattle Saturday

Social Security Works Washington, a coalition of community and labor groups, will host an event "Social Security, Medicare, and Medicaid: Celebrating Decades of Success" Aug. 8 starting at 1PM at Westlake Park in Seattle.

Community leaders and elected officials will speak to the importance of Social Security, Medicare, and Medicaid.

The event will mark the 50th anniversary of Medicare and Medicaid and the 80th anniversary of the implementation of Social Security.

Leading up to the celebration, community members who have benefited from Social Security, Medicare, and Medicaid, as well as the speakers for the event will be available for interviews.

All Vashon-Maury Island Beaches Closed for Shellfish Harvesting

Paralytic Shellfish Poison (PSP) has been detected at unsafe levels in shellfish on Vashon-Maury Island. The Washington State Department of Health (DOH) has closed Vashon-Maury Island beaches, including Quartermaster Harbor, to recreational shellfish harvest. This closure is an expansion on a July 23 alert for Quartermaster Harbor alone.

The closure includes all species of shellfish including clams, geoduck, scallops, mussels, oysters, snails and other invertebrates; the closure does not include crab or shrimp. Crabmeat is not known to contain the PSP toxin, but the guts can contain unsafe levels. To be safe, clean crab thoroughly and discard the guts ("butter").

Commercial beaches are sampled separately and commercial products should be safe to eat.

Anyone who eats PSP contaminated shellfish is at risk for illness. PSP poisoning can be life-threatening and is caused by eating shellfish containing this potent neurotoxin. A naturally occurring marine organism produces the toxin. The toxin is not destroyed by cooking or freezing.

A person cannot determine if PSP toxin is present by visual inspection of the water or shellfish. For this reason, the term "red tide" is misleading and inaccurate. PSP can only be detected by laboratory testing.

Symptoms of PSP usually begin 30-60 minutes after eating the contaminated shellfish, but may take several hours. Symptoms are generally mild, and begin with numbness or tingling of the face, arms, and legs. This is followed by headache, dizziness, nausea, and loss of muscle coordination. Sometimes a floating sensation occurs. In cases of severe poisoning, muscle paralysis and respiratory failure occur, and in these cases death may occur in 2 to 25 hours.

If symptoms are mild, call your health care provider or Washington Poison Center, and Public Health. If symptoms are severe, call 911 or have someone take you to the emergency room immediately.

Recreational shellfish harvesting can be closed due to rising levels of PSP at any time. Therefore, harvesters are advised to call the DOH Biotoxin Hotline at 1-800-562-5632

THE WORLD'S MOST DANGEROUS GROUP

STRAIGHT OUTTA COMPTON



UNIVERSAL PICTURES AND LEGENDARY PICTURES PRESENT
IN ASSOCIATION WITH NEW LINE CINEMA/COREVISION/CRUCIAL FILMS A BROKEN SHIRT PRODUCTION AN E. GARY GRAY FILM
"STRAIGHT OUTTA COMPTON" O'SHEA JACKSON, JR. COREY HAWKINS JASON MITCHELL AND PAUL GIAMATTI STYLING BY JOSEPH TRAPANESE
EXECUTIVE PRODUCERS LEECH SAVAGE ALAN WENKOS PRODUCERS WILL PACKER ADAM MERINOS DAVID ENGEL TOLL STRAUSS THOMAS TOLL JON JASINO
PRODUCED BY ICE CUBE CO-PRODUCED BY TOMMYA WOODS-WRIGHT MATT ALVAREZ EXECUTIVE PRODUCERS E. GARY GRAY SCOTT BERNSTEIN DR. DRE
SCREENPLAY BY JONATHAN NERMAN AND ANDREA DELOFF DIRECTED BY E. GARY GRAY
LEGENDARY R LANGUAGE STRONG LANGUAGE SOME DRUG USE AND SMOKING
STARTS FRIDAY, AUGUST 14 CHECK LOCAL LISTINGS FOR THEATERS AND SHOWTIMES

SEATTLE COMMUNITY CALENDAR 2015

THE SKANNER.com

If you have an event you want to share with the community, email it two weeks in advance to info@theskanner.com

Thursday, August 6

POST ALLEY HOOLEY! 3RD ANNUAL NEIGHBORHOOD PARTY: FREE AND ALL AGES WELCOME TO THIS PARTY: The one-night street party features a beer garden, live music, games and even a dunk tank. Wind your way from The Gum Wall past the Harbor Steps and onto the Burnt District. This free fun event is open to everyone! 5 p.m. – 9 p.m., Harbor Steps, 1221 1st Ave.

RANSACKED ATTIC SALE: Come find treasures. Housewares, toys, books, clothes, shoes, collectables and much more. This is a major fundraiser for the North Shore Senior Center, 10201 E. Riverside Dr., Bothell.

Friday, August 7

ANNUAL WEEK IN THE PARK: There's something for everyone. There will be a youth healthy cook-off, youth three-on-three basketball, employment and education Resources and much more. 10 a.m. – 3 p.m. Spanaway County Park, 14905 Breseman Blvd. S., Spanaway.

Friday – Sunday, August 7 – 9

SALMONFEST SEATTLE: Come join Salmonfest Seattle and shop from local and regional artists, live entertainment, children's activities. Hours are noon – 7 p.m. and the festival kicks off with a salmon bake. The festival continues from noon to 5 p.m. Saturday and noon – 6 p.m. Sunday.

Salmonfest will take place along the promenade on 28th Ave NE near the Lake City Library and community center.

Saturday, August 8

SOCIAL SECURITY AND MEDICAID CELEBRATION: Community leaders and elected officials will speak of the importance of Social Security, Medicare and Medicaid. There will be guest speakers and entertainment. 1 p.m. – 3 p.m., West Lake Park, 401 Pine St.

TASTE OF HOOD CANAL: Highlights of this year's event include a larger than expected custom and classic car show, live music all day, food booths, informational displays and much more. 10 a.m. – 6 p.m. Clifton Lane, Belfair.

Saturday, August 15

COMMUNITY CARNIVAL: Join us for lots of games, food, community entertainment stage, pony rides, bounce houses and much more fun things to do. 11 a.m. – 3 p.m., First Lutheran Church, 2483 Mitchell Rd SE., Port Orchard.

CELEBRATE SHORELINE'S 20TH BIRTHDAY: The festival has two stages with live music and shows, pony rides, a petting zoo and much more. This is a free celebration for the public to enjoy. Cromwell Park, 18030 Meridian Ave. N., Seattle.

Sunday, August 16

AFRO-LATINO FESTIVAL: This festival will showcase live music from local musical groups and different rhythms: salsa, merengue, jazz, fusion, reggae and more. Noon – 7 p.m., Warren G. Magnuson Park, 7400 Sand Point Way NE.