

# Portland and SW Washington

S P O T L I G H T S

## Soul Stroll



PHOTO BY HELEN SILVIA

Portland's African American Health Coalition held its annual Soul Stroll Health Walk 2014 Saturday, Aug. 16. More than 100 people turned out to Wilshire Park for the event which included encouraging words from Multnomah County Commissioner Loretta Smith and African American Chamber of Commerce president Roy Jay.

The union campaign began in response to a lack of adequate training, misleading pay policies, an unprofessional and disrespectful work environment, exceptionally high turnover, and a failure of the company to follow labor laws, such as paid sick leave and overtime pay.

For more information go to [www.portlandiww.org](http://www.portlandiww.org).

## Portland Sunday Parkways in Southeast Portland

The City of Portland Sunday Parkways presented by Kaiser Permanente will host the fourth Sunday Parkways of the season August 24 in Southeast Portland. Southeast Portlanders and thousands of others are expected to turn out to bicycle, walk, stroll, roll and dance along the seven miles of traffic-free streets.

The Southeast Portland route connects Colonel Summers Park, Laurelhurst Park, Ivon Park and Universal Cycles Marketplace. Music, vendors and activities are located in the parks and marketplaces and along the route. The event is free and takes place from 11 a.m. to 4 p.m.

Universal Cycles, located at SE 22nd Avenue and Ankeny Street along the route, is hosting a free block party organized by the Bicycle Transportation Alliance. Portland Sunday Parkways invites everyone to stop by and enjoy family-friendly games, food and drink. Proceeds from beverage sales will go towards supporting Sunday Parkways.

For more information about Sunday Parkways, including volunteer information, visit [www.PortlandSundayParkways.org](http://www.PortlandSundayParkways.org) or call 503-823-7599.

## You And Your Racist Brain: The Neuroscience Of Prejudice

Science on Tap is a science lecture series where you can sit back, enjoy a pint, and laugh while you learn. Wednesday, Sept. 10, at the Kiggins Theatre, 1011 Main St., Vancouver, Wash. Doors at 6 p.m. event at 7 p.m. Cost is \$8 online advance tickets, \$10 suggested cover at the door with beer, wine, pizza slices, popcorn and snacks available.

Dr. Larry Sherman, a senior scientist in the Division of Neuroscience at Oregon Health & Science University (OHSU) will explore the neuroscience behind prejudice and racism. He will discuss the so-called "cross-race effect" and how the brain can overcome this reaction, raising intriguing possibilities about how prejudice and racism can be reversed.

For more information go to [www.viaproductions.seat-engine.com](http://www.viaproductions.seat-engine.com)

## Providence Hood To Coast Relay / Portland To Coast Walk Relay this Weekend

The Providence Hood To Coast Relay is the most popular relay race in the world with nearly 20,000 runners and walkers participating in three events; Hood To Coast Relay, Portland To Coast Walk Relay, and Portland To Coast High School Challenge.

The event is held from Aug. 22 to 23 and stretches from Timberline Lodge to Seaside, where over 70,000 people will attend the finish line party.

The Providence Hood To Coast Relay waiting list reaches over 40,000 potential participants annually. In 2013, the three events included runners and walkers from all 50 U.S.

states and 35 countries.

For more information go to [www.hoodto coast.com](http://www.hoodto coast.com).

## Unprecedented Union Vote of Street Canvassers

Monday morning, workers at Grassroots Campaigns Inc. in Portland Or. unanimously to be represented by the Industrial Workers of the World (IWW).

Grassroots Campaigns Inc., fundraises for progressive and charitable groups such as Planned Parenthood, ACLU, and The Nature Conservancy.

A rally in support of the the workers is Wednesday, Aug. 27, 6:30 p.m. at The American Service Committee Building, 2249 E Burnside St. The rally is expected to draw a large crowd of labor and community allies.

YOUR COMMUNITY BULLETIN BOARD **Fred Meyer**  
BROUGHT TO YOU BY

Visit us at our Interstate store (Interstate & Lombard) or Peninsula (North Lombard at Ida)

C O M M U N I T Y C A L E N D A R

## PORTLAND 2014

### BULLETIN BOARD

**THE SKANNER.com**

If you have an event you want to share with the community, email it two weeks in advance to *The Skanner* at [info@theskanner.com](mailto:info@theskanner.com)

#### Thursday August 21

FREE SUMMER CONCERT AT THE OREGON CONVENTION CENTER. Plaza Palooza! Water Tower will be performing for this evenings concert series. 5:30 – 7:30 p.m. 777 NE Martin Luther King, Jr. Blvd.

SAY HEY! This multicultural event provides a great opportunity to enjoy an evening of meeting new friends and learning about what makes our community a great place to live and work.

Everyone is welcome to attend. 5:30 – 8 p.m. 2 World Trade Center Plaza.

COWABUNGA CHEMISTRY AT BELMONT LIBRARY. Students perform amazing chemical reactions as they measure and mix ingredients and discover substances with strange and surprising properties. 3 – 4:15 p.m. Belmont Public Library, 1038 SE Cesar Chavez Blvd.

#### Friday August 22

TIMBERS PLAYER DARLINGTON NAGBE TO MEET FANS AT WELLS FARGO BANK DOWNTOWN PORTLAND. The midfielder will come to the Wells Fargo museum on the second floor of the building for pics and autographs. This event is free to the public. 3:30 – 5:30 p.m. Wells Fargo Bank, 635 SW 6th Ave.

#### Saturday August 23

1ST ANNUAL EAST PORTLAND HOUSING AND RESOURCE FESTIVAL. A family fun festival: Activities include market/information vendors, free giveaways, food court, live music and much more. Noon – 8 p.m. Lents Park, SE 92nd & Holgate Streets.

PIRATE AND PRINCESS PARTY AT LLOYD CENTER. Radio Disney and Lloyd Center are hosting a Sofia the First and Jake the Pirate themed party. Enjoy music, crafts, games and much more. 11 a.m. Lloyd Center Shopping Center, 2201 Lloyd Center.

#### Monday August 25

THE FINAL FARMERS MARKET AT THE SQUARE. Mark your calendars for the final market of the season. Shoppers can grab fresh produce and lunch from several food vendors. 10 a.m. – 2 p.m. Pioneer Courthouse Square.

#### Friday August 29

EAST PORTLAND COMMUNITY CENTER 1ST ANNUAL WILD WEST FESTIVAL. Come join East Portland Community Center to celebrate the end of summer season. Live music, fun activities, good food and more. 11 a.m. – 2 p.m. 740 SE 106th Ave.

COUVFEST NW 2014: COUVFEST NW 2014 is partnering with the City of Vancouver this year in celebrating Vancouver's diverse music scene. COUVFEST is free and open to all ages. Noon – 10 p.m. Esther Short Park, 605 Esther St.