

COMMUNITY NEWS BRIEFS

Free Northeast Portland Fair for Families to Celebrate Health, Wellness

Kids, families and community members are invited to a free outdoor health fair on Aug. 6, 2013 at Multnomah County’s Northeast Health Center.

The fair, from 3 p.m. to 7 p.m. at the Northeast Health Center, 5329 N.E. Martin Luther King Blvd., will feature music, dancing, kids’ activities, health screenings, a local youth art exhibit and important information about healthy living and health insurance options.

The Multnomah County Health Department is celebrating healthy communities by partnering with Oregon Health & Science University (OHSU) and the Boys and Girls Club to host the Northeast Community Health Fair.

Community health centers provide health care to nearly 21 million patients nationwide, many of whom are living in areas with limited access to health care. Community clinics treat the whole patient through culturally-competent, accessible and integrated care.

Let’s Get Healthy, OHSU’s fun, interactive research exhibit, will also be open beginning at 11 a.m. inside the clinic.

The outdoor fair is also being held on National Night Out.

City Of Beaverton Dispute Resolution Center Offers Conflict Resolution Workshops

The City of Beaverton’s Dispute Resolution Center presents three conflict resolution workshops on Aug. 6, Aug. 15 and Aug. 22 from 10 a.m. to 1 p.m. All workshops are free and will be held at the Beaverton City Library, 12375 SW Fifth St.

Managing Difficult Conversations: Tuesday, Aug. 6 Learn to manage conflict when

people disagree over their values, motivations, perceptions, ideas, or desires. A critical component of managing conflicts is learning to understand the nature of the conflict and the instinctual conditions that keep them from getting resolved.

Building Conflict Competence: Thursday, Aug. 15 Learn to understand your own conflict styles and responses. Examine practice strategies such as reaching out, understanding another’s perspective, expressing emotions appropriately and creating solutions.

Bridging the Generational Gap: Thursday, Aug. 22 Learn the common traits unique to each generation and participate in an open dialogue with people of other generations. Participants will practice conflict management skills that enhance communication skills.

Tsipora Dimant, program coordinator for the DRC, will lead the workshops. Dimant has more than 20 years’ experience mediating business, workplace, family, and neighborhood conflicts. Dimant is also a teacher and trainer in the area of conflict management.

To register for any or all workshops, visit www.BeavertonOregon.gov/DisputeResolution. Space is limited. For more information, please contact the Dispute Resolution Center at 503-526-2523.

National Night Out, PCC Cascade

A neighborhood tradition returns with a new twist when Portland Community College’s Cascade Campus and the Humboldt Neighborhood Association host their annual National Night Out celebration on Tuesday, August 6. This year – in addition to local food carts, live music, family games, dancing, and all-around good times – attendees will be able to sign their names to a steel beam that will be a permanent part of the campus’ new Student Center building, currently under construction.

The annual neighborhood festival runs

Building Girls



JERRY FOSTER PHOTO

Oregon Labor Commissioner Brad Avakian joined participants graduating from the Oregon Tradeswomen’s Building Girls program at the University of Portland last week to celebrate completion of their training and to hold a scavenger hunt. Avakian spent time with Mollie and Lara Kauffman and more than 40 other middle school girls talking about why construction jobs make great careers.

from 4-8 p.m. in the campus’ Borthwick Mall, 705 N. Killingsworth St., and in the new Cascade Campus Construction Project Learning Center at 815 N. Killingsworth St. The event marks the official debut of the construction learning center, formerly the Paragon Club. People from surrounding businesses, the neighborhood and Cascade Campus are invited to drop by the center to learn more about the voter-approved improvements to the Cascade Campus. The center is also available for scheduled com-

munity meetings. The celebration has something to offer for people of all ages. Local food vendors C’est Si Bon, Tierra de Sol, Fifty Licks ice cream, EnJoni Café and PCC Food Services will have yummy stuff to eat and drink. Every person who shows up with a Cascade Campus National Night Out flier or postcard mailer in hand will receive \$2 in ticket vouchers to spend with local vendors for food or drinks at the event.

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COMMUNITY CALENDAR

PORTLAND 2013

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If you have an event you want to share with the community, email it two weeks in advance to *The Skanner* at info@theskanner.com

Friday August 2

FLICKS ON THE BRICKS AT PIONEER COURTHOUSE SQUARE. This Friday’s movie will be “The Goonies.” Event Kicks off at 7 p.m. with live entertainment. Movie starts at dusk. Pioneer Courthouse Square.

Saturday August 3

FREE BACK 2 SCHOOL SUPPLIES GIVE AWAY. Be our guest. Games and activities. First come, first serve while supplies last. Children must be accompanied by an adult at all times. 2:30 p.m. Kenton Library, 8226 N. Denver. For more information please call 503-208-0225.

Sunday August 4

MLK DREAM RUN “13.” 5k run/walk, 10k & 15k Geoff Hollister Tribute Race. Registration website: www.mlkdreamrun.org or call 503-546-6412 Location In the Soul District (Inner N/NE Portland)

Tuesday August 6

NATIONAL NIGHT OUT. BUILDING COMMUNITY. Featuring great live music, enjoy local area food, activities for all ages, games, prizes and much more. 4 – 6 p.m. P.C.C. Cascade Campus, 705 N. Killingsworth St.

Thursday – Saturday August 8 – 10

SHOP TIL YOU DROP AT THE PINK ELEPHANT BAZAAR! The annual community sale is put on by The Atkinson Memorial Church members. Preview sale 5 – 8 p.m. Thursday. Sale days 9 a.m. – 4 p.m. Friday and Saturday. Atkinson Memorial Church , 710 Sixth St. Oregon City, OR

Saturday August 10

JC PENNY’S KICKS OFF BACK-TO-SCHOOL IN STYLE. This is a fun filled afternoon for the whole family. Exciting activities also JC PENNY gift card giveaways. Noon - 2 p.m. Clackamas Town Center, 2000 SE 82nd Ave.

HEAVEN TO EARTH FESTIVAL. Westside Vineyard will be hosting the 4th Annual Heaven to Earth Festival featuring ground breaking bands, original music as well as dance and theatre performances. 10:30 a.m. – 9 p.m. Pioneer Courthouse Square.