

## A black and white photograph showing a close-up view of a refrigerated display case. The case is filled with numerous compartments, each containing a different variety of sausages. The sausages vary in shape, size, and texture, some appearing as simple links and others as more complex, twisted or braided forms. Each compartment has a small, white, rectangular label placed in front of the sausages, likely indicating the product name and price. The lighting is bright, highlighting the textures of the sausage casings. The overall arrangement is neat and organized, typical of a grocery store's deli or sausage section.

Modern sausage meat is ground pork, beef or veal. In the USA fat content is legally limited to 30 percent, 35 percent or 50 percent depending on the type of sausage. The USDA defines the content for various sausages and generally prohibits the fillers or extenders used in English cuisine where they add up to 25 percent of bread and starch.

**Merguez** is a red, spicy sausage from Morocco, Algeria, Tunisia and Libya. It is made of lamb, beef, or a mixture of both flavored with a wide range of spices, such as sumac, paprika, Cayenne pepper, or a hot chili paste. It is stuffed into a lamb casing and traditionally eaten grilled with couscous.

Pepperoni and Italian are popular pizza toppings.

- 2      teaspoons olive or vegetable oil
- 1      medium red or yellow onion, cut into 1/2-inch  
thick wedges
- 1      cup chopped red bell pepper

ALL LIMITS ARE PER HOUSEHOLD, PER DAY.  
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