

## NEWS BRIEFS

### Learn How to Be Healthy, Active and Live Well with Diabetes

The American Diabetes Association EXPO is Saturday, May 4 from 9 a.m. - 4 p.m., at the Oregon Convention Center, 777 NE MLK Jr. Blvd., Portland.

Get free health screenings, participate in cooking demonstrations, learn about new products, and get the information you need to better manage and prevent diabetes and its complications.

The Por Tu Familia area, sponsored by Takeda Pharmaceuticals, will feature free health screenings, bilingual diabetes experts, and presentations in Spanish on diabetes management and prevention. Magdalena Valdivieso of Cha Cha Cha! will give a bilingual cooking demonstration on the Healthy Eating stage at 11:30 a.m.

Nearly 26 million children and adults in the U.S. have diabetes including over 343,000 people in Oregon & SW Washington. An additional 79 million in the U.S. are at risk for developing type 2 diabetes (626,204 residents in Oregon & SW Washington). If current trends continue, one in three American adults will have diabetes by 2050.

For more information, call 1-888-DIABETES (1-888-342-2383) or visit [www.diabetes.org/oregonexpo](http://www.diabetes.org/oregonexpo)

### National Association of Letter Carriers Food Drive May 11

Place a bag of nonperishable food donations by your mailbox on the morning of Saturday, May 11, for the National Association of Letter Carriers Food Drive.

This is the one day of the year that everyone has the opportunity - with the help of letter carriers - to easily donate food to help families in need in their community.

The letter carriers food drive benefits the entire Oregon Food Bank Network, serving people who are hungry throughout Oregon plus Clark County, Wash.

In Oregon, more than 4,000 letter carriers in urban and rural areas will join the national effort to pick up food from postal customers.

Look for a yellow, plastic, degradable food drive bag in your mail during the first week of May.

Fill the bag (or any sturdy bag) with nutritious, nonperishable food. The Oregon Food Bank Network will recycle your bag.

Place it by your mailbox early on Saturday, May 11.

All donated food stays in the community where it was collected.

If you miss your letter carrier's visit, May 11, drop off your food donations at any post office by Wednesday, May 15.

For more information, visit [www.oregonfoodbank.org](http://www.oregonfoodbank.org).

## Billie Dee Andrea Pugh, 28, Killed by Drunken Driver

By Helen Silvis  
Of *The Skanner News*

Billie Dee Andrea Pugh, a 28-year-old mother of three, died in East Portland, April 28 at 12:45 a.m. in a car crash that resulted in the arrest of the other car's driver. For the last four years, Billie worked at Interstate Fred Meyer in North Portland. She was attending Portland Community College, studying to become a nurse.

A memorial service and reception will be held at McCoy Academy, 3802 NE Martin Luther King Jr Blvd., from noon to 4 p.m. on Saturday, May 11.

Brandon Pugh, Billie's husband, was driving their car and was injured in the crash. Billie died at the crash scene. Portland police arrested the other car's driver, LaShai Antoinette Williams, 20, on charges of Manslaughter in the Second Degree, Driving Under the Influence of Intoxicants and Reckless Driving. Williams was arraigned Monday.

Brandon Pugh was injured and treated in hospital, then released.

"He's not doing very well," said Bill McCullough, Pugh's father. "But he has a lot of people

around him, helping him."

An off-duty police officer, Sarah Kerwin, was on her way home and witnessed the crash. She told traffic investigators that she saw a beige Buick driving westbound on Southeast Stark without its lights on. She believed the Buick ran a red light and crashed into Brandon Pugh's Mercury Sable, which was turning north onto 122nd Avenue with a green light.

Kerwin arrested Williams, who she told investigators was trying to leave the scene of the crash. Williams failed a field sobriety test and police thought she was under the influence. Since then, acquaintances have told Bill McCullough, Pugh's father, that Williams had been drinking at a Northeast Portland bar before the crash.

Billie Pugh was born Sept. 17, 1984 in San Jose Calif., the daughter of Lora and Bill McCullough. She leaves behind a grieving family: her husband Brandon

Paul Pugh; her three children: Rejani Andrea Potmeyer, 11; Brandon Paul Pugh Jr., 6; Noelle Lora Dee Pugh, 16 months; her parents; her brother Sebastian McCullough, 24; and her sister Angelicia McCullough, 23, along with many friends.



Billie Dee Andrea Pugh

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### COMMUNITY CALENDAR

## PORTLAND 2013

### BULLETIN BOARD

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If you have an event you want to share with the community, email it two weeks in advance to *The Skanner* at [info@theskanner.com](mailto:info@theskanner.com)

#### Thursday May 2

**THE OREGON TRAIL RALLY.** The Oregon Trail Rally is bringing rally cars to Portland's living room. Meet top local, national and international drivers. See their cars, and find out where you can see them in action. 11 a.m. - 1 p.m. Pioneer Courthouse Square.

#### Friday - Sunday May 3 - 5

**29TH ANNUAL CINCO DE MAYO FIESTA.** Enjoy live entertainment, authentic food, rides, family fun

and much more! Adults \$8 13 and older, 6 - 12 and seniors 62 and older \$4, Children under 6 free. Friday hours, 11 a.m. - 10 p.m. Saturday hours 11 a.m. - 11 p.m. Sunday hours 11 a.m. - 11 a.m. Waterfront park downtown Portland.

#### Saturday May 4

**DIABETES EXPO!** The Expo is free and includes health screening, cooking demonstrations, product and service exhibitors as well as experts talking about diabetes. 9 a.m. - 4 p.m. Oregon Convention Center.

#### Sunday May 5

**PINK SUNDAY VANCOUVER WOMEN'S HEALTH & BEAUTY EXPO.** Join us for Pink Sunday. Our second annual spa day which includes a wonderful day of pampering, self care and shopping with local vendors. Donation only \$5 on line or \$7 at the door. Purchase on at <http://fashionistaswappinksgiving.com>. Noon - 6 p.m. Union High School, 5201 NW Friberg. Vancouver, WA

#### Saturday May 11

**URBAN TEEN SUMMIT.** Come experience a hands-on, fun-filled day of cool workshops, thought-provoking discussions and interact with new people. This event is 100 percent free, snacks and lunch are provided and there will be plenty of chances to win awesome prizes. 10 a.m. - 5 p.m. (Registration opens at 9 a.m.) University of Portland, 5000 N. Willamette Blvd.

**IRVINGTON COVENANT CHURCH WILL HOST SHARED.** An oral history of Portland during the 1940s through the 1960s. 6:30 p.m. - 8:30 p.m. 4046 NE Martin Luther King Jr. Blvd. For more info call 503-287-5226

**NEW TALGO TRAIN AND HISTORIC STEAM ENGINE TO BE DISPLAYED ALONG WITH LOTS OF FAMILY FUN.** Family-friendly National Train Day will draw huge crowds to Union Station. 10 a.m. - 4 p.m. Portland's Union Station, 800 NW 6th Ave.

#### Sunday May 12

**THE MIND-BODY FAIR.** The mind-body fair is a great opportunity for mothers and daughters to learn together about keeping their bodies healthy and strong. There will be all kinds of activity booths & a challenge course. 1 - 4 p.m. Laurelhurst Park, SE Portland.