

REAL BIG DEALS EVERY WEEK WITH YOUR CARD

GREAT PRICES on Summer Produce!

**Stock Up**

**2.49** lb Club Price!

**MEAT SALE!**

**Rancher's Reserve® Boneless Beef London Broil Steak**  
Extreme Value Pack. SAVE up to \$2.50 lb.

**Boneless Pork Sirloin Chops**  
Extreme Value Pack. SAVE up to \$2.50 lb.

**Pork Shoulder Country Style Ribs**  
Bone-In. Extreme Value Pack. SAVE up to \$1.50 lb.

**Fresh 80% Lean Ground Beef**  
Not to exceed 20% fat. Or 93% Lean Ground Beef or 90% Lean Ground Sirloin, \$3.99 lb. Extreme Value Pack. SAVE up to \$1.20 lb.

**99¢** Club Price!  
Oven-Joy Breads or Safeway Kitchens Hot Dog or Hamburger Buns. Selected sizes and varieties. SAVE up to 30¢.

**4.99** lb. Club Price!  
Wild Alaskan Cod Filets. Previously frozen. SAVE up to \$4.00 lb.

**1 FREE** Club Price!  
Classic or Barilla Pasta Sauce. 15 to 24-oz. Classics or 24-oz. Barilla. Selected varieties. SAVE up to \$2.99 or 2.

**6.99** lb. Club Price!  
Deli Counter Roast Beef. Regular or Italian. Or Swiss Cheese. \$5.99 lb. SAVE up to \$2.00 lb.

**4.99** lb. Club Price!  
waterfront BISTRO® Cooked Shrimp. 91 to 110-oz. Sold in a 2-lb. bag. Frozen. SAVE up to \$3.00 lb.

**\$6** Club Price!  
Florida's Natural or Safeway SELECT® Orange Juice. 59-oz. Chilled. Selected varieties. Club Price: \$3.99 ea.

**\$10** Club Price!  
Marie Callender's or Healthy Choice Meals. 8 to 16-oz. Selected varieties. Excludes Soups. Club Price: \$2.99 ea.

**1 FREE** Club Price!  
Nabisco Ritz Crackers or Newtons. 8 to 15.5-oz. Selected varieties. SAVE up to \$4.29.

**2.99** Club Price!  
Lucerne® Chunk or Shredded Cheese. 16-oz. Selected varieties.

**9.99** Club Price!  
Safeway Softly Bath Tissue or Thirsty Paper Towels. 24 Double Roll Tissue or 12 Big Roll Towels. Selected varieties. SAVE up to \$1.00.

**1 FREE** Club Price!  
Fritos or Cheetos. 9 to 10.5-oz. Selected varieties.

**Limited Time Only!**

**\$5** Meal Deal with Card  
Includes 20¢ off any club business items.

**New Pulled Pork Sandwich**  
\*Offer valid only with purchase of Signature Cafe® Pulled Pork Sandwich



**1.28** lb. Club Price!  
Red or Green Seedless Grapes. SAVE up to 7¢ lb.



**1.99** ea.  
1-lb. Strawberries



**1.49** lb. Club Price!  
Hot House Tomatoes. SAVE up to 8¢ lb.



**99¢** Club Price!  
Fresh Express Salads. 8 to 16-oz. packages. Selected varieties. SAVE up to \$1.30 ea.

# Food

## EMO

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include farmer tables (farmer sells produce before or after a service), community supported agriculture and a wholesale buying club. Through these partnerships IFFP strives to increase access to healthy, affordable produce for everyone. Some of the ways that IFFP works towards this is by encouraging the farmers we work with to apply for an EBT machine to be able to accept SNAP (formerly food stamps), WIC (Women Infant and Children) checks, and senior's coupons. We also encourage congregations to think up ways to buy extra produce for a food pantry or community meal or offer a CSA share to a low-income family at a reduced rate. Along with supporting low-income families, these partnerships also provide a relatively low-risk opportunity for farmers who face the challenges of starting up a new business and/or language barriers, to gain a new market and build relationships with a caring customer base.

**TSN:** How many people are you working to impact with this project? And is there a way that the different communities ever come together within the program?

**EMO:** This year we are facilitating farmer tables with five congregations within the Portland Metro Area, along with a buying club at a congregation in north Portland. We encourage each of the congregations participating to also get the word out to their surrounding community. The congregations participating vary in size from a hundred members to over a thousand members. We hope to create a space where the surrounding community and congregation members can come together, making the farm to congregation partnerships a source of healthy food as well as connection. In the past we have held a year end get together for all the participating congregations and farmers to meet each other and celebrate the season. We also organize field trips to visit with our farmers and learn about their farms and farming practices.

**TSN:** The EMO has for many years organized unique service programs that connect communities of varying faiths. Is there a way that diet, wellness and faith go together?

**EMO:** IFFP strives to promote the connection between food and faith. From eating nutritious food to keep our bodies-temple of the Divine- healthy to making informed decisions to support farming practices that keep our land and water healthy, faith and food go hand in hand. As people of faith we are also taught to care for the most vulnerable among us. Working to ensure that everyone has access to affordable, healthy, locally and sustainably grown food while at the same time ensuring farmers are able to make a living wage is one of the ways we can do this. We better serve our Creator when we are healthy, and our faith centers make it more possible for members and neighbors to live a healthy life.

**TSN:** How can The Skanner News readers support your

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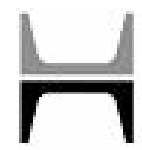
### SUB-BIDS REQUESTED

#### Tacoma Water Green River Filtration Facility Project

Bid Package #10: Screw Presses (Purchase Equipment Only)

Prebid Meeting and Site Visit: July 19, 2012 at 11:00am

Bids Due: July 31, 2012 at 2:00pm



**HOFFMAN CONSTRUCTION COMPANY OF WASHINGTON**

Bid Phone: (206) 286-6697  
Fax: (206) 286-7523

1505 Westlake Ave N, Suite 500  
Seattle, WA 98109  
LIC # HOFFMCC164NC

We are an equal opportunity employer and request sub bids from all interested firms including disadvantaged, minority, women, disabled veterans and emerging small business enterprises.

Other Subcontracting Opportunities - Internet <http://www.hoffmancorp.com>

**JULY** 25 26 27 28 29 30 31  
WED THUR FRI SAT SUN MON TUE

Prices on this page are effective Wednesday, July 25 thru Tuesday, July 31, 2012. ALL LIMITS ARE PER HOUSEHOLD, PER DAY. Selection varies by store.

Prices in this ad are effective 6 AM Wednesday, July 25 thru Tuesday, July 31, 2012 in all Safeway stores in Oregon (except Milken-Freezer) and S.W. Washington stores serving Vancouver, Coquitlam, Clark, Skamania and Klickitat Counties. Items offered for sale are not available to other dealers or wholesalers. Sales of products containing acetaminophen, pseudoephedrine or phenylephrine are limited by law. Quantity rights reserved. SOME ADVERTISING ITEMS MAY NOT BE AVAILABLE IN ALL STORES. Some advertised prices may be even lower in some stores. On Buy One, Get One Free ("BOGO") offers, customer must purchase the first item to receive the second item free. BOGO offers are not 1-2 price sales. If only a single item purchased, the regular price applies. Manufacturers' coupons may be used on purchased items only --- not on free items. Limit one coupon per purchased item. Customer will be responsible for tax and deposits as required by law on the purchased and free items. No liquor sales in excess of .52 gallons. No liquor sales for resale. Liquor sales at licensed Safeway stores only. © 2012 Safeway Inc. Availability of items may vary by store. Online and in store prices, discounts and offers may differ.