

# HONORING DR. MARTIN LUTHER KING, JR.

## Advocate

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**Ordway Tyler, pre-med student at PCC Cascade**

“Will nonviolence work? No. No-one wants to listen. I want world peace, but it’s not going to happen. There are too many forces beyond our control that don’t want the wars to end. So we can’t make change, but we can try. If there wasn’t as much violence, and if people didn’t get as mad – if people could spend as much time being happy as they do being mad, we would have a very different world. We have to change ourselves before we can change the world.”



**Teresa Raiford, candidate for Portland City Council**

“Nonviolence is a very good way to go about social change, because we don’t want people getting hurt when they are fighting for their rights. But you have to use nonviolence with a plan and with knowledge. I talked to some people from the Occupy movement who didn’t know their rights. So they were upset when police used batons or pepper spray, but they didn’t know how to file a complaint. They didn’t know that there is an Independent Police Review and a Citizens Review Committee. They didn’t know to ask for a badge number and that it is illegal to hide it.”

“When you have knowledge you can fight a lot of battles without getting physical.”



**Rosa Epenrosa, student at Portland Opportunities Industrialization Center**

“Yes, I do believe in nonviolence. I personally might protest and use nonviolent protest. There’s no need for violence. We do need change. Gang violence is the thing I am most concerned about right now. We need to change the community and the people around us. I think if we talk to people in gangs it will help. If we listen and get where they are coming from then we can help them.”



**Dylan Muldrew, musician**

“I’m a churchgoer, but I don’t do that ‘turn the other cheek’ thing. There has to be a time when you are getting beaten on and hit, that you fight back. There is still power in nonviolence as long as it stays non-violent. But you can be part of the movement in so many ways. You don’t have to get beaten up.”



Donn Spight, M.D., director of the OHSU VirtuOHSU Program, shares his knowledge with MedStars students who were visiting OHSU from around the state. MedStars, a collaboration between OHSU and Area Health Education Centers, encourages youths interested in careers in health and science to further their education in those fields.

**Along with our community partners, OHSU health care providers, teachers and researchers:**

- Provide care to the underserved.
- Deliver education that extends the reach of health care.
- Engage in research that is vital to public and community health.
- Ensure access to the latest in medical advances.

OHSU relies on its associations with individuals and organizations around the region. The connections we share allow us all to achieve together what none of us could do alone.

**That’s the OHSU Effect.**

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