

SAFEWAY

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Pharmacy

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Visit www.safeway.com/pharmacy to find a Pharmacy near you.
*Age restrictions apply. See Pharmacy for details.

AND GET
10% OFF GROCERIES

REWARD POINTS
Gift Cards Earn **4x**
Gas Reward Points
Limited time

BREAKFAST SAVINGS!
Save Big on Breakfast Favorites

Safeway Kitchens
Silly Circles
12.2-oz. or Cocoa Nuggets
\$1.6-oz. Cereal
SAVE up to \$2.00
149
Club Price

299
Club Price
Safeway Hickory Smoked
Thick Sliced Bacon
Sold in a 3-lb. package, \$3.37 ea.

SAFEMART COUPON Valid 10/19 thru 10/25/11

79¢
OvenJoy Bread
22-oz. White or Wheat
www.safeway.com
www.safeway.com

SAFEMART COUPON Valid 10/19 thru 10/25/11

Limit 2
299
Tropicana Pure
Premium or
Trop50 Juice
75-oz. Canned,
Selected varieties
www.safeway.com

SAFEMART COUPON Valid 10/19 thru 10/25/11

Limit 4
249
Pillsbury Frozen
Breakfast
7.4 to 25.7-oz.
Selected varieties
www.safeway.com

SAFEMART COUPON Valid 10/19 thru 10/25/11

GET ALL THIS FOR **\$24.99***
3 One DVD Combo Pack
3 One DVD Combo Pack
Kettle Brand
Peanut Butter
Peanut Butter
Peanut Butter
Other Valid 10/20/11 - 10/25/11

Stock Up
249
lb
Club Price
MEAT SALE!

Boneless Pork Top Loin Chops
Center Cut, Extreme Value Pack.
SAVE up to \$3.50 lb.

Rancher's Reserve® Boneless Beef Petite Sirloin Steak
Extreme Value Pack.
SAVE up to \$4.50 lb.

Eating Right® Boneless Skinless Chicken Breasts
Or Tenders, Thin Sliced or Thighs.
SAVE up to \$2.50 lb.

Pork Shoulder Blade Steak
Bone-In, Extreme Value Pack.
SAVE up to \$1.50 lb.

499
lb
Club Price
Wild Alaskan Cod Fillets
Previously frozen.
SAVE up to \$3.00 lb.

99¢
lb
Club Price
Tomatoes on the Vine
SAVE up to \$1.00 lb.
Or Tomatillos, 99¢ lb.

549
lb
Club Price
Signature Cafe®
Chicken Tenders
SAVE up to \$2.00 lb.

10 \$10
Club Price
Hass Avocados
Club Price: \$1.00 ea.
SAVE up to \$2.50 on 10

177
ea
Club Price
10-lb. Bag
Russet Potatoes
SAVE up to \$1.02 ea.

269
Club Price
Pantry Essentials
or Dairy Glen Milk
Cotton, 2%, 1%
or Fat Free

499
Club Price
Lucerne® Shredded
or Chunk Cheese
23-oz. Medium only.
SAVE up to 50¢

5 \$10
Club Price
Marie Callender's or
Healthy Choice Meals
12 to 15-oz. Selected varieties. Excludes Soups.
Club Price: \$2.00 ea. SAVE up to \$1.00 ea.

4 \$5
Club Price
Ragu® Pasta Sauce
16 to 24-oz. Selected varieties.
Club Price: \$1.25 ea.
SAVE up to \$2.36 on 4

299
Club Price
refresha™ Water
24-pack, 16.9-oz.
Plus deposit in Oregon.
SAVE up to 60¢

599
Club Price
Safeway Softly Bath Tissue
or Thirsty Paper Towels
19 Bright or Tropicana, 3 x 12 Roll
These are 4 x 12 Roll Tissues. Selected varieties.

BUY 2 GET 2 FREE
EQUAL OR LESSER VALUE
12-Pack Coca-Cola
12-oz. Cans
Selected varieties

PLUS GET 1 FREE
Nabisco Chips Ahoy! Cookies
9.5 to 15.25-oz. Selected varieties.

Briefs

Wellness Village Moves to Ambridge Center

The African American Health Coalition's 16th Annual Wellness Village has a new home and a new look. This year, the Wellness Village will be held from 8:30 a.m. to 3 p.m. at the Ambridge Events Center, 1333 NE MLK Jr. Blvd Portland.

You'll find the same amazing volunteer health experts, to take your blood pressure, measure your cholesterol and give you the best information and testing available. Sure you can still get flu shots and diabetes tests, and learn about everything from acupuncture to vision problems. But you'll also find some great new games and activities that offer fun for the whole family. Seniors will find special information designed to support wellness in the silver years.

Watch a fashion show featuring great designs with the African American woman in mind. Shake your booty with a zumba dance lesson.

All-age activities include: face painting; arts and crafts; Minute to Win It!; PlayStation Kinect; a Domino competition; Bingo; the Price is Right; a hair, fashion and makeup show; and tasty cooking demos and tastings.

Free Dental Care Nov. 21, 22

Mark your calendar, if you need free dental care. The Oregon Dental Association will host their second annual Mission of Mercy event starting at 6 a.m. Monday and Tuesday, Nov. 21 and 22 at the Oregon Convention Center. Mission of Mercy is a dental clinic with portable dental stations set up in a large public arena. Dental screenings and services are provided on a first-come, first-served basis, at no charge to those who attend. Hundreds of dentists, dental hygienists, dental assistants, dental lab technicians and an array of volunteers offer their time and skills at no charge to provide these free dental services.

Portland Financial Planning Day

If you are ready to get your finances in order you might want to check out Portland Financial Planning Day. Organized by the mayor's office the event is an opportunity to get free, unbiased financial planning advice. Dozens of Portland area Financial Planners have volunteered to offer free one-on-one counseling and seminars on budgeting, income taxes, investment strategies, mortgages, foreclosures, retirement planning, and more.

Workshops throughout the day will focus on financing college; retirement and surviving job loss.

All advice will be offered on a "no strings attached" basis and planners will not give out business cards or sell financial products or services.

Check out Portland Financial Planning Day from 10 a.m. to 4 p.m., Saturday, Oct. 22, at the Portland Building, Second Floor, 1120 SW 5th Ave., Portland. Advance registration is available online at www.FinancialPlanningDays.org/Portland, or by calling toll free at 877-861-7826. Walk-ins are welcome but registration will secure you a spot.

You're Invited to Jesuit High School's OPEN HOUSE
Sunday, October 23 ~ 1-4 pm



All interested families are invited!
JESUIT
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Portland, OR 97225 • 503-291-5423
www.jesuitportland.org/admissions

Caldwell's, Hennessey, Goetsch & McGee Funeral Home



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Prices on this page are effective **Wednesday, October 19 thru Tuesday, October 25, 2011.**
ALL LIMITS ARE PER HOUSEHOLD, PER DAY.
Selection varies by store.

Prices in this ad are effective 6 AM Wednesday, October 19 thru Sunday, October 23, 2011 in all Safeway stores in Oregon (except Milken Transcenter) and 5 WA Washington stores serving Walla Walla, Grapple, Clark, Skamania and Wasco Counties. Some offers for sale are not available to other markets or wholesalers. Sales of products containing refrigerants, propellants or greenhouse gases limited by law. Quantity restrictions apply. SOME ADVERTISING OFFERS MAY NOT BE AVAILABLE IN ALL STORES. Some advertised prices may be even lower in some stores. On Buy One, Get One Free, "BOGO" offers, customer must purchase the first item to receive the second item free. BOGO offers are not 100% price based. If only a single item purchased, the regular price applies. Manufacturer's coupons may be used on purchased items only - not on free items. Limit one coupon per purchased item. Customer will be responsible for tax and deposits as required by law on the purchased and free items. No liquor sales in excess of .50 gallons. No liquor sales to minors. Liquor sales at licensed Safeway stores only. © 2011 Safeway Inc. Availability of items may vary by store. Online and in-store prices, discounts and offers may differ.