

Event Oct. 1 Will Benefit the MIKE Program

The MIKE program, which works with teens to promote wellness through healthy lifestyle choices, will host a benefit dinner and auction next Saturday, Oct. 1 at the Melody Ballroom. The nonprofit is raising funds to expand its outreach to local multicultural youth.

Minority groups, especially African Americans, Latino and Native Americans, are at greater risk of developing high blood pressure, diabetes and obesity, which are the leading causes of kidney failure. Randall Jenkins, a children's kidney specialist, says we are now facing epidemic levels of kidney failure, especially for minorities. But up to 75 percent of kidney failure can be prevented with proper eating, exercise and access to appropriate health care. However, lack of health insurance, and the rising cost of health care can hamper prevention efforts.

MIKE, (Multicultural Integrated Kidney Education Program), brings mentors, many of them health professions' students, into classrooms to raise awareness among young people. Together, they develop young leaders who take charge of their own health, and also work on health leadership projects that benefit their families and community.

Local youth most at risk of developing such conditions are already facing other social and economic challenges. MIKE

Program partners with several local high schools, including De La Salle North Catholic High School and Rosemary Anderson High School/POIC, to help provide youth with the skills and knowledge to become health activists

Obo Addy and his band, Okrapong will headline Saturday's event, which also features Olympic runner Julius Achon, and the television host of "Cita con Nelly," Nelly Rodriguez.

Now in its seventh year, the annual MIKE Program event brings local leaders and volunteers together for an evening of global music and food, with silent and live auctions. Auction items include signed Trailblazers and Portland Timbers memorabilia, week-long stays at vacation homes on the coast and in the mountains, chances to win Greg Bell's inspiring new book, "Water the Bamboo," and an array of cultural baskets and dozens of other items.

What: The 7th Annual Autumn Evening: Kaleidoscope Benefit Dinner and Auction Where: Melody Ballroom,

When: Saturday, October 1, 2011.

Doors open at 6:00pm.

Cost: \$50 admission; \$60 at the door.

For more information, call 503-296-7705 or go online at www.mikeprogram.org.

'Mama Lizzie,' 100, Church of Christ Pioneer

Services for Hannah Elizabeth Joshua, affectionately known to her family as Mama Lizzie and Mother Joshua to the church, were Wednesday, Sept. 21, at Maranatha Church.

She was born on Sept. 11, 1911, in Lake, Miss., to Winifred and Hannah Morris. Both preceded her in death. She was preceded in death also by her late husband Willie Joshua.

Mama Lizzie moved to Portland in 1945 to work in the shipyard. After a brief tenure, she returned to Canton, Miss., to reside with her family. In 1955 she returned to Portland, and decided to make Portland her home. Mama Lizzie performed domestic work in addition to being a beautician, caterer, cook, and seamstress.

She was a member at Zion Hill Church of God in Christ under the leadership of the late Bishop W.L. McKinney.

She was also a member of Gethsemane Church of God in Christ under the leadership of Pastor Menefee, and New Life Church of God in Christ, under the leadership of Pastor Donald D. Bilbrew (grandson) and Brighter Day Church of God In Christ under the leadership of Pastor Johnny Taylor. In her later years, she was under the covering of Cornerstone Community Church of God in Christ, Supt. B.E. Johnson.

Mama Lizzie was known for her ability to "burn" in the kitchen. Whenever she cooked the food would go quick because it was so delicious. She was responsible for assisting many Church Pastors with financial resources to help pay for Church buildings, Pastoral Anniversaries, various Jurisdictional events, and Church fundraisers. Some of the most requested food items



from her family were chitterlings, fried chicken dinners, turkey & dressing, breakfast meals, white coconut cake, lemon meringue pie and her mouth-watering sweet potato pie. The all-time favorite family desert was her homemade ice cream.

Mama Lizzie was a confidant to many individuals in the Church. She advised, taught, counseled, consoled, commiserated, shed tears, and experienced great joy with the saints of old, many

who have preceded her in death. She carried many confidential matters in her heart and interceded in prayer for the saints day and night – she was a prayer warrior from the bottom of her heart and depths of her soul. Trustworthy, standard-bearer, holy, righteous, uncompromising, and saintly is just a few words to describe her character and demeanor. Mama Lizzie was known for telling it like it is! She did not mince words and you knew where she stood on every issue and she did not waiver but stood firm – her yea was yea and her nay was nay. Mama Lizzie was a revered Churchwoman who will go down in history as a great pioneer in the Church of God in Christ.

Mama Lizzie leaves to cherish her memories: her only child-her daughter, Rosie Lee Holmes, nine grand-children: Jacqueline Nichols, Elizabeth Fae Richard, Mercedes Mazique (George), Donald D. Bilbrew, Darnell Bilbrew, Valarie Berry (James), Valora Mason, Toni Booker (Michael), and Terri Tinnon (Andrew), thirty-three great-grand children, forty-seven great great grandchildren and many nieces, nephews, God-children, family and friends. Please go to www.terryfamilyfuneralhome.com to sign the guestbook.

DANIEL CRAIG NAOMI WATTS RACHEL WEISZ

ONCE UPON A TIME THERE WERE TWO LITTLE GIRLS WHO LIVED IN A HOUSE.

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STARTS FRIDAY, SEPTEMBER 30
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