

## Planning – An Essential Part of Family Life

If you're an average woman, you want two children, according to various surveys. That means you'll spend about five years of your life trying to become pregnant, being pregnant or recovering from pregnancy, and 30 years trying to avoid it.

You can do that thanks to the June 1965 landmark Supreme Court decision *Griswold v. Connecticut*, which affirmed the right of married couples to use contraceptives -- and more importantly, recognized an individual's right to privacy in family planning matters. Universal usage and acceptance of contraceptives followed, transforming the lives of millions of Americans.

The *Griswold* case was a catalyst for our national family planning program -- Title X of the Public Health Service Act -- the only dedicated source of federal

### NFP & RHA ASSOC

Clare Coleman

funding for family planning services. Created in 1970, Title X provides access to family planning for all, without regard to economic circumstances.

Today, contraceptives are an important part of family life in America -- so much so that 98 percent of us have used birth control at some point in our lives, and we mostly take it for granted.

We shouldn't. During the recent battle in Congress over funding the government, the House of Representatives voted to eliminate Title X. Opponents of family planning used a mixture of misinformation and innuendo to entangle family planning in their anti-abortion war, ignoring the fact that

Title X saves the government some \$3.4 billion every year by preventing unintended pregnancies, nearly half of which would likely have ended in abortion. The Senate saved the program, but another attempt to kill Title X is certain this year. When it comes, Americans must recognize that access to basic primary and preventive care is being threatened.

Title X funds 4,500 nonprofit and government-run sites nationwide: most are county and local health departments. The rest are hospitals, family planning councils and other private nonprofit agencies. These agencies are required to provide preventive and primary health care services including pelvic exams and Pap tests; pregnancy testing; screening for high blood pressure, anemia, diabetes and cervical and breast cancer, and for sexually transmitted

infections including HIV; basic infertility services; health education; and referrals for other health and social services -- as well as contraceptives and counseling about them.

These are the facts of life: According to new Guttmacher Institute research, unintended pregnancy costs U.S. taxpayers approximately \$11 billion a year. Without publicly funded family planning services, these costs would be 60 percent higher. In 2008, services at Title X centers helped prevent 973,000 unintended pregnancies that would likely have resulted in 432,600 births and 406,200 abortions. The centers also performed 2.2 million Pap tests, 5.9 million STI tests and a million confidential HIV tests in 2009 alone.

Seventeen million people need some assistance in order to get this

important care, but today, Title X is funded to cover just over five million of those in need. There are always more patients than subsidies. Seventy percent of the individuals seen at Title X-funded health centers have incomes at or below the federal poverty level -- meaning they earn less than \$10,830 per year. Many of them are working young adults, living paycheck to paycheck. They count down the days until they get paid and are just one unexpected problem from disaster -- if the car engine light comes on; the child-care center raises its fees; or their hours are cut.

Six in ten women who get care from Title X consider it their usual source of health care ...

Read the rest online at [www.theskanner.com](http://www.theskanner.com)



### BUS OPERATOR

**\$17.76/hr up to one month (30 days) training**  
**Salary: \$20.64 - \$26.38/hr (plus benefits)**

The City of Everett is accepting applications for the Civil Service examination for Bus Operator. Must be 21 years of age on or before 6/9/11. For application materials contact: HR Dept., 2930 Wetmore Ave, Suite 5A, Everett, WA 98201; (425) 257-8768 or [www.ci.everett.wa.us](http://www.ci.everett.wa.us). Applications must be received by **5:00 PM, 6/9/11**. EOE

6-1-11

### REQUEST FOR PROPOSALS 1891

#### METRO PLANNING DEPARTMENT Regional Travel Options Planning and Policy Study

##### INTRO

The Planning Department of Metro, a metropolitan service district organized under the laws of the State of Oregon and the Metro Charter, located at 600 NE Grand Avenue, Portland, OR 97232-2736, is hereby requesting sealed proposals for a Regional Travel Options Planning and Policy Study.

##### DEADLINE, NAME AND TITLE OF PERSON DESIGNATED FOR RECEIPT OF BIDS

Sealed proposals are due no later than end of business June 17, 2011 in Metro's business offices at 600 NE Grand Avenue, Portland, OR 97232-2736, Attention: Julie Hoffman, Procurement Analyst, RFP 11-1891.

##### BRIEF DESCRIPTION OF THE WORK

The selected consultant shall conduct a stakeholder process and use input and expertise to update the Regional Travel Options (RTO) Strategic Plan. As part of the Plan, the consultant will recommend updates to the current public-private partnership policy for Transportation Management Associations. The consultant will evaluate all RTO-funded programs and projects from January 2009 to present.

##### WHERE TO FIND DOCUMENTS

Request for Proposal documents can be viewed and downloaded at Metro's website <http://www.oregonmetro.gov>, click on "Doing Business With" then "Requests for Bids and Proposal."

Metro may accept or reject any or all proposals, in whole or in part, or waive irregularities not affecting substantial rights if such action is deemed in the public interest.

Metro extends equal opportunity to all persons and specifically encourages minority, women-owned and emerging small businesses to access and participate in this and all Metro projects, programs and services.

Metro and its contractors will not discriminate against any person(s), employee or applicant for employment based on race, creed, color, national origin, sex, sexual orientation, age, religion, physical handicap, political affiliation or marital status. Metro fully complies with Title VI of the Civil Rights Act of 1964 and related statutes and regulations in all programs and activities. For more information, or to obtain a Title VI Complaint Form, see [www.oregonmetro.gov](http://www.oregonmetro.gov).

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### MEETINGS AND CONVENTION ASSISTANT

Travel Portland is currently accepting applications for Meetings and Convention Assistant.

Application packets are available online at [www.travelportland.com](http://www.travelportland.com), Click on *About Us*.

Travel Portland is an equal opportunity employer

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## SUB BIDS REQUESTED

### Wastewater System Improvements Phase II Project In Gold Beach, Oregon

**Bid opening is June 16, 2011 at 2:00 p.m. Local Time**

Stanek Constructors, Inc. is soliciting bids from qualified MBE/WBE/SBE/DBE firms. Scopes of work include but are not limited to: demolition, earthwork, automatic gate entrance system, asphalt concrete pavement, curbs and sidewalks, gravel surfacing, manholes, precast trench drain system, chain link fence, landscaping, concrete, reinforcing steel, miscellaneous metals, glue laminated beams, fabricated wood trusses, insulation, metal roofing, composite siding, steel doors and frames, roll up doors, sectional doors, framing, gypsum board, coatings, slide gates, vortex grit removal equipment, odor control system, air diffusion equipment, pumps, ultraviolet disinfection system, portable hoist, steel, ductile, stainless and plastic pipe, valves and fittings, electrical and instrumentation.



**STANEK CONSTRUCTORS, INC.**

Phone 303-980-8233  
Fax 303-980-8145

651 Corporate Circle, Suite 200  
Golden, CO 80401

100% performance bonds are required on all items over \$100,000. Bonds may be required on lesser amounts. For assistance with bonding, credit, insurance or certification guidance contact Bob Thode at 303-980-8233.

For technical assistance or to view plans contact estimating at 303-980-8233. Quotes and scope must be received prior to bid time at our Colorado office.

Stanek Constructors, Inc. intends to conduct negotiations in good faith with SBE/DBE/MBE/WBE subcontracting and supplier firms for participation on this project.

Stanek Constructors, Inc. is an equal opportunity affirmative action employer. Minorities, women, disabled and veterans are encouraged to apply for available openings.

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### HIV PREVENTION SPECIALIST COORDINATOR

Cascade AIDS Project (CAP), the oldest and largest provider of HIV prevention, education, housing, advocacy and support services in Oregon and Southwest Washington, is seeking a HIV Prevention Specialist Coordinator to conduct HIV counseling/testing and the prevention intervention RESPECT. Please visit [www.cascadeaids.org/employment](http://www.cascadeaids.org/employment) for complete posting.

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### Job Opportunities

We are seeking qualified candidates to be part of our dynamic public service organization.

**OFFICE ASSISTANT I-INTERVIEW SCHEDULER**  
\$12.66 – \$16.16 /Hr

Job information, applications and benefits information are available from:

Clark County  
Human Resources  
1300 Franklin St, 5th Flr  
Vancouver WA

Apply On-line @ [www.clark.wa.gov](http://www.clark.wa.gov)

Job Info Line:  
(360) 397-6018  
Relay (800) 833-6384

Equal Opportunity Employer

## SUB BIDS REQUESTED

### City of Gold Beach

### Wastewater System Improvements Phase II

Bids Date: June 16, 2011 @ 2:00 PM  
Subcontract Bids required by June 15, 2011



**LASKEY-CLIFTON CORPORATION**

Post Office Box 50  
Reedsport, Oregon 97467  
PH (541) 271-2213  
CCB# 68659

Please fax or email quotes:  
Fax (541) 271-4401

or email to [estimating@laskey-clifton.com](mailto:estimating@laskey-clifton.com)  
Questions please phone (541) 271-2213

Plans and spec available at major plan centers or from The Dyer Partnership Engineers & Planners, Inc. (541) 269-0732

We are an equal opportunity employer and request sub bids from all interested firms including disadvantaged, minority, women, and disabled veterans and emerging small business enterprises.

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