

SAFEWAY

Ingredients for life.

simple nutrition.

Look for our green tags while you shop!



Rancher's Reserve
TENDER BEEF

2.29
lb
Club Price

Rancher's Reserve® Beef 7-Bone Pot Roast
Bone-In. Or Steak Extreme Value Pack, \$2.99 lb. SAVE up to \$1.00 lb.

ENJOY with
BLACKSTONE
Steak

See Weekly Ad

2.99
lb
Club Price

Boneless Pork Top Loin Chops
Or Boneless Sirloin Chops, \$2.29 lb. Extreme Value Pack. SAVE up to \$3.00 lb.

2.49
lb
Club Price

80% Lean Ground Beef
Or 85% Lean, \$2.99 lb. Extreme Value Pack. SAVE up to \$1.00 lb.

5.99
lb
Club Price

Alaskan Cod Fillets
Previously frozen. SAVE up to \$2.00 lb.

1.28
lb
Club Price

Green Seedless Grapes
SAVE up to \$1.71 lb.

5.99
Club Price

Signature Cafe® Family Meals
20.3 to 28.5-oz. Selected varieties. In the Club. SAVE up to \$3.00 ea.

2 for \$5
Club Price

Fresh Express Complete Salads
7.25 to 13.8-oz. Selected varieties. Club Price: \$2.50 ea. SAVE up to \$2.30 on 2.

99¢
Club Price

1-lb. Bag Eating Right® Baby Peeled Carrots
SAVE up to \$1.00 ea.

3 BUY 2 or 3 FREE
Club Price

12-Pack Pepsi or 7-UP
12-oz. cans. Selected varieties. Plus deposit in Oregon. SAVE up to \$20.97 on 3.

88¢
Club Price

Pillsbury Cake or Traditional Brownie Mix
18.25 to 19.3-oz. Selected varieties. SAVE up to \$1.60.

8.99
Club Price

Safeway Advanced Detergent
100-oz. 2X Liquid. Selected varieties. SAVE up to \$2.00.

5 for \$10
Club Price

Lean Cuisine Meals
5 to 11.5-oz. Club Price: \$2.00 ea. Or Shouffer's Meals 8 to 12.625-oz. 4 for \$10. Selected varieties.

2 for \$5
Club Price

Nabisco Ritz Crackers or Newtons Cookies
8 to 16-oz. Selected varieties. Club Price: \$1.50 ea. SAVE up to \$1.00 on 2.

4.99
Club Price

Safeway Softly Bath Tissue or Thirsty Paper Towels
8 or 12-Roll Toilet or 8 to 8-Roll Towels. Selected varieties. SAVE up to \$2.50.

12-Pack Widmer, Deschutes, Bridgeport, New Belgium, Alaskan or Sierra Nevada
12-oz. bottles. Selected varieties. Plus deposit in Oregon. SAVE up to \$6.30.

11.99
Club Price

CRAFT BEERS GREAT PRICES

your groceries, your choices, your schedule... delivered!

FREE Delivery On First Order!

Go to **SAFEWAY.com**

4 DAY SALE
FRIDAY THRU MONDAY!
March 25-28

4 Days Only!
Friday thru Monday

Jennie-O Turkey Stars Legs Ground Turkey
20-oz. 100% Turkey. SAVE up to \$1.00 lb.

BUY 1 GET 1 FREE
Club Price

4 Days Only!
Friday thru Monday

Starbucks Coffee
11.25-oz. Selected varieties. SAVE up to \$1.00.

6.99
Club Price

4 Days Only!
Friday thru Monday

Navel Oranges
10-lb. 3/4 bushel. SAVE up to \$1.00.

68¢
lb
Club Price

4 Days Only!
Friday thru Monday

Doritos
New! Nacho Queso Pasa.

3 for \$5
Club Price

Doritos Tortilla Chips
11.25-oz. Selected varieties. Club Price: \$1.67 ea. SAVE up to \$1.00 on 2.

4 Days Only!
Friday thru Monday

Prime Taylor's Cheddar
4-oz. Brick or Promenade Cheese. SAVE up to \$1.00.

5.99
lb
Club Price

4 Days Only!
Friday thru Monday

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5.99
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Club Price

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5.99
lb
Club Price

Food

Save Money on Family Dinners

Cooking on a budget doesn't have to mean eating food you don't like. With the right approach, it is possible to put great meals on the family dinner table without busting the budget.

After you've scoured the weekly grocery ads for sales and coupons, try some of these money-saving strategies and recipes:

Tossing out leftovers is like tossing out money. Turn last night's pasta into today's pasta salad; or combine leftover potatoes, chicken and vegetables for a simple and savory pot pie. There are plenty of creative ways you can reinvent leftovers and save money, while providing your family with a tasty meal that will bring everyone together at the dinner table.

Add flavor and protein with budget-saving ground meat. Ground sausage, chicken, turkey or beef are great to buy in bulk. You can divide your purchase up into one pound portions and freeze them so you can use them as you please.

Reuben Casserole

The classic flavors of a Reuben sandwich - corned beef, sauerkraut, Swiss cheese - baked in a casserole.

Prep time: 15 minutes
Cook time: 20 minutes
Makes 6 servings

- 1 24-ounce package Mashed Potatoes
- 2 eggs
- 1/4 cup milk
- 1/3 pound thickly sliced corned beef cut into 1/2 inch pieces
- 1 14-ounce can sauerkraut, drained
- 1 tablespoon spicy brown mustard
- 1 cup shredded Swiss cheese, divided

Preheat oven to 400°F. In large bowl, stir together potatoes, eggs and milk until well combined. Stir in corned beef, sauerkraut and mustard. Set aside 2 tablespoons cheese. Stir in remaining cheese into potato mixture. Pour into a greased 8 x 8-inch oval baking pan. Top with 2 tablespoons cheese. Bake 15-20 minutes or until top is golden.

See FOOD on page 9

Dr. Heller

GATEWAY WOMEN'S CLINIC

For all your obstetric and gynecology needs

177 N.E. 102nd Avenue
Portland, Oregon 97220
Office 503-254-1399
Toll Free 800-652-1399
Fax 503-256-1340

www.gatewaywomensclinic.com

Robert D. Dyson, M.D., Ph.D., FACOG
Dana J. Levin, M.D., FACOG
Aimee S. Ahmed, M.D., MPH, FACOG
Kimberly M. Heller, D.O., FACOG
Clae Caldwell, D.O., JFACOG
Jennine M. Verhulst, DO, FACOG
Natalia Korneeva, MD, JFACOG
Karen M. Rash-Gimes, C.N.M.

ATTENTION

The 30% Subsidized waitlist at Station Place Tower Apartments is now open.

Please check our website at www.reachcdc.org to review the Application Criteria and to download a waitlist pre-application.

Income restrictions apply. Please note that all applications will be processed in the order the applicant is listed on the waitlist.



This building is managed by REACH CDC.
Equal Housing Opportunity

3-23-11

Caldwell's, Hennessey, Goetsch & McGee Funeral Home



Von D. Bailey
Funeral Director
20 NE 14th Avenue
Portland, OR 97232
503-232-4111

Fax 503-231-1586
von.bailey@sci-us.com



MARCH 23 24 25 26 27 28 29
WED THUR FRI SAT SUN MON TUE

Prices on this page are effective Wednesday, March 23 thru Tuesday, March 29, 2011. ALL LIMITS ARE PER HOUSEHOLD, PER DAY. Selection varies by store.

ALL LIMITS ARE PER HOUSEHOLD, PER DAY.
Prices in this ad are effective 8 AM Wednesday, March 23 thru Tuesday, March 29, 2011 in all Safeway stores in Oregon (except Milken Freezer) and S.W. Washington stores serving Washington, Clatsop, Clark, Skamania and Multnomah Counties. Items offered for sale are not available to other dealers or wholesalers. Sales of products containing alcoholic beverages, tobacco and/or controlled substances limited by law. Quantity rights reserved. SCAN, ADVERTISING (11)MS, BMY, NCC, DE, AD, JAB, L, BY ALL, 270002. Some advertised prices may be even lower in some stores. On this day, Get One Free (BOGO) offers, customer must purchase the first item to receive the second item free. BOGO offers are not 1:1 price sales. If only a single item purchased, the regular price applies. Manufacturers' coupons may be used on purchased items only - not on free items. Limit one coupon per purchased item. Customer will be responsible for tax and deposits as required by law on the purchased and free items. No liquor sales in excess of 52 gallons. No liquor sales for resale. Liquor sales at licensed Safeway stores only. © 2011 Safeway Inc. Availability of items may vary by store.

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