

Market Basket

By Lane Extension Service
EGGS: There's a bonanza of egg treats! And they are one of our low, low priced foods... a real budget buy. It's large egg season so expect to get the most for the money from the large sizes.
BACON AND SMOKED HAMS show the result of a big supply of pork. Last fall's little pig crop was the second highest on record. There are plenty of bacon and smoked hams to meet the present shopper demand, so watch for special lower prices. A good thing about buying a ham of generous size is that you can have ham for sandwiches, snacks, and hot casserole meals.

Ham in a can is convenience for your emergency shelf. But if you plan to keep canned ham on a shelf it must be a small size ham, from 1½ to 3 pounds. These small ones are actually sterilized to keep at room temperature. The larger sizes—up to 10 pounds—must be kept under refrigeration. Be sure to read the label on the can. Know what you buy.
FRESH PORK cuts are very much in evidence, too. Although pork chops may be a favorite, remember there are only about 10 pounds of center cut pork chops in a 220-pound porker. So, there's a good reason to investigate other less popular, but equally nutritious cuts. Try end-cut chops or shoulder steaks to get that good pork flavor.
TURKEYS will be very much in evidence in markets from now on for pre-Easter and Easter meals. Suppliers report there are plenty of all sizes. Closer to Easter you'll find fresh, unfrozen turkeys. However, be assured that the fresh frozen birds have been quick frozen at peak of quality. With proper care they're just as fresh flavored.

Springtime could be a good time to try boneless turkey. If your market doesn't seem to carry them, ask the meat manager about one. An Oregon processor produces a formed boneless turkey; out-of-state processors supply boneless turkey logs.
 The word from SEAFOOD suppliers is that there is a good supply of everything except fresh salmon and Dungeness crab.
 First of the FRESH STRAWBERRIES have hit the market... coming from California.
 ASPARAGUS and RHUBARB are very much in evidence. MELONS - CANTALOUPE

and WATERMELONS, and FRESH PEAS from Mexico are available. PEARS, PINEAPPLE, APPLES, and AVOCADOS are still good fresh fruits for regular use.
DRIED and CANNED FRUITS are often lower priced. They're certainly convenient to keep and to use at a moment's notice.
ARTICHOKES, BROCCOLI, CABBAGE, CARROTS, CAULIFLOWER, CELERY, ENDIVE and ESCAROLE; GREEN ONIONS, PARSNIPS, POTATOES, SPINACH, and ROMAINE are all plentiful.
 Dairy products offer high quality eating year around. We Americans fail to win much distinction as milk drinkers. We rank 18th among 17 major producers in per capita use of fluid milk and cream.

We're eleventh in cheese eating, sixth in dry milk, and third in canned milk. The winners are: Finns for being the biggest milk and cream drinkers, New Zealand in butter, Italy in cheese, Holland in canned milk, and Belgium in dried milk.

Tropical Flavor
 Blend together 1 (12-ounce) can frozen concentrate grape juice, 1 (1-pint 2-ounce) can pineapple juice and 3 cups cold water. Chill. Pour this delectable combination over crushed ice in a tall slim stem glass and garnish with a sprig of mint.

Corn-Avocado Salad
 Assemble a handsome winter salad quickly. Drain whole kernel corn, mix with a little instant minced onion, chili powder and salt and pepper to taste, and spoon into California avocado halves. Garnish with strips of pimiento for a dish that captures the feel of Mexico.

Broiled Pears
 When lunch is to be hot, drain canned Bartlett pear halves and stud with cloves. Broil along with sandwiches until heated and lightly browned. Delicious—and so easy!

SAVE MORE... CONSISTANTLY!!

CALIFORNIA	WHITE	Grapefruit	EACH ONLY	5¢
GOLDEN RIPE		Bananas	6 LBS	89¢
SNOWWHITE	CELLO PAK	Cauliflower	HEAD	19¢
SOUTHERN		Yams	10 lb	10¢
CRISP GREEN		CELERY	STALK ONLY	15¢ EACH
SALTED-IN-THE-SHELL		PEANUTS	1 LB. CELLO BAG	39¢ REG. 59¢ LB.

PRODUCE PRICES GOOD THROUGH SATURDAY

7 Days a week Shoppers Market extends to you the invitation to make sensational savings on quality meats, produce and canned goods with courteous service. We're conveniently located and have plenty of parking.

FRESH GROUND LEAN AND MEATY	Ground Beef	3 LB. PKG.	\$1
	THE BUDGET STRETCHER		
	Pork Chops	MORRELL'S EASTERN GRAIN FED PORK LEAN CENTER CUTS	59¢ lb
	Spare Ribs	COUNTRY STYLE	39¢ lb
	Pork Roast	LOIN END	39¢ lb
	HAMS	ARMOUR STAR	39¢ LB.
	SHANK HALF OR WHOLE		39¢ LB.
	MORRELL'S PRIDE WIENERS	12 OZ. PKG.	39¢
	OLD FASHIONED FRANKFURTERS		39¢ LB.
	CUBE STEAK	10 FOR	89¢

MEAT PRICES GOOD THRU SATURDAY

Shoppers MARKET
 Where Specials & EVERYDAY LOW PRICES ORIGINATE
 OVER THE OVERPASS HWY. 99 N. OPEN DAILY & SUN. 9 a.m.-9 p.m. AT FOUR CORNERS

Locally Owned And Operated

NATIONAL BISCUIT	2 LB. PKG.	Graham Crackers	49¢
VALVITA NEW WHOLE	PACKED BY HUNT'S	POTATOES	#300 TIN 3/25¢
GENERAL FOODS	24 OZ. PKG.	MINUTE RICE	59¢
WILLAPPOINT	10 OZ. TIN	OYSTER STEW	4/1⁰⁰
FISHER'S	1 LB. PKG.	ZOOM	4/1⁰⁰
HUNT'S	REG. VALUE 2/37¢	Tomato Sauce	THE LARGE ECONOMY #300 TIN 2/29¢
MORTON HOUSE	OVEN-BAKED	PORK and BEANS	16 OZ. TIN 19¢
LINDSAY	MEDIUM RIPE PITTED	OLIVES	#1 TALL TIN 4/1⁰⁰
A.B.C.	PIC-A-MIX	COOKIES	24 OZ. PKG. 49¢
GRAPE GILL	PURE CONCORD	GRAPE JUICE	24 OZ. TIN 4/1⁰⁰

STANDBY	INSTANT	6 OZ. JAR	COFFEE	59¢
NEW SANDWICH BAGS	50 COUNT PKG.	100 COUNT PKG.	BAGGIES	29¢ 55¢
STALEY'S	PANCAKE & WAFFLE	FULL GALLON	SYRUP	\$1.59
	Schilling PURE VANILLA	2 Oz. Bottle	39¢	

3/16" x 50'	SIZAL ROPE	39¢	
3/4" WIDE 8 OZ. ROLL	FRICTION TAPE	19¢	
BAKE KING ALUMINUM	PIE PAN	LARGE SIZE 29¢	
STONEWARE	20 PIECE STARTER SET	DISHES	2.98
DAN RIVER FABRIC	3.98 VALUE	Sport Shirts	Wash 'n Wear Long Sleeves 2⁵⁹

WE RESERVE THE RIGHT TO LIMIT QUANTITIES
 We reserve the right to limit. No sales to dealers or their representatives. Grocery prices good through Sunday.

RANCHO	CHICKEN NOODLE	LARGE 22 OZ. TINS	SOUP	2/39¢
	ROYAL PACIFIC LIGHT MEAT	#1/2 TIN	TUNA	5/1⁰⁰
EASY OFF	CLEANS & POLISHES	LARGE 22 oz. tin	WINDOW SPRAY	59¢
	BLUE RIBBON	3 LB. TIN	MALT SYRUP	89¢
COTTAGE		46 OZ. TINS	TOMATO JUICE	4/1⁰⁰