



Market Basket

By LANE EXTENSION SERVICE



Holiday Ideas

Christmas shoppers are on the move. To simplify gifts consider supermarket offerings. Make up your own combination of fruits and vegetables, either fresh or canned; nuts shelled, or in the shell; and include a luxury or gourmet item; or take advantage of the food gift packs available.

FILBERTS, WALNUTS, ALMONDS, PECANS, PEANUTS, are available for holiday baking or for snacks. To compare cost of unshelled nuts versus shelled a good rule is that two pounds of unshelled tree nuts make about one pound or 3 to 4 cups

of nutmeats. Once opened, keep nut meats refrigerated in a closed container. For longer storage, package and freeze. CANDIED FRUITS for fruit-cakes, cookies, cupcakes, breads, and salads include: CITRUS, LEMON PEE, ORANGE PEE, RED OR GREEN CHERRIES, MIXED DICED FRUITS, and PINEAPPLE.

Dairy Products

The dairy counter has many holiday ideas, as EGG NOG, a great variety of CHEESE and CHEESE DIPS. Expect to pay more per pound for sharp cheese than for mild or medium sharp cheese. It requires longer

to age sharp cheese which means added storage costs. SOUR CREAM is an excellent item to keep on hand at holiday time for use in salad dressings, beef stroganoff, cheesecake, etc.

Fruits

WINTER PEARS, ANJOU, COMICE, and BOSCH varieties, are good for giving or for using. Anjous are the most abundant variety. Keep an eye on pears ripening at room temperature and eat them at their juicy best. Most abundant fresh fruits are APPLES, CRANBERRIES, AVOCADOS, ORANGES, GRAPEFRUIT, and TANGERINES.

Vegetables

Depend on the cabbage family — CABBAGE, BROCCOLI, BRUSSELS SPROUTS, and CAULIFLOWER for salad or the vegetable in holiday meals. All of these except cabbage are being supplied from California now, so you can expect a little higher price.

Meats and Poultry

Expect FRESH PORK and POULTRY — TURKEY and CHICKEN, to bring you the lowest cost menus. Wholesalers report ham prices are going up, probably due to holiday shopper demand. BEEF RIB ROAST may be a

very good beef buy. Beef chuck prices were noted as weak (a sign of possible lower prices).

Eggs

EGGS are dependable in both supply and one of the lowest priced protein items available. Cheese souffle or omelet would undoubtedly be a welcome supper item.

Cereals

Did you know? Supermarkets on the average carry 101 cereal items. Every shopper should find several that will please the family. Keep that Christmas tree fresher and safer by keeping water in the holder.

Filberts Give Flavor to Crescents

Kitchens are cozy places—especially when the weather is cold and blowy outside, and something good is baking in the oven. Try making that "something good" a batch of Filbert Crescents, and the kitchen will become the very best place in your house.

These cookies are truly different, for they're made with a yeast-raised refrigerator dough filled with a rich, nutty filling.

FILBERT CRESCENTS

(Makes 2 dozen)

- 1 cup milk
- 1/2 cup sugar
- 1 teaspoon salt
- 1/2 cup margarine
- 1/4 cup warm water
- 1 package or cake yeast,

active dry or compressed

- 1 egg
- 4 cups unsifted flour
- 3 tablespoons margarine
- 3/4 cup brown sugar, firmly packed
- 2 egg yolks
- 3 tablespoons milk
- 1/2 teaspoon vanilla extract
- 1/2 teaspoon lemon extract
- 2 cups chopped filberts

Scald milk; stir in sugar, salt and margarine. Cool to lukewarm. Measure warm water into large bowl. Sprinkle or crumble in yeast; stir to dissolve. Add lukewarm milk mixture. Add egg and 2 cups flour; mix thoroughly. Add remaining flour to make a stiff batter. Cover tightly and refrigerate at least 2 hours. Dough may be kept in

refrigerator 3 days. Combine remaining ingredients; mix well. Divide dough in half. Roll each half into a rectangle 16 inches x 12 inches. Cut into 4-inch squares.

Place 1 rounded tablespoon of filling on each square. Roll diagonally from one corner to the opposite corner. Shape into a crescent and place folded side down on a greased cookie sheet. Bake in a moderate oven (375°F.) 15 minutes, or until well browned. Ice with confectioners' sugar icing if desired.

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PORK CHOPS



CENTER CUT

lb. **69**^c

— AT OUR SNACK BAR —
BARBECUED FRYERS LARGE SIZE EACH **\$1**

SPARE RIBS Lean 'n Meaty Reallll Gooood lb. **49**^c

PORK LOINS



Top quality, Juicy 'n tender

1/2 or Whole

lb. **49**^c

SLAB BACON Light whole or end-cut lb. **49**^c
PORK SAUSAGE Spiced just right, country style, lb. **39**^c
CHEDDAR CHEESE Pauly Wisconsin Mild 2 lb. **\$1.29**
CANNED HAMS Armour's Fully cooked boneless 3 lb. **\$2.98**

FARM-FRESH PRODUCE

Indian River PINK



Grapefruit

12 for **\$1**

Pears

Medford COMICE 22 lb. box **\$1.49** Free Slicer Included 10^c lb.

CELERY

Fancy large stalks 2 for **29**^c

Holiday Nuts

Walnuts, Almonds, Brazils, Pecans or Filberts lb. **49**^c

LARGE "AA" EGGS

MORNING FRESH...

2 DOZ **\$1**

FRESH FROM OUR IN-STORE BAKERY

PEPPERMINT CANDY CAKES

Baked fresh daily with the holiday season in mind.

Reg. \$1.29 . . . each

98^c

Cream Puffs

They're fresher From Albertson's 2 for **25**^c

Canned Milk

Special Morning Tall Cans 10 FOR **\$1**

Margarine

Creamy Nucoa 5 LBS **\$1**

Wesson Oil

1 1/2-Qt. 89c Size **69**^c

Catsup

Snider's 14-oz. Btls. 4 FOR **49**^c

Cake Mix

Duncan Hines All flavors 3 FOR **\$1**

Crackers

Nabisco assorted 10-oz. for snacks 3 FOR **\$1**

Medo Land **MELLORINE**

FROZEN DESSERT 1/2 GAL. **49**^c

BANQUET FRUIT PIES

BIG 8-INCH FAMILY SIZE. Apple, Cherry, Peach, Custard or Coconut.

4 for **\$1**



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ALBERTSON'S FOOD CENTERS

• 1675 West 18th Avenue At CHAMBERS

We reserve the right to limit quantities • Prices effective Dec. 13, 14, 15, 16. Store Hours 9 A.M. to 9 P.M. Daily

CHEER Giant size 85 ^c	CASCADE for automatics 49 ^c	SPIC & SPAN reg. size 33 ^c	LIQUID IVORY reg. size 39 ^c	DOWNY LIQUID Giant size 89 ^c	SALVO Giant size 76 ^c	WAXTEX WAX PAPER 100 Ft. roll 25 ^c	WHITE KING SOAP Giant size 77 ^c
AJAX CLEANSER 2 large cans 35 ^c	LIQUID AJAX Reg. size 38 ^c	FLORIENT aerosol deodorant 89 ^c	ZEST SOAP Reg. Size 2/33 ^c Bath Size 2/43 ^c	BORDEN'S STARLAC 12 Qt Size 115	NORTHERN TOILET TISSUE 4 roll pak 39 ^c	RINSO BLUE Giant size 75 ^c	ZEE LUNCH BAGS 2 Pkgs. 25 ^c

SCOTKINS TABLE NAPKINS
2 boxes **35**^c

FAB
Giant Size **80**^c

SCOT PAPER TOWELS
Giant Rolls **37**^c