

To Your Health Confidence Will Cure The Blusher

By DR. JOSEPH G. MOLNER

Dear Doctor Molner: I am a chronic blusher. I blush when there is no need. I blush even though I am not embarrassed. I just don't know why. Is there any way for me to stop? I know it seems to be nerves, but what can I do about it? — BASHFUL.

If it's any consolation, you have a lot of company. Some people blush. It's a reaction of the autonomic—which means acting independently of volition—nervous system.

You see, we have two principal control systems in the body. One, the voluntary system, controls such actions as smiling, talking, running or anything we do on purpose; the other, the autonomic, controls such things as sweating, heart action, activity of the digestive tract—and blushing.

If we are frightened, embarrassed, excited or in the sway of any other strong emotion, we find ourselves sweating, or our hearts racing, or our digestion delayed. It's the same with blushing.

So it's futile to tell a blusher to "Use your will power. Determine that you WON'T blush!" For the blush comes from a part of the nervous system over which we have no control.

So what's to be done? Sometimes a lack of self-confidence, or a feeling of inferiority or insecurity, however unwarranted, is present. Any intelligent person can do something about some of these: The way to gain self-confidence is to use and improve your skills. If you can dance well but have a voice like a crow, then dance, and get to be the best dancer you can possibly be. You'll have confidence in yourself. Nobody's good at everything; everybody is good at something. If she'll just use her talents to find out what it is.

As you acquire sureness in your own abilities, your feeling of self-confidence grows, and there is less tension to trigger your autonomic nervous system. You therefore curb the cause of the blushes.

Medicine to tame the nervousness may be tried, but I hesitate recommending it for long-term use.

A class in public speaking, joining a club, or volunteering for committee work in your church, your school—all of these help build self-confidence. Yes, the blushes can be cured or lessened. Not suddenly, but by going at it the slow but logical way.

Winchester, a strategic point in Virginia's Shenandoah Valley, changed hands 68 times during the Civil War, National Geographic says.

New U. S. Stamps Note 2 Widely Separated Events

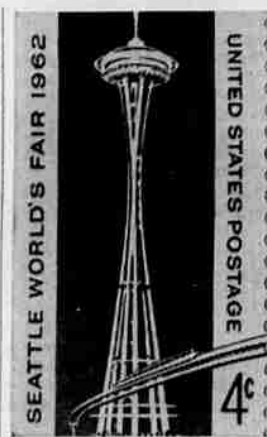
By SYD KRONISH

Two new United States commemorative stamps honoring events in widely separated sections of the nation and contrasting themes will be issued in April.

The first of these pays tribute to "Century 21," America's first space-age world's fair which takes place in Seattle, Wash., April 21-Oct. 21. The second adhesive marks the 150th anniversary of Louisiana statehood. Both are four-cent denominations.

The design of the "Century 21" features the "space needle" towering 550 feet above ground and built at a cost of \$2.5 million. Two unusual elements are involved in the design. There will be a bleed at the top, permitting emphasis on the needle, and also shown will be the monorail which will transport visitors. The wording on the stamp will be: "Seattle World's Fair 1962."

Collectors desiring first day cancellations of the Seattle World's Fair stamp may send addressed envelope, together with remittance to cover the cost of the stamps to be affixed,



to the Postmaster, Seattle 1, Wash., no later than April 21. Date of issuance is April 25. Outside envelopes to the Postmaster should be clearly marked "First Day Cover World's Fair Stamp."

The four-cent Louisiana statehood stamp will be placed on first day sale April 30 at New

Orleans. The central subject is an old river boat belching fire and smoke, churning up the Mississippi River, as seen at dusk through river bank trees with their Spanish moss. The dates 1812-1962 appear at the left.

First day cover collectors should send their addressed envelopes, together with remittance to cover the cost of the stamps to be affixed, to the Postmaster, New Orleans 12, La. Outside envelopes should be clearly marked "First Day Covers Louisiana Statehood Stamp." Cover requests must be postmarked no later than April 25.

Latest of the nations to issue "Malaria Eradication" stamps is the Republic of China, reports the World Wide Philatelic Agency. There are two stamps in the set with identical design showing a globe emblem above and an Anopheles Mosquito—symbolizing the drive against the dreaded disease. These stamps (and all foreign stamps mentioned in the column) can be purchased at your local stamp dealer or stamp department.

Dramatic Finds Unearthed In the Fossil Beds of Africa

The fossil teeth of a unique creature with manlike characteristics have been unearthed at a 14-million-year-old site in Kenya.

L. S. B. Leakey, and his wife, the British anthropologists whose work in East Africa is sponsored by the National Geographic Society, announced the discovery at the Society's headquarters in Washington.

The Leakeys flew here from Kenya to receive the Society's Hubbard Medal, its coveted award for research and exploration. The Hubbard Medal has been conferred only 19 times since it was inaugurated in 1906, and has never been awarded to a couple.

The presentation was made by Chief Justice Earl Warren in ceremonies at Constitution Hall.

Discoverers of Zinjanthropus

Leakeys have been exploring African fossil beds for more than three decades, and they have made a number of dramatic finds. Significant fossils include those of Proconsul, a primitive ape which lived about 25 million years ago; 1,750,000-year-old Zinjanthropus, the world's earliest known tool-making being; a child older than Zinjanthropus; and the bones of monstrous, long extinct animals.

In a test dig at Fort Ternan, Kenya, the Leakeys recently found two halves of the palate and a lower tooth of the new primate which lived about 14 million years ago.

Leakey said the discovery of the new primate fills a "major gap in the story of human evolution."

The creature is neither like present-day men nor apes. Leakey said it seems to stand between Proconsul and Zinjanthropus among primates, the order of mammals in which scientists include both man and apes.

Small Canine Tooth

Significantly, the primate had a very small canine tooth, the pointed tooth next to the incisors. As in man, this canine did not project more than a fraction below the level of its other teeth.

The primate's lower molar was low-crowned, thus structurally more like the molars of man than of apes. The creature's cheek bone had the type of depression which is linked with the musculature that controls human lips as distinct from the facial muscles of simians.

Leakey emphasized, however, that "the fossil primate is emphatically not like man today. It would seem to be heading toward man, but it is not man."

Though the Leakeys have concentrated their prehistoric researches to Olduvai Gorge in Tanganyika, they also were keenly interested in the potentially rich prehistoric site at Fort Ternan. Many years ago, they asked local farmers to keep watch for fossil bones.

At long last, in 1959, an orange grower named Fred Wi-

ker found some interesting-looking old bones, put them in a sack, and shipped them by train to the Leakeys. At once, they recognized the bones as those of an ancestral hippo of the pre-glacial Pliocene epoch.

The Leakeys transferred their Olduvai crew to Fort Ternan last year for a test dig. In two months of hard excavation, they discovered more than 1,200 fossils. These included the new primate, which had been unknown to science, and the first remains ever found of a direct ancestor of the present-day giraffe.

The fossils were sealed in by uncontained volcanic ash, which the potassium-argon method of radioactivity dating has shown to be about 14 million years old.

Marble-Sized Egg Inside Egg

Beatrice James of Eugene got a baker's dozen (13) when she purchased eggs earlier this week. Mrs. James, who works at the Veterans Memorial Bldg. in Eugene, broke open a regular medium sized egg and found a perfect, but tiny, egg inside—complete with shell and yolk.

The tiny egg, she said, was about the size of a small marble.

"I've been cooking all these years and have never seen anything like it," she told the Onion Editor.

BLONDIE

YOU PROMISED TO TIGHTEN THE DOORKNOPS ON THE FRONT DOOR FOR ME.

I DID IT.

I SPENT OVER AN HOUR WORKING ON IT.

YOU DIDN'T SPEND TEN MINUTES.

GASOLINE ALLEY

Tonight, Clovia, we are going to work on your math and there will be no interruptions!

No trips to the icebox for refueling, no radio, no phone calls! We are going to sit here and study!

Okay, Pop.

REX MORGAN

IMAGINE... THAT WOMAN TELLING ME I CAN'T SEE SUSIE!

A HOSPITAL MUST HAVE CERTAIN REGULATIONS, MELISSA!

BLAST THEIR REGULATIONS! EVEN THE MARINES COULDN'T KEEP ME FROM THAT CHILD!

BEETLE BAILEY

LOAFING AROUND, BEETLE?

YOU'RE BECOMING A BUM!

YOU'RE STUPID AND DISRESPECTFUL AND SLOPPY AND WORTHLESS!

YOU'D BETTER DO SOMETHING ABOUT IT QUICK!

STEVE ROPER

TUFFY!... NO GUARDS OUT THERE!... HOW ABOUT THAT?

KEEP LOOKING THROUGH THE WINDOW, MIKE!... I'LL CHANGE OUT OF THESE PAJAMAS! THEN WE'LL MAKE A RUN FOR IT!

MEANWHILE AT THE TRAILER LOT GATE—

ULTRA-THIN! THAT'S WHAT WE WANT! WE WANT A GUN OUT, MISTER!

BUGS BUNNY

HEY, SYLVESTER! I TOLD YA 'T GO FIX TH' LEAK IN TH' ROOF!

(YAWN!) I HASTEN TO DO YOUR BIDDING, SIRE! (YAWN!)

IT'S NO USE! TH' LAZY CLUCK WENT 'T SLEEP AGAIN! HMM...

SNORT! SPLOOT!

ALLEY OPP

YOU DIDN'T THINK IT COULD BE DONE?

ALL YOU HAD TO DO WAS PULL A SWITCH AFTER WE'D FOUND TH' LOOT!

BUT ALWAYS BEFORE, SOMETHING WENT WRONG!

NOT ALWAYS, DOC... HAVE YOU FORGOTTEN KING GUZ'S MILLION DOLLAR NECKLACE?

SAM'S STRIP

WELL, I GUESS IT'S WORTH A TRY.

OKAY, HERE GOES.

HANG IN THERE, SAM-BOY!

KEEP YOUR EYE ON IT, SAM-BABY! MAKE IT BE A GOOD ONE!

YOU CAN DO IT, KID!

BUZ SAWYER

STOP!

WHERE YOU TAKING THIS SAILOR?

NO SPEAK ENGLISH.

HEY, BUDDY! WAKE UP! WHERE YOU GOING?

JUST AS I THOUGHT— PASSED OUT— WE'D BETTER RUN HIM IN.

STEVE CANYON

AH! THINGS ARE BACK TO NORMAL! THERE'S JAKE TINK-BACK, JOCKEYING WITH THE TWO U.S. HELICOPTERS.

TO SEE WHO LANDS FIRST! NOW THAT THE WEATHER'S CLEARING.

WANN KOMMEN WIT IN WEGAS AN?

FEEL! OBSERVE! ASKEM! GET EES THE AVION!

LIT' ABNER

LET ME JUDGE WHETHER THIS WITNESS IS HOOMIN'— AH! I'VE HAD SOME BORDERLINE CASES IN MAH RACKET— WHICH IS MAHRYN'!

DON'T WORRY ABOUT IT, YOU'LL JUST HAVE TO LEARN TO LAUGH OFF THAT KIND OF CRITICISM.

HA HA HEE HO HEE HA HA

MAJOR HOOPLE

HAW— SINCE I HAVE BEEN GIVEN ORDERS NOT TO MENTION MY GOLD MINE IN THE HOUSE AGAIN, ONLY THE OBJECTS OF THE BASEMENT WILL HEAR THIS— UM-M— NO, MARTHA, M'DEAR, I WON'T SPEAK OF THE MINE AGAIN— ESPECIALLY OF THIS— HEH-HEH

DEAR MAJOR!— ENCLOSED IS A CHECK FOR \$150, WHICH I KNOW YOU CAN USE IN WORKING YOUR MINE!— SHOULD YOU HAVE SUCCESS I KNOW YOU WILL ALLOT ME A SHARE IN THE BUSINESS!

SINCERELY BASIL ROTHBY

SHORT RIBS

I JUST RECEIVED AN ANONYMOUS LETTER FROM SOMEONE WHO THINKS I'M STUPID AND UNFUNNY!

REALLY?

YOU'RE RIGHT!

OUT OUR WAY

OH, BOY! OPEN ALL TH' WINDOWS— WE'RE GETTIN' GASSED AGAIN! YOU OUGHTA POST AN ADVANCE WARNING WHEN YOU GET READY TO USE THAT HAIR STUFF!

SMART GUY! ALWAYS THE SMART GUY! LISTEN, SMIP NOW ABOUT WHEN YOU USE THAT CAN OF SPRAY PAINT IN THE BASEMENT AND THE FLAMES COME UP INTO THE KITCHEN! WHAT DO YOU SAY TO THAT?

WELL, I SAY ONE MORE WORD OUT OF YOU SPRAY-CAN SQUABBLERS AND I'LL BANGSH THEM ALL TO THE ASH CAN!

WHY MOTHERS GET GRAY

WHY MOTHERS GET GRAY

MAJOR HOOPLE

WHY MOTHERS GET GRAY