



HEARTY FISH SOUP — Fish Gumbo is always satisfying and nutritious. This soup is based on a popular southern recipe. Ingredients consist of fish fillets and canned tomatoes and okra.

Fish Gumbo Nourishing

Stews, bisques, chowders, gumbo—by whatever name a hearty fish soup is called, it's always satisfying and nutritious. This Fish Gumbo, based on a popular southern recipe, is a good dish to feed the youngsters when they come home from school because it's both nourishing and filling. The ingredients consist of fish fillets which are on the U. S. Department of Agriculture's plentiful list, and canned tomatoes and okra, which some canneries are now combining.

Relish, Peanut Butter Make Tasty Sandwich

"Wonderful" is the best word to describe the flavor of a whole wheat bread sandwich with a relish filling. Make the relish by combining a pound can of jellied cranberry sauce with 1/2 cup raisins, 1/2 teaspoon cinnamon and 2 tablespoons lemon juice. Chill several hours.

New Vitamin-Packed Milk Introduced Here This Week

by many to add a richer taste." Vitamin D, commonly known as the "sunshine vitamin," contributes to building sound bone structure, helps to prevent tooth decay and rickets in children. Calcium, naturally present in milk, builds bones and teeth as well as aiding in the normal functioning of the heart and nerves. Phosphorus is another bone and tooth builder. Iron contributes to the formation of red blood corpuscles. Iodine, necessary for proper functioning of thyroid glands, helps to prevent goiter. First to offer the new MV milk in Eugene is the Medo-Land Creamery Co. The company states that "the addition of these vitamins and minerals in no way changes the fresh flavor of milk but is claimed a new fortified milk containing

SPECIAL! Breeze ALL-PURPOSE DETERGENT

2 LARGE SIZE with Cannon FACE CLOTH in each package **38¢**

MONEY-SAVER SIZE with Cannon DISH TOWEL packed inside **49¢**

with COUPON on 5B

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PRODUCER'S PUBLIC MARKET

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Karl the Meat Man Says:

SHOP WISELY, SHOP AT THE PEOPLE'S MARKET

BACON ENDS And Pieces **lb. 19¢**

BEEF BRISKET For Soup & Stew **lb. 19¢**

POT ROAST **lb. 29¢**

BLADE CUT ROAST **lb. 39¢**

SWISS STEAKS Boneless **lb. 59¢**

PORK ROAST Shoulder Center Cut **lb. 39¢**

Lb. pkg. SLICED BACON **lb. 39¢**

RIB STEAKS **lb. 49¢**

VEAL CROWN ROAST **lb. 43¢**

VEAL STEAKS **lb. 49¢**

BEEF LIVER **lb. 33¢**

BEEF Hearts & Tongues **lb. 29¢**

FRESH GROUND BEEF **lb. 29¢**

Whole Beef Loins We will cut up for you **lb. 43¢**

BLANTONS GROCERY

YOUR GREEN STAMP FOOD STORE

LIBBY SALE

LIBBYS

Pork & Beans NO. 2 1/2 Can 5 For **\$1.00**

LIBBYS

Corn Cream Style No. 303 Can 6 For **\$1.00**

LIBBYS

Peaches Halves No. 2 1/2 Can 3 For **89¢**

LIBBYS, 46 OZ. CAN

Grapefruit Juice 5 For **\$1.00**

LIBBYS, 46 OZ. CAN

Tomato Juice 4 For **\$1.00**

LIBBYS, 5 OZ. CAN

Vienna Sausage 6 For **\$1.00**

LIBBYS

Beef Stew 24 oz. Can **37¢**

LIBBYS, 1/4'S CAN

Devil Meat **4 for 29¢**

LIBBYS, 14 OZ.

Tomato Catsup **2 for 33¢**

GET ENTRY BLANK HERE

Win A Maytag Washer

And Free Groceries

BREEZE 1 Giant Package **38¢**

With Cannon Face Cloth in each Package with Coupon on Page 5B

Large Money Saver Pkg. 49¢

Sun Spun

Margarine **5 For \$1.00**

"Yes" Facial Tissue **2 Pkgs. 49¢**

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JELL-O 6 DELICIOUS FLAVORS **2 pkgs. 15¢**

PEACHES Pheasant Brand Elberta 2 1/2 cans **2 for 49¢**

Luncheon Meat Morrell's Snack **3 12-oz. cans \$1.00**

Pancake Flour Aunt Jemima **10 lb. sack \$1.09**

Margarine Sunspun Quality **5 1-lb. cartons \$1.00**

Dill Pickles Libby's Fancy 1/2 gal. jar **49¢**

CAKE MIX Duncan Hines Devils Food **4 pkgs. \$1.00**

CORN PHEASANT CREAM STYLE **2 303 Cans 23¢**

TUNA BUMBLE BEE CHUNK STYLE Reg. Size Cans **25¢**

Mayonnaise Durkees fresh egg, large freezer jar **39¢**

Quality Meat-Lower Prices

HAM LOAF To Bake 3 Lbs. **\$1.00**

SIRLOIN STEAK **Lb. 39¢**

LARGE BOLOGNA **Lb. 39¢**

Ask About Our Popular **PACKAGE PLAN**

10 lb. **3.98** 20 lb. **7.95** 40 lb. **15.65**

BONELESS Pork Roast **55¢ Lb.**

PURE HOG LARD **21¢ Lb.**

FRESH Ground Beef **25¢ Lb.**

BACON Ends and Pieces **2 Lbs. 39¢**

Picnic Hams 4 to 6 lb. Average **39¢ lb.**

Fruits and Vegetables

BANANAS Golden Ripe Loose **lb. 5¢**

CARROTS **2 cello pkgs. 19¢**

CABBAGE Solid Heads **lb. 2¢**