

Sleep Important in Baby's Daily Pattern; Love Helps

Part of a baby's health and beauty routine is sleep, and the baby herself is the best judge of how much sleep she needs.

Lightweight, comfortable bedding, plenty of fresh air and a cool, quiet room away from family activities will help the baby enjoy her hours in bed.

The only schedule some authorities think should be enforced upon the baby is that she get used to going to bed as soon after mealtime as possible. It's not a good idea, they say, for Mother to rock the baby to sleep in her arms, for once this pattern is established, she will balk at being put down, and Mother will find herself involved in an emotional upheaval at bedtime.

OF COURSE, if the baby becomes too upset, compromising by rocking her to sleep in her carriage is permissible.

Mothers wonder often whether it is best for baby to sleep on her stomach or on her back; experts seem to agree that the back is better, unless the baby definitely prefers the stomach sleeping position. Most important is that the covers be well tucked in.

The mother's relationship with her baby must be a secure one. At bedtime, she should feel Mother's love, more particularly, perhaps, than at any other time. If a warm, loving atmosphere can be created here, the infant will accept most of Mother's decisions with little argument. (NEA)

A Travel Wardrobe to Go In Two Pieces of Luggage

"What shall I take to wear?" is a question every woman planning her first trip abroad asks. When grandmother took the "grand tour," she needed several trunks for her bulky dresses, voluminous petticoats and many bustles, but today's tourist is warned never to take more luggage than she can, if necessary, carry herself.

The 1952 air traveler is limited to 44 pounds of luggage, the allowance established by international air traffic regulations. Actually 44 pounds is perfectly adequate for a wardrobe for several weeks of foreign travel.

Fashion designers and textile manufacturers have had the woman traveler in mind in developing light weight, easy-to-care-for fabrics, the new and fashionable separates, the reversible coats and jackets. Experienced travelers and fashion experts have studied clothing needs for the tourist abroad and suggest the following wardrobe tips:

Choose a basic color scheme for your entire wardrobe and vary it with scarfs, belts, handkerchiefs, and jewelry.

Select dresses, blouses and lingerie in light weight, easily laundered materials.

Be sure your skirts, blouses, sweaters and jackets are interchangeable.

Take comfortable shoes. Wear your heaviest clothes on the airplane for they are not counted in your weigh-in allowance.

As a further guide, here is a basic wardrobe, weighing approximately 40 pounds, adequate for every occasion of a two or three-week vacation.

LUGGAGE NEEDED

a. Suitcase — 26" Pullman case which packs flat—no hangers.
b. Cosmetic case.

Wear on the clipper a wool suit. Carry or wear travel coat, nylon blouse, lingerie—nylon, hat and gloves.

Carry large handbag suitable for carrying passport, papers, literature, foreign money, etc. Cosmetic case.

PACK IN 26" SUITCASE

1 Dark wool dress (for spring

or winter in Europe; otherwise could be a dark cotton and/or silk), 1 short dark afternoon dress, 1 dark nylon for general wear (either a dressy suit or one-piece), 1 evening skirt — long, 2 nylon blouses — 1 for evening — 1 for extra daytime, 1 flannel skirt — to match or contrast with suit jacket for country, 1 pair low-heeled town shoes, 1 pair dress shoes, 1 extra set of nylon lingerie, including nightgown, slip, etc., 4 pairs nylon hose, 6 handkerchiefs, 2 scarfs, 1 bathing suit — if going to resort, 1 town-type handbag, 2 pairs gloves, veils, ribbons for head covering in city.

Pack in Cosmetic Case: nylon robe, nightie, slippers, blouse, lingerie, stockings, jewelry case and your usual day-to-day cosmetics. Tip: Liquids can be put into new plastic bottles which do not break or crack; loose powder can be put into plastic powder box; tissues fitted into special waterproof zipper-lined case. If possible, buy face cleanser in tube or bottle. Take extra lipstick, soap in a plastic soap box, soap flakes, washcloth in plastic bag; pill box for aspirin and vitamin tablets; camera and extra film. (Carry camera if possible). Use solid perfume, take sunglasses to guard against glare while flying high in the sky or sightseeing at shore resorts. Foam rubber shoe sole linings make life easier while sightseeing on harsh city streets. Tape nail polish cap firmly on bottle.

DO NOT take an iron, slacks, shorts, or halters.



GRADUATING SENIORS of Phi Beta collegiate chapter on the campus were honored at a candle-lighting ceremony Tuesday, May 13, in the home of Mrs. Charles D. Byrne, Collegiate and alumnae chapters co-operated. They are, from left: Mrs. Gary Haynes (Priscilla Culbert), Misses Geraldine Marsh, Georgia Dragleh, Harriet Nizle, Ann Thompson and Greta Gulle.

Sun Good for Baby If Burn Avoided

"How much sun can my baby stand?" young mothers begin asking themselves as summer weather makes its appearance.

Here are a few pertinent points which may prove helpful. As soon as the baby weighs ten pounds, he should spend two or three hours a day outside, even on the hottest days if there is a cool area nearby. In sultry weather, the best hours are in the early morning and late afternoon.

Since vitamin D from the sun is essential to the child's physical development, it is important to plan the sun bathing periods carefully. Gradual exposure is the first essential—two minutes a day in direct sunlight is the best starting point. Increasing slowly up to half an hour, care must be taken never to let the child become sunburned. Extreme sunburn can be as serious as a heat burn.

At the beach, the baby should be kept out of the sun entirely for the first few days because of the great amount of reflected glare.

As the child begins to walk and toddle about on his own, he should be provided at all times with a sun bonnet or hat of some kind as protection against the strong rays of the sun. (NEA)

PROTECTIVE PLASTIC

A transparent, film-thin plastic coating can be sprayed on card tables, lamps, door knobs, tools, documents and luggage to seal out moisture and protect the articles from acids, dirt, smears and smudges. The plastic coating will not chip, crack, peel or discolor, according to manufacturers.

NOW ON DISPLAY

THE NEW COMPLETELY AUTOMATIC
KITCHEN AID
DISHWASHER
BY
HOBART

Oscar Spliid & Co.

65 W 8th

Ph 4-3861



4-door, 6-passenger Special Sedan.

Picture of a Pair who just waked up

HERE in the driveway is a Buick. It has just arrived. It belongs to this proud young couple. They've just "arrived" too.

They've arrived at a discovery—the discovery that owning a Buick instead of a "low-priced car" isn't so much a matter of money.

It's a matter of knowing the facts of life. Buick prices are closer to the prices of smaller, less powerful, less distinguished cars than most people think.

Why don't you check into this?

You'll find you could pay \$300 to \$400 more — and still not match the horsepower of this nimble beauty.

You could pay hundreds of dollars more—and still not get any more interior room, or richer fabrics.

But that's only part of the story.

The big thing about any car is the way it goes. So you ought to find out how this car rides the road—the freedom from bobble and sway that cost a million real dollars to develop.

You ought to sample the way Dynaflo Drive*

feeds the power — with a steady swoop and unbroken smoothness in city traffic, on hills, or out on the open road.

And you ought to know how it feels to touch off that Fireball 8 Engine. With all its might, this high-compression valve-in-head gets a lot of miles from a gallon of gas.

We'll tell you this—because a lot of folks have told us this: No matter what car you're driving now—no matter what cars you've looked at—they'll never seem the same after you try this one.

Just give us a chance to prove it — and you'll have a lot of fun.

Equipment, accessories, trim and models are subject to change without notice. *Standard on Roadmaster, optional at extra cost on other Series.

Sure is true for '52

When better automobiles are built

BUICK
will build them

Scherer Motor Co. Springfield Motors

942 Olive St.

Eugene

Phone 5-2361

7th & A Sts.

Springfield

Phone 7-3305

Mrs. Moss Re-elected To Cottage Grove Post

COTTAGE GROVE — Catholic Daughters of America met Monday evening and re-elected Mrs. Charles Moss as grand regent. Other officers are: Mrs. Ronald Manley, vice regent; Mrs. Emil Tetrault, historian; Mrs. Robert Boyce, financial secretary; Mrs. Michael Vidan, prophetess; Mrs. Russell Smith, monitor; Mrs. Elizabeth Paquette, sentinel; Mrs. Alex Stapleton, lecturer; Mrs. Elizabeth Pynch, treasurer; Mrs. John Mangan, organist; Mrs. Merle Porter and Mrs. Vincent Keating, trustees for three years and Mrs. Cleal Mackey, trustee for two years.

Installation of the new officers will be Monday evening, June 16, with Mrs. E. J. Eberdt of Eugene district deputy, in charge of the ceremony.

Plans are being made for CDA to start a money raising fund for the local Catholic school building fund.

NOTICE

to

Classified Advertisers

cancellations and corrections

Monday Ads taken 7:30 to 8:00

Monday morning.

DR. SEMLER GIVES YOU ALL THE CREDIT YOU NEED



I Mean Every Word . . .

. . . and I invite you to come in and PROVE to yourself that my Liberal Credit Plan is so flexible . . . so easily adjusted to your income . . . that you can have All the Credit You Need, on your own reasonable terms. There is no delay or red tape . . . no bank or finance company to deal with. A few minutes of friendly conversation is usually sufficient to arrange credit.

Pay Only What You Can Afford . . . in Small Weekly or Monthly Amounts

Don't Neglect Your Health! Visit Dr. Semler's RIGHT NOW for the Dental Care you need . . . or for new Dental Plates . . . Dental Neglect is unnecessary. Enjoy Prompt Service . . . pay AFTER your work is completed.

Natural Looking .. Comfortable

DENTAL PLATES

TAKE 15 MONTHS OR LONGER TO PAY

Ask Your Dentist about the new Transparent Palate Dentures that are so much Better Looking . . . and so much Easier to Wear than old-fashioned false teeth. Scientifically fitted to help overcome clicking, wobbling and discomfort . . . and to help you regain Vigorous, Healthful Chewing Power. See the samples of Transparent Palate Plates at Dr. Semler's . . . notice how NATURAL they look . . . how their Transparent Palate reveals the ACTUAL COLOR of the gum tissue. Learn how they can be set with the new Trubyte Bioform Teeth. . . Individually selected to harmonize with your NATURAL APPEARANCE

QUICK REPAIRS

EMERGENCY SERVICE for Broken Dental Plates. Missing teeth replaced promptly . . . loose plates reset for better fit.

1-DAY SERVICE

. . . for new plates if no extraction needed. Come in before 10 A.M. (except Saturday), and your new plates will be ready by 5:30 THE SAME DAY.

SPECIAL SERVICE for OUT-OF-TOWN PATIENTS

SAVE TIME! Avoid the expense of extra trips! Take advantage of Dr. Semler's Speedy Service. Your Dental Work Completed in 1 to 3 days (difficult cases excepted). Come In Anytime . . . No Appointment Needed

DR. HARRY

Semler

DENTIST

8th & WILLAMETTE
EUGENE, OREGON

Phone

5-3115

Offices also Located in SALEM • PORTLAND