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W. Stephens

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Every meal owes
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flavor to salt. We do
our part by making
salt as good as it
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Even at 40 years.
LESIE SALT... Plain or
seasoned... in the red package.
Free-running.

LESIE
SALT
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100% PURE COFFEE
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REDUCE
Wins
WEIGHT CONTROL PLAN

Facing the all-revealing camera daily, famous Hollywood cover girls, like Mary Davis models, Pat Hall and Ruth Upham (pictured), must keep trim, slender, glamorous. No wonder they follow the WINS Weight Control Plan!

You, too, need not abandon hopes of romance or give up youthful fashions when overeating adds unbecoming bulges. Reduce the easy WINS way!

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The WINS plan is so simple it's delightful. Naturally, eating less is the way to lose weight. The WINS Plan shows how to choose foods you like, avoid rigid diets, and still lose weight. You eat WINS, easy food tablets, as directed before meals or when you crave a fattening snack. WINS help curb your appetite so you want to eat less. Also provide three important B-complex vitamins and four health-essential minerals. No wonder Hollywood welcomes WINS!

Guaranteed: Lose Weight or Money Back!

What a safe, easy way to lose fat! No starving. No tiresome exercises. No laxatives or dangerous drugs. How much more pleasant than old-fashioned reducing! Your doctor will tell you, such excess fat handicaps your heart, may endanger your health. To look better, feel better by losing the weight you want to lose, follow the WINS plan. Get your WINS today!

WESTERN THRIFT
855 Willamette St. Phone 232

four through Washington and Idaho. They will make their home in Springfield following their return in September.

A group of Mrs. Maloney's friends entertained for her at an afternoon party recently, presenting her with a gift of table linen. They were Mrs. Harvey Sheaffer, Ray Casebeer of Eugene and the following from Springfield: Mrs. Kenneth R. Gile, Mrs. Thomas O. Morris, Mrs. Homer Thomson, Mrs. George Smith, Mrs. Earl Smith, Mrs. Thomas Sharnan, Mrs. Raymond Paxton, Mrs. Kenneth Tucker, Mrs. George O. Wright, Mrs. W. N. Cook, Mrs. Georgianna Sutton, Mrs. R. D. Sulker, Mrs. Darrell Leavitt, Mrs. F. A. Gilham, Mrs. O. P. Taylor and Mrs. Henry P. Blanton.

S U V AUXILIARY TO DINE
Auxiliary to the Sons of Union Veterans will have a picnic dinner at the home of Mr. and Mrs. W. F. Plank, who live north of Santa Clara on River Road, Friday evening, at six o'clock. Members are asked to bring a covered dish, and their table service.

CANADIANS VISIT
Mr. and Mrs. C. K. Landers and two sons, of Refuge Cove, British Columbia, are visiting Mr. Landers' aunt and uncle, Mr. and Mrs. E. W. Tatum, 141 Hansen Lane.

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Society, Women's Organizations

River Home Setting for C. G. Picnic

Plain Dirt Gardeners—P.D.G. Club—of Cottage Grove held its annual picnic at the home of Mr. and Mrs. S. L. Godard, south of town Friday afternoon and evening. The home is situated on the bank of the Coast Fork of the Willamette River. The guests strolled through the grounds, taking notes of the plantings around the home and in the greenhouse. Dessert was served early in the afternoon, followed by a generous picnic dinner in the evening with husbands and children included.

It is a custom for the club to have a lesson of horticultural interest at each meeting. This time, Mrs. L. M. Watson, president of Eugene Garden Club was invited to judge arrangements made by club members, and suggest improvements. Mrs. Anderson accompanied her, and made an announcement of the coming Lane County Fair, and of the horticultural exhibits which she is asking from all garden clubs in the county. She has pamphlets telling of the fair, and these are also available at the County Agricultural Agent's office. Mrs. Neil Banks also went from Eugene. During the meeting, at which Mrs. J. F. Godard, who has been re-elected president of the club, was in the chair, and Mrs. S. L. Godard secretary, read minutes. It was told that a new use for lily blossoms has been found. They are cut with short stems, shipped by air to a firm in Georgia, and used by florists in making set pieces.

Also present during the afternoon were, Mrs. Alfred Wulff and Margaret, Mrs. P. C. Christiansen, Mrs. H. W. Arp, Mrs. Albert Woodward, Mrs. H. B. Griggs, Mrs. C. K. Haynes, Mrs. A. L. Hansen, Mrs. C. M. Foster, and Mrs. H. G. Thomas.

Recipes

Shrimp and Macaroni salad with Water Cress
4 ounces elbow macaroni
One 7-ounce can shrimp
1/4 cup well-seasoned French dressing
1 bunch water cress
1 cup coarsely cut celery
1 cup diced canned pineapple
1/2 cup mayonnaise
2 tablespoons chili sauce
Cook macaroni in boiling salted water until barely tender. Drain, rinse in cold water and drain again. Drain shrimp, rinse with cold water and drain again. Combine macaroni, shrimp and French dressing. Chill in covered container for several hours. When ready to serve, cut stems from bunch of water cress and slice them in 1-8 inch lengths. Drain any excess French dressing from shrimp and macaroni. Add water cress stems, crisp celery and pineapple. Blend together and add mayonnaise and chili sauce. Toss lightly. Coarsely cut half of water cress leaves and add to salad just before serving. Garnish remaining short cut water cress sprays. Makes 4 to 6 servings.

Prune Yeast Bread
1 cup coarsely ground prunes
1/2 cake compressed yeast
1 cup lukewarm water
1/4 teaspoon salt
1 egg
5 1/2 cups sifted all-purpose flour
2 tablespoons dark molasses
1/2 cup bran
2 tablespoons melted butter or margarine
To prepare prunes, cover generously with water and boil 15 minutes. Drain, remove pits, and put through food chopper using coarse knife. Measure 1 cup prunes, crumble yeast into large bowl. Add water, salt and beaten egg. Stir until yeast is thoroughly dissolved. Add 2 cups flour and beat until smooth. Add molasses, bran, prunes, and melted butter or margarine; stir until thoroughly mixed. Work in remaining flour.

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SIXTY MEMBERS ATTEND HYLAND CLAN PICNIC

Benton-Lane Park was the scene recently of a picnic of the Hyland Clan, whose ancestors crossed the plains in 1852 and settled in Lane County, with more than sixty members present.

Among out of state guests were Mrs. Anna M. Ferguson, daughter of Amos D. Hyland, and her son, Arvin D. Ferguson and family of Missoula, Mont.

An impressive memorial service was held for the late Frank Hyland of Corvallis, whose deaths occurred during the past year.

Mrs. Cella Hyland Warner, historian, gave a report on family history, and read an interesting letter, written by her grandmother, 115 years ago.

At the business meeting, Ansel E. Hyland of Eugene was elected president; C. B. McFarland, of Oakridge, vice-president; Mrs. Cella Warner, of Eugene, historian and Mrs. E. E. Hyland, Eugene, secretary-treasurer.

Knead well on floured board. Return to bowl, rub butter or margarine over top, cover, and store in refrigerator several hours or overnight. Turn onto floured board and knead well. Divide dough into two parts and shape into loaves. Place in greased pans and let rise in warm place until almost doubled in bulk. Bake in moderate (350 F.) oven about 45 minutes to 1 hour. Makes 2 small loaves or 1 large loaf and 1 pan roll.

Beards Near Terminal Of 'Old Oregon Trail'

TOPEKA, Kans.—(P)—Within 80 miles of their goal, the Rev. and Mrs. John W. Beard arrived here on horseback Monday. They are traversing the Old Oregon Trail, a jaunt they started at Portland, Ore., on April 1 and hope to complete late this week at Independence, Mo.

The couple, both in their 60's, have covered the distance in daily trips of 25 to 50 miles. Each rides a horse—a third is used as a pack animal. The horses have had four new sets of horseshoes on the cross country trip.

OAKLAND COUPLE WED

Two Oakland couples have been married recently. Miss Lola Babcock and Harlan Haines were wed at Christian Church Sunday afternoon, August 1.

Miss Frankie Baird became the bride of Morris Kennedy recently. They will live at Oakland.

Thirteen Counties Entered in State Fair

Space reservations for 13 counties have been received by the Oregon State Fair in Salem, Sept. 6 to 12, Manager Leo Spitzbart reported this week.

The individual county displays, which emphasize agricultural and industrial production of each Oregon county, will be housed within a new structure, erected within the fair's main agricultural building.

Counties to be present during the fair include Curry, Hood River, Lane, Coos, Benton, Marion, Polk.

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Clackamas, Linn, Malheur, Yamhill, Tillamook and Morrow. Livestock entries have closed. Culinary, textile, art and floral exhibits must be entered by Sept. 4.

FOR FOOT TROUBLES
See Eugene's leading Foot Specialist—Dr. Handshuh, 874 Willamette. Phone 308. 18 years in Eugene. Examination free.

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WILLAMETTE AT TENTH

As Seen in September
MADMOISELLE



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