Society, Women's Organizations

Fruit Stretching Secret Revealed

To stretch a cup of fresh berries, one or two juicy peaches, into a fruity dessert for five or six people is indeed a problem. One of the easiest and quickest ways to do it is to spoon the prepared fruit into dishes of plain vanilla pudding.

Prepare a package of vanilla pudding mix in a porcelain enameled saucepan, following the directions on the package. Place the saucepan in the refrigerator to chill while you prepare the fruit. If you're using berries, cut them in halves. Cut other fruits into small pieces. Sprinkle the fruit lightly with sugar. Dish the pudding into sherbet glasses and top with spoonfuls fruit. Serve plain or with a dash of whipped cream.

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EUGENEANS RETURN FROM EASTERN TRIP

Mrs. Mary Wooster and her father, C. W. Iddings have returned from a 7500 mile trip through the middle west and eastern states. They visited relatives and friends at Lewisburg, Penn.; Hastings, Mich.; Sioux City, Iowa; Omaha, Nebr., and several smaller points, and were gone six weeks. They report the trip most enjoyable, but that they are very happy to be home again.

Medical Test Proved This Great to Relieve MONTHLY FEMALE PAINS

Are you troubled by distress of female functional monthly disturbances? Does this make you suffer from pain, feel so nervous, weak, high-strung—at such times? Then try Lydia E. Pinkham's Vegetable Compound to relieve such symptoms! In a recent medical test this proved remarkably helpful to women troubled this way. Any drugstore.

LYDIA E. PINKHAM'S VEGETABLE COMPOUND

DAKOTANS TO HAVE GAMES AT PICNIC

Orthography and geography contests will feature the picnic of the Dakota Club which is to be held at Skinner Butte Park Saturday evening at six-thirty o'clock. Other contests will be for the telling of the best story, for the fun group and for games. In all ten awards are promised. Members, their families and friends are invited, and told to bring their food and table settings. Coffee and cream will be provided by the club.

T. Hayes, formerly of Huron, S. Dak., will have charge of the program, with introductions being made by William Lynch of Devil's Lake, N. Dak. V. Rogstad and M. Kidder, both formerly of Rock Lake, N. Dak., will arrange the tables. Serving will be Charles Freeman, H. B. Page, J. Brindle, and Albert Brodsky.

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HUNT CLUB SETS PICNIC RIDE FOR AUGUST 15

Plans were made for the annual Hunt Club picnic ride August 15 at the Tuesday evening meeting. Riders are to leave the fairgrounds at ten o'clock in the morning, and the picnic will be in Hendricks Park.

Basil T. Williams will lead the ride, and all Hunt Club and posse members are invited. Those not having horses will go in cars.

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SON AND WIFE VISIT

Mr. and Mrs. R. W. Staton and their three children, Dennis, Ann and Kit, are guests at the home of Mr. Staton's parents, Mr. and Mrs. J. L. Staton, 570 Tenth Avenue West, for about ten days. They make their home in Los Angeles.

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The Northern Lights are caused by an electrical discharge passing through the very low pressure air at altitudes from 50 to 500 feet above the earth's surface.

EUGENE DENNIS, General Secretary of the American Communist Party and one of the 12 Communists recently indicted for advocating overthrow of the U.S. government, addresses the 14th national convention of the party in Madison Square Garden, New York. Dennis, who is out on bail, urged the convention to "throw back the reactionary forces that are seeking to black out all civil and democratic rights."

They Sweat At Bean Picking In Coburg

They sweat at bean picking in Coburg, an anonymous picker writes from the E. O. Zinzer's productive yards.

One housewife, Mrs. Vera Young, picked 282 pounds Monday while a small lad in the same field, together with another lady, totaled 621 pounds. The boy is just 13.

Two girls, 18 and 26, respectively, totaled 748 pounds Monday in the same yard.

Among novelties in tools is an illuminated six-foot ruler that snaps back into a case no larger than a cigarette pack.

Cooking Utensils Needed Selection

Throughout the land brides are bravely setting out to cook their first meal for that new husband. Some of these new homemakers have acquired a well-rounded knowledge of cooking and housekeeping from their mothers. However, the bride who has never so much as twisted a can opener can take heart from that old saying, "If you can read, you can cook." While learning to cook isn't quite that easy, it won't be difficult if these simple suggestions are followed.

Buy a Reliable Cook Book

One of the most important aids to learning to cook is a reliable cook book. There are a number of excellent ones written especially for the beginner. For the inexperienced cook, careful planning is the key to successful meals. With the cook book for reference, plan menus for two or three days in advance and make out market orders including the items needed. Check recipes which are to be used to be certain that all the necessary ingredients are on the shopping list.

Cooking equipment really deserves part of the praise received by a good cook. Well-chosen equipment makes meal preparation and dishwashing easier. The bride can be guided by the following points in selecting her cooking utensils:

1. Utensils should be durable and easy to clean.

2. Bottoms of cooking utensils should be flat to save fuel and prevent tipping.

3. Handles should be firmly attached and easy to handle when the utensils are in use.

4. Utensils which are suitable for many uses are wise investments.

Because they are both attractive in appearance and efficient in operation, porcelain enameled utensils are favorite choice of experienced homemakers. Enameled ware is known for its glass-like, easy-to-clean finish. The finish may be sparkling white with gay trim on the handles and knobs. A timesaving convenience is the fact that foods may be cooked, stored and reheated in any enameled utensil.

GIRL'S BODY FOUND

SEASIDE, Ore. — (AP) — The body of Nancy Dickson, 6, has been recovered from Neawanna River. The child disappeared Saturday evening while playing with brothers and sisters near their home.

Recipes

If you are planning a wedding at your home, you will welcome this Fruited Honey Wedding Cake with its delicious Honeymoon Frosting.

Fruited Honey Wedding Cake

Preparations: Have the shortening at room temperature. Grease and lightly flour 9-inch tube pan. Start oven for moderate heat (350°F.). Sift flour once before measuring.

Measurements:

Measure into sifter:
3½ cups sifted cake flour
4 teaspoons double-acting baking powder
1½ teaspoons salt
½-cup sugar
Measure into bowl:
1 cup shortening
Mix in small bowl:
1 cup milk
2/3 cup honey
2 teaspoons almond extract
Have ready:
6 egg whites, beaten to meringue with ½-cup sugar*
1 cup finely-chopped candied cherries
½-cup finely-chopped citron
1½ cups chopped nut meats

*Make meringue by beating 6 egg whites with rotary egg beater (or at high speed of electric mixer) until foamy. Add ½-cup sugar gradually, beating only until meringue holds up in soft peaks.

Now the Mix-Easy Part:

(Mix by hand or at a low speed of electric mixer.) Stir shortening just to soften. Sift in dry ingredients. Add liquid and mix until all flour is dampened. Then beat 2 minutes. Add meringue mixture and beat 1 minute longer. Fold in fruit and nuts. (Count 150 full strokes per minute. Scrape bowl and spoon often.)

Baking: Turn batter into pan. Bake in moderate oven (350°F.) 75 minutes, or until done. Cool ½-hour. Remove from pan.

Honeymoon Frosting

Beat 1 egg white with dash of salt until stiff enough to hold up in peaks, but not dry. Pour ½-cup honey in fine stream over egg white, beating constantly about 4 minutes, or until frosting holds its shape. (This is a delicate frosting and does not store well over night. Cake should be frosted the day it is served.)

Spread frosting on top and sides of cake and arrange fragrant pink roses around it.

There will be less fats and oils for foods this year than last.

Teakettle Deemed Useful Item

The familiar teakettle is an indispensable item of kitchen equipment, especially in homes where the supply of hot water is limited. It is the most convenient and the quickest way to heat either small or large amounts of water on the kitchen range.

Porcelain enameled teakettles are designed with broad, flat bottoms which fit well over the heating unit or flame for rapid heating. They may be filled either through the spout or the top opening. Their attractive porcelain enamel finish is easy to clean and matches the gleaming finish of the range.

Use the teakettle for heating the water for cooking vegetables, for providing freshly-boiled water for tea or coffee and for many other cooking needs. The teakettle is useful, too, for supplying the necessary hot water for dishwashing and for washing hose and lingerie.

The teakettle can do lots of little extra chores while it's steaming away on the range. Remove the cover and insert a small bowl for quickly melting chocolate or butter. Refresh the veils on summer hats by giving them a brief steaming over the spout of the kettle.

Teakettles must be cleaned regularly to preveot the formation of lime deposits. It's a good idea to wash them thoroughly with soap and water about once a week. To remove light lime deposits from porcelain enameled teakettles, boil a mild solution of water and vinegar in them.

The Hawaiian Islands cover 6449 square miles and have a population of 423,330.

Amazon Creek Bids Submitted

Inter City Sand and Gravel Company submitted a low bid of $19,900 here Wednesday for dredging and cleaning the Amazon Creek channel through Eugene.

Bids were opened at the city manager's office for removal of 14,000 cubic yards of dirt from the channel, to help prevent flooding of the creek next winter. Awarding of a bid will be considered by the city council during its regular session Monday night.

Bond Issue

City Manager Dean Seeger said money for the job will come from the $400,000 bond issue voted by the people last May 21 as the city's share of a proposed overall flood-control project. Since this project has not materialized, the city will go ahead with long-delayed cleaning and dredging. The work will be done in accordance with the bottom elevations set up by the army engineers.

Other bidders were Groesbeck and Hickson, $21,300; T. Charneski, $37,100; Miller and Strong, $47,000.

The U. S. Forest Service estimates that three-quarters of the timber in Alaskan coastal forests is within two and one-half miles of tidewater.

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