

# COOPERATION IS HELD OBLIGATION OF LANE PEOPLE

**EDITOR'S NOTE**—The following article is one of a series prepared by the Lane County Products Campaign committee of the Eugene chamber of commerce:

**Your Obligation As A Citizen of Lane County:**

Cooperation is one of the greatest things in the world today. Without it there would be no City, County, State, Nation.

Unity of action is necessary in all walks of life. Whenever making a purchase you are unconsciously cooperating with someone and with every dollar you earn some one is cooperating with you, so in order to increase your wages or business it is necessary for you to give greater cooperation.

Every man is only a small part of his community and without the community he would be a very little part of the state.

After hearing repeatedly the stories of an old veteran, his granddaughter once said: "Grandpa, didn't anybody help you win the war at all?"

Whenever we listen to a big "I" man we think of that old veteran, and as a rule the autocrat or egoist commands the sympathy of his fellow citizens.

"WE" is four times as large as "I" but "WE" spells Cooperation and "I" stands for Indifference.

If "WE" cooperate on all city and county-wide movements we will make much greater progress. If "WE" purchase more Lane County products from Lane County merchants everybody will benefit and be more prosperous.

## "Boss" Confesses Having Hot Money

CHICAGO, May 1.—(AP)—John J. "Boss" McLaughlin has confessed handling \$55,000 of the ransom collected from Edward Bremer, St. Paul banker, the federal bureau of investigation disclosed today.

McLaughlin was held in \$100,000 bond Saturday for removal to St. Paul for trial under the "Lindbergh" kidnaping act.

His arrest followed the recovery of \$2,005 in \$5 and \$10 bills identified as part of the ransom money. The "hot" currency was found on William E. Vidler, a gambler, last Thursday.

## Byrd Spends Spare Time Digging Snow

LITTLE AMERICA, Antarctica, May 1.—(Delayed)—(UPI)—(Via Mackay Radio).—Rear Admiral Richard E. Byrd, isolated 123 miles out on the Ross ice barrier, is digging a tunnel 25 feet long from his snow-buried hut in order to insure himself a means of egress if two other tunnels are made impassable, he wirelessly today.

Byrd has completed 15 feet of the tunnel. He had to dig out the snow, take each shovel back to the hut, and put on the surface by means of a trap door in the roof of his hut.

## Gallons of Gas Given Sam Brown

SALEM, May 1.—(AP)—An estimated crowd of 2000 people greeted Sam Brown of Gervais on the anniversary of his sixtieth birthday at his home north of Salem yesterday.

The party, planned as a surprise for the candidate for the republican nomination for governor, resulted in presentation of gifts of many jugs of gasoline and quarters to aid the candidate in his campaign over the state.

"Ride if I can, walk if I must—not by a jugful," stated one banner of the demonstration yesterday. Another party's banner declared their gift would place Brown "Twenty miles nearer the statehouse."

## Thurston Wins 11 Inning Tussle, 6-5

THURSTON, May 1.—(Special).—The Thurston team of the Big Six league won a close game from Noti here Sunday, 6 to 5, in 11 innings.

Grant, pitching for Thurston, allowed 11 hits, but kept them well scattered, while V. Allison, Noti chucker, was touched for 14 safeties. Grant was also the hitting star of the day, getting 3 singles out of four trips to the plate.

Short score:

Thurston . . . . . 6 14 7  
Noti . . . . . 5 11 5  
Grant and H. Chase; Allison and Hale.

## Housewives' Forum

By MARIAN LOWRY  
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and butter together till smooth then add nuts and vanilla spread on cake.—Mrs. A. M. Willis, Lorane Route, Cottage Grove.

**Moss Rose Cake**

2 cups sugar  
4 eggs  
1 teaspoon salt  
1 teaspoon lemon extract  
2 cups cake flour  
1 teaspoon baking powder (rounding)

1 cup hot milk  
Beat eggs, add sugar, salt and extract. Beat 12 minutes. Sift flour once and measure. Add baking powder to flour and sift several times. Then add flour and milk to cake alternating. Bake in layers in moderate oven (25 minutes). Make the following filling:

**Lemon Filling**—  
1/2 cup water  
1/2 cup sugar  
1 egg  
1 tablespoon cornstarch  
Pinch salt  
Juice and rind of one lemon  
Put water on to boil. Beat egg and add sugar, salt and cornstarch. Add slowly to boiling water. Boil until thick, remove from fire, add lemon juice and rind. Spread between layers. Ice with the following icing:

**Seven Minute Icing**—  
1 unbeaten egg white  
7/8 cup granulated sugar  
3 tablespoons cold water  
1/2 teaspoon cream tartar  
Place all ingredients in top of double boiler. Place over boiling water and beat with beater 7 minutes. Remove from fire, add 1/2 cup marshmallows and 1 teaspoon vanilla. Beat until marshmallows dissolve. Spread on cake.—Mrs. B. F. Palmer, 47 W. 18th, Eugene.

**Chocolate Cake**

1 1/2 cups sugar  
1/2 cup butter  
3 eggs  
1 cup sweet milk  
2 bars melted chocolate or 1-3 cup cocoa  
1 teaspoon soda  
2 cups flour  
Pinch of salt  
Cream butter and sugar. Add egg yolks well beaten, then chocolate. Sift flour, soda and salt and add with milk. Then fold in egg whites. Makes 2 large layers or 3 smaller ones. Makes a nice loaf cake also. Bake about 30 minutes. (Temperature about 375 degrees). Can use 7 minute icing, caramel, or chocolate icing made with powdered sugar, coffee, chocolate and a pinch of salt.—Mrs. L. C. Hall, 1070 Columbia St. Eugene.

**Yellow Angel Food Cake**

5 eggs  
1 1/2 cups sugar, sifted twice  
1/2 cup cold water  
1/2 teaspoon cream tartar  
1/2 teaspoon baking powder  
1/2 teaspoon salt  
1 teaspoon vanilla  
1 1/2 cups cake flour sifted 5 times, measure after sifting. Add water to egg yolks and beat until fluffy with Dover beater, add sugar and beat; add baking powder, salt, vanilla and flour and beat. Beat egg whites with a whip beater until foamy, then add cream of tartar and beat until stiff. Fold in other mixture. Bake as an angel food in ungreased pan one hour. (325-350 degrees)—Mrs. Jesse H. Bond, 1790 Walnut St., Eugene.

**Chocolate Nut Cake**

1 cup sugar  
1/2 cup shortening  
1/2 teaspoon salt  
2 eggs  
1/2 cup sour milk  
1/2 teaspoon soda  
1 1/2 cups flour  
1 teaspoon vanilla  
2 squares chocolate (unsweetened)  
1/2 cup chopped nuts  
Cream shortening and sugar, add chocolate and a pinch of salt.—Mrs. late, and soda which has been added to the sour milk. Sift flour, measure and add to the mixture. Add vanilla and nuts. Bake in layers in moderate oven for about 25 minutes. Ice with the following fudge icing:

1/2 cup cocoa  
1/2 cup milk  
2 tablespoons butter  
1 1/2 cups sugar  
1 teaspoon vanilla  
Melt butter in saucepan and stir in cocoa. Add milk and sugar. Stir constantly until it comes to a boil. Boil one minute. Remove from fire, beat until thick and creamy. Add vanilla and spread on cake.—Ruby C. Boutin, 41 W. 18th, Eugene.

**Light as Feather Sponge Cake**

5 egg yolks well beaten  
5 egg whites beaten until stiff  
1 cup granulated sugar sifted  
1 cup sifted flour (Swans Down)  
Grated rind and juice of 1/2 lemon  
1/2 teaspoon salt  
Sift then measure flour, add salt and sift four times. Beat egg yolks thoroughly with lemon rind and juice added. Beat egg whites until stiff.

Add to the whites little at a time the sifted sugar, then the beaten yolks and lemon. Lastly fold in the flour. Pour into ungreased tube pan. Bake in oven at 325 degrees for one hour. Invert and allow to stand until cold.

This recipe is interesting because the well beaten eggs are the only leavening. It makes a delicate fine texture cake.—Mrs. J. M. Miller, 1791 Alder St., Eugene.

There are about 705,000 Basques in the world; these picturesque people inhabit both sides of the Pyrenees, but speak the language of both their French and Spanish neighbors.

## CALIFORNIA PAIR HELD AT ROSEBURG

ROSEBURG, Ore., May 1.—(AP)—Clifford J. Ledgerwood and Wallace Harrison, both claiming residence in Pasadena, were taken into custody here today by state police officers, who report that the two young men were driving an automobile reported

to have been stolen last Thursday at Marysville, Cal.

In the car, the officers report, was found blankets and clothing stolen Friday night in the burglary of the Harold Ingram home in this city. California authorities have advised Sheriff Percy Webb that they will take the two men back to Marysville to answer to a charge of auto theft.

Old laws penalized grocers and others for short-weight sales; out of this grew the "bakers dozen" when the baker put in an extra bun or doughnut for good measure.

ARROW MESSENGER—Phone 610

## Machado Willing To Give Self Up

NEW YORK, May 1.—(AP)—Gerard Machado, who fled the presidency of Cuba last year and is hunted on charges growing out of deaths that occurred during Cuban riots at the time of his flight, is ready to surrender, Dr. Orestes Ferrara, former Cuban secretary of state, said today.

"President Machado feels keenly the humiliation of being hunted like a felon," said the former secretary. "Yet he cannot surrender without

first knowing that the papers containing the charges against him are in this country. If he did, he could be held in jail for two months pending arrival of the papers."

**3 HELD FOR ASSAULT**

SALEM, Ore., May 1.—(AP)—George Connell, Jim Murray and Dan Quinland, transients each about 25 years old, were held in jail today charged with assaulting and robbing P. L. Davidson, 65. Davidson, a hop yard worker, came to Salem yesterday with \$30 which he had been paid. The men took it, after beating him severely. Davidson's injuries were not thought critical.

## Bombs Exploded In Four Theaters

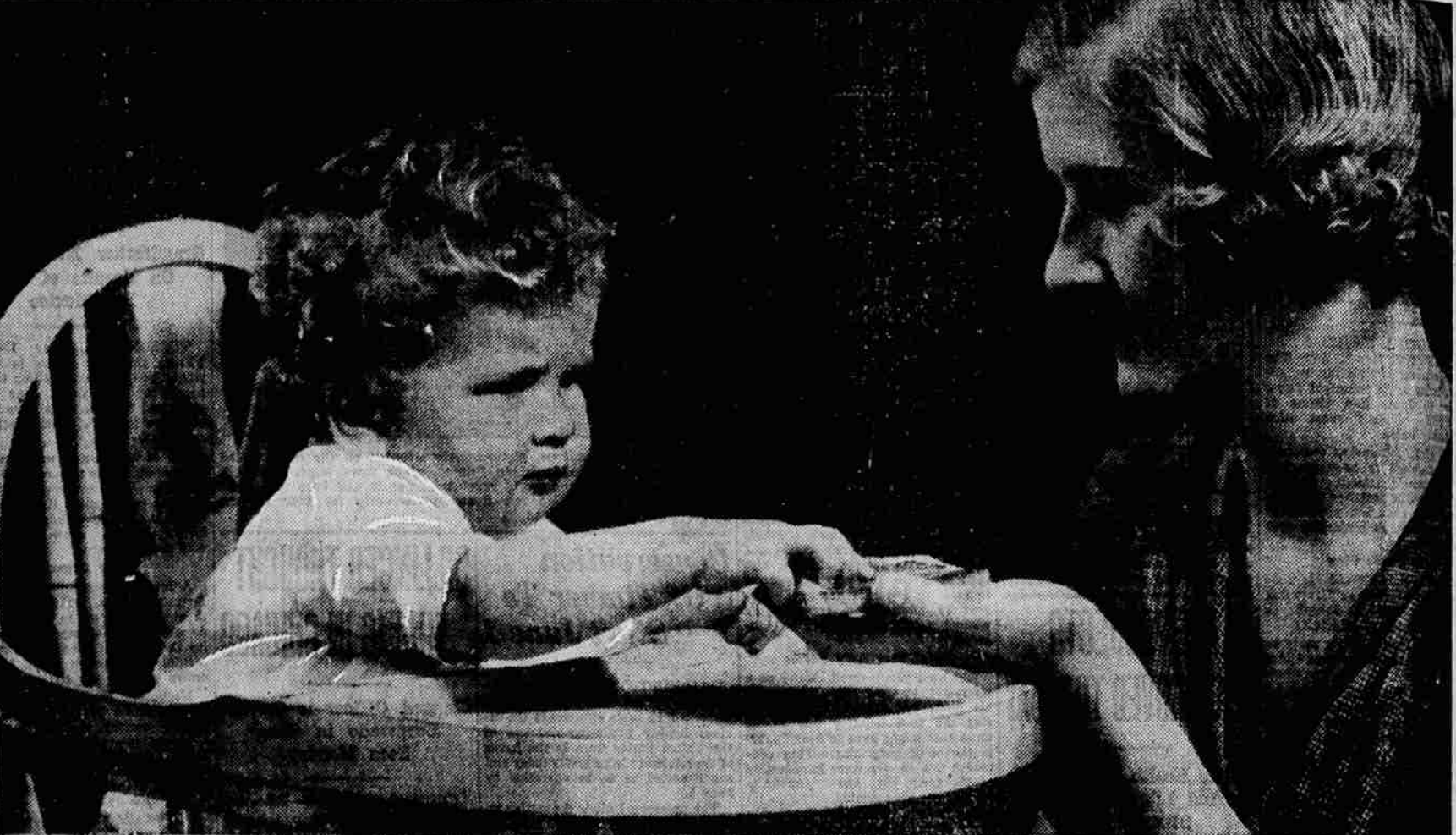
PITTSBURGH, May 1.—(AP)—Dynamite bombs were exploded in four theaters early today, shattering hundreds of windows and frightening residents of adjoining apartment buildings.

Police said they believed a war between rival unions of motion picture operators was on.

All the bombs were set off in the theater ticket offices. Total damage was estimated by firemen at \$10,000.

# TODAY...MAY 1st IS CHILD HEALTH DAY

This day, made official by the United States Congress, is a reminder of the health protection that should be given to children and as a reminder of the duties we owe them as future citizens



# How mothers can help the proper growth of children

You can aid Nature in building strong bones, sound teeth, and straight, sturdy legs.

of children; yet this necessary vitamin is almost entirely lacking in the ordinary diet. Vitamin D is an aid in the proper growth of bones, prevents the disease called rickets (softness of the bones), helps to build sound teeth, and is of genuine importance to mothers before and after childbirth.

Nutritional investigators advise an additional source of Vitamin D in the daily diet of children, to help Nature make their little legs and backs sturdy and straight, their teeth sound, and their bones strong. Since you must buy bread for your family, order our VITAMIN D BREAD—on sale everywhere. It's the finest bread available, plus this element so valuable to your children, Vitamin D.

THIS advertisement carries a message of first importance to every mother and expectant mother in this community, because it concerns the proper development of her children. It deals in scientific facts which can be verified through doctors, dentists or public health officials.

Recognizing the benefits to child welfare and general public health in this great development, and in accordance with our policy of giving the public the finest the baking industry can offer, we have secured the license to incorporate "Vitex" in bread within this territory. Now the Vitamin D extracted by the Vitex process is being incorporated in our VITAMIN D BREAD.



In the laboratories of Columbia University has been developed a process for extracting the Vitamin D from cod liver oil in concentrated form. This concentrate, called Vitex, can be incorporated in bread—and children eating Vitex Vitamin D Bread actually receive a supply of the Vitamin D of cod liver oil without knowing it.

The Finest Bread Plus Vitamin D

Our Vitamin D loaf contains the Vitamin D extracted directly from pure cod liver oil, and even toasting of cooking the bread into dessert form will not destroy the Vitamin D potency nor the enhanced nutritional qualities given by this vitamin. Our VITAMIN D BREAD contains a minimum of 90 Steenbock Vitamin D units per pound.

Medical authorities consider Vitamin D of very great importance, especially for the development

Have You Seen the New

## JOHNSON Out-Board MOTORS

Johnson's latest models are the finest they have made—and that is saying a lot. They have always been quick starting and dependable. The automatic coil-pilot and vibrationless steering handle are but two of the new features. See them.

**SPECIAL!**  
3 Used Johnsons — Priced Low

We have three used Johnsons that we will sell and guarantee to be in perfect condition. One light twin and two singles. If you are looking for an A-1 motor at a real low price any one of these will fill the bill.

• We are Lane County Dealers for Johnson Motors.

**CARL R. BAKER FILM SHOP**  
7th & Willamette

**VITAMIN B** Creates Appetite

# KORN'S Vitamin BREAD

**NATURAL VITAMIN D BREAD**

CONTAINS VITEX  
NORPCO LABORATORIES

## VITAMIN "B" INDUCES CHILD GROWTH

A lack of Vitamin B in the diet is a contributing cause of

- ... loss of appetite
- ... indigestion
- ... stunted growth
- ... nervousness
- ... constipation

Ask your doctor or dentist for his opinion of this new bread with higher nutritional values. If he has not already been supplied with our full technical data he will have been as all doctors and dentists are being called upon as rapidly as it can be arranged. We feel safe in resting our case in his hands, once he has gone over our technical information showing source of supply, and control over the extra vitamins D and B added to Vitamin Bread.

• This Loaf with its Vitamin B and D makes the Perfect Bread for Children and Grown Ups. Two slices per meal per day are recommended.