

DR. AND MRS. CASWELL AND DR. AND MRS. WILLIAMS TO BE HONORED AT SUPPER PARTY

Chapter H. P. E. O. To Give Affair Friday

MEMBERS of Chapter H. P. E. O. will entertain at a supper party Friday evening at a dining room at Dr. and Mrs. A. E. Caswell and Dr. and Mrs. Roger J. Williams, who will move to Corvallis September 1. The affair will be held in the gardens at the home of Mrs. H. E. Richardson, 808 North Avenue west at six o'clock.

Members of the chapter and husbands are invited to the affair. Miss Elizabeth Baker is chairman of the social committee of the group. Plans are being made for the supper.

MISS THOMAS LEAVES
Miss Betty Thomas, of the Dalles, has called here for several days as the guest of Miss Alberta Roberts. She leaves Saturday for her home in the Dalles.

ELK LAKE
Mr. and Mrs. James G. Harding are now spending their vacation at Elk Lake.

FROM PORTLAND
Mrs. A. L. Lucas and Mrs. Jay P. Lucas of Portland arrived Thursday as the guests of Mrs. Albert McMurphy until Sunday.

SWIMMING PARTY
Miss Anne Lindgren Graham was hostess for a swimming party Thursday afternoon at her home for a few girls.

SAN FRANCISCO
Mrs. Ella T. Edmondson and her daughter, Mrs. Henry Norton (Marion Edmondson), Miss Mary Klemm, Miss Daphne Hughes and Miss Zola left Thursday for San Francisco to visit until the first of the month.

CORVALLIS
Mrs. Grace Thomas and daughters, Miss Madeline and Miss Corvallis, left Tuesday for Corvallis to visit for a few days at the home of the Albert E. Thomas family.

FORMAL TEA
Miss Betty Anne Macduff entertained at a formal tea Tuesday afternoon for a group of intimate friends.

AGATE BEACH INN
Mrs. Henry D. Sheldon and Mrs. C. E. Boyer will return Friday from Agate Beach Inn at Newport where they have been visiting several days.

AUXILIARY MEETING
The regular meeting of the Ladies' Auxiliary to the National Association of Letter Carriers will be held Friday afternoon at two o'clock at the home of the butte. A picnic supper will be held at five forty-five for members and families.

TWO TOWN CLUB
The Two Town club will meet Friday evening at the home of Mr. and Mrs. T. T. Parker in College Crest.

Bridge Party Given On Wednesday
Members of Kappa Delta sorority entertained at a bridge party Wednesday evening at the home of Miss Gertrude Koke for a group of girls attending the University of Oregon in the fall.

Hostesses for the occasion were Mrs. Bernard Strassmaier, Mrs. Tom Hill, Mrs. Dale Cooley, Miss Koke, Miss Masterton, Miss Ellen Edlund, Miss Lenore LaPorte, Miss Mary Ellen Knapp, Miss Edith Hollenbeck, Miss Lucille Keller, Miss Wilda Dyer, Miss Ethel Thienes, and Miss Grace Koke.

Business Meeting Held At Armory
Twenty-four Daughters, three comrades and one son attended the meeting of Daughters of Union Veterans of the Civil War Wednesday evening at the armory. The comrades were E. Richter, past commander, W. N. Brown and Mr. Jafferries and John March was the son of a Union Veteran present.

The regular business session was held and plans were made for the social meeting to be held September 10.

Mrs. Tuttle Gives Party For Four
Mrs. E. S. Tuttle entertained at an informal afternoon party Wednesday at her home in College Crest for Mrs. A. E. Caswell and her mother, Mrs. Constance Edwards and Mrs. Austin Folds and her mother Mrs. Hallette Lampe, who is visiting here from Northfield, Minnesota.

Twenty guests were invited to the affair.

Work Meeting
The Fairmount Christian Ladies' Aid held a work meeting Wednesday at the home of Mrs. Hattie Bowers and a good deal of clothing to be given to the needy this winter. A social was held late in the afternoon. The next meeting will be September 7, also at the home of Mrs. Bowers.

Thimble Club
Mrs. F. S. Register entertained for the members of the Thimble club of the Neighborhood of Woodcraft Wednesday afternoon at her home. Plans were made to hold a six-thirty o'clock picnic supper at the home of Mrs. Register, September 13 and husbands and members will be guests.

The Store Of A 1000 Bargains
Williams' Self Service Store
22 East Broadway



Two stunning new resort ensembles are pictured here. The one at left, completed by an all-white felt hat and knitted gloves, shows a new idea of the dotted accessory in the form of a one-sided gilet in green chine with white dots. The accordin-pleated beach trousers, right, are topped by a blouse of white silk and a pale blue felt hat.

Informal Tea Will Be Held Friday

The active girls of Kappa Alpha Theta sorority are giving an informal tea Friday afternoon at the home of Mrs. David M. Graham on Fairmount heights for all Eugene girls entering the University of Oregon in the fall. Hours are from four to six o'clock. Miss Altha Peterson and Miss Martha Goodrich are in charge of the affair.

TODAY'S RECIPES By SISTER MARY

PAINTSTAKING study over a period of years has proved beyond doubt that canned foods are safe substitutes for fresh. Calories and mineral constituents undergo no change during the canning process, the strained or pureed type being actually more concentrated than the fresh or canned whole product.

Commercially canned products and those canned at home by the modern hot-pack method suffer no appreciable loss of vitamin content. The open-kettle method of canning is destructive to vitamin C. Peaches canned by this method lose half their potency, while commercially canned ones equal fresh ones in this respect.

Consequently, let's can our fruits by the pack method. Of course, they will keep by the open kettle method because fruits are easy to can. But the flavor and quality are finer, the food value is greater and the work is no heavier when the pack method is used.

It is a good idea to sort fruit, using the fine, perfect fruit for canning and the blemished for butters and preserves. The imperfections must be cut away and discarded before preparing any fruit for preserving in any way.

Can Fruits in Syrup
Fruit is prepared as for table use. It is then pre-cooked for a few minutes and packed hot in hot sterilized jars and hot syrup to cover is poured over. The jars are half sealed and processed for the required length of time by the most convenient method.

Fruits are canned in thin, medium or thick syrups. The thickness of the syrup will depend largely upon family tastes and the use of the canned product. Fruits wanted for pies can be canned in thin syrup. Very tart fruits and those wanted for sauce will need a thick syrup. Medium syrup is suitable for pears, most berries and small fruits.

Thin syrup is made by boiling one part sugar and three parts water for three minutes.

Medium syrup is made the same way but the proportions are one part sugar and two parts water.

Thick syrup is made by boiling equal parts of sugar and water.

Wash and peel the fruit if necessary, and cook it for three minutes in the syrup. Then pack in hot jars, half seal and process. At the end of the processing time, remove jars, seal and cool quickly.

The methods for canning fruits are the same as for tomatoes—hot water bath, heat regulated oven and pressure cooker.

The following time table for processing the various fruits has been carefully tested:

Apples, whole. Cook in medium syrup until rather clear. Pack hot, cover with syrup and process in hot water for 15 minutes. Process 40 minutes in heat regulated oven at 275 degrees F.

Apple sauce. Make as for table use, pack at once in hot jars and process for 10 minutes in hot water bath.

Peaches. Pour over boiling water to cover. Drain and dip in cold water. This makes the skins peel off very easily, just like tomatoes. Cut in halves and remove pits. Pre-cook in medium or heavy syrup, pack in jars, cover with boiling syrup, half seal and process in hot water bath for 20 minutes, in oven at 275 degrees F. for 35 minutes, and ten minutes in steam pressure cooker at 10 pounds pressure.

Applesauce are treated the same way as peaches.

Party Returns From Trip To Cascades

Mrs. Albert McMurphy and her daughter, Mrs. V. G. Madden, and Mrs. Madden's three sons, and Miss Alberta Roberts, granddaughter of Mrs. McMurphy, returned Wednesday evening from a motor trip through the Cascades.

The party motored over the McKenzie highway to Bend, then drove to Elk Lake where they visited with Mr. and Mrs. James G. Harding and son, who are spending their vacation there. They followed the Skyline trail to Davis lake, Odell lake, and Crescent lake and returned over the Willamette highway via Summit lake, the Willamette pass and Oakridge.

on top of stove before putting in oven. Cook in a wide-open kettle until as thick as wanted. Then put into sterilized jars and seal.

Tomorrow's Menu
BREAKFAST: Baked apples, cereal, cream, broiled cottage ham, cinnamon toast, milk, coffee.

LUNCHEON: Stuffed eggplant, sliced tomatoes, graham rolls, blackberry pudding, milk, tea.

DINNER: Lamb loaf, scalloped potatoes, buttered carrots, ginger ale and pear salad, chocolate cake with sliced peaches, milk, coffee.

Pears, Pare and core. Cook in medium syrup for three minutes. Pack hot in hot jars, cover with syrup and process for 20 minutes in hot water bath, 35 minutes in oven at 275 degrees F., and 10 minutes in pressure cooker at 10 pounds pressure.

Plums. Wash thoroughly and wrick surface of skin. Bring to boiling point in heavy syrup and pack at once in hot jars. Process 20 minutes in oven at 275 degrees F. and 10 minutes in steam pressure cooker at 10 pounds pressure.

Always count the time for processing in the hot water bath after the water begins to boil the second time.

Remember that the juice of canned fruit contains water-soluble minerals and sugars, and should be used with the fruit when served.

Fruit butters can be processed in a heat-regulated oven. They do not need to be stirred while cooking to prevent them from sticking to the bottom of the kettle and burning as it is necessary to do when they are cooked over the surface burner. Process them for four or five hours at 325 degrees F. Heat sugar and fruit

Return Match To Be Played With Salem

A return match with Salem country club ladies is on the program for the weekly ladies' day at the Eugene country club Friday. Play will begin at nine-thirty o'clock in the morning and a large delegation from Salem will attend.

Luncheon is to be served at noon and Mrs. Holden Babb, chairman of the golf activities for the year, is in charge of arrangements, assisted by Mrs. Waldo J. Adams, chairman for the month of August, and Mrs. J. R. McKay.

W. C. T. U. Meets On Wednesday

The Central Circle of the Women's Christian Temperance union met Wednesday afternoon at the home of Mrs. Beckley with a large attendance. The Crusade song and the Crusade hymn, used at the national convention in Seattle last week were sung at the meeting.

Reports were heard from Mrs. L. E. Allumbaugh, chairman of the poster committee, and Mrs. M. E. Gault, who spoke on the temperance committee meeting held at the home of Rev. Frank S. Reisel last week. Plans were also made for the fall campaign.

Mrs. Amelia Watts, a state delegate to the national convention at Seattle, gave an interesting report of the meeting there. Mrs. Allumbaugh read an editorial which appeared in a Seattle paper regarding the convention.

Mrs. Schultz, of Kansas, and her daughter, Mrs. Mash were visitors. One new member was reported.

Club Plans Picnic At Riverview

Members of the Star club of Blue River chapter, Order of Eastern Star and families will hold a picnic Friday evening at six-thirty o'clock at the park behind the butte. Each family is to bring its own covered dish and sandwiches and dishes. Coffee, cream, sugar and watermelon will be furnished by the committee.

A program will be given after the dinner and games will be played. Mrs. N. K. Hichens is chairman of the committee arranging for the affair, assisted by Mrs. George Lusk, Mrs. C. M. Emery, Mrs. Ed Volkstorf, Miss Adeline Volkstorf, Mrs. C. M. Gray, Mrs. Nettie Howard and Miss Lorraine Hedlow.

Eagles Auxiliary Holds Dinner

Winners in the recent membership contest of the Ladies' auxiliary to the Fraternal Order of Eagles were hosts of the losers at a dinner given Wednesday evening at the Eagles hall, and thirty-five were present. Mrs. Ellen McDowell was chairman of the winning team and Mrs. Maud Kienle was head of the losing side.

A short business session was held after the dinner, and Mrs. Carrie Wilkinson was named chairman of the September committee. The next meeting will be September 14 and there will be a business session and social.

ARROW MESSENGER—Phone 610

Calendar

Thursday
8 p. m.—Covered dish dinner for members of United Lutheran Aid and families at park behind butte.

8 p. m.—American Legion meeting at post room of armory.

9 p. m.—Dance for Assembly, Kotillion and Amusement clubs at Willamette park ballroom.

Friday
9:30—Return match with Salem country club ladies at Eugene country club.

1 p. m.—Covered dish luncheon for Just-a-Wee club at park behind butte.

2 p. m.—Meeting of Ladies' auxiliary to the National Association of Letter Carriers at the park behind the butte.

6:30 p. m.—Star club picnic at park behind butte.

Miss Reid Honored At Luncheon At Anchorage

Miss Evelyn Hollis was hostess for an informal luncheon Thursday noon at the Anchorage to compliment Miss Noma Reid, of Dearborn, Michigan. Miss Reid has been spending the summer here as guest of her cousin, Miss Virginia Reid.

Eight guests were invited to the affair including Miss Noma Reid, Miss Virginia Reid, Mrs. J. Frank Reinhart, Mrs. Ronald Robnett, Miss Edith Pearson, Miss Mary Margaret Stevenson, Miss Frances Droste, Miss Phyllis Meisel.

YOUR CHILDREN By OLIVE ROBERTS BARTON

I HAVE just finished a belated reading of "The Good Earth" by Pearl Buck, the prize-winning epic of Chinese life. The story is a saga of Wang Lung, who rises from a poor young farmer to a prosperous gentleman.

We could learn something from the Chinese. They love their children and are, as we know, especially proud of their boys. But their love is not emotional. It does not prevent the parent from studying each child and planning his life ahead according to that child's temperament, ability and necessity.

One of Wang Lung's boys was scholarly and quick to learn. Him he educated well. The next had a business turn. Very early, therefore, he was apprenticed to a friend to learn figures and trade.

Married Too Young
His vast acres he must leave in capable hands, so the third boy was kept on the land and trained.

The girls were arranged for also, but here American custom cannot follow as those the marriages are not only a matter of bargain between parents but are consummated at an age that the Occidental mind resists.

The matter of selection and preparing his sons for auspicious careers, the quiet observation of their character, his sympathy and understanding of their weaknesses and strength impressed me from the beginning.

Here was a real father. He had heard nothing of psychology. He could not even read or write his name. And yet no Freud, Adler or Watson could have found fault with his "conditioning" of his sons for special work when they were still boys.

There was no time wasted by hit or miss general education, no turning out a lot of square pegs at 22 or 23 to be fitted into any round or triangular hole the world might have to offer.

If our American fathers follow the custom here today it is not their fault. One swallow cannot make a summer and one father cannot take an educational system into his hands and say that ten million are wrong and he is right.

But perhaps these fathers are to blame after all. If they had not been soaked in inertia or disinterest, I think that long ago we would have evolved a system of life preparation for both boys and girls that starts to condition them and mold them at 12 instead of 20.

Taking a child early, discovering his real interest and ability, realizing the shape of the place he desires to fill and then helping him to fill it, would obviate painful disappointments later.

University Women Hold Benefit Affair

The second meeting of the State Association of University of Oregon Women was held Wednesday at the home of Mrs. Frank L. Chambers from three to five o'clock.

Several valuable and interesting pieces of old gold and silver were given for the benefit of the association and these will be placed on sale at the Talent Workers' bazaar to be held in Portland during the month of September. Mrs. Chambers is in charge of the local booth at the bazaar.

Members of the executive board of the group were in charge of the tea and Mrs. P. E. Snodgrass poured and Miss Helen Chambers assisted with serving.

Fairmount Group

The Ladies' Aid society of the Fairmount Presbyterian church will meet Friday afternoon at two-thirty o'clock at the home of the president, Mrs. John Simons. A good attendance is desired and plans will be made for the fall work.

Luncheon Friday

The Just-a-Wee club will meet for a out o'clock luncheon Friday afternoon at the park behind the butte. The regular meeting of the club will be Friday, September 2, at the home of Mrs. F. L. Shinn.

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Fountain Pens

50¢ and up
Automatic Pencils
50¢ and up
School Books
all in and ready to go.
School supplies cheaper than ever.
We save you money this year.
More paper and bigger tablets.

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Time to Think of Winter Heating
A Montag Circulator
will solve the problem. We have a size for every home—Oregon made for Oregon climate.

MONTAG RANGES We always have a complete display of these fine Oregon made ranges.
JOHNSON FURNITURE CO.
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LIPTON'S TEA
Choice of ORANGE PEKOE and PEKOE FAMOUS for FLAVOR
You save so many ways
THINK of all you save and get with delicious Kellogg's Corn Flakes! No trouble to prepare. Ready to eat from the package. Many servings costing only a few cents. Fine for breakfast, lunch, children's suppers, late snacks. Extra good with fruits or honey. Always oven-fresh. Made by Kellogg in Battle Creek.
Enjoy a bowl of Kellogg's

VITAL Points to Consider
in buying an automatic refrigerator
THE way to be safe, not sorry, in choosing your automatic refrigerator is this: Consider first the fundamentals, the way it works, the way it's built.
Here, in ordinary language, are the vital points about Electrolux—the advantages it has, which no other refrigerator can give you:
Electrolux has no machinery or moving parts at all. Instead, just a tiny gas flame and a tiny flow of water. There is no intermittent stopping and starting. The chilling process goes on continuously, evenly.
This refrigerator creates constant, steady cold, freezes ice cubes, as simply and efficiently as a gas furnace makes heat. Without ever needing a moment of your attention. With never a sound.
The operating cost is lower than that of any other refrigerator. Only a few cents a day.
The refrigerator is merely 3 1/2 pints of ordinary ammonia, little stronger than the kind you put in cleaning water. It is hermetically sealed in rigid steel, needs no renewal.
The gas flame has the complete protection of an automatic shut-off. Should the flame ever be extinguished—"click" and the gas shuts itself off.
The utter simplicity of this refrigerator has made it a favorite all over the country. More than 250,000 now in use.
Prices now are down, in keeping with the times. Terms, too, are now exceptionally low.
We invite comparisons on Electrolux. Compare it with the others on the fundamental basis of the way they work, the genuine dollar for dollar value that each offers. Then decide.
New models now on display. Your gas company guarantees Electrolux, stands ready to give perfect service should any be needed. Complete information is ready to be mailed to you, free, if you will write us.
ELECTROLUX
THE Gas REFRIGERATOR
LIBERAL ALLOWANCE FOR YOUR OLD ICE BOX
NORTHWEST CITIES GAS CO.
931 OAK PHONE 28