AN INDEPENDENT NEWSPAPER
(Published every evening and Sunday)
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The Register-Guard's policy is the complete and impartial publication in its news pages of all news and statements on news. On this page, the editors of The Register-Guard offer their opinions on events of the day and matters of importance to the community, endeavoring to be candid but fair, and helpful in the development of constructive community policy.

A NEWSPAPER IS A CITIZEN OF ITS COMMUNITY.

DRYS SPLIT POLITICALLY

POLITICALLY, the large groups in the prohibition movement are split as they have not been split for years. The W. C. T. U. and the Anti-Saloon League will not support either Hoover or Roosevelt. The Allied Forces for Prohibition, under the leadership of the more liberal Dan Poling, will stick to Hoover. It is quite likely that most of the dry vote will stick to Hoover, as the lesser of the two "evils." Some of the scattering ultra-dry votes will undoubtedly go to Upshaw of Georgia, the prohibition party's choice.

One of the strangest results of a long series of political incidents is that in the year when prohibition is approaching its greatest crisis, the organized dry vote will probably have very little effect on presidential choice. This is not to say that the organized dry forces can be dismissed from political reckoning. They will still exert a tremendous influence in the selection of congress, and their leaders, most of them, are urging concentration on this fight. Politically what the drys have lost is the foothold they have had for years in the White House.

How far this loss of ground has been due to the inherent weakness of prohibition by law and how far to unwise leadership is an interesting speculation. When death took Wayne B. Wheeler, the dry cause lost one of the ablest strategists any political group ever had, but a good many of the troubles go back to policies which were initiated by Wheeler himself. When prohibition was made a law, the all-important education movement in behalf of temperance was allowed to lag. The possible was neglected in the effort to achieve the impossible at a stroke.

Reorganizations is the big problem facing the dry movement in the United States, and Poling's call to support Hoover probably represents the call of the new dry leadership. The issue is whether to make a bitter-end fight against all change or to follow a course which will enable a consolidated dry movement to exert an influence on the changes that are made. The new rallying cry will have to be "Temperance!"

FARMERS GO ON STRIKE

BLOODSHED is threatened in the "farmers' strike" in Iowa and some other states of the Middle West. The strike will probably fail, but it is a warning that the plight of the farmers is really serious.

In a purely local way, farmers cannot hope to accomplish much in forcing higher prices. In these days of fast transportation, it is too easy to ship in from other points. The Mid-west strike will probably fail because of the difficulty of holding even local shippers in line on the embargo.

There is no short-cut to farm prosperity any more than there is a short-cut to labor or business prosperity. What is happening in every field, although not always visible to the naked eye, is a relentless process of social and economic readjustment. The marginal producer in every line is being forced out.

Government aids, especially in the form of more loans, cannot help the situation in the long run and often aggravate it. The greatest hope for salvation in agriculture lies in the increasing spread of the cooperative movement, but this again is a slow and difficult process.

Cooperative movements like all chains are hampered by weak links. The cooperative member who cannot meet required standards either pulls the cooperative movement down or loses out.

Here's a riddle for philosophers and economists. Those who visualize a controlled farm situation see some form of industrial employment as the only refuge of those who cannot meet the modern farm pace. Those who visualize a controlled industrial situation see a "back-to-the-farm movement" as the means of absorbing industrial slack.

The best guess for the individual is not to be caught between the lines in either case.

NOT EVEN FOR HOOVER

HAVING unburdened himself on the subject of prohibition, President Hoover left super-heated Washington behind him last weekend and went down on Chesapeake Bay to fish. So far, the diligent reporters who are always present even on piscatorial excursions have failed to report a single fish. We are told that the presidential boat had to be moved further down the bay to see if it could better the President's luck.

We do not wish Mr. Hoover anything but good luck in his fishing but we can't help giving three muffled cheers for the fish. Fish are such blooming aristocrats. When they bite, they bite, as every McKenzie fisherman or Oregon coast fisherman knows. When they don't choose to bite, that's that, and the fisherman, be he president of the United States or John D. Rockerbilt, can't make 'em bite for all his influence.

Strange as it may seem, that's just why men love to fish (some women, too). Only for the thrill of making a fish change his mind will a man endure a thousand mosquito bites, bruise his feet on a hundred rolling rocks, or suffer the swells and misfortunes of an outrageous ocean-going fishing boat. All men are equal, says the American Declaration of Independence. Anyhow, it is so in the sight of the fish.

THE FALL CHEST CAMPAIGNS.

THE fact that $300,000,000 in federal money is going to be available for unemployment relief this fall and winter is no reason why the ordinary citizen's contributions to private charity should be any smaller than they were last year.

Newton D. Baker, heading a national committee for welfare activities, does a public service in warning everyone that the established community funds will need just as much support this year as they ever did, if not more.

"The people must be fed," he remarks. "Tax funds, federal and state, will have to bear a large part of that. But even for relief, tax funds will have to have important assistance from the community funds."

The warning is timely. Each city must prepare for the job of raising money in the old-fashioned way to supplement funds drawn from taxes.

HUNDRED MILLION A YEAR

A HUNDRED million dollars a year is a lot of money for any body or any nation. That's what the United States will lose if Canada accepts Great Britain's offer of certain preferences in trade. Britain would prefer Canadian lumber and wheat. Canada would prefer British coal, iron and manufactured products. Canadian and British firms would get business which now comes to the United States.

Or would they? Even with the loss of one hundred millions in trade, the United States would still be the biggest customer of British and Canadian output. The United States would certainly retaliate with even higher tariffs than those which have produced this British Empire movement to punish the United States.

Tariff making to control trade is another name for lifting yourself by the bootstraps. We may realize that eventually in both the British Empire and the United States.

The courts may be called on to intervene in the hearing which Governor Roosevelt is holding over Jimmy Walker. Ajax McGurk says the question is whether the courts will save Roosevelt or Walker.

Movie actress says hubby will have to get the divorce because she's too busy with her vacation. An Old Timer is a chap who remembers when it was necessary to demand equal rights for women.

The king of Abyssinia is reported about to give his subjects a constitution. If this thing keeps up, Kingfish Huey Long will be the only absolute monarch left.

Joe Dunne says he will abolish the state board of higher education at the next legislature. Joe Dunne has suggested about everything except Joe Dunne for chancellor.

Eastern brewery manufacturers are preparing for the return of liquor, says a news dispatch. No doubt part of the movement to dry up the country by repealing prohibition.

A Minnesota doctor has put a window in a cow's hide so he can watch her digestion. There seems to be no end to what these snoopers will do.

Holding the breath is a beneficial exercise, a physician says. Especially for crooners and saxophone players.

WHAT OTHER EDITORS THINK

SOMETHING TO PONDER ABOUT
(The Siuslaw Oar)

THE idea was advanced at Sunday's meeting of the Coast Highway association at Waldport that five wooden bridges be built over the coast streams where free ferries are now being operated. The plan is to borrow the money, about $3,000,000, from the government and pay it back from funds raised by charging tolls.

Sounds easy, but let's see about it. The interest on $3,000,000 would amount to about the sum that the state now pays to maintain the free ferry service. If nominal tolls were charged, say $1.25 for crossing all five bridges, and an average of 400 cars passed over all of them each day it would take about 15 years to clean up the loan.

The contention is, however, that the state can, with government aid, reduce the indebtedness rapidly. Even at the rate of a bridge a year it would be five years before the Coast road would be toll-free.

Other highways running north and south through the state have their boosters and it wouldn't be long until the Coast road would be known to the tourist as the toll road of Oregon.

Whether it is better to proceed slowly—build a bridge a year—or rely on tolls is a question. At any rate the matter will be put up to the State Highway commission at its next meeting. The directors of the Coast association so decided at the Waldport meeting.

We're in a dickens of a fix with five ferries. We would be in a dickenser of a fix with five toll bridges.

WASHINGTON LETTER
By RODNEY DUTCHER
(NEA Service Writer)

WASHINGTON, Aug. 16—A great swarm of young men and boys, who have renounced such homes as they had, goes humming around the country, baffling the railroad police, presenting a problem to hundreds of communities and throwing the national social agencies into increasing dismay.

It is estimated that upwards of 200,000 fellows under 21 years of age are "on the road" this year, following a survey by the Children's Bureau, which has taken the lead toward seeing if something can't be done about it.

Many of these boys, receiving their first practical training for life in the school of the hobo, are kept constantly on the move. Some small towns send their entire police force to meet each incoming freight to repel invasions of the transient unemployed. In many others the penniless visitors' stay is limited to 24 hours. The old practice of sending boys home has been abandoned because communities now have no money for that.

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Florida, the gulf states, the southwest and California are flooded by the migratory army of men and boys in autumn, winter and spring, the Children's Bureau found. They "swarm on every freight in such numbers that the railroad police would be helpless to keep them off." Many small towns reported daily passage of about 200 men and boys during winter and spring.

In eight months the Southern Pacific, along 9130 miles of track, ejected 416,915 trespassers and overlooked many others. Railroad men in Kansas City estimated in May that about 1500 men and boys were riding the freights through that city every day. From 20 to 25 per cent of the freight riders were under 21.

Other large numbers hitch-hike over the roads. Soup kitchens throughout the southwest report feeding thousands of boys.

The Community Boys' Lodge in Los Angeles, reporting on 623 boys who applied there for shelter last winter, found that they represented 45 states and the District of Columbia. The largest states generally contributed the most wandering boys—New York 70, Illinois 48, Pennsylvania 38, Texas 38, Oklahoma 35, Michigan 34, Ohio 28 and so on.

A study of 5500 transient boys by the Salvation Army in Atlanta showed that 194 had been in college and 1641 had attended high school. The Children's Bureau says:

"Social workers, police and railroad men, who are in constant touch with these boys, assert that the overwhelming majority are on the road because there is nothing else to do. Sometimes because sheer pride will not permit them to sit idle at home—sometimes because support for the whole family came from a relief agency and was wholly inadequate to feed the younger children."

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Standards of living on the road are very low and the hazards are various. Last winter in one western city 35 young men and boys were removed from box cars seriously ill, some in an advanced stage of pneumonia.

Because railroad freight yards are policed, trains must be boarded outside the yard, while in motion. One railroad reported 50 young men and boys killed and 100 crippled in that manner last winter.

Communities reserve even their small odd jobs for residents, so food for the boys at large becomes mostly a matter of begging or stealing, with older men always at hand to teach the youngsters vicious habits.

The Children's Bureau has asked thousands of social agencies to tackle the problem by inducing boys to remain at home, maintaining their morale and providing activities to interest them, seeing that their families get enough food and providing the best possible care and advice when they arrive in strange places after once leaving the family roof.

SIDE GLANCES

"Have you a picture of George Washington about so wide? I want it to hide some beer stains."

WHY "BABE" DIDRIKSON CAN BREAK RECORDS

By DR. MORRIS FISHBEIN
(Editor Journal of American Medical Association, and of Hygeia, the Health Magazine)

MISS MILDRED (BABE) DIDRIKSON of Texas has already broken the world record for the javelin throw and for the 80 meter hurdles for women. Her exceptional performance recalls the fact that the women's Olympics this year will not include certain events which formerly were a part of the Olympic program for women.

Since the last Olympics in Amsterdam, the International Amateur Athletic federation has abolished the 800 meter race and limits each woman to not more than six events. At the Amsterdam meeting five women runners collapsed at the finish line in the 800 meter race.

Women are differently constructed from men. The girl has a longer trunk, shorter and less muscular legs, much more fat tissue on the hips and thighs, a smaller heart and smaller lung capacity. Her shoulders are narrow and all of her body less muscular. Moreover, the basic metabolism of women is, in general, lower than that of men. Chemical changes go on in their bodies more slowly.

Whenever a girl shows the remarkable ability revealed by Miss Didrikson she will be found to have many masculine attributes in her body structure.

The structure of the human body places definite limitations on the capacity to perform various feats. As long as men are built the way they are they will be able to run just so fast.

The breaking of a world record requires some special structure of the body. The breaking of numerous records in the current Olympic games may be associated with the development of men especially adapted for certain performances.

Their muscles contract a little more rapidly and with greater efficiency than muscles have contracted before.

It has been found that certain races exhaust the human body completely. No man can run 400 meters at top speed.

Because of the nature of the structure of the body of women, the International Amateur Athletic federation, after the Amsterdam games, eliminated the 800-meter race, the 200-meter dash, the broad jump and the shot put as unsuitable events for women.

The fact that Miss Didrikson holds the world record in the broad jump for women as well as many other records is still further evidence of the manner in which her body is superior to that of the ordinary woman for athletic events.

Heceta Events

HECETA, Aug. 16.—(Special)—The Rainbow sewing club met at the home of the leader, Mrs. E. C. Wiltse Wednesday afternoon. Plans for a marshmallow roast were discussed and the date decided upon was Saturday evening, August 20.

The house on the old Hanson place which has been occupied by Charley Palmer burned to the ground Wednesday noon. Most of the belongings were saved.

Gorden Gilkey, accompanied by his mother, Mrs. L. E. Gilkey and his sisters Grace and Helen of Albany drove in Tuesday to renew old acquaintances with the D. Wm. Hatch family. On Wednesday, in company with Mrs. Hatch and daughters, they drove to Heceta Head where they called on friends and later enjoyed a picnic dinner on North Beach and spent the afternoon on the beach and rocks.

Mrs. E. A. Mitchell is spending a few days with her sister, Mrs. Ona Phelps in Eugene.

Mr. and Mrs. Leonard Lark and son Elis are spending a few days vacationing at Mercer lake near John Dahlins.

Mrs. Hermann at Heceta Head light is entertaining her sister, Mrs. Adams and young son of Springfield.

Work on the government road from the rock quarry up to Old Baldy is practically finished. Part of the road has some gravel on it and more will be added later. Clearing a trail from Old Baldy over to Clover Ridge is now under way.

Captain Hermann is busy painting the dwellings and otherwise improving the appearance of things at the lighthouse.

Gorden, Grace and Helen Gilkey and Muriel and Myrtle Hatch hiked up to Old Baldy and returned home by the Oregon Coast highway Thursday afternoon. Grace and Helen added thirteen miles to their scout record.

At McCredie Springs

McCREDIE SPRINGS, Aug. 16.—(Special)—B. F. Smith made a business trip into Eugene Tuesday returning Wednesday.

F. L. Kirby, Earl Holman and Donald Pelzel came over from Wiconpee Sunday for swims in the pool.

Miss Rowena M. Elgin returned to her duties at the university office after a vacation of a week at the Springs.

Mr. and Mrs. R. Claude Gray and daughters, Rosalind and Edna of Eugene accompanied by Joseph A. Holaday came in Saturday for the week-end.

Mr. and Mrs. C. L. Johnson and son, Robert, drove in late Friday night for a short vacation.

Mrs. Victoria Martinez and daughter, Dorothy, went to Eugene Friday afternoon returning Saturday.

Eugene Barker, Richard Carson and Raymond Golgert went to Eugene Saturday afternoon.

Mr. and Mrs. W. H. Hanson came in Saturday night for a stay of a week or more. Their son, Bill, and Robert Goodwin have been fishing and hiking and enjoying a real vacation for about ten days past.

Mr. and Mrs. Stanley R. Stevenson of the Stevenson Drug Company of Eugene and sons, Billy and Jimmy, and Mr. and Mrs. W. R. Miner and daughter, Jewell, of Salem are spending several days here for their vacation.

Mrs. Goldie Eusted of Eugene came up last week for a stay of some time at the Springs.

YOUR CHILDREN
By OLIVE ROBERTS BARTON

NERVES are telegraph wires. They possess automatic shutoffs. When the brain becomes fogged or excited the switch to the stomach closes and that station ceases work.

This is why so many adults and children otherwise normally healthy suddenly develop digestive upsets without any warning or apparent reason.

Excitement consists of many things. Happiness, sorrow, anger, fear, or any complex suddenly accentuated will almost certainly hit at the stomach, especially if the sufferer happens to be of a sensitive, high-strung nature.

Several times this summer I have observed children who were supposed to have a complaint due to heat, go down with fever, purging and vomiting after some form of unusual excitement. It did not occur to their mothers that nerve strain may have been the principal cause. But there was not much question in my mind that it was to blame.

There is this to be said about a party or a picnic:

Through sheer anticipation a child becomes taut. He thinks about it beforehand, then there is the actual preparation and the trip.

Usually his emotional state keeps up through the day, often accompanied by physical over-exertion.

All Parties Aren't Fun

We have a habit of thinking that anything in the nature of a holiday or celebration delights a child. For the most part it does, too. But it depends very much on what goes with it.

A little girl recently was invited to a lovely party where all the other children were strangers. She could not protest against going because she saw how delighted everyone else was about it. They all kept talking and talking about what she must wear and the important children she would meet.

She was coached about things to do and not to do. Naturally shy and unadjusted, it was hard for her to meet even one strange little girl and make up with her.

Being thrown suddenly into the midst of two dozen was torture. Yet she smiled and tried to be friendly and put up the appearance of having a good time.

The automatic shut-off clicked. Her stomach was not receiving.

But beautiful refreshments were served and although she was not hungry she was urged to eat this and that, and she did.

Home—just in time. Bed, fever, throwing everything off she had eaten. Doctor! "Summer complaint." Which was partly true, as heat never helps.

This was fear, or a complex at work. Happiness emotionally overdone will do the same thing. Any kind of excitement.

The crux of it all is that at the very time children should not overeat or eat at all, they do. Any type of celebration is inevitably accompanied by unusual or rich food.

A nervous child is fortunate if he lives a quiet uneventful life, especially during the hot months.

CANNED GRAPEFRUIT

Canned grapefruit is just as appetizing as pineapple when served with meats.

GOLF TOURNAMENT WEDNESDAY

Few Other Events Planned For Mid-week

WEEKLY women's day at the Eugene country club will be held Wednesday and play will be to par. As a feature a blind hole will be played and a prize awarded for the low score. Players are to make up their own game. Mrs. Waldo J. Adams is chairman for golf activities during the month of August, and Mrs. J. R. McKy will assist her. Luncheon will be served at noon and reservations should be phoned to the club house by Tuesday evening.

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MISS BAKER LEAVES

Miss Constance Baker of Grants Pass, who has been visiting here the past week as guest of Mrs. N. F. Macduff, left Monday for her home. Miss Baker is a student at the University of Oregon and a member of Kappa Kappa Gamma sorority.

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TWO RETURN

Mrs. George P. Hitchcock and Miss Kathleen Horton have returned from a three week's trip on horseback in the vicinity of Oakridge.

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AT MUNSEL LAKE

Several have been at Munsel Lake resort, just north of Florence, the past week, including a number of Eugeneans.

Dr. and Mrs. Max Rietman of Eugene were at the lake for the week-end.

Prof. and Mrs. Ralph Besse and son from Oregon State college left Monday after spending the week there. Over the week-end they had as guests, Prof. and Mrs. Paul V. Maris of Oregon State college.

Mr. and Mrs. Earl Ludford and small son of Eugene are spending the week at their summer home on Munsel Lake. Over the week-end they had as guests, Mr. and Mrs. Ed Guerney and Mrs. Louis Anderson, all of Eugene.

Mr. and Mrs. Farmer Franklin and daughter from Portland came at the week-end to the lake. Mr. Franklin returned to Portland, Mrs. Franklin and daughter remaining for the week. Both Mr. and Mrs. Franklin formerly resided in Eugene.

Mrs. Albert McMurphey and her daughter, Mrs. V. G. Madden, Mrs. Madden's three sons, and Mrs. McMurphey's granddaughter, Miss Alberta Roberts, were in western Lane county for the day Sunday, stopping at Heceta Head, Florence, and Munsel Lake resort.

Mr. and Mrs. John Seavey and family of Eugene were in at Munsel lake Sunday for a visit with Mr. and Mrs. L. E. Basford. They were on their way to their summer home at Siltcoos lake.

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REBEKAHS MEET

The Eugene Rebekah lodge will meet Wednesday evening at eight o'clock at the I. O. O. F. temple. Miss Eva Worden is chairman of the program committee.

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ARTISANS PICNIC

The Artisans lodge is to hold a picnic Wednesday evening at Swimmers' Delight for members and families. Each family is to bring its basket dinner. Those without cars are to meet at the Eagles hall at six-thirty o'clock and transportation will be provided.

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THIMBLE CLUB

The Santa Clara Thimble club is meeting with Mrs. Henry Pollett Wednesday at one o'clock for a covered dish luncheon.

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HOME ECONOMICS CLUB

The Four Oaks grange Home Economics club will meet Friday afternoon, August 19, at the home of Mrs. A. E. Thornber at two o'clock. All members are urged to be present.

Mrs. Balle Hostess For Sewing Club

Mrs. Harry Balle entertained for the monthly meeting of the '08 Inner circle, sewing club of the Spanish American War Veterans' auxiliary Monday afternoon at her home and sixteen members attended. The group completed work for the soldiers' home and made plans for the fall activities, including a bazaar to be held early in the fall and work for the needy.

A social followed the work program. The next meeting will be September 19 at the home of Mrs. R. J. Morris in Irving.

The auxiliary and General Lawton camp are to hold a joint social meeting the coming Monday at the park behind the butte. A covered dish dinner is planned for six-thirty and Mrs. J. A. Russell is general chairman for the evening.

Ellingson-Anderson

Mr. and Mrs. Edward J. Ellingson, formerly of Eugene, announced the marriage of their son Richard and Miss Lynn Anderson, of Tacoma, Wash. The bridal couple are making their home in California where the bridegroom is attending medical college. The bride was an honor graduate of the University of Oregon in June.

A scrubbing brush, applied to sweet corn, will remove the silk tassels that have a habit of clinging to the kernels.

Calendar

Tuesday

7:30 p. m.—Meeting of Cecil Harding circle of First Christian church at home of Mrs. R. M. Day.

8 p. m.—Women of Moose meeting at Moose hall.

8 p. m.—Women's Benefit association meeting at chamber of commerce.

Wednesday

9 a. m.—Womn's day at Eugene Country club.

2 p. m.—Meetng of Fairmount Christian Missionary society at music hall of Eugene Bible college.

8 p. m.—Rebekah lodge meeting at I. O. O. F. temple.

Degree Of Honor Holds Social Meeting

The Degree of Honor met Monday evening at the Eagles hall for a social meeting and a large crowd attended. Cards were played and refreshments served by the committee in charge including Mrs. Elfie Hyer, Mrs. Eula Parker and Mrs. Adeline Newman.

The lodge will not hold a business session in September as the date falls on Labor Day, but will meet for a covered dish dinner and program September 19 at the Eagles hall. Mrs. Charles Starr is chairman of the committee in charge, assisted by Miss Wealtha Trafzer and Miss Ina Watkins.

W. R. C.

The regular business meeting of the Women's Relief corps will be held in the post room of the armory Thursday afternoon at two o'clock and all members are asked to be present as plans for the winter's work of the W. R. C. Needle club will be made. Mrs. Mary Estes is president of the club and Mrs. Butterfield is secretary.

Missionary Meeting

The monthly meeting of the Fairmount Christian Missionary society will be held Wednesday afternoon at two o'clock at the music hall of the Eugene Bible college. Mrs. Carroll Mahaffey and Mrs. White are hostesses. Miss Uldine Gartin will lead the devotionals and the topic and Mrs. Anna Richards is to give a talk on Africa.

Girl Scouts

A CAMP reunion overnight party is being planned by the Girl Scouts who attended Camp Cleawox this summer to be held the second week in September, at the home of Mrs. J. R. Robinson on the Pacific highway south, between Eugene and Springfield. The evening meal will be cooked camp style by the scouts in the grove beside the house and the girls will sleep under the trees. Breakfast will be served out of doors in the morning. This reunion is the annual celebration of all Cleawox campers to talk over recent camp experiences, sing camp songs again, and generally enter into the true outdoor spirit of typical camp life.

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Scouts having camp pictures taken at Cleawox this summer are asked to bring them to scout headquarters this week so work on compiling the camp scrap book may be begun. A number of pictures taken at camp are at the scout office now and those who want prints from them should call immediately.

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Miss Gertrude Skow, county home demonstration agent, and Miss Alice L. Spurgin, county Girl Scout executive, are leaving Friday morning, August 19 for Camp Chaparral, the regional Girl Scout training camp, in the Redwood state park, California, for a week's training course. They are driving south via the Redwood highway. After camp, they will spend a short time in San Francisco and Berkeley, returning to Eugene about the first of September.

REUNION HELD

CASCADE RESORT, Aug. 16.—(Special).—The Appling family reunion was held at Cascade Resort from Aug. 10 to Aug. 15. Mrs. J. R. Appling, who celebrated her 80th birthday a few days ago, was met by her children to spend a few days on the McKenzie river. The time was spent visiting and fishing.

Those attending were Mrs. J. R. Appling, R. N. Appling, Caroline Appling, R. N. Appling, Jr., Joan Appling, Mrs. J. R. Appling, Ara Heron Appling of Moberly, Mr., C. S. Rice, Madge Appling of Camas, Wash., Ben Appling of Los Angeles, T. C. Appling of La Grande and Mr. and Mrs. Taylor of Eugene.

LICENSED TO WED

Walter Lee Wells and Harriett Lottie Hunter of Junction City were granted a marriage license Monday at the office of the county clerk.

INSURE IN SURE INSURANCE. GEO. N. McLEAN, 860 Willamette

Miss Loud Gives Dinner Party Monday

Miss Eileen Loud entertained at a dinner party Monday evening at her home in honor of Joe Keller of Portland, who is the house guest of Carroll Auld. Eight couples were invited to the affair.

Following the dinner, the group went to Willamette park for a dance. Miss Elizabeth Morse was patroness.

TODAY'S RECIPES
By SISTER MARY

AS vegetables come into the market in greater variety and abundance, the "vegetable plate" dinner becomes more important. The skillful use of many vegetables during the summer makes for both economy and health.

There are several important factors that must be kept in mind when planning vegetable plate meals. The structure of vegetables, the method of cooking and serving and the food values of the various vegetables chosen must be considered. Contrast of color and flavor should influence the choice as well as the method of cooking and serving. If one vegetable is to be served creamed, let another be served plain with butter, another grilled or browned, and a third in the form of a fritter, timbale or croquette.

While all vegetables contain at least a trace of protein, it is not enough to keep up the balance in the body between the giving out and the intake of energy. Vegetable protein is of poorer quality than that found in other sources. Nuts, eggs, cheese and milk can be introduced into vegetable plates in such a way that the proper balance is maintained without using meat.

Cheese can be used with some vegetables if added to the white sauce served with them. All vegetables do not combine well with a cheese sauce, so the choice is limited, but cauliflower, potatoes and tomatoes are delicious with cheese. Summer squash and eggplant are good with cheese just melted over them. Toasted cheese sandwiches can, of course, be served with an combination of vegetables to furnish the protein in an easily digested form along with the bread stuff.

Poached or hard cooked eggs add interest to almost all vegetable combinations.

Stuffed vegetables such as tomatoes and peppers and potatoes can be the means of taking care of the protein calories if the stuffing is chosen with care. Tomatoes or peppers stuffed with a combination of rice and peanuts finely chopped are particularly good for an August dinner. Other nuts can of course be used, but peanuts are suggested because they are cheap and very rich in protein. They combine well with nearly all vegetables, too.

The following vegetable plate menus will suggest other combinations: Stuffed baked tomatoes, creamed celery, corn on the cob, buttered peas.

Contrast of color, texture, method of serving and flavor are observed in the choice of the vegetables. Balance in food values is obtained by the materials added for the serving or "dressing" of the vegetables.

A simple dessert of fresh fruit always is acceptable with a vegetable dinner when the proper balance has been maintained throughout the meal. If the plate has been lacking in protein, custard is a good choice for the dessert.

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Tomorrow's Menu

Breakfast: Greengage plums, cereal, cream, broiled liverwurst, celery and radishes, crisp toast, milk, coffee.

Luncheon: Potato and parsley soup with grated cheese, graham bread and butter sandwiches, tomato and green pepper salad, lemonade, cookies.

Dinner: Roasted spring chicken, grilled sweet potatoes and pineapple, creamed cauliflower, combination green salad, peach shortcake, milk, coffee.

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"Betty should be ashamed of those faded old undies—"
"I know it... they'd stay new if she'd wash them our way—"
LUX for underthings
removes perspiration acids and odors—Saves colors...
Don't envy the girl who has lusciously colorful underthings—your lingerie can look charming, too. Simply wash it the safe Lux way. Lux floats out all the perspiration acids that injure and discolor silk. Takes away every trace of odor, too, yet protects the beauty of color and fabric.
Lux your undies after each wearing—it takes only 4 minutes or less. Anything safe in water is safe in Lux.