LIST OF EUGENE GIRL SCOUTS GOING TO ANNUAL SUMMER CAMP ANNOUNCED TUESDAY

Event Will Open July 19 for Four Weeks

By MARIAN LOWRY

GIRL SCOUTS are eagerly awaiting the opening of their annual summer camp at Lake Cleawox, Sunday, July 19, to continue for a four-week period. The Lane county group has one of the most beautiful natural camps along the coast.

So far ninety reservations have been made for the camp, twenty-eight the first week, twenty-eight the second week, twenty-three the third week, and eleven the fourth week. Of the ninety, many are duplicate names, girls going from one to four weeks each.

Following is the list of girls signing: First week, Iris Parks, Sena Frederickson, Eileen Waite, Edith Paris, Betty Yocom, Edna Carlson, Jean MacLaren, Marian Shedd, Dorothy Shedd, Marietta Conklin, Betty Watkins, Lois Onthank, Betty Onthank, Barbara Stratton, Maude Edmunds, Phoebe Brayman, Ruth Endicott, Mary Elizabeth Stetson, Celia Wirth, Dorothy Kuling, Betty Scott, Maxine Horton, Mary Booth, Josephine Alnutt, Mary Eileen Elkins, Theodora Prescott, Alice Ann Morris, June Mills.

Second week: Iris Parks, Sena Frederickson, Eileen Waite, Edith Paris, Betty Yocom, Edna Carlson, Jean MacLaren, Marietta Conklin, Lois Onthank, Betty Onthank, Alice Nelson, Seelora Bond, Maude Edmunds, Phoebe Brayman, Ruth Endicott, Mary Elizabeth Stetson, Celia Wirth, Dorothy Kuling, Betty Scott, Jean Crites, Yvonne Atkinson, Madge Neal Weber, Mary Booth, Mary Eileen Elkins, Theodora Prescott, Janet Morris, Alice Ann Morris, June Mills.

Third week, Betty Yocom, Mildred Packard, Betty Sether, Lois Onthank, Iris Parks, Betty Onthank, Jeannette Dupuis, Louise Pursley, Lorraine Hunt, Frances Schneider, Maude Edmunds, Alberta Gillett, Kathryn Treanor, Jane Alyce Everson, Mary Elizabeth Stetson, Betty Scott, Geraldine Tripp, Betty Lou Stanard, Maluta Read, Janet Morris, June Mills, Gertrude Ferris, Marietta Conklin.

Fourth week, Betty Yocom, Lois Onthank, Betty Onthank, Lorraine Adams, Iris Parks, Frances Schneider, Mary Elizabeth Stetson, Betty Scott, Betty Lou Stanard, June Mills, Marietta Conklin.

There is homey charm in the living room pictured above, budgeted for the $40-a-week family. Soft green painted walls and monotone carpet are enlivened by flowered chintz drapes in rose, on a peach background, with some red roses amongst them, a rose upholstered easy chair, a picture over the mantel and some ivy.

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IOWA CLUB MEETING

Wednesday afternoon brings the regular monthly meeting of the Iowa club, members to have a potluck luncheon at one o'clock at the home of Mrs. John Genn.

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IN WASHINGTON

Mrs. Marie P. Fletcher of Eugene is spending a few days in Washington, D. C., and is a guest at the Dodge hotel while there.

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GOLF DAY

The second Wednesday of the month in the contest being played at the Country club by the women will be tomorrow, weekly ladies' day at the club. During July the women are playing in a contest against par for women at the course.

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TEXAS CLUB

The Texas club is to have its regular monthly meeting Wednesday at twelve-thirty o'clock at the home of Mrs. Minnie Dettering at Coburg. It is to be an outdoor meeting. All women former residents of Texas are invited to attend.

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W. C. T. U. MEETING

The regular semi-monthly meeting of the W. C. T. U. is to be held Wednesday afternoon at the McMorran and Washburne committee room at two-thirty o'clock.

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AID CIRCLE

Circle two of the Ladies' Aid society of the United Lutheran church will meet Wednesday afternoon at two o'clock at the home of Mrs. Dweght Moody, 338 Sixth avenue west.

Lodge Items

WEDNESDAY brings the regular meeting of the Ladies' auxiliary to the Fraternal Order of Eagles, the date having been changed to that day from Friday. The business session is at eight o'clock at the Eagles hall and Mrs. Linnie Boniface is chairman of the committee in charge of the entertainment.

Members of the Daughters of Union Veterans of the Civil War will meet Wednesday evening at eight o'clock in the post room of the armory. Convention reports are to be given. Plans are being made for the summer picnic to be given for the G. A. R. veterans. The meeting will be the last for the group until the fourth Wednesday in August.

Fifteen attended the meeting of the Security Benefit association Monday evening at the home of Mr. and Mrs. Roy Smith. The group will have a picnic Sunday at Swimmers' Delight and those attending are to bring basket lunches and the lodge will furnish coffee and cream. The regular lodge meeting will be held August 3 at the home of Mr. and Mrs. Will Anderson.

The degree team of the Eugene Rebekah lodge met for practice Monday evening at the I. O. O. F. temple with Mrs. Willa Wray, captain, in charge. The group practiced for initiation which will be held at the lodge meeting July 15.

Members of the Juvenile club of the Degree of Honor and their mothers will have a picnic Wednesday afternoon at two o'clock at Riverview park behind the butte. Mrs. Lucille Jackson, director, and Mrs. Winifred Sheeley will be in charge of the affair.

The regular meeting of the Degree of Honor lodge was held Monday evening at the Moose hall. A social time with refreshments followed the business session. The lodge will have a picnic for the next meeting, July 20 at the park behind the butte. Mrs. Olga Wilson and Mrs. Winifred Sheeley are in charge.

Calendar

Tuesday

7:30 p. m.—Discussional meeting for Pi Lambda Theta, Gerlinger hall.

8 p. m.—Meeting of Women of Mooseheart Legion, Moose hall.

8 p. m.—Meeting of American Legion auxiliary, armory.

Wednesday

12:30 p. m.—Meeting of Texas club at the home of Mrs. Minnie Dettering.

1 p. m.—Weekly golf program for women at Country club.

1 p. m.—Potluck luncheon of Iowa club at home of Mrs. John Genn.

2 p. m.—Meeting of circle two of United Lutheran Ladies' Aid society at the home of Mrs. Dwight Moody.

2:30 p. m.—Meeting of W. C. T. U. at the McMorran and Washburne committee room.

8 p. m.—Meeting of Daughters of Union Veterans of Civil War, armory.

Wednesday evening—Meeting of Dorcas Needle club at the home of Mrs. Niels Nielsen.

8 p. m.—Meeting of Eagles auxiliary, Eagles hall.

YOUR CHILDREN

By OLIVE ROBERTS BARTON

ARE you interested in statistics about your baby's growth?

Here are some that I have found intensely interesting:

The greatest growth occurs during fetal life—from the microscopic ovum to 7 pounds (average).

An increase of 200 per cent occurs during the first year of life—from 7 to 21 pounds (average).

An increase of 25 per cent occurs during the second year—from 21 to 26 or 27 pounds.

The rate of growth decreases until, by the 23rd year at the latest, the child reaches full growth.

The periods of accelerated growth, the time parents are likely to notice the speeding up in size, are from birth to the third or fourth years; then later from the tenth or twelfth year to the fifteenth or sixteenth. This begins earlier with girls than with boys. Usually this period of adolescence is accompanied by marked changes in capability and temperament. This child should be intelligently handled and fed and should not be overtaxed so that growth energy may be supplied.

Now for a little X-ray on the organs. A look inside is interesting.

The heart of a baby at birth is larger in proportion to his body than in the adult. The space it occupies, its position and form, are very different in the baby from what they are in the grownup. The stomach in infancy is perpendicular and the fundus is flat, meaning that it has not taken on the pouch-like shape it assumes later. The increase in size between birth and maturity is about 20 to 24 times its original weight, or from 6½ grams to 150 grams. By the end of the first six months the weight of the stomach has doubled. By the end of the first year it has tripled; by the end of the second year its weight has increased about five fold.

The capacity of a baby's stomach at birth is about 30 c. c. or one fluid ounce. At the end of the first month it is about 3 times as great. During the next eight months it increases about 30 per cent per month. During the second year the stomach holds about five times as much as it did at the end of the first month. In the fourth year about six times as much. Then its capacity increases more slowly. The adult stomach holds about 2 or 2½ times as much as that of a 4 or 5-year-old child, on an average.

The muscles of the intestines in infancy are poorly developed. The intestines are longer in proportion to the length of the body than in the adult.

The liver and kidneys are relatively larger than those of the grown person.

In noting the increase in weight and capacity of the stomach, please do not get them confused. The stomach is also elastic and can adapt itself to somewhat larger amounts than its vacuum dimensions, another item that often perplexes us in this checking up of figures.

VEGETABLE MEALS

Vegetable plates have become a fine art in some parts of America. If you make sure to vary the color of the plate it is a help. Grilled tomato is a good centerpiece. A few stalks of asparagus, some cauliflower, a few rings of summer squash and a neat little pile of corn cut off the cob makes a marvelous dinner plate. Always garnish it with some neat touch.

W. C. T. U. Program In Springfield

Springfield.—The W. C. T. U. of Springfield is to give an entertainment Tuesday evening at the Christian church at seven-thirty o'clock. There will be no admission charged but an offering will be taken.

Following is the program for the event: Opening hymn; prayer; recitation by Virginia Lee Pohl; vocal duet by Miriam Rice and Virginia Christie; flower mission pageant by Mrs. Murphy's class; vocal solo by Mr. Cook; reading by Ida Cox; vocal duet, Mrs. Murphy and Mrs. Moser; violin solo, Arthur Hendershott; playlet by twenty young people and children; offering; song, "America."

Club Luncheon

Nip and Tuck club members are to meet at the home of Mrs. H. S. Bartow on Thursday for a one o'clock luncheon as the last event of the year for the club until fall. Mrs. Kenneth W. Moore, Mrs. A. B. Holeman, and Mrs. James Cadman will be assistant hostesses.

NEW WINDOW TREATMENT

If some window in your home has an unattractive outdoor view, there is a clever new way of adding beauty and interest to the room. If the window is slightly recessed, a series of two or three shelves of glass may be placed at intervals across the front of the window. A light coating of liquid wax on the glass to protect it from soot and dust will greatly simplify the cleaning of these shelves. Gay little colored pots holding ivy and blooming plants ranged along the shelves will make a charming window setting, which may be framed by tied-back ruffled curtains.

STOOLS AS FURNITURE

It is a new fashion to resurrect quaintly shaped little milkmaid stools from the dairy and refinish them, cushion them and use them in the home. For the bedroom they make attractive dressing table benches. To refinish the stools, sandpaper the wood until it is smooth, or remove any varnish or paint. Then give them a natural waxed finish, and the wax will make the wood look surprisingly mellow and smooth. Chintz cushions, perhaps with ruffles, make a nice finishing touch.

KITCHEN WOODWORK

Light colored doors on kitchen cabinets and cupboards and on enameled refrigerators sometimes become soiled and stained with fingermarks. A simple means of keeping their finish fresh and spotless is to rub the woodwork and exposed enamel surfaces lightly with liquid wax. The transparent hard film of wax resulting from this treatment saves the original paint or enamel finish from all wear and disintegration.

Mrs. Crews Honor Guest Tuesday At Party

Mrs. Jerry Horn and Miss Evelyn Bristow entertained at the home of the former on Tuesday afternoon at a bridge tea to honor Mrs. John W. Crews, who is here from Columbia, South Carolina, to visit her mother, Mrs. Amos Wilkins.

A group of sixteen was invited to the party.

TODAY'S RECIPES

By SISTER MARY

TOO often the aftermath of a picnic is so unpleasant for children that mothers dread that particular form of entertainment for their small folk.

Excitement usually runs high at such a time, and freedom from restraining table manners as well as the stimulus of fresh air induces a thoughtless stuffing of foods. Children love to eat out-of-doors, and if the picnic menu is carefully planned there is no reason to deprive them of the pleasure.

Monday's Menu

Breakfast: Peaches and cream with ready-to-serve cereal, stewed kidneys on toast, milk, coffee.

Luncheon: Creamed calf's tongue, baked potatoes, sliced tomatoes, rye bread, lemonade.

Dinner: Jellied lamb loaf, buttered new peas, frozen apricot and cheese salad, red raspberry shortcake, milk, coffee.

In the first place, avoid too great a variety in foods. Children are apt to be confused and lose their appetites if confronted by an array of different viands. The package picnic is excellent for small children. All articles of food are wrapped separately in individual servings. They are then packed in a pastry box or on a picnic plate and wrapped in heavy brown paper and firmly tied with stout cord. When lunch time comes each child receives his package and there is no tedious passing.

Sandwich Fillings

Use as much whole wheat bread as possible for sandwiches, and choose the fillings with care, chopped raw vegetables, jellies, cream cheese, cottage cheese, dried fruits and nuts run through the food chopper all make acceptable fillings.

Plain, hard-cooked eggs, or those stuffed with finely chopped vegetables when vegetable sandwiches are not included, are wholesome and filling. They help to supply the vitamins so often lacking in the average picnic lunch.

A thermos bottle of milk and a small can of home-made chocolate syrup or a can of one of the many good prepared cocoas on the market makes it possible to produce a festive milk shake in the easiest and quickest way imaginable.

Keep the dessert simple. Ice cream is always a treat but requires special equipment for carrying. Well-washed fruit and simple cup cakes or cookies are suitable and adequate. Pie is difficult to pack and serve and is not desirable for a child's picnic meal.

Simple Camp Cookery

If hot food is wanted, eggs can be scrambled over a campfire and bacon can be frazzled using long green sticks on which to fasten the bacon. A soup or stew made at home and carried in a vacuum container can be reheated over a small fire.

Even little children should be taught that a picnic is a co-operative affair and should be allowed to do their share of the work. The responsibility of being certain that no bit of the campfire is left burning and that no scraps of paper or food are left about the picnic should be impressed on children as soon as they are old enough to take part in such outings.

Perhaps these suggestions for sandwich fillings will prove helpful to you and suggest other possibilities:

Finely minced cabbage, carrot and celery moistened slightly with lemon juice.

Cottage cheese combined with jelly and put between graham bread.

Finely chopped prunes combined with peanut butter.

Chopped hard-cooked eggs and lettuce.

Cold roast lamb and lettuce.

Cold boiled or roast chicken and lettuce.

Butter Is Necessary

These fillings are easily packed, and are easily digested and nourishing.

A thin coating of butter always should be evenly spread on one side of each slice of bread used for sandwiches. Butter materially increases the food value of the sandwich and also aids in preventing the bread from absorbing the filling. Crisp lettuce leaves are another aid in keeping the filling from soaking into the bread, making it soggy.

Meat sandwiches need lettuce for another reason. The lettuce furnishes the green vegetables so necessary and adds bulk to the diet. Trim lettuce so that it just fits the bread and there will be no unappetizing, wilted edges. The same treatment that keeps sandwiches moist keeps lettuce crisp—careful wrapping to exclude air.

TO CLEAN BATHROOM FLOORS

To simplify the cleaning of tile floors in the bathroom give them an occasional light coating of liqued wax. Dirt will not then collect in the tiny crevices between the tiles, as the wax forms a hard, transparent glazed surface over the entire floor. This easy precaution will prevent the necessity of much irksome scrubbing.

Staff Named by Miss Gilfillan for Girl Scouts Summer Camp; Seven Are Assistants

The staff for the annual Girl Scouts summer camp, which opens July 19 for a four-weeks period, has been announced by Miss Louise W. Gilfillan, general executive.

Miss Gilfillan will be director of the camp. Miss Mary H. Baldwin will be assistant director and registered trained nurse at the camp. She is of the Visiting Nurses' association in San Francisco. Miss Grace Farris of Eugene is to be business manager; Miss Alice Spurgin and Miss Mollie Gibbs will be unit leaders. Miss Marjorie Thayer and Miss Robin Gibbs are to be assistant unit leaders and Miss Lenore Austin is to be swimming instructor. These counsellors will also be instructors in the following activities: Nature, craft, pioneering, second class, hiking, outdoor cooking, trailing, dramatics, and others.

Visitors will be allowed at the camp only on Sundays, Miss Gilfillan announces. This is the second year at the camp, selected last year as a permanent camp site for the Girl Scouts. It is located two miles south of Florence, about one-fourth mile west of the Roosevelt Highway across Lake Cleawox.

One enthusiastic Girl Scout writes the following in behalf of the camp:

"From the hour you arrive at camp until you leave, you have a grand and glorious time. First comes the joy of settling your little nest underneath the trees and then of getting acquainted.

"Last year tents were only used for the cook, Red Cross supplies and emergencies, of which there were none. In the cubbyholes between the trees, the girls cleared away the dead branches and spread their beds. Here they slept and wrote letters or planned stunts to give at campfire. Sometimes the trees around heard secrets of treasure hunts and many other exciting happenings.

"This year at nine-thirty in the morning, we are to have our choice of the following groups: Nature crafts, first class, archery, water sports, dramatics, minstrel badge and second class. If you wish to take more than one of the above, you may do a second during the hobby hour at four in the afternoon. Last year in nature craft, we learned to make book ends, paper weights and desk sets out of plaster of Paris, using nature motifs. Mrs. Schrup found Heinie's foot prints in a fairly dry place and she poured plaster of Paris into them. When they were finished she had a nice set of bronze book ends with a raised imprint of her dog's foot.

"Dramatics is especially interesting because of the natural settings. We had an Indian pageant, an Arabian scene in the sanddunes and a pirate play.

"Between supper and campfire there is rowing, short hikes or anything you may wish.

"Among the long hikes from camp are trips to the ocean, Bear lake, Heceta head and down the Siuslaw to the coast guard station. The last two are part hike and ride. Automobiles give you a lift on your way to Heceta beach after you reach Florence, while the launch and scow go from Florence to the coast guard station.

"Miss Gilfillan has the help of splendid counsellors and a good cook and has many interesting plans for camp. But counsellors and plans will not make a camp without campers. If any Girl Scout in Eugene or Lane county has the slightest doubt about having a good time at camp, let her ask a girl who was there last season. Last year seven girls spent all four weeks in camp. Let's have more this year."

Mrs. Woolley Has Club Party on Monday

Mrs. A. C. Woolley was hostess for the meeting of the Madreaitas club on Monday afternoon at her home. Four tables of cards were in play, followed by refreshments.

Mrs. Daniel Lyon and Mrs. Lloyd Kraal are to entertain the club in two weeks at the home of Mrs. Gene Shields.

STAIRWAY FINISH

Stairways which are left uncarpeted are often permanently damaged by unsightly scars and scratches from sharp heels. A light coating of wax will help preserve the finish of the stairs, and an occasional treatment with one of the electric polishers will give them a handsome burnished appearance.

For Sour Stomach

TUMS FOR THE TUMMY 10¢

Do favorite foods sometimes disagree, causing that gassy fullness, burning sourness, belching, nausea, upset stomach, etc.? TUMS—a new Antacid mint—gives almost immediate relief. Simply eat three or four TUMS—often one is enough. Delicious, sweeten the breath. At any drug store—only 10c.

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Mrs. S. A. Solomon of New Bern, N. C. lost 47 pounds in 3 months with Kruschen Salts. She reduced from 217 to 170 lbs. She feels much stronger, years younger and pains in sides, back and abdomen that bothered her for years are all gone. She says she not only feels better but looks better as all her friends tell her.

"I shall never be without Kruschen Salts, will never cease taking my daily dose and more than glad to highly recommend it for the great good that is in it."

A bottle of Kruschen Salts that lasts 4 weeks costs but 85 cents at Stevenson's, Inc., Allen's Drug Store, Tiffany-Davis Drug Co., and druggists the world over. Take one half teaspoon in a glass of hot water every morning before breakfast.

Attention to diet will help—cut out pastry and fatty meats—go light on potatoes, butter, cream and sugar—the Kruschen way is the safe way to lose fat. Try one bottle and if not joyfully satisfied—money back.

No "After Bite" When Shaving with **Cuticura Shaving Cream**

A small amount quickly becomes a thick, lasting lather that penetrates to the hair follicles, while the medicated properties of **Cuticura** soothe the skin.

At your dealers or sent postpaid on receipt of 35c. *Address:* Cuticura Laboratories, Malden, Mass.

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COMBINED STATEMENT

The United States National Bank

and

The Eugene Loan and Savings Bank

At Close of Business June 30, 1931.

RESOURCES:

Loans and Discounts	$ 805,135.87
United States Bonds	120,000.00
Other Bonds and Warrants	791,623.34
Federal Reserve Bank Stock	5,550.00
Bank Premises and Other Real Estate	107,920.19
Cash and Sight Exchange	346,594.65
	$2,176,824.05

LIABILITIES:

Capital Stock	$ 150,000.00
Surplus and Profits	93,367.02
Rediscounts with Federal Reserve Bank	29,200.00
Deposits	1,904,257.03
	$2,176,824.05

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