

News Of Visitors For Week-End Given

By MARIAN LOWRY

ORGANIZATIONAL news makes up most of the activity for the week-end.

Among the larger groups meeting is the American Legion auxiliary on Tuesday evening at the armory at eight o'clock. Annual reports from all committees will be given and delegates elected to the state convention in Corvallis in early August.

An event of interest for campus women will be the discussion meeting to be sponsored Tuesday evening by Pi Lambda Theta, women's society of the University of Oregon. It will be at seven-thirty o'clock in the auditorium. The topic is "Some Aspects of European Schools."

HERE FROM PORTLAND

Mr. and Mrs. Alfred Krohn (Jane Campbell) were visitors here for the week-end from Portland as guests of Mrs. P. L. Campbell.

HERE FROM SUMMER

Mr. and Mrs. W. W. Brown and family from San Diego will be here most of the summer. They have just returned from a time but will return to be here until the first of September.

TO GO SOUTH

Mr. and Mrs. Sigfrid Seashore (Fredricka Travis), whose marriage was solemnized Friday, will be in Eugene until September when they will go to Palo Alto to live. Mr. and Mrs. Seashore were married on the eve of the wedding of Mrs. Seashore's parents, the late Mr. and Mrs. L. M. Travis.

TODAY'S RECIPES

By SISTER MARY

LIGHT, easy-to-prepare meals always are in demand when the mercury rises higher and higher. Foods that can be used with the minimum amount of preparation are eagerly sought by most homemakers, and these heads the list of this type of food.

In planning menus in which cheese is to play a leading part as a meat substitute, plenty of vegetables, both raw and cooked, must be included. A simple dessert of fruit served without cream is suitable. Cheese is a concentrated food, and in order to maintain a balanced meal, bulky foods must be supplied in abundance.

The hard American cheese made from whole milk contains most of the protein and fat, as well as a large part of the lime content of the milk from which it was made. This cheese has great food value and is really a concentrated form of milk. It adds the richness necessary to good cooking and is lacking in other essentials which must be supplied by the vegetables and dessert.

Lodge News

Cottage cheese, which is at its best in summer, is high in nutritive value and is classified as a "protective" food. It contains many of the lactic acid bacteria found in sour milk and to a certain extent, has the same effect on our digestive systems.

There are many varieties of cheese, both domestic and imported. For classification purposes they are conveniently divided into three groups—hard, semi-hard and soft.

The soft cream cheeses are well adapted to summer meals. In salads and with fresh fruits their mild flavor blends deliciously. Carefully stewed dried fruits also combine well with cream cheese for a salad or dessert.

The hard cheeses are served in wedges or slices according to the variety, or are used in cooked dishes. When cheese is to be cooked, care must be taken that it is not overcooked. Over-cooking leaves it tough and splits the fat, making it difficult to digest. Cheese is sufficiently cooked when it is just melted. An excellent way to use cheese is in a cream sauce. But it must not be added until the sauce is thoroughly before serving to melt it and keep it hot over hot water.

The Italian way of serving grated cheese with soup has much in its favor. Potatoes, tomato, spinach and almost all vegetable cream soups gain much nourishment and flavor if grated cheese is added when the soup is served.

High In Food Value

If you remember the food value of cheese you will find it easier to plan your menus. Less than an ounce of American cheese furnishes 100 calories. Three ounces or about five level tablespoons of cottage cheese furnish 100 calories. In comparison with this, two ounces of broiled sirloin steak furnish 100 calories. This is a very small serving of steak, the average serving being at least twice this amount.

The care of cheese is important if it is bought in large quantities. All varieties of cheese should be kept in a cool place. The hard and semi-hard varieties can be kept in good condition almost indefinitely if wrapped in a cheesecloth wrung out in vinegar. This prevents mold and keeps the cheese from becoming dry and hard. As soon as the cloth becomes dry it must be changed.

SON IS BORN

MONROE, July 6.—(Special).—Announcements came last week that Mr. and Mrs. Vern Smith of San Diego, Cal., are the proud parents of a son named Bruce Gary. Mrs. Smith is a former Monroe high school graduate.



Your white summer dresses will not be complete without one of the new jumpers. This one of dark blue jersey, semi-fitted with red and blue string belt and white buttons, is worn with a white shantung dress.



The formal black and white printed afternoon ensemble from Worth has a reversible black coat lined with the print, and a black jacket with white velvet crown, from Gaby Mon. Several shades of yellow make tiny nosegays on the black crepe de chine jacket ensemble from Jenny, shown at right. The organdie collar, the Alexandrine gloves and the jersey straw Lemonnier hat all are of chalk white.

Campus Graduate Is Married Saturday

Miss Gertrude Keber, graduate of the University of Oregon, and Cornelius Murphy of Portland were married Saturday morning in St. Mary's Catholic church, Mount Angel. Mr. and Mrs. Murphy are to live in Portland.

Mrs. Murphy is a member of Alpha Beta Sorority on the campus. Mr. Murphy attended Columbia university and Notre Dame and served in the aviation service during the world war.

The engagement of Miss Gertrude Keber, graduate of the university, to Hilding Bengtson of Fort Worth, Texas, has been announced. Miss Keber is a member of Alpha Omicron Pi sorority on the campus. Mr. Bengtson is a graduate of the University of Colorado and the Denver School of Mines and a member of Sigma Chi fraternity. The wedding will be in early August.

Lodge News

THE Security Benefit association is meeting Monday evening at eight o'clock at the home of Mr. and Mrs. Roy Smith. Following the business session, cards will be in play with refreshments later.

The Degree of Honor lodge will meet Monday evening at eight o'clock at the Moose hall. Mrs. Gale Aman is chairman of the committee. Mr. and Mrs. James Parker.

The drill team of the Eugene Rebekah lodge will practice Monday evening at seven-thirty o'clock at the I. O. O. F. temple, in preparation for initiation to be held July 15. Mrs. Willis Wray is captain of the team.

Members of the Women of Mooseheart Legion will hold their regular meeting Tuesday evening at eight o'clock at the Moose hall. Mrs. Hannah Johnson is chairman of the committee in charge.

An all-day picnic is planned for Tuesday by members of the Past Presidents' club of the Women's Relief corps at the home of Mrs. Lottie Humphrey in the Norckenia district. There will be a picnic dinner at noon and families of the members are invited.

Coburg People at Picnic on Fourth

COBURG, July 6.—(Special).—A group of Coburg people spent the Fourth picnic at Dille's park. A delicious lunch was served.

Those attending were Dr. and Mrs. M. E. Jarnagin, Mr. and Mrs. Charles Harrison, Clifford Harrison, Mr. and Mrs. John Adair, Miss Margaret Adair, Ben Adair, Mrs. Mrs. John McNabb, Miss Lena McNabb, Miss Isabel McNabb of Coburg; Mr. and Mrs. Emma Bauer, Miss Gladys Bauer of Jasper, Mr. and Mrs. Mitchell and son of Eugene.

Novelist's Cruiser Reaches San Pedro

SAN PEDRO, Calif., July 6.—(AP).—The 50-foot cruiser *Gladiator* arrived safely at the mainland from Avalon, Catalina Island today after the coast guard had been asked to search for the craft with 15 young persons aboard.

The *Gladiator*, owned by Zane Grey, novelist, and leased by the party, sailed from San Pedro to Catalina early Sunday afternoon and was to have returned last night.

When her son and daughter, members of the party, failed to return home, Mrs. C. A. Bewley of Long Beach asked the coast guard to hunt for the boat. It was explained after the *Gladiator* arrived that the party sailed from Catalina later than anticipated.

BACK FROM TRIP

MONROE, July 6.—(Special).—Mr. and Mrs. L. S. Jackson returned Thursday from a five weeks trip to Texas. Mrs. W. B. Pope who accompanied them as far as California also returned with them.

All wild animals refuse to attack a skunk.

No Wonder Lovely Women Like It!

No wonder beautiful women love this new face powder made by exclusive French process. MELLO-GLO stays on longer. Prevents large pores. So smooth and fine, it blends naturally with any complexion and gives fresh, youthful bloom. No irritation. No flaky or puffy look. Never leaves the skin dry. It's wonderful!

Miss McBee Bride In Church Ceremony

Miss Elma Josephine McBee, daughter of Mr. and Mrs. E. F. McBee, 1228 Charnelton street, was married to William Reynolds Landrum, son of Mr. and Mrs. W. F. Landrum, 887 Lincoln street, Monday, June 22.

The ceremony was at noon in the Central Presbyterian church, Rev. Milton S. Weber, pastor of the church, officiating.

Mr. and Mrs. Landrum are to make their home at 218 Twelfth avenue west. Mrs. Landrum is a graduate of the Eugene high school and Mr. Landrum a graduate of the Pendleton high school.

Miss Kruse Honor Guest At Party For Fourteen

Honoring Miss Audrey Kruse, who left Monday with her family to live in Virginia, Miss Aletha Wheeler entertained the past week end a first hundred card and dancing party. Prizes at five hundred went to Miss Thelma Parks and Hillard Hanson.

Guests for the party included Misses Audrey Kruse, Thelma Parks, Elma Robert, Peggy English, Miss Aletha Wheeler, and Harold Dunn, Garnet Swafford, Emmett Benedict, Donald Ades, and Hillard Hanson.

Visitors Here

Mr. and Mrs. Irl Thomas and the Thomas, all of Fairmount, West Virginia, left Sunday after a visit of four days in Eugene as guests of Mr. and Mrs. G. C. McAllister. Mrs. Irl Thomas is a niece of Mrs. McAllister.

YOUR CHILDREN

By OLIVE ROBERTS BARTON

It is good for children to be near the ground, to dig in it, sit on it. That is, of course, if the sun is out and the ground is dry and warm.

No one knows exactly what affinity man has for the earth or the earth for man, but there is no question that it communicates to him something of strength and health. It may be electricity, it may be something else, but there is more chemistry to earth than we dream of in all our science and philosophy.

The first place, children should be dressed suitably. Little else than two straps and a hand. And I like bare feet and legs. But if the children are going to be turned loose in a little garden of Eden, I should see that there was nothing about to hurt them.

Guard Against Rubbish

If your yard has ever been a dumping place for ashes or rubbish, it is almost impossible to get out all the old bits of glass, tin, nails, and the splinters that accumulate in years of time. It should be deeply spaded and the ground turned to the top.

This is also an idea where the earth is hard or sour. Then it should be partly sowed in grass for lawn, but not all. Keep one corner for the children to dig in, to plant a little flower or vegetable garden, or to make mud pies.

Need Room for Play

Of course I am speaking here to people with a patch of ground. But parents with children should have a patch of ground. And I hope you haven't filled up the space behind or beside your house with a garage and only enough space left to hand out clothes, and no place for the children to dig.

On hot days a big straw hat handy for each child—a regular farmer hat. You can get a splendid one for a dime. Don't have the garbage can near the place they play, and of course there should be no "burn-piles" near. The gardening may be varied by center-piercing. All children enjoy making things with hammer, nails, and a saw, and outdoors is the best place to do it.

Church Society

THE joint meeting of the Home and Foreign Missionary societies of the Methodist Episcopal church will be held Tuesday at the church. Election of officers will be held at the business session at twelve o'clock. A covered dish luncheon is planned for one o'clock with the program following.

Miss Alice Baker, Miss Dorothy Nyland and Mrs. H. R. Gould are in charge of the program and Mrs. Frank L. Chambers is general chairman for the meeting.

Misses Emma and Nettie Chase will be hostesses for the meeting of the North division of the Ladies' Aid society of the Central Presbyterian church Tuesday afternoon at two-thirty o'clock at their home 208 Pearl street. The West division will have a one o'clock luncheon at the home of Mrs. Ruth Addison, 501 Twelfth avenue east.

Iowa Club

The meeting of the Iowa club which comes on Wednesday of this week has been changed in location. The club members will meet at the home of Mrs. John Genn, 1142 Alder street, at one o'clock for a potluck luncheon. Members are to take the Fairmount bus.

CRESWELL NEWS

CRESWELL, July 6.—(Special).—A number of families of the community availed themselves of the double holiday at the week-end and enjoyed outings. J. E. Smith and family went to Noh, Mr. and Mrs. O. C. Smith, Hazel McCue, Mrs. Minnie Smith and Wanda McCue motored to the Yachats, Mr. J. M. Weber with a group of friends, Eugene made a trip to the Oregon coast.

Mr. and Mrs. Ed Reynolds, Mr. and Mrs. Ralph Jack and Bryce Posey of Springfield were callers last week at the home of their father, James Shaub.

More than fifty members of Creswell grange attended the Lane-Pomona grange picnic at Riverside park Saturday. A baked dinner was served at noon followed by a program. Mrs. C. J. Crittenden and sons, Charles and David, sang a number and Mrs. E. J. Sily, also of Creswell, gave a patriotic reading. Water sports and a baseball game provided entertainment for the afternoon.

Mr. and Mrs. George O'Neill, daughter Audrey and son Donald of Stockton, Cal., arrived Friday and are visiting with relatives in this community. Mrs. O'Neill is a sister of J. W. Gates and Mr. D. M. Paerz.

Mr. and Mrs. B. F. Shearer and three children and Miss Davis of Seattle, Mrs. George Feinberg, of New York City, and Mrs. Harris of Los Angeles, were callers Friday at the home of Mr. and Mrs. David Francis. They were enroute the west and were on their way to California.

Friends of Llewellyn Francis, son of Mr. and Mrs. Francis, who is located in New York City.

Robert Smith and John Weber, local boy scouts, left Sunday for scout summer camp up Blue River.

Mrs. E. H. Tryon and Miss Tryon left Friday for Vancouver, Wash., to visit over the double holiday with Mr. and Mrs. John Tryon.

All those interested in joining the typing class to be conducted by A. H. Gillett are requested to respond at the first meeting at the school house Monday evening, July 6.

Mrs. Wayne Patterson was honored guest at a post-nuptial event at the home of her parents, Mr. and Mrs. E. E. Simpson Friday afternoon. A pleasant time was spent and a shower of gifts was presented Mrs. Patterson. A dainty lunch was served. Those present were Alvina Spencer, Jeannette Spencer, Anna Morris, Kathryn Warner, Alma Grounbeck, Harriet Moore, Try Cooley, Mrs. S. S. Morris, Mrs. C. E. Cooley, Mrs. E. E. Simpson and Mrs. Patterson.

Mr. and Mrs. A. C. Taylor and family of Condon and Mrs. Lyle Hendrick of Woodburn visited at the home of Mr. and Mrs. James Shaub. Mrs. Taylor is a sister of Mrs. Shaub and Mrs. Hendrick is a sister-in-law of Mr. Shaub.

Dr. Zimmerman of Eugene was called Thursday to see James Shaub who has been very ill for several days. Mr. Shaub's granddaughter, Dorothy Shaub, practice nurse at the Pacific Christian hospital, was here Friday to do for Mr. Shaub.

Miss Mary Townsend, a former teacher in the Creswell schools, now of Portland, was an over night guest of Mrs. Ethel Everson Wednesday. Miss Townsend was on her way with a party of friends to Crater lake.

Louise Abbott of Los Angeles is visiting this week with her aunt, Mrs. Ethel Everson.

Miss Ruth Rex of Klamath Falls, a student at the summer school session at the university at Eugene, was a week-end guest at the home of her classmate, Estel Sly.

More than 20,000 deceased persons are now cremated in the United States every year.

Ralph & Stanley
PRICE CUTTERS

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Prices are the Same at All Three Stores

Tuesday Morning Till Friday Evening

We offer you these wonderful specials, and a thousand articles besides at less than usual prices.

Golden Bell Hard Wheat Flour—49 pound sack	95¢	Calumet Baking Powder—5 pound can	89c
Carnation Wheat Flakes—No premium, large pkg.	19c	10 pound can	\$1.35
Premium, large package	29c	Seedless Raisins—2 pound package	15¢
Carnation Oats—No premium, large pkg.	19c	Rice—Fancy Blue Rose, 4 pounds	25¢
Premium, large package	29c	Baby Lima Beans—4 pounds	25¢
Self Rising Buckwheat Flour—Large package	25c	Navy Beans—No. 1 California, 4 pounds	25¢
10 pound sack	69c	Grape Juice—Fiala, quart bottle	15¢
Flapjack Flour—Large package	17c	Extracted Honey—5 pound can	55c
10 pound sack	45c	10 pound can	\$1.00
Alber's Cracked Wheat—Package	15¢	Tomato Hot Sauce—6 cans	25¢
Alber's Steel Cut Oats—Package	15¢	Muscat Grapes—No. 2 1/2 can	12 1/2¢
Hominy—9 pound sack	29¢		

We have bought the entire candy stock of the Pacific Coast Biscuit Company and offer you

4 Tons of Candy at 50 Cents on the Dollar

ONE POUND FREE

With Every Pound Purchased

Chocolate Marshmallows—1 pound	50c	Bonnie Chocolates—1 Box	\$1.50
1 pound	Free	1 Box	Free
Chocolate Caramels—1 pound	35c	Bonnie Chocolates—1 Box	75c
1 pound	Free	1 Box	Free
Mixed Creams—1 pound	25c	Nuts in Cream—1 Box	60c
1 pound	Free	1 Box	Free
Caramel Chocolates—1 pound	30c	Brazil Nuts—1 Box	\$1.50
1 pound	Free	1 Box	Free
Broken Taffy—1 pound	30c	Victoria Chocolates—1 Box	\$1.00
1 pound	Free	1 Box	Free
Wintergreen Lozenges—1 pound	25c	Butter Creams—1 Box	75c
1 pound	Free	1 Box	Free
Lemon Candy—2 pieces	1c	Broadway Belle—1 Box	\$1.25
2 pieces	Free	1 Box	Free
Pansy Blossom—1 pound	40c	Whipped Centers—1 Box	60c
1 pound	Free	1 Box	Free
Butter Scotch Waffle—1 pound	30c	Chocolate Kisses—1 Box	\$1.25
1 pound	Free	1 Box	Free
Rose City Chocolates—1 pound	50c	Chocolate Cherries—1 Box	60c
1 pound	Free	1 Box	Free
Co-Ed Chocolates—1 pound	65c	DeLux Chocolates—1 Box	60c
1 pound	Free	1 Box	Free
DeLux Chocolates—1 pound	75c	Hershey's Chocolate Kisses—1 pound	75c
1 pound	Free	1 pound	Free

And a Hundred Other Kinds at Half Price

An Extra Special
EVENT OF OUR FIRST SALE

While They Last We Will Sell All Black and White, and Tan and White Spectator Pumps and Strap Pumps at

\$4.95

Values To \$8.50

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McDONALD THEATRE BLDG-1032 Willamette

hear! hear! hear!



Rice Krispies crackling in milk or cream makes you hungry. And how good these toasted rice bubbles taste!

Delicious with fruits or honey—for breakfast, lunch or supper. Use in recipes in place of nutmeats. Order from your grocer in the red-and-green package. Made by Kellogg in Battle Creek.

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