Honey Goes In Sweets To Satisfy

The honey people are coming up with some suggestions for using this basic sweet as a confection, and also as an ingredient in innumerable other dishes where sweetening is important.

Here are some of the suggestions made. The first recipe is for dates and honey, merely will cavities with any of these fillings:

Dried Apricots and Honey: Put ½ cup dried apricots and ½ cup walnuts through fine knife of a food chopper. Add ¼ cup honey and blend well.

Peanut Butter and Honey: Combine ¼ cup peanut butter and 2 tablespoons honey. Blend well.

Nut-Raisin-Honey: Put ½ cup seeded raisins, ½ cup brazil nuts through food chopper using fine knife. Add honey to moisten. Blend well.

Other ideas for honey recipes are:

Quick 'n Easy Honey Treats

Slip a little honey butter between halves of miniature hot biscuits at afternoon tea. Make butter by creaming equal parts of honey and butter together. Chill in the refrigerator.

Heat honey with melted butter and serve over stacks of thin pancakes.

Mix equal amounts of honey and orange juice, serve over warm cake squares.

Mix honey with finely chopped pecans, ladle over crisp waffles.

Put honey and shredded coconut in muffin cups and drop yeast batter over them. Bake according to directions.

Spread thinly sliced sandwich bread with equal parts of honey and peanut butter. Slice in finger lengths and serve with soup or salads.

Drop a spoonful of honey on the top of a muffin before you put it in the oven to bake. The honey will sink to the center and it will surprise and delight diners.

Pour honey over a serving of ice cream for a delicious sundae.

Drop a teaspoonful of honey into the center of a canned pear or peach for a quick dessert.

Cottage cheese served with honey and cream and a dash of cinnamon makes a delectable dessert. For variation place cottage cheese on a bed of fresh or canned fruit or on a slice of pineapple.

Try Orange Honeyade made thus: Combine 2 cups orange juice, ½ cup lemon juice, ½ cup honey, and 1 cup water. Stir well. Garnish with orange slices or cherries.

Dress Up Beans For Outdoors

From childhood days up, most everyone goes for a heaping plate of colorful pork and beans with tomato sauce, especially when eating out. They're good to eat, pretty to look at, and are packed with nutritional content.

Whether you are planning a meal for the family athletes, or week-end guests, be certain to include pork and beans. The youngsters will run faster, and the oldsters will hit longer balls. Beans also fit into the party pattern.

Patio dining becomes a picture with a delicately colored skillet of Patio Beans, canned pork and beans with frankfurter slices, young scallions, and tangy mustard.

Fill large colorful bowl with green salad, made with Bibb lettuce, iceberg lettuce, curly endive, young onion slices, cucumbers, and radishes, top dressed with a delicate French dressing. Beans plus salad and long tall glasses of Orange Ginger Tea, mean good eating all summer long.

Try these recipes for your Patio Party this weekend.

PATIO BEANS

- 8 frankfurters, cut into ¼-inch slices
- 2 tablespoons chopped scallions
- 1 tablespoon butter or margarine
- 1 can (1 pound) pork and beans with tomato sauce
- 1 teaspoon prepared mustard
- 6 hamburger buns, split and toasted

In skillet, brown frankfurter slices and scallions in butter. Add beans and mustard. Heat. If desired, serve on toasted hamburger buns. Makes 6 servings.

ORANGE GINGER TEA

Brew 3 cups of tea. Add ¼ cup lemon juice and ½ cup orange juice. Sugar to taste. Chill. Add 1 pint gingerale when ready to serve. Pour over ice cubes into big glasses. Decorate with orange slices. Makes 6 servings.

THE MOST IMPORTANT THING about Baking

It's the balance of ingredients in baking powder that governs its leavening action. Only when these are scientifically balanced can you be sure of uniform action in the mixing bowl plus that final, balanced rise to light and fluffy texture in the oven.

Balanced Double Action means Better Baking!

SAFEWAY

Reg. 39c Plastic Refrigerator Dish with the purchase of Reg. $1.16, 4-lb. Lucerne Prize Winning

Cottage Cheese

Delicious Farmer Style Cottage Cheese in an attractive Plastic Refrigerator Dish, grand for left-overs, picnic, and lunch box foods.

A $1.55 Value Both for only **$1.19**

Your choice of creamy large curd, farmer style, small and farmer style with chives.

Reg. 31c Full Pint **25¢** — Reg. 59c Full Quart **49¢**

SECOND WEEK...

FROZEN FOODS

Your choice of tender, sweet peas or mixed peas and carrots.

Peas ....Case of 24 for $3.55

Peas and Carrots ....Case of 12 for $1.78

SHORTENING

Royal Satin pure white, the finest all-vegetable shortening. 3-lb. tin **79¢** 6-lb. tin $1.57

CHERUB MILK

The finest for table use, baby's tender diets, and household cooking. 8 Tall Tins $1.00

Save More on Each . . . Dozen or by the Full Case

			Each	Full Dozen	Case of 24
SANTIAM BEANS	Famous Blue Lake Variety An Oregon Product	303 tin	5 for 89¢		$4.25
PEAR HALVES	Highway brand std. Reg. 3 for $1 Like getting 1 FREE	No. 2½ tin	4 for $1		$5.98
FRUIT COCKTAIL	Town House brand Fancy quality. Reg. 25c ea.	303 tin	4 for 85¢		$5.09
GRAPEFRUIT	Highway brand. Broken segments. So delicious	303 tin	5 for 89¢		$4.25
HI-C ORANGE DRINK	Rich in Vitamin C A real value.	46-oz. tin	3 for 85¢	$3.39	
PINEAPPLE JUICE	Lalani brand. Fancy Hawaiian	46-oz. tin	4 for $1	$2.98	
TOMATO JUICE	Town House, fancy Buy the doz. and save.	46-oz. tin	4 for 89¢	$2.65	
GRAPEFRUIT JUICE	Town House, fancy quality	46-oz. tin	3 for 95¢	$3.79	
ORANGE JUICE	Town House brand, fancy From sun-ripened oranges	46-oz. tin	3 for 95¢	$3.79	
WELCHADE	Refreshing grape drink From finest concord grapes	32-oz. tin	3 for $1	$3.98	
HAWAIIAN PUNCH	Golden or regular punch. Buy 12 . . . save more!	46-oz. tin	3 for 99¢	$3.95	
FANCY PUMPKIN	Moonbeam brand. A grand value.	No. 2½ tin	10¢		$2.39
GRATED TUNA	Tempest brand Light meat	No. ½ tin	5 for $1	$2.39	
POOCH DOG FOOD	Regular and liver flavored	Reg.	12 for $1		$3.95

Save More on Each . . . Dozen or by the Full Case

			Each	Full Dozen	Case of 24
CUT GREEN BEANS	Town House brand Fancy, Reg. 3 for 49c	303 tin	6 for 89¢		$3.55
GREEN BEANS	Gardenside brand Reg. 2 for 27c	303 tin	9 for $1		$2.65
CREAMED CORN	Gardenside brand, std. Reg. 14c	303 tin	9 for $1		$2.65
SWEET PEAS	Tender, Gardenside brand. Vine-ripened	303 tin	9 for $1		$2.65
TOMATOES	Gardenside brand, fully red-ripe tomatoes	No. 2½ tin	5 for 99¢		$4.75
GREEN GIANT PEAS	Special price at Safeway now	303 tin	Each 19¢		$4.55
MUSHROOMS	Shady Oak brand, stems and pieces. Reg. 33c ea.	4-oz.	4 for $1	$2.98	
PIE CHERRIES	Honeybird brand. Luscious, full-flavored cherries	No. 2	4 for $1		$5.98
TOMATO SOUP	Famous Rancho brand Another Safeway savings.	22-oz. tin	5 for 89¢		$4.25
CINCH CAKE MIXES	Reg. 25c ea. White, yellow, spice, chocolate	reg. pkgs.	5 for $1	$2.39	
LIMA BEANS	Bel-air, quick-frozen Ford Hook, premium quality	10-oz.	5 for 99¢	$2.35	
ASPARAGUS	Gardenside brand Cut, all green	300 tin	7 for 89¢		$3.05
CLING PEACHES	Town House brand Sliced and Halves	No. 2½ tin	4 for $1		$5.98
CLING PEACHES	Town House brand sliced—fancy quality	303 tin	5 for 89¢		$4.25

SAFEWAY

Look at this Terrific Savings on

BEST FOODS MAYONNAISE

Reg. 67c ea. at Safeway this weekend.

Full Quart **59¢**

FRESH EGGS

"AA" Extra Large	Doz. 55¢	2 doz. $1.09
"AA" Large	Doz. 50¢	2 doz. 99c
"A" Small	Doz. 35¢	2 doz. 69c
"AA" Small	Doz. 35¢	2 doz. 69c

Macaroni, Spaghetti Popular

It's a wonderful feeling when you find something your family goes for, yet is an economy food. Such are the macaroni and spaghetti foods that are so handy and well-liked. Spaghetti and meat balls, macaroni and cheese, among the most popular all-time foods are just about as low in price as anything.

Several suggestions for economy main dishes should not go amiss in any household, so here goes for a couple:

DEVILED CHEESE MACARONI RAMEKINS

- 1 tablespoon salt
- 3 quarts boiling water
- 2 cups elbow macaroni (8 ounces)
- 2 10-½-ounce cans condensed cream of mushroom soup
- 2 teaspoons salt
- 2 medium-sized eggs, slightly beaten
- 2 cups grated Cheddar cheese (about ½ pound)
- ¼ cup chopped parsley
- ¾ cup chopped onion
- 2 tablespoons prepared mustard
- ¼ cup grated Parmesan cheese

Add 1 tablespoon salt to rapidly boiling water. Gradually add macaroni so that water continues to boil. Cook uncovered, stirring occasionally, until tender. Drain in colander.

Meanwhile, combine soup, 2 teaspoons salt, eggs, Cheddar cheese, parsley, onion and mustard. Add macaroni and mix well. Line 8 individual casseroles with aluminum foil. Turn macaroni mixture into casseroles.

Sprinkle with Parmesan cheese. Bake in hot oven (400 degrees) 30 minutes, or until lightly browned. If desired, garnish with radish slices and parsley springs. Makes 8 servings.

SPAGHETTI WITH MAD CAP SAUCE

- ¾ pound ground beef round
- 2 tablespoons chopped onion
- 1½ teaspoons salt
- 1 8-ounce can tomato sauce
- 4 large mushrooms
- 1 1-pound can tomatoes
- ¼ teaspoon chili powder
- ¼ teaspoon pepper
- ¼ teaspoon garlic salt
- 1 tablespoon salt
- 3 quarts boiling water
- 8 ounces spaghetti

Combine beef, onion and 1 teaspoon salt; mix well and shape into 4 balls. Add tomato sauce, mushrooms, tomatoes, chili powder, pepper, garlic salt and ½ teaspoon salt. Cook over low heat, stirring occasionally, 40 minutes until meat balls are done.

Meanwhile, add 1 tablespoon salt to rapidly boiling water. Gradually add spaghetti so that water continues to boil. Cook, uncovered, stirring occasionally, until tender. Drain in colander. Arrange spaghetti on serving platter; top with meat balls and tomato sauce.

Banana Shake For Dairy Month

The Chinese celebrated their new year as the Year of the Dog, which seems somewhat exotic to us Americans. But we are now engaged in celebrating the month of the cow, or National Dairy Month, as we term it. This is the month for cooks to appreciate the abundant milk, cheese, cream and other good things provided by the friendly cow under the scientific supervision of our excellent dairy industry.

Lots of people like milk to drink "as is," and lots more like to blend different flavors into it to make interesting milk shakes, floats and milk punches. One of the most ingenious milk drinks to make is a Banana Milk Shake. The banana is mashed with a fork or beater until it becomes of liquid consistency, and to this "liquid banana," the milk is added. There you are with a delicious, fresh banana-flavored milk drink, as simply as that.

Since the cow is famous for taking things easy, why not toast it this month with a Banana Milk Shake which lets you take things easy?

BANANA MILK SHAKE

1 fully ripe banana
1 cup (8 ounces) cold milk

Peel banana. Slice into a bowl and beat with a rotary egg beater or electric mixer until smooth and creamy. Add milk; mix well. Serve immediately. Yields 1 large or 2 medium-sized drinks.

Banana Chocolate Milk Shake: Add 1 tablespoon chocolate sirup before mixing milk shake.

Safeway June Jamboree Stock-up Event!

More Safeway Penny Savers

Dog Food	Skippy brand	6 tins	59¢
Taste Tells Catsup	Case 3.55	6 14-oz. bottles	89¢
Cat Food	Nine Lives brand	8 No. ½ tins	99¢
Dove Soap	Save 6c now	2 reg. bars	33¢
M-D Tissue	Assorted colors	2 pkgs. 4's	79¢
Kool Aid	11 refreshing flavors	6 pkgs.	29¢
Table Syrup	Sleepy Hollows Maple Flavor	24-oz. bottle	55¢
Lima Beans	Bel-air frozen Premium Fordhooks	5 10-oz. pkgs.	99¢
Black Pepper	Crown Colony ground	4-oz. can	29¢

See How You Save More When You Shop At Safeway

TV Dinners	Swanson's. Just heat 'n serve. Chicken, turkey, beef.	11-oz. size	65¢
Book Matches	American brand carton of 50 pkgs.	2 for	29¢
Lac-Mix Dry Milk	Enjoy its fresh milk flavor Mixes instantly. Reg. 89c	12-qt.	79¢
Sandwich Spread	Lunch Box, creamy with chopped pickles and sweet red peppers	Quart Jar	59¢
Cheese Spread	Van Zee brand, processed. Spreads smoothly, evenly	2-lb. Pkg.	59¢
Westag Vanilla	A grand value on this imitation vanilla	8-oz. Bottle	19¢
Strawberries	Bel-air "Premium Quality" Quick frozen. Case 24 $4.75	5 10-oz. Pkgs.	99c
Lemonade	Bel-air, pink or regular, "Premium" Frozen concentrates	6 6-oz. tins	59c
Smith's Spaghetti	Just heat 'n' serve Case 24 for $2.65	9 300 tins	$1.00

Remember...it's the TOTAL you Save that Counts!

Peanut Butter	Delicious Beverly Brand, creamy or chunky	18-oz. Jar	49c
Fruit Cocktail	Famous Del Monte brand Case of 24 for $5.69	4 303 tins	95c
Ice Cream	Snow Star, strawberry, Neopolitan and spec. flavor.	Half Gallon 89c	Full Quart 49c
Strawberry Jam	Empress brand, the finest Canadian. Reg. 79c		Full Tin 69¢
Pineapple	Lalani brand, fancy sliced, from sunny Hawaii. Case 24 for $4.70	5 No. 1¼ Flats	$1.00
Brocade Soap	Your choice of pink, yellow and turquoise	5 Bar Pack	29c
Ivory Soap	Save more at Safeway	4 Bar Pack	35c
Pink Scamper	The new liquid light duty detergent. 10c off now	22-oz. Tin	59c
White Magic	The new foil-wrapped detergent 49¼-oz. Pkg. 69¢	5-lb. 3¾-oz.	$1.28

It's Safeway for "Kitchen Fresh"

Roxbury Summer Candies

Jelly Beans	Assorted Flavors	14-oz. pkg.	29¢
Marshmallow Peanuts		13-oz. pkg.	29c
Creme De Menthe		11-oz. pkg.	29¢
Swedish Mints	Fresh, cool flavor	10-oz. pkg.	29¢
Dinner Mints	They're tops	6-oz.	19¢
Party Mints	Full flavor	8-oz.	29¢

Coca-Cola	World famous (plus deposit)	12-oz. bottles	55¢
Seven-Up	Refreshing (plus deposit)	12-oz. bottles	59¢

CANE SUGAR

The finest pure granulated sugar. Special price. 25-lb. Bag **$2.57**

EMPRESS JAMS

Your choice of Loganberry or Raspberry pure Canadian jams. 2-lb. tin **59¢**

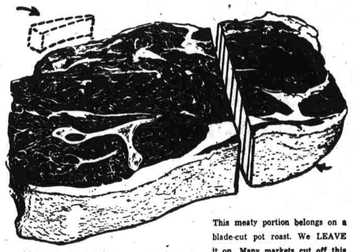
CHUNK TUNA

Delicious Sea Trader brand, tender, light meat. Doz. $2.65. 4 No. ½ tins **89¢**

DRY BEANS

Dry limas, blackeye peas, pork and beans, kidney, dary red kidney, pintos and Mexican Chili Beans. 9 Tall Tins **$1.00**

With Father's Day Just Around the Corner . . . Treat Him With a



Many markets remove the meaty portion, giving you less meat in proportion to bone. Compare the extra value you get at Safeway where you always get ALL the good meat that belongs.

This meaty portion belongs on a blade-cut pot roast. We LEAVE it on. Many markets cut off this portion and sell it as boneless pot roast at a much higher price per pound.

Tender "USDA Choice" Beef POT ROAST

Safeway Pot Roasts are cut from chucks of "USDA CHOICE" beef. This is the grade that offers greater value because it means you get more meat in proportion to bone. It is well marbled for finer flavor.

Special Price Reg. 69¢
Blade Cuts
Round Bone lb. 65¢

lb. 49¢

Fresh Ground Beef	100% Pure Guaranteed	lb. 55c
Boneless Beef Stew	"USDA CHOICE"	lb. 79c
Frozen Shrimp Meat	Cooked Shelled	lb. 85c
Rainbow Trout	Quick-frozen	Each 25c

It's SAFEWAY For Values Like These

Fresh Fryers	From 2 to 3-lbs. Cut-up	lb. 49c	Whole Fryer lb. 43c
Sliced Bacon	Armour Star brand		2-lb. Pkg. $1.29
Canned Hams	Armour Star brand		5-lb. Tin $4.99
Hen Turkeys	Quick-frozen 14 to 18-lbs.		lb. 39c
Rump Roast	"USDA CHOICE" Beef With bone in		lb. 85c
Round Steak	"USDA CHOICE" Beef Full or half cut, bone in		lb. 85c

Pork & Beans

Van Camp — Reg. 2 for 45c — 3 No. 2½ cans **65¢** — Case of 24 Tins for $5.15

Taste Tells — Reg. 3 for 65c — 3 No. 2½ cans **55¢** — Case of 24 Tins for $4.35

Tenderized and Skinned

SMOKED HAMS

Whole Ham	or full shank half	lb. 63¢
Shank End	5 to 7 lb. pieces	lb. 55¢
Butt End	5 to 6-lb. pieces	lb. 59¢
Center Slices	tender meaty	lb. 98¢

All-Purpose Flour

Kitchen Craft is guaranteed to work wonders with ANY recipe. It's sifted thru pure silk to give it fine texture required for easy blending.

25-lb. Sack $1.89
50-lb. Sack $3.75
10-lb. Bag **95¢**

Pancake Flour	Kitchen Craft is grand for waffles, too	4-lb. Pkg. 49c
Baking Mix	Kitchen Craft brand Quick, easy way to bake	2-lb. Pkg. 29c

This Week's Best Produce Buy . . .

Sweet Meated **CANTALOUPE** Per Pound Only **10¢**

Perfect for delicious summer salads, desserts or breakfast treat. Every melon guaranteed perfect.

Watermelons	Thumpin' ripe beauties	whole lb.	7½¢
Peaches	Tree-ripened full flavored	lb.	19¢
Apricots	Sweet-meated tree ripened	lb.	29¢
Head Lettuce	Crisp, solid Garden fresh	lb.	15¢
New Potatoes	Long Whites Guaranteed	10 lbs.	49¢
Sweet Corn	Golden Kernels	6 ear	49¢

Like Shortcakes? Enjoy our Red-ripe Strawberries

Strawberries

Local grown beauties. Topped with Lucerne 36% Whipping Cream . . . M-m-m it's tops.

12 Cup Crate $2.59 — 2 cups **45¢**

Fancy Bananas

Golden Ripe Beauties—Each One Perfect...Delicious for Salads.

2 lbs. Only **29¢**

SAFEWAY