

Italians Give Macaroon Idea

Among the treasured desserts of Italy, the amaretti or macaroon is considered one of the most typical in the United States. The delicately almond-flavored crunchy goodness of the amaretti is no doubt, well known to you, and probably it's one of your favorite treats.

This version of the Italian specialty which has been developed by Sugar Information, Inc., is rather easy to prepare. The only ingredients you need are almonds, sugar, salt, egg whites and almond extract. The only real effort is chopping the nuts.

They're wonderful to serve with afternoon tea or as a delectable accompaniment to fruit compote dessert.

These delicious cookies are found to please everyone, so it would be wise to make up several batches of amaretti—they're sure to go fast.

Here is the recipe:
AMARETTI (Macaroons)
 ½ pound blanched almonds
 1 cup sugar
 Dash of salt
 2 egg whites
 ½ teaspoon almond extract
 Chop blanched almonds until they are reduced to a powder. Add sugar and salt and mix well. Beat egg whites until stiff but not dry. Fold almonds and sugar into egg whites. Add almonds extract and blend. Drop by teaspoons onto buttered and floured cookie sheet. Sprinkle with confectioners' sugar. Allow to stand 2 hours before baking. Bake in slow oven (300 degrees) about 25 minutes or until golden brown. Yields 32 macaroons.

Almonds Add to Apricot Sauce

Apricot Almond Sauce is especially suitable to serve with ham, pork or tongue. Almonds, sliced and gently toasted, add crunch and good flavor.

APRICOT ALMOND SAUCE
 ¼ cup sliced blanched almonds
 ¼ cup cooked unsweetened dried apricots
 1 cup cooking liquid from apricots
 ¼ cup sugar
 1 tablespoon cornstarch
 Few grains salt

Place almonds in shallow pan and roast in slow oven (300 degrees) about 15 to 20 minutes, stirring occasionally. Cut apricots into strips. Combine apricot liquid, sugar, cornstarch and salt. Cook and stir until clear and

thickened. Stir in apricots and almonds. Serve at once. Especially suitable to serve with ham, pork or tongue. Makes about 1½ cups sauce.

MONDAY FOOD

For an extra special cream soup made from fresh asparagus, cook the stalks in chicken broth and then use the liquid leftover for your cream sauce.

SHOP AROUND

Bologna varies greatly in quality. Find a brand you like.

GIVE VARIETY

A bright-colored food and a crisp one often help to make a menu particularly attractive.

LITTLE SWEETER

Light-colored corn syrup is somewhat sweeter than dark-colored corn syrup.

MILDER FLAVOR

A light-colored honey is usually milder in flavor than a dark-colored one.



Fresh From Our Own Ovens . . .

FOR YOUR LENTEN MENU

HOT CROSS BUNS

Doz. **49¢**

POPPY SEED

ONION ROLLS

Doz. **39¢**

Another Special Service From The Friendly Stores

ERICKSON'S

WALLA WALLA PEAS



today's best buy

DELICIOUS WITH HAM!

For those who want the fun of feeling good!

You've known families who have it...

boundless energy, the zip and enthusiasm that makes them "lots of fun." Heredity undoubtedly is important—so is the ability not to "worry."



But what you eat and drink is important, too!

Science tells us that most of us would feel better, live longer, have more sparkle and pep if we had far less fat, far more protein in our daily diets. Fat puffs out waistlines—slows us down. Protein rebuilds and revitalizes tired nerves and tissues—supplies energy with "staying power."

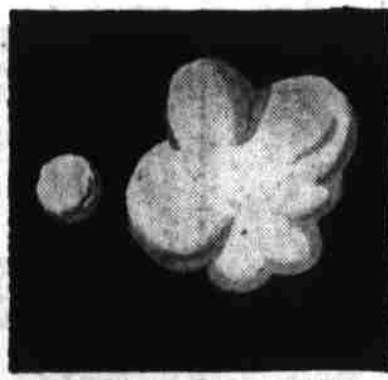


Pet Milk Company Announces America's New Protein-Rich Sparkle and Vitality Drink

Milk protein—the high-quality kind needed for this rebuilding, revitalizing, energy-boosting job—in a drink that's completely delicious and refreshing, free of fat and unbelievably easy to mix . . . **NEW PET Instant!**



36.5% PROTEIN—and guaranteed less than 1% fat, New PET Instant is rich in the things that help give you and your family sparkle and vitality energy with "staying power."



NEW, EXCLUSIVE INSTANTIZING carries instant mixing a big step forward. The milk crystals are "popped" so they dissolve at the touch of water—mix almost faster than you can stir!



FLAVOR MORE REFRESHING than fresh whole milk! No clinging "fatty" aftertaste—none of the "powdery" taste of earlier dry milks—but a rich, fresh flavor your family will enjoy!



Look for it in its brand-new, bright-blue **FLAVOR-SAVER PACKAGE**. Full protected—Handy pouring spout! Two sizes: 4-oz., 12-oz. Copyright 1957 Pet Milk Co.

NEW PET INSTANT NONFAT DRY MILK

Scotty STORES

We Reserve the Right to Limit Prices Effective THURS. - FRI. - SAT.

SAVE 10c ALBERS

Flapjack Mix



4 1/2 Pkg. 49¢

With 10c Coupon Pg. 1, Food Section

ROSE PLANTING TIME

ROSE BUSHES

Fancy Asst. Colors Each

59¢

FRADELIS FROZEN

DINNERS

Fried Chicken
Roast Beef—Meat Loaf
Halibut—Swiss Steak
Veal Cutlet—Ham Steak
Ground Beef Steak

Each

59¢

BETTY CROCKER FAVORITE

BISQUICK

40-oz. Pkg.

35¢

GOLD MEDAL

FLOUR

10 Lb. Bag

98¢

OCEAN BEAUTY CHUNK

TUNA

5 No. 1/2 Tins

99¢

HILLS BROS. INSTANT

COFFEE

6-oz. Jar

\$1.17

SPECIAL MIX or MATCH SALE

Pick any one cereal or mix any three-package combination
 3 PKGS. 75¢
 Reg. 28¢

SUNSHINE KRISPY **Crackers** 1 1/2 lb. Box **29¢**

Crisco 3 1/2 lb. Tin **94¢**

SNOWS **Clam Chowder** 15 1/2-oz. Tin **29¢**

GHIRARDELLI CHOCOLATE

Flickettes 2 6-oz. Pkg. **39¢**

GOLD SEAL

Glass Wax Pint **59¢**

ZEE TOILET

Tissue 4 Roll Pack **39¢**

Fancy Ripe

Bananas 2 lbs. **29¢**

MARKET BASKET No. 1
3125 N. River Road Ph. EM 4-4233

MARKET BASKET No. 2
8230 Wheatland Road Ph. EM 4-4035

ED'S MARKET 1120 S. 12th St. Ph. EM 2-6403

CHRIS' MKT. 2060 Market St. Ph. EM 2-4149

FREE DELIVERY—ACCOUNTS