

The Statesman's  
**Food SECTION**

# This Week's Best Buy... FRYERS!

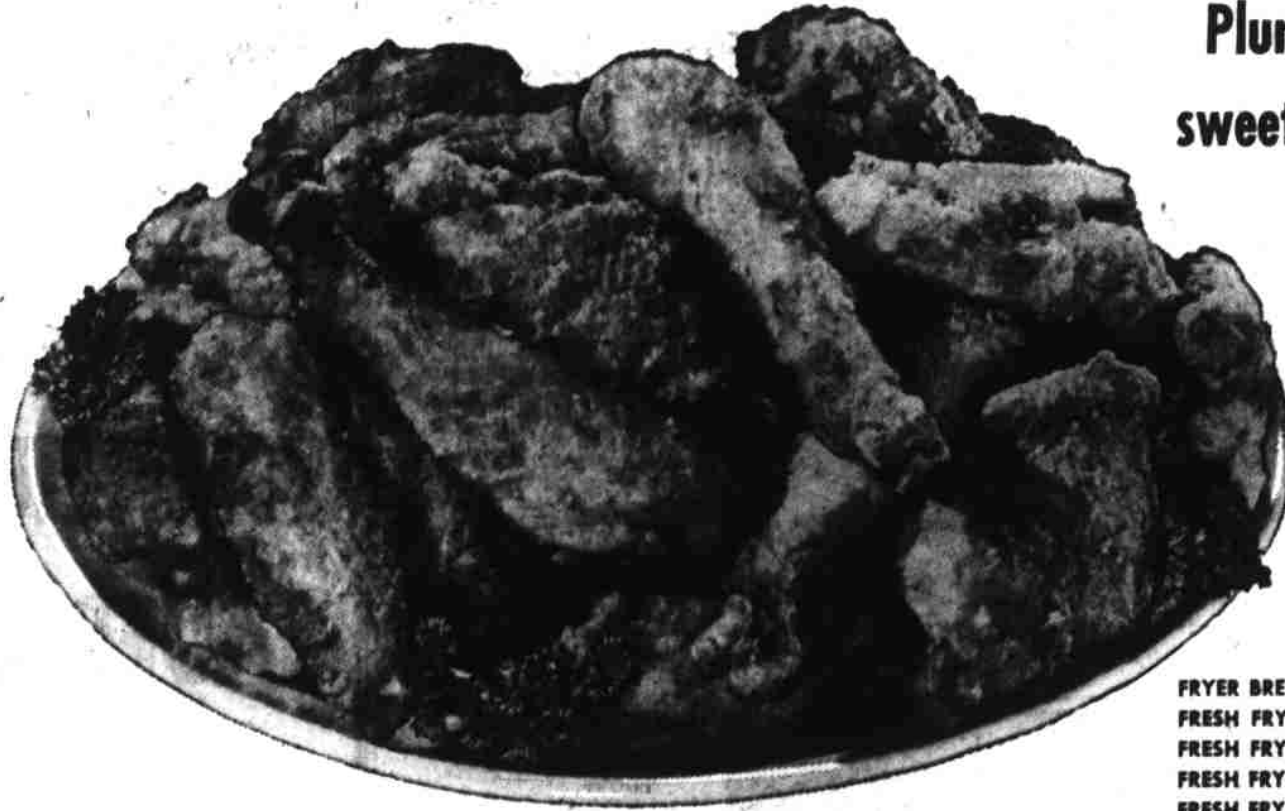
**SAFEWAY**

Perfect with FRIED CHICKEN...

## PEAS

Bel-air Premium Frozen

Reg. 2/35c  
Save 23c  
on 7 pkgs. **7** 10-oz. **\$1.00**  
Pkgs.



Plump 'n' tender FRYERS with the sweetest eating meat you ever tasted!

All U.S. Inspected; U.S. Grade "A". Especially selected for highest quality and goodness. Pan-ready, clean as a whistle. Buy plenty at this special low price.

Whole Fryers **39c**  
Cut up Fryers Pan-Ready Lb. .... **45c**

FRYER BREASTS, Fresh ..... lb. 89c  
FRESH FRYER THIGHS ..... lb. 79c  
FRESH FRYER DRUMSTICKS ..... lb. 79c  
FRESH FRYER WINGS ..... lb. 45c  
FRESH FRYERS BACKS AND NECKS ..... lb. 35c

### Celery Soup Foundation For Recipe

Day-old bread gets the "fresher course" when it's used for Celery Cheese Strata. An ideal Lenten dish, this satisfying Strata is a quickie to prepare. Trimmed slices of bread and cheese are layered in a casserole, then sauced with a rich mixture of condensed cream of celery soup, eggs and milk. In addition to being easily assembled, protein rich Celery Cheese Strata is economical to serve. A half loaf of bread, a half pound of cheese and a can of soup makes a satisfying main dish for six.

**CELERY CHEESE STRATA**  
12 slices day-old bread  
1/2 pound process American cheese, thinly sliced  
4 eggs, beaten  
1 can (10 1/2-ounces) condensed cream of celery soup, undiluted  
1 cup milk  
1/2 teaspoon salt  
Dash pepper

Remove crusts from bread; arrange 6 slices in bottom of greased baking dish (12"x8"x2"); cover bread with half the cheese; repeat layers. Combine eggs and remaining ingredients; pour over bread and cheese. Let stand 15 minutes. Bake at 350 degrees for 30 minutes or until puffed and lightly browned. Makes 6 servings.

In homes where the Lenten fast is observed, cheese and egg slices are most important at this time of year. Even where meatless meals are not part of the religious observance, homemakers seek out new ideas for utilizing the plentiful good buys in cheese and eggs which they find in their food stores this time of year.

Tomato Cheese Souffle, a crimson puff of beaten cheese and eggs, yields a wealth of flavor with each cloud - light forkful. Baked till the top is crusted with a beautiful golden-brown, this souffle cut with a spoon into colorful, feathery - light servings that the family will find hard to resist. Again, broccoli, asparagus or a tossed salad is an ideal plate-mate.

The crimson color and the rich tomato flavor of this souffle come from condensed tomato soup which is combined with the melted cheese, then with the soup.

**TOMATO CHEESE SOUFFLE**  
2 tablespoons butter or margarine  
2 tablespoons flour  
1 can (10 1/2 ounces) condensed tomato soup, undiluted  
1 cup grated process American cheese

1/2 teaspoon salt  
Dash pepper  
5 eggs, separated

Heat oven to 300 degrees. Melt butter in saucepan; blend in flour; add soup, cheese, salt and pepper. Cook, stirring constantly, until cheese is melted. Cool slightly. Gradually stir tomato mixture into slightly beaten egg yolks. Beat egg whites until stiff, but not dry; fold into soup mixture. Pour into ungreased 2-quart casserole. Place in pan of warm water. Bake 1 hour or until knife when inserted comes out clean. Makes 5-6 servings.

Tomato Egg Ramekins feature hard-cooked egg slices sauced with the zippy flavor of condensed cream of mushroom soup, tomato ketchup and sauteed onions. Parmesan cheese is used for a topping in this easy-does-it broiler dish.

**TOMATO EGG RAMEKINS**  
1 medium onion, thinly sliced  
3 tablespoons butter or margarine  
1 can (10 1/2 ounces) condensed cream of mushroom soup, undiluted  
1/2 cup tomato ketchup  
6 hard-cooked eggs, sliced  
1/4 cup grated Parmesan cheese

Saute onion in butter until tender; add soup and ketchup; heat. Arrange egg slices in layers in 4 ramekins, using 1 1/2 eggs per serving. Cover with hot sauce; sprinkle with cheese. Place under broiler until cheese is lightly browned. Garnish with toast points and serve. Makes 4 servings.

### Zippy Sauce on Ham, Noodles

A little left-over cooked ham makes a quick and delicious supper dish when combined with noodles and a zippy sauce. Creamy white sauce which now even comes in a handy can makes this Ham and Noodle Bake really a breeze to prepare. Just stir in seasonings while the noodles cook. The casserole bakes in 20 minutes—just time to make a salad and set the table!

**HAM AND NOODLE BAKE**  
2 cups fine noodles  
1 (10 1/2-ounce) can white sauce  
1 tablespoon fresh lemon juice  
1 teaspoon prepared mustard  
1 tablespoon instant minced onion, or 1/4 cup finely-chopped raw onion  
2 tablespoons chopped parsley  
1/2 cup milk  
2 tablespoons melted butter or margarine  
1 to 1 1/2 cups sliced cooked ham

1/4 cup grated American cheese  
Cook noodles in boiling salted water until tender. Drain. Combine with sauce, lemon juice, mustard, onion, parsley, milk and butter, and blend well. Add drained noodles and ham, mix lightly, and turn into buttered baking dish. Top with cheese. Bake in moderate oven (350 degrees) about 20 minutes, until thoroughly heated. Makes 4 to 6 servings.

### Bonus Specials to LOWER YOUR TOTAL FOOD BILL!

- Tomato Soup Famous Campbell's Brand a bonus special this weekend at Safeway 10 1/2-oz. tin **10c**
- Applesauce Highway Brand, reg. 2 for 29c. Save 16c on 8, 303 Tins **8 for \$1.00**
- Peaches Sundown Brand Freezestones, halves and pieces Reg. 33c, No. 2 1/2 Tin **3 for 89c**
- Beans & Corn Gardenside Brand, cut beans or cream corn A weekend special **8 303 tins \$1.00**
- Eggs "AA" Med. Doz. **2 83c** "AA" Lge. Doz. **2 93c**
- Fancy Peaches Lady Elberta halves O' Gold Freezestones, reg. 31c **3 2 1/2 Tins 89c**
- Mandarin Oranges Town House, fancy, reg. 19c 11-oz. Tin **6 for \$1.00**
- Tomato Juice Town House, fancy save 16c on 4 tins reg. 29c each **4 46-oz. \$1.00**

**WIN 18 DELUXE TRIPS FOR TWO TO HAWAII**  
via UNITED AIR LINES DC-7  
Stay 9 days at RAWAHAN VILLAGE Hotel enter NOW! Skylark Bread's "WAIKIKI HOLIDAY" CONTEST Entry blanks at bread counter  
**SKYLARK BREAD..... 26c**

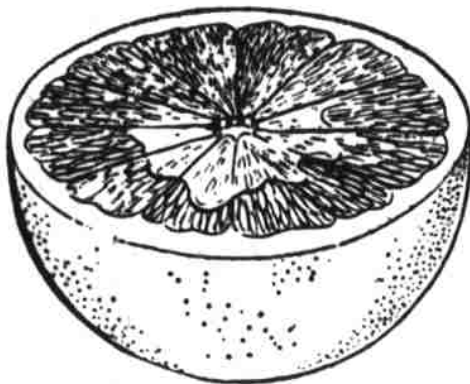
Demonstration Jeno's "Italian Products" at Following Locations: 1265 Center - 2575 S. Commercial - Friday, Saturday, 10 A.M. to 6 P.M.

### Your BEST produce buy this week...at Safeway

## GRAPEFRUIT

Arizona white Marshless. Enjoy them NOW for breakfast in salads, as desserts. Personally selected for you right in sunny orchards by our own buyers—experts on citrus quality. These choice grapefruit are then sped direct to Safeway. Your best produce by this weekend.

8-lb. Bag **49c**



## AVOCADOS

- Oranges Texas Valencia 5-pound bag **59c**
- Potatoes Premium select Waldorf, 10-lb. bag **69c**
- Lettuce crisp, firm full heads ..... lb. **12 1/2c**
- Boiler Onions Small, mild 3-lb. bag **15c**
- Grapefruit Texas Ruby Red Thick Skinned 5 Lb. Bag **49c**
- Carrots Loose pack crisp, clean ..... 2 lbs. **27c**

- Rose Bushes Ore. Grown Each **69c**
- Rome Apples Extra Fancy 3 lbs. **25c**
- 3 for 2<sup>00</sup> 6 for 3<sup>00</sup> 6 lbs. 49c 23-lb. 5<sup>140</sup> box

### Valentine's Day Gift Ideas

- Chocolates Roxbury, assorted 2 1/2 pound box **\$1.79**
- Nut and Fruit Assortment D. Duncan, 1-lb. box **\$1.10**
- Sugar Hearts Roxbury candy, 9-oz. pkg. **29c**
- Toy Dolls of all Nations ea. **89c**
- Nylons Truly Fine 60-15 pair 2 pair **\$1.49**
- Percale Sheets 72x108 size, each **\$1.95**
- Pillowcase combed percale pkg. of two **99c**

### Kitchen Craft All-purpose FLOUR

- 25-lbs. 1.89 Reg. 1.09 **95c**
- 10-lb. Bag
- 50-lbs. 3.75
- Gold Medal 25-lb. Sack **1.98**

**1 FREE With 1 Sale!**  
**Free Salt 14c**  
24-oz. pkg. Sno White Salt FREE with purchase of one.  
With Coupon At Store Both Only...

- ### More weekend meat values...at Safeway!
- Pork Loins Top grades of fresh pork only, 8 to 12 pound loins, whole or half lb. **55c**
  - Loin End Roast 3 to 3 1/2 pound size with extra good coating lb. **53c**
  - Rib End Roast 3 to 3 1/2 pound pork loin rib and cut—only... lb. **49c**
  - Pork Chops Center cut loin or rib, tender and flavorful lb. **75c**
  - Pork Roast Fresh Picnic Style roast with plenty of good eating meat lb. **39c**
  - Bar-S Ham Fully Cooked Ready to Eat lb. **89c**
  - Pork Steak lean, meaty shoulder cut lb. **49c**
  - Pork Roast Blade cut or round bone lb. **45c**
  - Sliced Bacon Standard pack lb. **59c**
  - Fresh Oysters Medium size Pacific, 12-oz. **59c**
  - Skinless Wieners Del Monte or Somerset 1-lb. pkg. **49c**
  - Whiting Captain's Choice 1 1/2 Lb. Pkg. **39c**
- ### More Bonus Specials this week...at Safeway
- Cottage Cheese Lucarno brand Reg. 59c, qt. **49c** Reg. 31c pint **25c**
  - Instant Milk Lac-Mix brand Reg. 85c 12 qt. size, now only... **79c**
  - Jell-well Desserts Gelatin fruit flavors, reg. 3 for 23c value **5 for 29c**

### A Safeway weekend special... Dry Beans

Small white beans Idaho red beans Great Northern beans

2-lb. Bag **29c** 4-lb. Bag **55c**

### Safeway...for saving on Coffee

- Nob Hill 2-lb. bag 1.67 1-lb. bag 84c
- Airway 2-lb. bag 1.53 1-lb. bag 77c
- Edwards 2-lb. tin 1.73 1-lb. tin 87c
- Instant Coffee Safeway 6-oz. jar **1.25**

Prices in this advertisement are effective through Saturday, February 15, at Safeway in Salem...

