

# This is the Hour Cheap Vegetables At Best Right Now

By MAXINE BUREN  
Statesman Woman's Editor

If there ever was a bargain it is cauliflower. With a good sized head selling at 10c or perhaps 7c per pound we've been going to town on this vegetable. Of course it's good in tossed salads and excellent dipped in some gooey mixture of mayonnaise and seasonings or dehydrated soup and sour cream, but after all there is a limit to the number times one can eat just appetizers and salad.

Simplest and most useful way to put away a lot of this bargain vegetable is to freeze it, and believe me, there's going to be a generous number of meals with cauliflower as the vegetable this winter in our house.

The process is so simple, it is practically nothing. Merely break up the head of cauliflower, so pieces are eating-size, drop into boiling salted water and boil 3 minutes. Remove, chill in cold water, then pack in polyethylene bags and freeze.

Of course she wouldn't, but the housewife who really likes cauliflower (or feels in a frugal mood) could make the whole menu of this snowy vegetable.

After the appetizer and the salad she might include:

### CAULIFLOWER SOUP

1 medium cauliflower  
1 cup rice  
1 chopped onion  
1 tablespoon parsley  
Cook the cauliflower in boiling salted water until tender, remove from stock. Add rice, onion, seasonings. Simmer 25 minutes or until rice is tender. Chop cauliflower and add with parsley to soup. Add a pinch of curry diluted with a little of the soup. Serve with hot croutons and add some heavy cream if a richer soup is desired.

For a main dish, the cauliflower might be served this way:

### STUFFED CAULIFLOWER

2 small cauliflowers  
Rice  
1/2 cup lean raw veal  
2 tablespoons chopped parsley  
2 tablespoons chives  
Blanch cauliflower in salted water, drain, rinse in cold water and drain thoroughly. Arrange, flowers down, in the bottom of a casserole over a layer of bacon slices. Fill spaces around with this stuffing:  
Put veal, parsley, onions, mushrooms, chives through the finest blade of the meat chopper. Season to taste, bind with eggs and enough cold stock to make a rather soft mixture. Pack firmly around the cauliflower (it can be cut into serving-sized pieces). Put casserole over a low flame and cook 45 minutes or until stuffing is dry. To serve, put heated platter over casserole and invert contents onto platter.

Now just to finish off our menu, lets make some cauliflower fritters, though we don't recommend them as a dessert like apple or peach fritters. They will give us a chance to sign off.

### CAULIFLOWER FRITTERS

Boil flowers in salted water and steam until tender. Drain. Sprinkle with salt, pepper and a few drops of vinegar. Dip into a fritter batter, fry in deep fat 175 degrees until nicely browned. Drain well.

## Open House to Fete Couple

Mr. and Mrs. William Einfeldt will celebrate their golden wedding anniversary at an open house on Sunday, October 21 at their residence, 213 East Owens St. Friends and relatives of the couple are invited through the press to call between 2 and 5 o'clock. The Einfeldts have two children, Mrs. J. R. Creasy and Walter Einfeldt of Oregon City, and one grandchild. They were married in Corvallis and have lived in Salem for 35 years.

## Prof. Gleckler to Speak to Music Teachers Today

First in the educational series sponsored by the Salem Federated Music Teachers will be held this morning at the Wills Music Co. auditorium at 10 a.m. The first session will be on vocal music and others to follow will include organ, violin and piano. The purpose of the series is to further professional music education in this locality. All professional musicians are invited to participate. Speaker for the first session will be Prof. Donald Gleckler of Willamette University. He is associate professor of music education at Willamette and choir director of the First Presbyterian Church. He will speak on choral and sacred music instruction for groups. The music teachers have invited the choir directors in this area as special guests for today's session.

Chemeketa Toastmistress Club will meet at the Golden Pheasant at 6 o'clock on Thursday, October 18. Mrs. Jutta O'Dell will be the toastmistress and speakers will be Mrs. Lynn McCulley, Mrs. H. Le-Those interested in Toastmistress Soiree and Mrs. A. B. Thomas, work are cordially invited to attend.

### Club Calendar

**WEDNESDAY**  
Nehru Club with Mrs. Henry Holmquist, 4163 Main St. Covered dish luncheon, noon.  
Centralia Temple, Pythian Sisters, Beaver Hall, 8 p.m.  
Co-Active Club with Mrs. Don Wamaker, dinner at Chuck's Steakhouse, 6:30 p.m.  
**THURSDAY**  
Kingwood American Legion Auxiliary meets at Legion Hall, 8 p.m.  
Willamette University Mothers meet at Chesto Cottage, Willamette campus, 8 p.m.  
Kaiser Sewing Club with Miss Lois Keeler, 3020 Trail Ave., all day.  
American Gold Star Mothers with Mrs. Frances Lightner, 1060 Fir St., 8 p.m.  
Salem Lions Auxiliary gay nineties party, Roberts Grange Hall, 8:30 p.m.

## Chairmen, Leaders Are Appointed

New committee chairmen and ton Gibb include: Pennies for project leaders for Lansing Neighborhood, Mrs. David Karn; boys Home Extension Unit and A.C.W.W. Mrs. Gibb, hospitality, nounced by the new president, Mrs. Alma Shipley, publicity, Mrs. William Kuiper, include Mrs. Sam William Hartley; and project leader-Eschleman, vice-president, acting ers, Mrs. Oscar Wile, Mrs. Carl as program chairman, hospitality Pruett, Mrs. Clifford Yost, Mrs. and luncheons, Mrs. Wendell Royal Weng, Mrs. Ralph Hein, Sebern, publicity, Mrs. Clyde Mrs. Lloyd Mansfield, Mrs. Harry Boehm; projects, Mrs. Lloyd Jennings, Mrs. Albert Pauli and Straw, Mrs. Irvan Sion, Mrs. Ellis Mrs. Harold Hüller.  
Burwell, Mrs. Robert Hamilton, Mrs. Zina Scharnack, Mrs. Mary-nard Nelson, Mrs. Gus Larmon, Mrs. George Kasser, Mrs. Sebern and Mrs. Joe Zajic.  
New committee chairmen and project leaders announced by the president of Swole Home Extension Unit at the home of Mrs. Clay-

Women of St. Mark's Lutheran Church will hold their monthly meeting in the social rooms of the church this noon. A covered dish luncheon will be followed by a panel report on the recent convention of United Lutheran Church Women and a business session.

### STAR GAZER

By CLAY R. POLLAN

Your Daily Activity Guide According to the Stars

To develop message for Wednesday, read words corresponding to numbers of your Zodiac birth sign.

<b>ARIES</b> MAR. 21 - APR. 20 12 15 17 20 29 40 81 82	<b>TAURUS</b> APR. 21 - MAY 21 17 54 59 68 69 77 79 83	<b>GEMINI</b> MAY 22 - JUNE 21 5 9 27 29 31 36 80 84	<b>CANCER</b> JUNE 22 - JULY 21 30 33 50 53 58 61 82	<b>LEO</b> JULY 22 - AUG. 23 7 3 42 26 28 34	<b>VIRGO</b> AUG. 24 - SEPT. 23 14 16 20 21 25 44 46	<b>LIRA</b> SEPT. 23 - OCT. 23 35 37 38 70 71 78 85 88	<b>SCORPIO</b> OCT. 24 - NOV. 22 1 8 10 22 25 55 87 89	<b>SAGITTARIUS</b> NOV. 23 - DEC. 21 6 22 22 25 18 19 45 46 66 65 86 90	<b>CAPRICORN</b> DEC. 22 - JAN. 21 6 7 11 13 56 57 66	<b>AQUARIUS</b> JAN. 22 - FEB. 19 42 43 51 64 72 73 74	<b>PISCES</b> FEB. 20 - MAR. 21 41 47 49 65 67 71 76
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Good (G) Adverse (A) Neutral (N)

## THERE'S MORE GOING ON AT

Meier & Frank Co. SALEM

**THURSDAY-OCTOBER 18**

"Coffee And" Time with informal modeling of daytime and sport clothes—A "come as you are" hour for women with coffee and light snacks available

OREGON ROOM, STREET FLOOR  
9:30 - 10:30 A. M.

FASHION MODELING  
OREGON ROOM, STREET FLOOR  
12:15 - 1:30 P. M.

## HAVE YOU HEARD

... that the favorite meeting place for women of the Salem area is Meier & Frank's—Salem each Thursday morning from 9:30-10:30 at

### "COFFEE AND" TIME

... a "come as you are" coffee hour for women... featuring informal modeling of daytime and sport clothes in a friendly "over the coffee cup" atmosphere.

**EVERYONE HAS FUN**

... and so will you, when you join your friends for "Coffee And" time this Thursday at Meier & Frank's—Salem.

P.S. Facilities are available at "Coffee And" time for your own coffee parties. Call 32211—Ext. 291 for reservations.

OREGON ROOM STREET FLOOR

Meier & Frank Co.

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Item	Reg.	NOW
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Hand Cream	\$1.50	<b>75¢</b>
Face Powder	\$2.00	<b>\$1</b>
Face Powder	\$3.50	<b>\$1.75</b>
Almond Lotion	\$1.75	<b>88¢</b>
Soothing Freshner Lotion	\$1.00	<b>50¢</b>
Souffle Cleansing Cream	\$2.75	<b>\$1.38</b>
Essential Cream	\$1.75	<b>88¢</b>
Cleansing Oil	\$2.75	<b>\$1.38</b>

Marie Earle is one of the most widely known and accepted names in fine toiletries. Certainly when you can buy the famous Marie Earle products at half price, it's time for action. Stock up and save. All prices are plus 10% federal tax.

### SAVE on TOILET TISSUES

SCOT, limit of 20 ..... 10 for \$1

SCOT SOFTWEVE, limit of 18 ..... 9 for \$1

MD, limit of 26 ..... 13 for \$1

WALDORF, limit of 30 ..... 15 for \$1

ZEE, limit of 32 ..... 16 for \$1

CHIFFON, limit of 18 ..... 9 for \$1

### SAVE on FACIAL TISSUES and PAPER TOWELS

SCOT TOWELS, white colored ..... 6 for \$1

ZEE TOWELS, pink, yellow ..... 6 for \$1

ZEE TOWELS, giant, white ..... 4 for \$1

CHIFFON FACIAL TISSUES, 400 ..... 5 for \$1

SCOTTIE FACIAL TISSUES, 400 ..... 4 for \$1

SCOTTIE FACIAL TISSUES, 200 ..... 9 for \$1

KLEENEX FACIAL TISSUES, 400 ..... 4 for \$1

### SAVE on SOAPS

LIFEBUOY, bath, limit of 18 ..... 9 for \$1

LUX, bath, limit of 18 ..... 9 for \$1

DIAL, bath, limit of 9 ..... 9 for \$1

CAMAY, reg., limit of 15 ..... 15 for \$1

PALMOLIVE, bath, limit of 18 ..... 9 for \$1

### SAVE on IVORY

PERSONAL size, limit of 20 ..... 20 for \$1

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LARGE SIZE, limit of 8 ..... 8 for \$1

\$1.50 Florient Room Deodorant <b>\$1</b>	Ajex Cleanser limit of 20 10 for <b>\$1</b>	Wrisley 5-cake box Lanolin Soap 2 boxes <b>\$1</b>	Para Dichloride moth crystals 5 lbs. <b>\$1.49</b>	\$1.98 Wrisley Soap chest of 6 bars <b>\$1</b>	Kensington Bath Soap—3 bars <b>73¢</b>	Wrisley Lanolin Soap 12 bars to a bag 2 bags <b>\$1</b>	Mouth Wash 1/2 gallon Red or Amber <b>\$1</b>
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