

"BONUS QUALITY" At No Extra Cost



Lucerne 3.8 MILK

Lucerne sets its own higher standards, pays a bonus to farmers who meet or exceed them.

Half Gallon **39¢**

Save 2c On Every Loaf!



Mrs. Wright's BREAD

You can't buy better quality. Choose from white or whole wheat. Sandwich loaves, too.

Large Loaf **26¢**

Try a Shrimp Cocktail Tonight!

Gulf Breeze Tiny Whole **SHRIMP**

Tasty, tiny whole shrimp that are ideal for salads, cocktails or for creamed shrimp recipes.

5-oz. Can **29¢**

A "Quick Meal" Idea Sure to Please-

Frey Bentos Corned Beef

Here's a grand price on a popular favorite. Serve with cabbage for a really tasty "Jiggs" dinner.

12-oz. Can **39¢**

Delicious Hot or Cold



Wilson's Chopped Beef

Wilson's "BIF", all beef luncheon meat. Grand for sandwiches. Or fry it for a breakfast treat.

12-oz. Can **29¢**

Serve 'em Sandwiches Made With



Torpedo TUNA FISH

Fine quality light-meat Tuna that's making because it's ideal for sandwich and smooth spreading.

No. 1/2 Can **15¢**

Hi-C Orange Drink

4 46-oz. Cans **\$1.00**

Royal Satin Shortening

Top Quality All Vegetable Shortening

3-Lb. Can **71¢**

Always Fresh Because It Sells So Fast

Coldbrook MARGARINE

Budget-wise families prefer Coldbrook's good quality and thrifty price. Stock up now for extra savings.

5 1-lb. Pkgs. **95¢**



Something new in food-keeping equipment for the home is an upright freezer and a moist-cold refrigerator side by side in a 16 cubic foot cabinet. Refrigerator section on the right features controlled moist-cold, automatic defrosting, is equipped with roll-out shelves, twin crispers, and a roll-out basket for fresh fruits. Freezer section on the left stores frozen foods; freezer door has racks for canned frozen juices and fruits and even a special unrefrigerated rack for bananas.

Muffins With Variations Make Partner for Salad

By BEA HUMPHRIES
County Extension Agent

Muffins are a treat in any family. They go nicely with fresh spring salads or those quick one-dish meals.

Recently two new muffin re-

Ocean Perch Given Flavor Of Rich Curry

Now that the markets have frozen food cases and well-refrigerated counters, we can get a wide variety of fish the year around. And some of these offerings have been less familiar in the past. One such fish is the ocean perch, now available the year around. This white fish goes well with a high-seasoned sauce such as is called for in the recipe below.

CURRIED OCEAN PERCH FILLETS

12 ocean perch fillets
Bouillon
1/4 cup each of chopped onion, apple, and green pepper
5 tablespoons butter
1 1/2 tablespoons curry powder
1/4 cup stock or water
Beurre manie

Poach fillets in bouillon for about 8 minutes or just until they flake easily. Remove them to a hot platter and reduce the bouillon to 1 1/2 cups.

Saute the onion, apple, and green pepper in butter until tender. Add the curry powder and stock and simmer for 10 minutes. Add the reduced bouillon and cook 5 more minutes. If you wish a thickened sauce, add beurre manie and stir until smooth and well blended. Pour sauce over the fillets.

Serve with rice, chutney, and chopped toasted almonds.

Beurre Manie

Make beurre manie by kneading 2 tablespoons of butter with 3 tablespoons of flour. Mix 1/2 cup heavy cream with 3 egg yolks, and add the beurre manie and the cream-egg mixture to the sauce. Stir until well blended and thickened, but do not let it boil. Add lemon juice and chopped parsley.

Cigarettes Pop. Brands	Reg. Size ctn.	1.73
Mints Roxbury After-Dinner	7-oz. pkg.	19c
Jelly Strings Roxbury	8-oz.	19c
Spearmint Leaves Roxbury	8-oz. pkg.	19c
Marshmallows, Snow Cloud	2 8-oz. pkgs.	25c
Trix Cereal Fruit Flavored	8 1/2-oz. pkg.	23c
Shredded Wheat NBC	12-oz. pkg.	19c
Cane Sugar Victorias	10-lb. bag	93c
Cake Mixes Pillsbury	pkg.	29c
Cookie Mix Pillsbury Choc. Chips	pkg.	35c
Table Salt, Sno-White	26-oz. pkg.	10c
Royal Satin Shortening	3-lb. tin	71c
Jell Well 6 Flavors	4 pkgs.	25c
Baby Foods Gerber's Str.	12 cans	93c
Dog Food Pooch	12 cans	89c
Cherub Milk	3 14 1/2-oz. cans	35c
Potato Bread Skylark	1ge. loaf	28c
Soda Crackers Busy Baker	1-lb. pkg.	25c
Western Beer	6-can pack	1.10
Western Beer	12-can pack	2.15
"Best" Beer	6-can pack	89c
Chee-Zip Cheese Spread	16-oz. glass	39c
Cheese Spread Breeze	2-lb. pkg.	77c
Cheese Spread Van Zee	2-lb. pkg.	59c
Cheese Spread, Velveeta	2-lb. pkg.	79c
Tillamook Cheese	2-lb. pkg.	1.39
Cottage Cheese, Blossom Time	pt. tub	29c
Nucoa Margarine	1-lb. pkg.	27c
Sunnybank Margarine	1-lb. pkg.	25c
Fresh Butter Shady Lane	1-lb.	65c
"AA" Large Eggs Fresh	dozen	53c
Frozen Broccoli Bel Air	3 10-oz. pkgs.	47c
Frozen Corn Bel Air	10-oz. pkg.	18c
Frozen Peas Bel Air	3 10-oz. pkgs.	50c
Spinach Bel Air, frozen	3 12-oz. pkgs.	47c
French Fries Bel Air, frozen	3 9-oz. pkgs.	47c
Seedless Raisins, Sunmaid	15-oz. pkg.	20c
Cheerios Cereal	2 7-oz. pkgs.	31c
Kix Cereal	10 1/2-oz. pkg.	21c
Cane Sugar C & H	10-lb. sack	95c
Cane Sugar C & H	25-lb. sack	2.38

Paper Towels Scott	roll	20c
Paper Napkins	3 pkgs.	25c
Jersey Gloves for Gardening	8-oz. pair	29c
Work Gloves Plastic Dot	pair	49c
Paper Napkins Scotkins	pkg.	19c
Ice Cream Snow Star	1/4-Gal.	75c
Ice Cream Snow Star	Gal.	1.49
Shortening Frappe	3-lb. pkg.	69c
Shortening Royal Satin	6-lb. can	1.42
Potato Chips Blue Bell	4-oz. pkg.	23c
Potato Chips Blue Bell or Nalleys	7-oz. pkg.	33c
Parade Detergent	40-oz. pkg.	51c
White Magic Soap	46-oz. pkg.	55c
Joy Liquid Soap	7-oz. bottle	29c
All Laundry Detergent	10-lbs.	2.29
Aluminum Foil	25 ft.	25c

Safeway's THE place to buy



STRAWBERRIES

Cleaned, cooled and deftly packed, our strawberries are guaranteed firm-fleshed and sweet when you get them. Serve them often.

Per Cup **39¢**

Long White Shafter New Potatoes	Excellent Boiled	5 Pounds	49c
Crisp Red Radishes or Green Onions	For Tasty Salads	3 Bunches	14c
Fresh Rhubarb	Bright red stalks fresh from the fields	3 LBS.	23¢
Crisp Lettuce	Compact, leafy Heads—Fresh!	LB.	15¢
Juicy Oranges	Brimming with Juicy Goodness	5-lb. cello bag	59¢
Cucumbers Dark Green		LB.	23c
Asparagus Flavorful		2 lbs.	45c
Avocados Calavos	EACH	10c	
Cauliflower Fresh	LB.	21c	
Celery Clean, Crunchy Stalks	LB.	17c	
Sweet Corn Tender Kernels	LB.	15c	
Watermelons Ripe	LB.	10c	
Bananas Nice Ones!	LB.	19c	
Grapefruit Florida Pink	LB.	15c	
Spinach Green	10-oz. cello pkg.	21c	

Avocado, Meat In Sandwich

Good sandwich fillings are hard to find but we have one here that's tops. Left-over cooked veal is chopped and combined with sieved avocado, salt and lemon juice—a most enjoyable combination.

AVOCADO VEAL SANDWICH

FILLING

Two-thirds cup sieved avocado
Two-thirds cup chopped cooked veal
1 1/2 teaspoons salt
2 teaspoons lemon juice

To prepare avocado, cut into halves lengthwise and remove seed and skin. Force fruit through sieve. Blend with remaining ingredients. Makes one and one-third cups filling.

Sandwich Has Cheese Booster

There's a surprise ingredient in this sandwich—blue cheese. This product of American cheese factories is taking its place as a familiar item for everyday menus. Here is one of the many good ways to use it.

WILLIAMSBOUR CHICKEN SANDWICH

1 1/4 cups diced, cooked chicken
1/4 cup crumbled American Blue Cheese (about 1 1/4 ounces)
1/2 cup chopped celery
3 tablespoons mayonnaise
Buttered bread slices

Combine chicken, cheese, celery and mayonnaise; mix well. Spread between bread slices to serve. Makes 4 to 6 servings.

SAME WONDERFUL FLAVOR!



Porter FRIL-LETS

FRESH-EGG NOODLES

NOW ENRICHED!

These same wonderful egg noodles are now enriched with important amounts of your daily requirements of vitamin B1, vitamin B2, iron and niacin. Each half cup (4 oz.) contains only 100 calories. Buy some today! Also try these other outstanding Porter-Scarpelli macaroni products—Spaghetti, Saladettes, Macaroni, Sea Shells, Kurie-Q-Noodles and Lasagne.

Safeway's Guarantee to You

Safeway's long-standing guarantee of complete satisfaction applies to every item Safeway sells. Yes, groceries, meats and produce. Should any purchase you make at Safeway fail to please in any way... your money back!

Shop SAFEWAY